

games and exercise under conditions favouring health and limiting the risks of accidents; and factors related to the elements of hygiene, to conditions of environment, and to lessened risks of exposure to infection. If these received more attention the health of the nation's children would be on a surer foundation. He recognizes that there is no one solution to the many outstanding problems. Education for health in childhood must continue unabated. The conditions under which children live, learn, eat, sleep, and play must be improved regardless of the sociological and economic problems involved. A proper appreciation of the true values of life must be encouraged. It is significant that in the concluding chapter, on the attainment of optimum health, Professor Capon describes needs which, while they are not essential to the continuance of life, are of the deepest significance in promoting and maintaining optimum health in childhood. These needs are for home life, happiness, opportunities for physical, mental, and emotional development, and the stimulus of good example.

This is an admirable book and should have a wide appeal. The author presents the needs of child health in simple and unbiased fashion. He depicts the child as one who should be enabled to attain optimum health in his own home. From first page to last the reader will appreciate how workers in the field of child health must pool their efforts if this ideal is to be attained. The tenor of Professor Capon's lecture cannot but encourage just that co-operation. Those who promoted the lectureship are to be congratulated on making this valuable address available in published form. Readable and modest in price, the book should be on the shelves of all family doctors, infant welfare and school medical officers, and social workers concerned with children.

W. S. CRAIG.

VOLUNTARY SOCIAL SERVICES

Voluntary Social Services Since 1918. By Henry A. Mess *et al.* Edited by Gertrude Williams. International Library of Sociology and Social Reconstruction. (Pp. 255. 21s.) London: Kegan Paul, Trench, Trubner and Co. 1947.

The title of this book is slightly misleading, for there is a great deal of information in it about the voluntary services in the earlier part of the century. This is a fault in the right direction, for it gives a deeper perspective. The reviewer came to the conclusion that the book is even more valuable for the inferences drawn from examining the various agencies than for the great volume of information given about them. Their number and variety are amazing. The late Henry Mess, who wrote much of the book and inspired his colleagues, finds no legal definition of a social service but suggests that it is "a benefit which is being conferred on those who are relatively less well off or relatively unprivileged in some way." The authors demonstrate that the work of voluntary agencies is shifting from the remedial, which is now mainly in the hands of the State, to the constructive. None of the ten contributors has any doubt that there will always be a place for voluntary workers. They pay generous tribute to their pioneer efforts, and the fact that many of them have, so to speak, dug their own graves is no reflection on their capacity, for "all voluntary organizations and all social services should aim at destroying the need for their existence." The main characteristic of such organizations is their flexibility, which gives them the advantage when dealing with individuals. This flexibility is shown, too, when they come to co-operate with the State agency which has taken over their work, for it has tended to humanize the official body and make it more inclined to experiment.

The chapter by Henry Mess on "Social Service with the Unemployed" is exhilarating to read; it obviously came from the heart as well as from the pen of a man who had a unique experience of the experiments made during the black years of mass unemployment. He came to the conclusion that "the State can only embody the desires of contemporary Society. The Voluntary Association is not thus cabined and confined. Its proper task is always to give expression to the questing spirit of mankind."

The book can be cordially recommended not only as a mine of information but as a tonic for anyone who feels doubtful about the capacity of our people to rise to any emergency which requires kindness, initiative, and public spirit. It is not only war that can bring out these virtues. Mr. Mess's chapter was an eye-opener to one of his readers.

ALFRED COX.

BOOKS RECEIVED

[Review is not precluded by notice here of books recently received]

Feeding the Human Family. By F. Le Gros Clark, M.A. (Pp. 125. 7s. 6d.) London: Sigma. 1948.

An account for the layman of food production and distribution

Headache and Other Head Pain. By H. G. Wolff, M.D. (Pp. 642. 63s.) London: Geoffrey Cumberlege. 1948.

An analysis of the pathology and symptomatology of headache.

Pharmacology and Therapeutics in Nursing. By M. S. Dooley, M.D., A.B., and J. Rappaport, R.N., B.S. (Pp. 444. 22s. 6d.) London: McGraw-Hill. 1948.

