

do not contain the detailed items listed: these appear in working drawings. On p. 262 it is said that central sterilizing is not applicable to operating theatres, which is contrary to current planning.

On the whole, the content of the work is descriptive rather than critical, thus making it more suitable as a general introduction to the subject than as a book of reference for planners and senior administrators. It is refreshingly well written in language devoid of the tortuous officialese so common in a book of this kind.

W. A. RAMSAY.

COMMON SENSE ABOUT PSYCHOTHERAPY

Aspects of Psychotherapy. By I. Atkin, M.D.(Lond.), D.P.M. (Pp. 103+vii. 10s. 6d.) Edinburgh and London: E. and S. Livingstone Ltd. 1962.

Though written for psychiatrists on the brink of their career and for general practitioners, this small volume of essays should be read by every psychiatrist who can get his hands on it. Dr. Atkin is never didactic and yet he is a teacher; for he writes out of his perceptive experience. "Dostoevsky, Prophet of Modern Psychology," the last chapter, should be read first. How many of us knew that Dostoevsky anticipated some familiar concepts much prized by the schools of psychology? He did not use the word "unconscious," but the notion is clearly described. So, too, is the rationale of "free association." And Dostoevsky died in 1880.

Next should be read the essay on "Art Therapy." It is too short, but Atkin knows his subject and gives an excellent summary of the principles behind the art therapies—music, the graphic arts, sculpture, drama, and so on. Emotional disturbances, from which the majority of the mentally sick suffer, are alleviated by the expression of feelings in the various types of art.

"The Psychology of Shock Therapies and of Leucotomy" should be pondered by psychiatrists committed to the use of physical methods, and the partisan of exclusively psychological procedures would profit by reading "Psychotherapy and the Trainee Psychiatrist." Naturally enough the trainee may well be puzzled to observe adherents of the three main schools of psychotherapy elucidating differing psychodynamic explanations and obtaining about the same percentage of cures.

With experience, let us hope, we shall learn that "each patient is a law unto himself and artistic flexibility in treatment is the only rule to be followed" in the art of medicine.

E. A. BENNET.

BOOKS RECEIVED

Review is not precluded by notice here of books recently received.

Cerebellum Posture and Cerebral Palsy. Edited by Geoffrey Walsh. (Pp. 121; illustrated. 17s. 6d.) London: William Heinemann, for the National Spastics Society Medical Education and Information Unit. 1963.

Neuralgias Genuinas del Trigemino. By Dr. Manuel C. Blanco. (Pp. 134; illustrated.) Buenos Aires, Lima, Rio de Janeiro, Caracas, Montevideo, Mexico, and Barcelona: Libreria "El Ateneo" Editorial. 1962.

Cardiovascular Surgical Nursing. By Mary E. Fordham, R.N. (Pp. 141+ix; illustrated. 36s.) New York and London: The Macmillan Company. 1962.

The Community General Hospital. By Basil S. Georgopoulos and Floyd C. Mann. (Pp. 693+xiv. 95s.) New York and London: The Macmillan Company. 1962.

Polio is Not for Pity. By Irene Holdsworth. (Pp. 131; illustrated. 20s.) London: George Allen and Unwin. 1963.

Frontiers in Brain Research. Edited by John D. French, M.D. (Pp. 285+viii; illustrated. 67s. 6d.) New York and London: Columbia University Press. 1962.

The Scientific and Academic World. (Pp. 243.) Essen-Bredene, Germany: Donors Association for German Science. 1962.

Sister Bollard. By Elizabeth Avery. (Pp. 182. 15s.) London: Michael Joseph. 1963.

Law and Psychiatry. By Sheldon Glueck. (Pp. 181+ix. 38s.) London: Tavistock Publications. 1963.

The Process of Primary Socialization in Canine and Human Infants. By J. P. Scott. (Pp. 47. \$1.50.) Lafayette, Indiana: Child Development Publications of the Society for Research in Child Development. 1963.

