

reminding us of many factors which have increased in importance now that modern treatment commonly prolongs the life of patients with chronic congestive failure to an extent previously rarely seen.

A. MORGAN JONES.

Child Psychiatry

Management of Emotional Problems of Children and Adolescents. By A. H. Chapman, M.D. (Pp. 315 + xi. 80s.) London: Pitman. Philadelphia and Montreal: J. B. Lippincott. 1965.

Dr. Chapman is an American psychiatrist who has written a book which is intended chiefly for his colleagues in paediatrics and general practice. It is subdivided into four sections. The first is concerned with the personality-development of normal children and adolescents and the minor problems arising therefrom. The second part surveys a wide range of emotional disorders in childhood and advises on their management. The third section concentrates on interviewing techniques for parents and children. Finally, there is an outline of the scope of modern child psychiatry.

Whatever sympathy the reader may have with the author's objectives and some of his common-sense observations is dissipated by a style of presentation which is best conveyed by quotation. A starting-point: ". . . the concept of the three L's of rearing children: love, limitations, and let them grow up." A generalization: "No perfect parents exist, and no perfect children; only God is perfect." A technique of discipline: "The human buttocks are admirably designed for

character building purposes, and the parent may administer a meaningful spanking without fear of inflicting any physical damage on the child. . . . It should be administered with the calmness of a traffic officer who is giving a delinquent motorist a traffic ticket for careless driving. . . ." On aetiology: "The causes of a compulsive personality lie in coldness and hostilities between the child and his parents during the child's formative years." On terminating an interview: ". . . the physician should express his enthusiasm about the interview. He may say: 'Well, Billy, it's been very nice to meet a fine, big boy like you. I think we can go back to your mother now.' As the child rejoins his mother in the waiting-room the doctor may reinforce his comments by saying: 'Well, Mrs. Martin, Billy and I had a very good talk. You have a wonderful, big boy here. Perhaps he and I will get together again some time.'"

Though the book has no illustrations they will surely throng into the imagination of any reader familiar with the work of the late James Thurber.

MICHAEL SHEPHERD.

Aids for the Disabled

Aids for the Elderly. In Home and Garden. Foreword by J. H. Sheldon, C.B.E., M.D., L.L.D., F.R.C.P. (Pp. 40; illustrated. 1s. 6d.) London: National Council of Social Service. 1965.

Of all the discomforts of old age the hardest to bear is the relentless progress of physical deterioration, so that backs will not bend and fingers will not grip, hands shake, legs are unsteady. The loss of independence is a

potent cause of depression and confusion; it throws heavy burdens on relatives and friends, who may "reject" the old person. When this happens the burden of care falls on the State and the old person is condemned to await death in an institution with such patience as he can muster. A refusal to accept the disabilities, on the other hand, leads to risk of injury perhaps severe enough to fracture a limb, and so dependence and admission to hospital may not be long escaped by this means either.

Between giving in and fighting the disabilities there is much that can be done by altering the home and providing aids to make it possible for the old person to live an independent life in his own home and garden. This booklet, which has just been re-edited, contains invaluable information concerning personal aids for the disabled. All are practical and if used should do much to reduce the high accident rate in the aged. Long-handled tools add a new range of function to the rigid spine, special handles allow weak hands to grip or even avoid the need to grip altogether. Alterations and various appliances make it possible to cook with one hand and to avoid spills and accidents due to unsteadiness. Care is taken of slipping on rugs, falling in the bath, and negotiating stairs. Alterations are described to make seats comfortable, including that in the W.C.

Throughout the booklet emphasis is placed on those appliances and modifications which can be purchased or made with little expense. This is especially important, because the old, for whom it is mainly written, are the poorest section of the community. This little book should be read by all those who care for the disabled and by the disabled themselves.

E. WOODFORD-WILLIAMS.

Books Received

Review is not precluded by notice here of books recently received.

Glaucoma. Epidemiology, Early Diagnosis and Some Aspects of Treatment. Symposium, London, 1965. Edited by L. B. Hunt, M.A., M.B., B.Chir., D.P.H. (Pp. 127 + x; illustrated. 12s. 6d.) Edinburgh and London: E. & S. Livingstone. 1966.

Understanding Rheumatism. By T. R. Littler, M.D., M.R.C.P. (Pp. 163 + xii; illustrated. 25s.) London, Sydney, Wellington: Tavistock. 1966.

