

one of therapeutic optimism, which is such a potent factor in medical treatment. Though they avoid controversy they frequently refer to opinions opposed to their own. They deserve gratitude for the thorough description of side-effects of drugs and other treatments. The chapter on the use of drugs in psychotherapy is of special interest. The authors are at pains to emphasize that physical and psychological treatments are complementary.

E. STENGEL.

GLADYS WAUCHOPE'S STORY

The Story of a Woman Physician. By G. M. Wauchope, B.Sc., M.D., F.R.C.P. Foreword by Lord Brain. (Pp. 138 +vii. 17s. 6d.) Bristol: John Wright and Sons Ltd. 1963.

This *Story of a Woman Physician* is, as Lord Brain tells us in the foreword, a most enjoyable book. It is a straightforward modest account of the life of a clever woman of noble purpose, high character, and considerable attainments.

Gladys Mary Wauchope, born in 1889, lived for the first decade of her life in the country just beyond Epping Forest, then spent three most unhappy years at St. Katherine's School before going on to St. Leonard's (St. Andrews), where she and her companions arrived as "a wild set with no respect for authority." Her energies were "prodigious," and on one occasion impelled her to leap out of bed in the middle of a dark night and dance naked on the grass with the rain pelting down on her shoulders. After four years of salutary discipline and training she returned home, leaving the old school "with sadness." From 1908 till 1914 she lived the life of a cultured independent young woman, and when war broke out first became a V.A.D. and then in 1915: "One night the thought flashed upon me: 'I could do this medical work.' It was as though a call came, and I answered: 'Here am I, send me.'"

Two years at St. Andrews University and three at the London Hospital made her into a competent doctor, and her efficiency and tact overcame the (at first) obvious prejudice against women doctors among the staff and students. In due course she became house-physician and receiving-room officer, and later was appointed resident officer at Queen Charlotte's Maternity Hospital. Then, well equipped, she went into general practice at Brighton, where her competence led to her being asked to help at the hospitals, and finally to her election to the consulting staff of three hospitals and the coveted F.R.C.P. in 1957.

The story is well told and the writer gives thumb-nail sketches of many well-known doctors. Generous tributes are paid to many who helped her on the way, and there is a special word of praise for the Queen's district nurses, whom she calls the élite of the nursing service.

The reader will soon recognize that the "story" is that of a clever, hard-working, courageous, unselfish, and kindly doctor. The key to her life is to be found in two passages. When she was studying the preliminary sciences at St. Andrews Professor Irvine said to her: "Do you realize that from the day you qualify till the day you die, no moment of your time will be your own?" Miss Wauchope comments: "I was, as they say, struck dumb. It has proved to be true to my great satisfaction." The other passage is the last sentence in the book: "In the grievous sorrows that have come I have found the best remedy is to go on with my work

and a long session in out-patients has often relieved my own pain or illness or sadness." That sentence, apart from a slight doubt about the words "or illness," is good medicine, sound philosophy, and a fine ending. *Finis coronat opus.*

ZACHARY COPE.

BOOKS RECEIVED

Review is not precluded by notice here of books recently received.

Geriatric Surgical Emergencies. By John E. Jesseph, M.D., and Henry N. Harkins, M.D., Ph.D. (Pp. 447+xii; illustrated. £5 15s.) London: J. and A. Churchill Ltd. 1963.

Iron Metabolism. By Thomas H. Bothwell, M.D., M.R.C.P., and Clement A. Finch, M.D. (Pp. 440; illustrated. £5 7s. 6d.) London: J. and A. Churchill Ltd. 1962.

The Red Cell. Production, Metabolism, Destruction: Normal and Abnormal. By John W. Harris, M.D. (Pp. 482+xix; illustrated. 46s.) Cambridge, Mass.: Harvard University Press. London: Oxford University Press. 1963.

Science in Authority. Essays by Lancelot Hogben, M.A., D.Sc., F.R.S. (Pp. 157. 18s.) London: Unwin University Books. 1963.

On Wings of Healing. The Story of the Airborne Medical Services, 1940-60. By Lieutenant-Colonel Howard N. Cole, O.B.E., T.D., F.R.Hist.S. (Pp. 227+xviii; illustrated. 30s.) Edinburgh and London: William Blackwood and Sons Ltd. 1963.

Contact with Jung. Essays on the Influence of his Work and Personality. Edited by Michael Fordham. (Pp. 245+x; illustrated. 42s.) London: Tavistock Publications. 1963.

Black's Medical Dictionary. By William A. R. Thomson, M.D. Twenty-fifth edition. (Pp. 1,013+viii; illustrated. 40s.) London: Adam and Charles Black. 1963.

Selected Papers from the Institute of Cancer Research: Royal Cancer Hospital and from the Royal Marsden Hospital 1961, Volume 16. (Pp. 1,099+xxiii; illustrated.) London: Published by order of the Committee of Management of the Institute and the Board of Governors of the Royal Marsden Hospital, London. 1963.

Adventure in Curative Education. By Isabel Geuter. (Pp. 177. 12s. 6d.) East Grinstead, Sussex: New Knowledge Books. 1962.

Let's Cook it Right. By Adelle Davis, A.B., M.S. (Pp. 597+x; illustrated. 36s.) London: George Allen and Unwin Ltd. 1963.

Die Gallenblase und die Ableitenden Gallenwege. By Prof. Dr. med. I. Pavel. (Pp. 319; illustrated. DM. 52.80.) Bucharest: Editura Medicala. Jena: Veb Gustav Fischer Verlag. 1962.

The Harvey Lectures. Delivered under the auspices of the Harvey Society of New York. Series 57. (Pp. 204+xiv; illustrated. 76s.) New York and London: Academic Press. 1962.

Precancerul pielii. By Acad. Stefan Gh. Nicolau and Laurian Balus. (Pp. 318; illustrated. Lei 29.50.) Budapest: Editura Academiei Republicii Populare Romine. 1963.

The Guinea Pig Club. By Edward Bishop. (Pp. 157+xiv; illustrated. 21s.) London: Macmillan and Co. Ltd. New York: St. Martin's Press. 1963. Paperback edition. (Pp. 157; illustrated. 3s. 6d.) London: Corgi Books. 1963.

Sex in Society. By Alex Comfort, M.A., M.B.(Cantab.), D.Sc., D.C.H.(Lond.). (Pp. 172. 21s.) London: Gerald Duckworth and Co. Ltd. 1963.

Autopsy Pathology. By Philipp R. Rezek, M.D.(Vienna), and Max Millard, M.B.(Dublin), M.R.C.P.(Ireland), D.C.P. (London). (Pp. 845+xiii; illustrated. \$24.50.) Springfield, Illinois: Charles C. Thomas. 1963.

Diagnostic Manual in Speech Correction. By Wendell Johnson, Ph.D., Frederic L. Darley, Ph.D., and D. C. Spiersbach, Ph.D. (Pp. 221+viii. 56s.) New York and London: Harper and Row. 1963.