Clinical Chemical Pathology. By C. H. Gray, D.Sc., M.D., F.R.C.P., M.R.C.S., F.R.I.C. (Pp. 196+viii; illustrated. 16s.) London: Edward Arnold Ltd. 1963.

The Habitual Prisoner. An Inquiry by the Cambridge Institute of Criminology. By D. J. West, M.D., D.P.M. (Pp. 125+x. 25s.) London: Macmillan and Co. Ltd. New York: St. Martin's Press. 1963.

Control of Infections in Hospitals. By J. C. Colbeck, M.B., B.S.(Lond.), M.R.C.P. (Pp. 166. \$2.) Chicago, Illinois: American Hospital Association. 1962.

Mental Subnormality. By W. Alan Heaton-Ward, M.B., Ch.B., D.P.M. Second edition. (Pp. 87. 7s. 6d.) Bristol: John Wright and Sons Ltd. 1963.

Clinical Cardiology. By Velva Schrire, M.Sc., Ph.D., M.B. (Cape Town), F.R.C.P.E., F.R.C.P. (Pp. 391; illustrated. 70s.) London: Staples Press. 1963.

Trends in the Mental Health Services. Edited by Hugh Freeman, M.A., B.M., B.Ch.(Oxon.), D.P.M., and James Farndale, B.Com., Ph.D., F.H.A. (Pp. 341+xv. 70s.) Oxford, London, New York, and Paris: Pergamon Press. 1963.

The Pneumoconioses. Edited by A. J. Lanza, M.D. (Pp. 154; illustrated. \$7.50.) New York and London: Grune and Stratton. 1963.

Medical Librarianship. Principles and Practice. By John L. Thornton, A.L.A. (Pp. 153+viii. 15s.) London: Crosby Lockwood and Son Ltd. 1963.

The Year Book of Pediatrics. Edited by Sydney S. Gellis, M.D. (Pp. 507; illustrated. 60s.) London: Lloyd-Luke Ltd. 1963.

Brain Function and Metabolic Disorders. By Barry Wyke, M.B., B.S. (Pp. 242+xviii; illustrated. 50s.) London: Butterworths. 1963.

The Year Book of Radiology. Radiologic Diagnosis: Edited by John Floyd Holt, M.D., and Walter M. Whitehouse, M.D. *Radiation Therapy:* Edited by Harold W. Jacox, M.D., and Morton M. Kligerman, M.D. (Pp. 435; illustrated. 88s.) London: Lloyd-Luke Ltd. 1963.

Symposium on Disorders of Respiratory Function. Under the aegis of the University Department of Medicine, Melbourne. (Pp. 150; illustrated.) Melbourne: Royal Melbourne Hospital. 1962.

Principles of Rehabilitation. By W. Russell Grant. (Pp. 76+x; illustrated. 12s. 6d.) Edinburgh and London: E. and S. Livingstone Ltd. 1963.

Die Menschlichen Blut- und Serumgruppen. By Prof. Dr. med. Otto Prokop. (Pp. 119+viii; illustrated. DM. 15.80.) Jena: Veb Gustav Fischer Verlag. 1963.

Disease in Infancy and Childhood. By Richard W. B. Ellis, O.B.E., M.A., M.D., F.R.C.P. Fourth edition. (Pp. 717+vii; illustrated. 60s.) Edinburgh and London: E. and S. Livingstone Ltd. 1963.

Therapie Innerer Erkrankungen. Edited by Hellmuth Kleinsorge. (Pp. 995+xix. DM. 68.80.) Jena: Veb Gustav Fischer Verlag. 1963.

Die Kinetik der Wirkung von Effektoren auf Stationäre Fermentsysteme. By Hans-Dieter Ohlenbusch. (Pp. 36. DM. 9.80.) Berlin, Göttingen, and Heidelberg: Springer Verlag. 1962.