

but one wonders why in a book of this sort so much space is given to an out-of-date remedy like chrysarobin and so little to the technique and complications of occlusion by polythene. It is doubtful whether keratoderma blenorrhagica exists apart from Reiter's disease, which surely deserves a short account in its own right. These small criticisms apart, the authors have done a good job, compressing a vast amount of information into a small space and presenting it in a readable form at a very moderate price.

F. F. HELLIER.

Nyasaland

Lakeside Pioneers. Socio-medical Study of Nyasaland (1875-1920). By Michael Gelfand, C.B.E., M.D., F.R.C.P. (Pp. 330+x; illustrated. 30s.) 1964.

In this well-illustrated volume Gelfand, who has dealt with the Rhodesias and Livingstone in previous works, provides a socio-medical study of Nyasaland from 1875 to 1920.

As a result of Dr. Livingstone's appeal to the universities in the 1850s to help to open

up Central Africa to Christianity and commerce the Universities Mission to Central Africa was instituted and was staffed by men who realized that work in Nyasaland entailed real self-sacrifice, for most of them survived but a few months or years, dying from black-water fever or being invalidated with permanent disabilities. Missions from other bodies followed, notably from Scotland, and for the period covered by this book the missionaries dominated and often directed medical and educational work and policy.

Dr. Gelfand deals in detail with the suppression of the slave trade and shows the delicate balance maintained between the interests of the planters and traders who needed cheap local labour and the demands of South Africa and the Rhodesias for the export of unskilled workers to their territories. He devotes a whole chapter to labour problems and expounds the gradual establishment of sound government with communication, transport, medical, and postal services.

It is difficult for us nowadays to appreciate how appalling conditions were in the early days of the missions, and how the relationship of black-water fever to malaria was so long unsuspected or denied. The crippling nature of infestation with the jigger flea is emphasized and due credit is given to

Stannus for his outstanding work on pellagra.

Gelfand pays tribute to the missionaries for their self-sacrificing zeal but chides them for not realizing that the Africans had a religion which was real, made a strong appeal, and met the social needs of a tribal community.

The author makes a point that unless a fee is paid, however small, the African patient will assume that the treatment received is of no value. The missionaries therefore continue to charge a small fee for each consultation. Is there a lesson here?

It warms the heart to read of the nineteenth-century work of S. R. Christophers as Royal Society representative on the Nyasaland malaria commission and to realize that he is working with us to-day.

At the beginning of this century the words Nyasaland, Blantyre, and Zambesi were magic and romantic names to Scotland's Sunday-school children, who were drawn in imagination every Sabbath to this part of Darkest Africa. One recalls the weekly halfpennies sacrificed to its needs and thanks Dr. Gelfand for reviving old memories and for recording a not unimportant part of tropical empire history.

GEORGE R. McROBERT.

Books Received

Review is not precluded by notice here of books recently received.

Psychiatric Education. A Symposium held at the Institute of Psychiatry, the Maudsley Hospital, London, on 14-15 May 1963. Edited by D. L. Davies and M. Shepherd. (Pp. 129. 15s.) London: Pitman Medical Publishing Co. Ltd. 1964.

American Drug Index, 1964. By Charles O. Wilson, Ph.D., and Tony Everett Jones, Ph.D. (Pp. 772+x. 55s.) Philadelphia and Montreal: J. B. Lippincott Company. 1964.

Reminiscences of Bayliss and Starling. By Charles Lovatt Evans. First Bayliss-Starling Memorial Lecture. Delivered on 22 March 1963 at University College, London. (Pp. 17; illustrated. 5s.) Cambridge: Physiological Society, Cambridge University Press. 1964.

Hemoglobin—Its Precursors and Metabolites. Edited by F. William Sunderman, M.D., Ph.D., Sc.D., and F. William Sunderman, jun., M.D. Applied Seminar of the Association of Clinical Scientists. (Pp. 360+xii; illustrated. £6 10s.) Philadelphia and Montreal: J. B. Lippincott Company. 1964.

Annual Review of Pharmacology. Edited by Windsor C. Cutting, Robert H. Dreisbach, and Henry W. Elliott. Volume 4. (Pp. 453+xxxii. \$9.00.) Palo Alto, California: Annual Reviews Inc. 1964.

Vision of Children. An Optometric Symposium. Edited by Monroe J. Hirsch, O.D., Ph.D., and Ralph E. Wick, O.D. (Pp. 434+xiii. £6 6s.) London: Hammond, Hammond & Company Ltd. 1964.

