

how much does the public really know? Fed on a rich diet of miracle drugs, organ transplants, and other exotic wonders—the *sauce tartare* and *crêpe suzette* of the medical world—most ordinary people still seem to be largely ignorant of the bread-and-butter medicine that makes up the bulk of everyday practice. This is hardly surprising, since there are few straightforward, common-sense accounts for the layman of what medicine is all about—the sort of diseases that he himself is likely to suffer from. *A Hundred Years of Medicine* goes a good deal of the way to filling this gap. It tells people in language they can understand about the development of modern medicine.

The author has interpreted the hundred years of his title freely, beginning before Hippocrates with the Egyptians and Babylonians—and ending with Christiaan Barnard

in Cape Town, 1968. No short measure here! Nor is there short measure in the main section of the book. Nearly 200 pages are devoted to the fundamental discoveries which have enabled medicine and surgery to progress so rapidly during the last century and a half. These are described in interesting terms, never dropping into the dry recital of names, dates, and facts so beloved of historians, and always related to their practical significance in the treatment of disease. Even the section on public health holds the reader's interest, and the reason for this is clear. Dr. Lloyd sees the organization of health services not as a bureaucratic exercise in its own right but as the best means of preventing people from getting ill and helping them if they do. A short epilogue surveys the outstanding problems of today and the outlook for the future. Finally there is a

thoroughly sensible bibliography, limited to the sort of books that a non-medical reader might actually wish to consult.

The book could be criticized as being rather old-fashioned in some respects, and the section on mental illness falls short of the high standard of the rest. Dr. Lloyd tells us what a tremendous problem mental illness poses, how many hospital beds are occupied by psychiatric patients, and how few doctors there are to look after them. But he tells us very little about mental illness itself and practically nothing about the dramatic recent progress in its treatment. This apart, his book can be recommended to laymen, teenagers, and—dare one suggest it?—even to doctors who have read little about the history of medicine but would rather like to try.

GEORGE BIRDWOOD.

Books Received

Books noticed here may be reviewed later.

Body Fluids in Surgery. By A. W. Wilkinson, F.R.C.S. 3rd edition. (Pp. 307+x; illustrated. 35s.) Edinburgh: E. & S. Livingstone. 1969.

Lung Function. Assessment and Application in Medicine. By J. E. Cotes, M.R.C.P. 2nd edition. (Pp. 604+xii; illustrated. 90s.) Oxford: Blackwell. 1968.

The Development of Socio-medical Care in the Netherlands. By A. Querido, M.D. (Pp. 118+ix. 18s.) London: Routledge and Kegan Paul. 1968.

Whitaker's Almanack. 1969 Edition. (Pp. 1221+xli; illustrated. 27s. 6d.) London: J. Whitaker. 1968.

The Work of a Family Doctor. By R. M. McGregor, O.B.E., T.D., M.B., Ch.B. (Pp. 266+ix; illustrated. 45s.) Edinburgh: E. & S. Livingstone. 1968.

Endocrinology and Human Behaviour. Proceedings of a Conference held at the Institute of Psychiatry, London, 9-11 May 1967. Edited by Richard P. Michael. (Pp. 349+xvii; illustrated. 90s.) London: Oxford University Press. 1968.

Psychodynamics of Externalization. Life from Without. By Carl Frankenstein, Ph.D. (Pp. 225+vi. £5.) Baltimore: Williams & Wilkins Co. London: E. & S. Livingstone. 1968.

Molecular Biology. A Structural Approach. By C. U. M. Smith. (Pp. 404; illustrated. 85s.) London: Faber & Faber. 1968.

The Complete Psychiatrist. The Achievements of Paul H. Hoch, M.D. Edited by Nolan D. C. Lewis, M.D., and Margaret O. Strahl, M.D. (Pp. 723+xvii. \$10.) New York: Albany State University of New York Press. 1968.

Kompendium der Psychiatrie. By Th. Spoorri. (Pp. 224+xvi. 30s.) Basel & New York: S. Karger. 1969.

Recent Advances in Pharmacology. 4th edition. By J. M. Robson, M.D., and R. S. Stacey, M.D. (Pp. 557+ix; illustrated. 95s.) London: J. & A. Churchill. 1968.

Environmental Problems. Edited by Billy Ray Wilson, Ph.D. (Pp. 183; illustrated. 60s.) London: Pitman. Philadelphia and Toronto: J. B. Lippincott. 1968.

Schizoid Phenomena Object-Relations and the Self. By Harry Guntrip, Ph.D. (Pp. 437. 72s.) London: Hogarth Press. 1968.

Précis de Neurologie. By P. Delmas-Marsalet. (Pp. 1290; illustrated. 158 F.) Paris: Librairie Maloine S.A. 1968.