A textbook for nurses.

Nursing in Diseases of the Eye, Ear, Nose and Throat. Edited by D. H. Webster, M.D., *et al.* 8th ed. (Pp. 309. 15s.) London: Saunders. 1948.

A textbook for nurses, with much new material in this edition.

Studies in Analytical Psychology. By G. Adler, Ph.D. (Pp. 213. 21s.) London: Routledge. 1948.

Studies based on the author's fifteen years' practice of analytical psychology.

Changing Disciplines. By J. A. Ryle, M.D. (Pp. 122. 12s. 6d.) London: Geoffrey Cumberlege. 1948.

Lectures on the history, methods, and motives of social pathology.

Nursing in Tuberculosis. By L. N. Cady, R.N. (Pp. 481. 20s.) London: Saunders. 1948.

For the qualified or student nurse.

Promotion from Primary to Secondary Education. By D. M. McIntosh, M.A., B.Sc., B.Ed., Ph.D., F.R.S.Ed. (Pp. 151. 1s.) London: University of London Press. 1948.

A summarized account of an investigation by Professor W. W. McClelland, of St. Andrews University, published under the title "Selection for Secondary Education."

Clinical Laboratory Methods and Diagnosis. By R. B. H. Gradwohl, M.D., D.Sc., F.R.S.T.M. and H. 4th ed. Vols. I, II, and III. (Pp. 1,295, 2,284, and 864. \$40.00 for 3 vols.) St. Louis: Mosby. 1948.

A textbook of laboratory procedures used in diagnosis; this edition contains much new material.

The Radiology of Bones and Joints. By J. F. Brailsford, M.D., Ph.D., F.R.C.P., F.I.C.S. 4th ed. (Pp. 760. 63s.) London: Churchill. 1948.

This edition contains revisions and additions.

Cardiography. By W. Evans, M.D., D.Sc., F.R.C.P. (Pp. 132. 25s.) London: Butterworth. 1948.

The author discusses electrocardiography and phonocardiography, and includes many cardiograms.

Rural Health and Medical Care. By F. D. Mott, M.D., and M. I. Roemer, M.D., M.P.H. (Pp. 608. 39s.) London: McGraw-Hill. 1948.

A study of the medical services in rural areas in the U.S.A.

A Handbook of Ophthalmology. By H. Neame, F.R.C.S., and F. A. Williamson-Noble, F.R.C.S. 6th ed. (Pp. 336. 21s.) London: Churchill. 1948.

Intended for students and general practitioners

Emergency Surgery. Part II. By Hamilton Bailey, F.R.C.S., F.A.C.S., F.I.C.S., F.R.S.Ed. 6th ed. (Pp. 388. 21s.) Bristol: Wright. 1948.

This part is on surgery of the abdomen.

Procedure in Examination of the Lungs. By A. F. Kraetzer, M.D. 3rd ed. (Pp. 150. 18s.) London: Geoffrey Cumberlege. 1947.

An introduction to the technique of examining the lungs for the student.

fitted up as an officers' ambulance ship and plied from Malta. Returning home, he was commissioned as a captain in the R.A.M.C. and was appointed to command Princess Christian's new ambulance train, a post which he filled for three years.

At the end of the war Dr. Lowe succeeded the late Mr. W. R. Ogilvie Grant in charge of the bird-room at the Natural History Museum and set himself to reorganize the collections there. He was given charge of the osteological collection, which previously had been kept entirely separate from the collection of skins. Over the next twenty years Dr. Lowe contributed greatly to the classification of waders and to the understanding of the relationship of these birds to one another as well as to other families and groups. His paper on the finches of Gough Island shows the thoroughness with which he investigated every problem, and he was also responsible for important work on the anatomy of ostriches and penguins. The British Section of the International Committee for Bird Preservation, of which he was first secretary and then chairman for many years, owed much of its effectiveness to his untiring energy. Dr. Lowe was vice-president of the British Ornithologists' Union from 1934-6 and president from 1938-43. As recently as 1946 he was awarded the Salvin-Godman Gold Medal of the Union for outstanding work on bird anatomy and on the protection of birds.