Veterinary and Comparative Dermatology. By Frank Kral, V.M.D., M.V.D., and Robert M. Schwartzman, V.M.D., M.P.H., Ph.D. (Pp. 444+xii; illustrated. £7 10s.) Philadelphia and Montreal: J. B. Lippincott Company. 1964.

Pathophysiology of Peptic Ulcer. Edited by Stanley C. Skoryna, M.D., M.Sc., Ph.D.(Biol.), F.A.C.S. Foreword by Henry L. Bockus, M.D., F.A.C.P. (Pp. 497+xxii; illustrated. £9.) Philadelphia: J. B. Lippincott Company. 1964.

Radiation Levels. Air, Water and Food. Symposium by A. S. McLean, M.B., Ch.B., D.I.H., et al. (Pp. 57; illustrated. 16s. 6d.) London: The Royal Society of Health. 1964.

Research Reviews, 1962-63. Edited by D. J. E. L. Carrick. (Pp. 279. No price stated.) London: Medical News Ltd. 1963.

A Short History of the Gout and the Rheumatic Diseases. By W. S. C. Copeman, M.D., F.R.C.P. (Pp. 236+ix; illustrated. 48s.) Los Angeles and Berkeley: University of California Press. 1964.

Limfогranulomatoza Maligna. Edited by N. Gh. Lupu. (Pp. 328. No price stated.) Bucharest: Editura Academiei Republicii Populare Romine. 1964.

A Textbook for Midwives. By Margaret F. Myles, S.R.N., S.C.M., H.V.Cert., Sister Tutor Cert., M.T.D. Foreword by Miss Jean P. Ferlie, O.B.E., R.G.N., S.C.M. Fifth edition. (Pp. 807+xii; illustrated. 45s.) Edinburgh and London: E. & S. Livingstone. 1964.

British Standards Yearbook, 1964. (Pp. 759. 15s.) London: British Standards Institution. 1964.

Recommended Dietary Allowances. Sixth revised edition. A Report of the Food and Nutrition Board, National Academy of Sciences National Research Council. (Pp. 29+vii. \$2.00.) Washington, D.C.: National Academy of Sciences National Research Council. 1964.

Médecine et Traité de Rome. Les Incidences du Traité sur la Profession Médicale dans les Pays du Marche Commun. By Henri Mallet, Director of the Centre d'Étude des Problèmes Médicaux Européens. (Pp. 128. 10 F.) Paris: Masson et Cie. 1963.

A New Life. A Handbook for those who have a permanent ileostomy. Introduction by Bryan N. Brooke, M.D., M.Chir., F.R.C.S. (Pp. 45; illustrated. No price stated.) Published by the Ileostomy Association of Great Britain. 1964.

Healing the Sick Mind. By Harry Guntrip. Foreword by Henry V. Dicks. (Pp. 223. 17s. 6d.) London: George Allen & Unwin Ltd. 1964.

Accident Surgery. Volume 2. Edited by H. Fred Moseley. (Pp. 374+x; illustrated. \$12.00.) New York: Appleton-Century-Crofts. 1964.

Practical Obstetric Problems. By Ian Donald, M.B.E., M.D., B.S.(Lond.), B.A.(Capetown), F.R.C.S.(Glasg.), F.R.C.O.G. Third edition. (Pp. 811+xix; illustrated. 70s.) London: Lloyd-Luke (Medical Books) Ltd. 1964.

The Year Book of Urology. 1963-64 Series. Edited by John T. Grayhack, M.D. (Pp. 413; illustrated. 64s.) Chicago and London: Year Book Medical Publishers and Lloyd-Luke. 1964.

Dream Interpretation. A New Approach. By Thomas M. French and Erika Fromm. (Pp. 224. 30s.) New York and London: Basic Books. 1964.

Recent Advances in Venereology. By Ambrose King, T.D., M.B., B.S., F.R.C.S. (Pp. 496+vii. 60s.) London: J. and A. Churchill Ltd. 1964.

Biochemical Disorders in Human Disease. Edited by R. H. S. Thompson, M.A., D.M., and E. J. King, Ph.D., D.Sc., F.R.I.C. 2nd edition. (Pp. 1,066+xx; illustrated. £6.) London: J. & A. Churchill Ltd. 1964.

Diet and Bodily Constitution. Ciba Foundation Study Group No. 17. In Honour of Professor J. F. Brock. Edited by G. E. W. Wolstenholme, O.B.E., M.A., M.B., M.R.C.P., and Maeve O'Connor, B.A. (Pp. 120; illustrated. 15s.) London: J. & A. Churchill Ltd. 1964.