Parkinson's Disease. Trends in Research and Treatment. Symposium, Miami Beach, 1964. Edited by André Barbeau, M.D., F.R.C.P.(C.), Lewis J. Doshay, M.D., Ph.D., and Ernest A. Spiegel, M.D. (Pp. 171 + xi; illustrated. \$7.75.) London and New York: Grune & Stratton. 1965.

Vertebrates. Their Structure and Life. By W. B. Yapp. (Pp. 525 + vii; illustrated. 68s.) New York: Oxford University Press. 1965.

The Ultrastructure of Exocrine Pancreas Cells as Related to Secretory Activity. By Lars Hakan Hermodsson. (Pp. 145; illustrated. No price given.) Uppsala: Almqvist & Wiksell. 1965.

The Chromosome Disorders. An Introduction for Clinicians. By G. H. Valentine, M.B., Ch.B., M.R.C.P., D.C.H., F.R.C.P.(C.). (Pp. 129 + x; illustrated. 25s.) London: William Heinemann. 1966.

Eye and Brain. The Psychology of Seeing. By R. L. Gregory. (Pp. 254; illustrated. 14s.) London: Weidenfeld and Nicolson. 1966.

International Review of Neurobiology. Vol. 8. Edited by Carl C. Pfeiffer and John R. Smythies. (Pp. 332 + xiii; illustrated. \$12.50.) New York and London: Academic Press. 1965.

The Little Genius. A Memoir of the First Lord Horder. By Lord Horder. (Pp. 147 + xi; illustrated. 25s.) London: Duckworth. 1966.

The Life of an Egyptian Doctor. By Naguib Mahfouz, M.Ch., F.R.C.O.G.(Hon.), F.R.C.P., F.R.C.S.(Hon.). (Pp. 191 + xii; illustrated. 40s.) Edinburgh and London: E. & S. Livingstone. 1966.

The Chemistry and Therapy of Industrial Pulmonary Diseases. By R. C. Browne, M.A., D.M., F.R.C.P. (Pp. 121 + xx; illustrated. \$6.50.) Springfield, Illinois: Charles C. Thomas. 1966.

Renal Tubular Dysfunction. By L. I. Woolf, B.Sc., Ph.D. (Pp. 253 + xiv; illustrated. \$9.50.) Springfield, Illinois: Charles C. Thomas. 1966.

Ionizing Radiations: Neural Function and Behavior. By Donald J. Kimeldorf and Edward L. Hunt. (Pp. 331 + xii; illustrated. 80s.) New York and London: Academic Press. 1965.

Proceedings of Third Asian-Pacific Congress of Cardiology. Kyoto, 1964. Sponsored by Japanese Circulation Society. (Pp. Vol. 1: 802 + xxxi. Vol. 2: 803 + 1,793; illustrated. No price given.) Kyoto: Japanese Circulation Society. 1964.

Explorations Artériographiques des Anévrismes Artériovéneux de la Moelle Épinière. Les Monographies des Annales de Radiologie. By R. Djindjian, C. Fauré, and M. Hurth. (Pp. 123; illustrated. 42 F.) Paris: Expansion Scientifique Française. 1966.

Science and Man. By Lord Brain, F.R.S. (Pp. 109. 18s.) London: Faber & Faber. 1966.

Insight and Responsibility. Lectures on the Ethical Implications of Psychoanalytic Insight. By Erik H. Erikson. (Pp. 256. 30s.) London: Faber & Faber. 1966.

Transcultural Psychiatry. Edited by A. V. S. de Reuck, M.Sc., D.I.C., A.R.C.S., and Ruth Porter, M.R.C.P. (Pp. 396 + xii, 60s.) London: J. & A. Churchill. 1965.

Mental Disorder and the Law. By A. Chalmers Fleming, M.B., B.S., D.P.M., and H. F. Paterson, M.B., B.S.(Lond.), D.P.M. (Pp. 49. 5s.) Edinburgh and London: E. & S. Livingstone. 1966.

Tray and Trolley Setting. Pocket Book. 4th edition. By Helen M. Dickie, R.G.N., R.F.N., S.C.M. (Pp. 160 + viii; illustrated. 8s. 6d.) Edinburgh and London: E. & S. Livingstone. 1966.

The Family and the Sexual Revolution. Selected Readings. Edited by Edwin M. Schur. (Pp. 427 + xv. 40s.) London: Allen & Unwin. 1966.

Medical Advance, Public Health and Social Evolution. By Charles Wilcocks, C.M.G., M.D., F.R.C.P., D.T.M.&H. (Pp. 271 + vi; illustrated. 21s.) Oxford, London, Edinburgh, New York, Paris, and Frankfurt: Pergamon. 1965.