Dr. ANDREW RADBURNE FULLER, of Perranporth, Cornwall, died suddenly on July 19 at the age of 55. He was born in London, the elder son of Dr. Andrew Fuller, chief medical officer for England and Wales under the Local Government Board. He was educated at Leighton Park School and St. Mary's Hospital, at both of which he won open scholarships. In September, 1914, he went to France with the Red Cross as a medical orderly, returning in 1915 to work for his final examination, which he took in 1916. He was immediately commissioned in the R.A.M.C. and posted as a battalion M.O. to a division in the Batt.e of the Somme. Early in 1917 he was invalided home to spend many weary months in hospital, before being invalided out in 1920. Dr. Fuller subsequently took his D.P.H. and joined his father, who was then in practice at Perranporth. There he remained until his untimely death. He was always a keen athlete and was a first-class cricketer and tennis player, holding the Cornish singles championship for three successive years and also playing first couple for the county. Dr. Fuller will long be remembered by all in Perranporth and the surrounding district for his exceptional medical ability and devotion to his work, which he combined with a sincere and unselfish love of his fellow-men. He upheld the finest traditions of the profession. He married in 1925 Elizabeth Mary, younger daughter of Dr. Peter Ingram, of London, who, with two children, survives him.—C. B. S. F.

Dr. ROBERT EVANS THOMAS, whose sudden death on July 30, at the age of 66, came as a shock to his friends, was associated for some twenty-seven years with the Bath Health Department, for much of that time as deputy medical officer of health and deputy school medical officer. He was the son of a Bristol solicitor, and went to school at Clifton and Felsted. Receiving his medical education at Bristol, he qualified in 1906, graduated M.B., B.S. two years later, and proceeded M.D. in 1911, taking the D.P.H. in 1915. Resident posts, experience of private practice, and service in France during the 1914-18 war were followed by an appointment in the school medical service at Manchester. A little later, in 1920, he came to Bath, and he remained there for the rest of his life. Dr. Thomas's most notable work was done in connexion with maternity and child welfare and school medicine, and both those services in Bath owe a great deal to his keen interest, sound judgment, and outstanding clinical ability. A crippling arthritis, which he bore with admirable courage, led to his retirement from his post as deputy medical officer in 1938. A year later, however, on the outbreak of war, he was recalled to take charge of the municipal antenatal clinics at Rivers Street, where his services were so much appreciated that he continued to attend several times a week until the day of his death. His patients soon discovered the deep personal interest Dr. Thomas took in their welfare, and they had the greatest confidence in whatever advice he gave. He gained the sincere respect of all with whom he came in contact and will always be remembered by his colleagues with the most friendly and affectionate regard.—J. F. B.

Universities and Colleges

UNIVERSITY OF WESTERN AUSTRALIA

On the occasion of the Australasian Medical Congress, held at Perth last month, the honorary degree of D.Sc. was conferred on the following: Frank Macfarlane Burnet, M.D., F.R.S., Professor of Experimental Medicine in the University of Melbourne and Director of the Walter and Eliza Hall Institute for Medical Research, Melbourne; Sir Henry Simpson Newland, C.B.E., D.S.O., M.S., F.R.C.S., F.A.C.S., F.R.A.C.S., a Vice-President of the British Medical Association, President of the Federal Council of the B.M.A. in Australia for the last 18 years, and President of the Royal Australian College of Surgeons from 1929 to 1934; James Calvert Spence, M.C., M.D., F.R.C.P., Professor of Child Health in the University of Durham; and Frank Burton Walsh, M.D., Professor of Ophthalmology at the Johns Hopkins Medical School, Baltimore, U.S.A.

SOCIETY OF APOTHECARIES OF LONDON

A course of ten postgraduate subscription lectures on modern therapeutics will be delivered in the Hall of the Society (Black Friars Lane, Queen Victoria Street, E.C.) between Oct. 18 and Nov. 5, at 5 p.m., both dates inclusive. The fee for the whole course is £3 3s. (single lectures, 7s. 6d.) Details of the lectures will be published in the diary column of the *Journal* week by week.