Septic Abortion. By Richard H. Schwarz, M.D. (Pp. 153+xiv; illustrated. £5.) London: Pitman. Philadelphia and Toronto: J. B. Lippincott. 1968.

Endocrine Aspects of Disease Processes. Edited by Gaëtan Jasmin. (Pp. 456+x; illustrated. \$22.75.) St. Louis, U.S.A.: Warren H. Green. 1968.

A Synopsis of Anaesthesia. 6th edition. By J. Alfred Lee, M.R.C.S., L.R.C.P., and R. S. Atkinson, M.B., B.Chir. (Pp. 876; illustrated. 50s.) Bristol: John Wright. 1968.

Urology for Nurses. By Ian Parton, F.R.C.S. (Pp. 101+vii; illustrated. 27s. 6d.) London: Butterworths. 1968.

Technical Hematology. By Arthur Simmons, L.C.S.L.T.(Canada). (Pp. 316+xii; illustrated. 140s.) Philadelphia: J. B. Lippincott. London: Pitman. 1968.

Essentials of Chiropractic for Students. By K. D. Kuipers, M.R.C.S., and Michael J. T. Dalton, M.R.C.S., L.R.C.P. (Pp. 220. 30s.) London: Faber & Faber. 1969.

Perspectives in Endocrinology. Edited by E. J. W. Barrington and C. Barker Jørgensen. (Pp. 583+xvi; illustrated. 140s.) London and New York: Academic Press. 1968.

Progress in Conception Control. 1968. Fourth Physicians' Conference. Edited by Dean L. Moyer, M.D. (Pp. 144; illustrated. 50s.) London: Pitman. Philadelphia and Toronto: J. B. Lippincott. 1968.

Biochemical and Biological Engineering Science. Vol. 2. Edited by N. Blakebrough. (Pp. 380+xii; illustrated. 105s.) London and New York: Academic Press. 1968.

The Black Death. By Philip Ziegler. (Pp. 319. 36s.) London: Collins. 1969.

Selected Topics in Medical Genetics. A Review from the Nuffield Unit of Medical Genetics, Liverpool University. Edited by Cyril A. Clarke, F.R.C.P. (Pp. 282; illustrated. 80s.) London: Oxford University Press. 1969.

Marriage and Personal Development. By Rubin Blanck and Gertrude Blanck. (Pp. 191+xiv. 54s.) London and New York: Columbia University Press. 1968.

Looking at My Heart. By Dr. Philip Blaiberg. (Pp. 130+ix; illustrated. 25s.) London: William Heinemann. 1969.

Principles of Surgery. A New Approach. By D. J. Du Plessis, Ch.M., F.R.C.S. (Pp. 195+viii. 27s. 6d.) Bristol: John Wright. 1968.

Paediatric Urology. Edited by D. Innes Williams, M.D., M.Chir., F.R.C.S. (Pp. 585+x; illustrated. £8 10s.) London: Butterworths. 1968.

Fundamentals of Biostatistics. By Stanley Schor, Ph.D. (Pp. 312; illustrated. \$8.95.) New York: G. P. Putnam's Sons. 1968.

The Chemotherapy of Chronic Bronchitis and Allied Disorders. By J. Robert May, M.D., F.C.Path. (Pp. 115+x; illustrated. 35s.) London: The English Universities Press. 1969.

Adrenergic Neurotransmission. Edited by G. E. W. Wolstenholme and Maeve O'Connor. (Pp. 123+x; illustrated. 22s.) London: J. & A. Churchill. 1968.

Kraamzorg bij huisbevallingen. By H. P. Verbrugge. (Pp. 106+40 pp. Tables+x. fl. 13.50.) Groningen: J. B. Wolters. 1968.

Mortality of Diabetics. Prepared by Knut Westlund, M.D. (Pp. 80. Kr. 45.) Oslo: Universitetsforlaget. 1969.

Intelligence and Cultural Environment. By Philip E. Vernon. (Pp. 264+viii. 45s.) London: Methuen. 1969.

Genussmittel und Suchtgefahren im Jugendalter. By K. Biener. (Pp. 113+v. 58s.) Basle: S. Karger. 1969.

Endocrine Pathology. Edited by J. M. B. Bloodworth, jun., M.D. (Pp. 750+x; illustrated. £15.) Baltimore: Williams & Wilkins. 1968.

Progress in Neurological Surgery. Vol. 2. Edited by H. Krayenbuehl, P. E. Maspes, and W. H. Sweet. (Pp. 406+ix; illustrated. 170s.) Basle and New York: S. Karger. 1968. U.K.: Academic Press.

A Guide to Industrial Safety and Health. By Ronald Packman, B.Com.(Lond.), F.C.I.I., M.I.L. (Pp. 278+viii; illustrated. 35s.) London: Longmans. 1968.