At a recent meeting of the Court of Assistants Professor E. C. Dodds, F.R.S., was re-elected Master of the Society for a further year from Aug. 17 and Mr. Duncan C. L. Fitzwilliams and Dr. Frank D. Howitt were elected Wardens. The reports of the deaths of Dr. C. H. T. Ilott, late Assistant, and Sir George Newman, Honorary Freeman, were received with great regret. Dr. Reginald Fisher was welcomed to a seat on the Court. Sir Cecil Wakeley was re-elected representative of the Society on the Governing Body of the British Postgraduate Medical Federation.

The following diplomas were granted:

MASTER OF MIDWIFERY.—G. H. Hall, R. Hodgkinson, J. I. Miller, C. M. Stacey, G. F. Newbold, M. O. Will.
DIPLOMA IN INDUSTRIAL HEALTH.—J. N. Heales, W. A. B. Reynard, F. Wrigley, S. J. M. Walker, D. G. Robinson, C. H. Hoskyn.
L.M.S.S.A.—V. E. S. Rolfe, P. G. Green, F. R. Walker, O. B. Beardsley, G. Capper, E. R. Ettlinger, J. A. W. Berryman, B. Newton, J. S. Swift, K. H. Ghobrial, A. C. Bojé, N. Rivers, D. Davis, A. D. Griffith, S. P. Lapage, A. I. Berwitz, N. B. Kenyon, W. Bust, N. Kacas, D. F. Little, R. J. F. Moore, A. J. Glyn, M. V. Salmon, W. B. Wolstenholme, W. Winterstein, R. J. H. Snelson.

The Services

Major-General A. H. Harty, C.I.E., late I.M.S., has relinquished the appointment of Honorary Physician to the King on retirement.

Major-General D. V. O'Malley, C.B., O.B.E., I.M.S., has relinquished the appointment of Honorary Surgeon to the King, on retirement.

Colonel (Temporary Brigadier) W. H. B. Bull, O.B.E., E.D., Royal New Zealand A.M.C., has been appointed Honorary Surgeon to the King in succession to Colonel K. McCormick, C.B., C.B.E., D.S.O., E.D., who has been posted to the Reserve of Officers.

Colonel (Temporary Major-General) F. K. Norris, C.B.E., D.S.O., E.D., A.A.M.C., and Colonel R. D. King, C.B.E., D.S.O., Royal New Zealand A.M.C., have been appointed Honorary Physicians to the King in succession to Major-General S. R. Burston, C.B., C.B.E., D.S.O., E.D., A.A.M.C., retired, and Colonel F. T. Bowerbank, K.B.E., M.C., E.D., retired, respectively.

In Circular 140/48 the Ministry of Health has drawn the attention of county district councils to the fact that in accordance with the Tenth Schedule of the National Health Service Act, 1946, the medical officer of health of the council is now required to send to the county council, as local health authority, a copy of a notification of infectious disease within 12 hours of its receipt. This applies to notifications received under Sections 144, 146, and 242 of the Public Health Act, 1936, or of any infectious disease occurring in a common lodging house. The wording of the passage referred to in the Tenth Schedule of the National Health Service Act does not specifically extend to such infectious diseases as have from time to time been made notifiable by regulations under Section 143 of the Public Health Act (or earlier enactment). But the Ministry considers it necessary that for these diseases also copies of notifications should be sent to the county council in the same way.

Extra Rations for Tuberculous Patients

The Ministry of Food has announced that patients with active tuberculosis who are receiving additional allowances of milk, bacon, and cooking fat are to be granted an extra three ounces of butter or margarine and an extra three eggs a week. Patients who are eligible for this extra food can obtain the necessary permit by taking or sending their ration books to their local food office.

Whitley Council for Nurses

The names of the representatives of the management and staff sides of the Whitley Council for Nurses and Midwives were published in the *Supplement* of Aug. 21 (p. 89). The name of Dr. R. H. H. Jolly, medical officer of health of Wolverhampton, should be added as the second representative of the Association of Municipal Corporations.

School Meals Service

The National Council of Social Service has just published a booklet, *The Social History of the School Meals Service*, by Mr. F. Le Gros Clark. The author traces the development of school meals as a new social institution. At the end of the nineteenth century school meals were regarded as an occasional charity for poor children. The changes which have taken place from then to the present day are fully described and some of the more recent developments are illustrated. Copies of the booklet (price 2s.) may be obtained from the National Council of Social Service, 26, Bedford Square, London, W.C.1.

COMING EVENTS**Refresher Courses in Paris**

Refresher courses in medicine, surgery, and the specialties will be held in October at the Hôpital Bichat, Paris, XVIIIe. Further information may be obtained from Expansion Scientifique Française, 23, rue de Cherche-Midi, Paris.

Congress of Biological Chemistry

The 8th Congress of Biological Chemistry will be held in Paris on Oct. 6-8. Information may be obtained from M. Jean Courtois, Secrétariat du Congrès, 4, Avenue de l'Observatoire, Paris, VIe.

Refresher Courses in Tuberculosis

The National Association for the Prevention of Tuberculosis has arranged the following refresher courses: "Radiology in Connexion with Tuberculosis and Chest Diseases," at Leeds University, Sept. 20-22. Fee, £4 4s.; limited inclusive accommodation at Leeds University Hostel, £2 15s. "The Treatment of Non-pulmonary Tuberculosis, including Lupus," at Lord Mayor Treloar Cripples' Hospital, Alton, Hants, Oct. 5-7. Fee, £3 3s.; reserved hotel accommodation: approximately £1 1s. per day, dinner, bed, and breakfast. Course limited to 16. Clinical Courses at the Cheshire Joint Sanatorium, Market Drayton, Salop, Oct. 26-28, Nov. 23-25, and Dec. 7-9. Fee: £3 3s.; hotel accommodation in Market Drayton can usually be obtained at approximately £1 1s. per day, dinner, bed, and breakfast. Courses limited to four.

Health Education Courses for Public Health Nurses

The Central Council for Health Education is arranging two-day courses of lectures on the subject of health education for health visitors, midwives, district nurses, school nurses, etc., in the under-mentioned university centres: Birmingham, Sept. 13-14; Bristol, Nov. 1-2; Cambridge, Oct. 18-19; Cardiff, Oct. 25-26; Leeds, Oct. 4-5; Liverpool, Sept. 20-21; Manchester, Sept. 23-24; Newcastle, Oct. 14-15; Oxford, Oct. 11-12; Sheffield, Oct. 7-8. Courses are also arranged in Belfast, London, Middlesex, Essex, Kent, and Surrey, particulars of which can be obtained from the Medical Adviser and Secretary of the Central Council for Health Education, Tavistock House, Tavistock Square, London, W.C.1. Under the general title of Health Education, lectures will be given on physiology, psychology, social factors affecting health, child health, educational methods, and the practice of health education. A member of the staff of the Central Council will take part in each course, but the majority of the lectures will be given by appropriate senior members of university staffs. No charge will be made for nurses nominated by officers of local authorities, to whom application to attend should be made.

Radioactivity in Inorganic Chemistry

Three postgraduate lectures on "The Impact of Radioactivity in Inorganic Chemistry" will be delivered by Professor H. J. Emeléus, F.R.S., on Sept. 30, Oct. 7, and Oct. 14 at the Royal Institution, 21, Albemarle Street, London, W.1. Admission will be by ticket (10s. for the three lectures) obtainable from Mr. H. C. Worsdall, London Section, O.C.C.A., c/o Plastanol, Ltd., Crabtree Manorway, Belvedere, Kent. Junior members may attend free but must apply for complimentary tickets.

SOCIETIES AND LECTURES**Tuesday**

INSTITUTE OF LARYNGOLOGY AND OTOTOLOGY, 330, Gray's Inn Road, London, W.C., Sept. 7, 9.30 a.m. "Non-operative Treatment of Maxillary Sinusitis," by Mr. Myles L. Formby.

Friday

EDINBURGH POSTGRADUATE BOARD FOR MEDICINE.—At Anatomy Lecture Theatre, Edinburgh University, Sept. 10, 3.30 p.m. "Localization of Cerebral Function," by Dr. W. Ritchie Russell.

APPOINTMENTS

DICKIE, G. G., M.B., Ch.B., D.P.H., Medical Officer of Health, Barrow-in-Furness.

MOORE, E. H., M.B., Ch.B., D.P.H., Medical Officer of Health for Sale and Lymm and Divisional Medical Officer and School Medical Officer for Cheshire.

BIRTHS, MARRIAGES, AND DEATHS**BIRTHS**

Essex-Cater.—On Aug. 11, 1948, at Paddington Hospital, to Jane (née Binning), wife of Dr. Antony Essex-Cater, F.R.A.I., a son—Jonathan.

Graves.—On Aug. 23, 1948, to Valerie, wife of Dr. J. C. Graves, a son.

Quinn.—On Aug. 24, 1948, to Mary (née McKenna), wife of Dr. Brian S. Quinn, of 116, Kenilworth Gardens, Westcliff-on-Sea, a son—Niall Patrick.

DEATHS

Alderson.—On May 29, 1948, Esther Violet Alderson (née Adderley), M.B., B.Ch., Dublin.

Berry.—On Aug. 26, 1948, Noel William Berry, M.R.C.S., L.R.C.P., of Langton House, Bury Road, Alverstoke, Hants.

Brogden.—On Aug. 27, 1948, at Brackendale, Maybury, Woking, Surrey, George Alexander Brogden, M.D.Ed., aged 78.

Burton.—On Aug. 23, 1948, at Oakdale, Frodsham, Cheshire, William Edward Burton, J.P., M.R.C.S., L.R.C.P., D.P.H., aged 82.

Carver.—On Aug. 25, 1948, at Sutton Courtenay, John Robertson Carver, M.D., D.P.H.

Cobban.—On Aug. 21, 1948, at an Edinburgh nursing home, Alexander Lee Cobban, M.B., C.M.

Cuff.—On Aug. 17, 1948, at Nicosia, Cyprus, Cyril Charles Herbert Cuff, O.B.E., F.R.C.S.Ed.

Higgs.—On Aug. 12, 1948, at St. Leonards-on-Sea, Walter Alpheus Higgs, M.R.C.S., L.R.C.P.

Jamieson.—On Aug. 20, 1948, at 8, Waltham Terrace, Blackrock, Dublin, John Kay Jamieson, Hon. LL.D., M.B., C.M.Ed., late Professor of Anatomy, Trinity College, Dublin, and Leeds University.

Leggae.—On Aug. 24, 1948, at 11, Devonshire Road, West Kirby, Archibald Renwick Leggae, M.B., Ch.B.Ed., late of Manchuria, aged 71.

Lowbury.—On Aug. 24, 1948, at 21, Menelik Road, London, N.W., Benjamin William Lowbury, M.D.

Lowe.—On Aug. 18, 1948, Percy Roycroft Lowe, O.B.E., M.B., late of the British Museum (Natural History), aged 78.

Lowry.—On Aug. 20, 1948, James Arthur Lowry, M.D., R.U.I., of 49, High Street, Fareham, Hants.

MacLagan.—On Aug. 18, 1948, at Port Lodge, Dunbar, Donald Robert Clarke MacLagan, M.B., Ch.B.Ed.

Manby.—On Aug. 19, 1948, Walter Edward Manby, M.B., B.C., of Pembroke, aged 83.

Nesbitt.—On Aug. 17, 1948, Charles van Homrigh Nesbitt, M.D., of Liverpool Road North, Maghull, Liverpool, aged 84.

Parmiter.—On Aug. 19, 1948, at the Victoria Cottage Hospital, Wimborne, Dorset, Bernard Rayne Parmiter, M.B., B.S.

Perceval.—On Aug. 19, 1948, at 28, Branksome Wood Road, Bournemouth, John Lansdowne Perceval, M.R.C.S., L.R.C.P., dearly loved husband of Winifred, late of Childe Okeford, Dorset, aged 61.

Pugh.—On Aug. 19, 1948, Stephen Horatio Pugh, F.R.C.S.Ed., of Maes-y-Coed, Builth Wells, Breconshire.

Pym.—On Aug. 5, 1948, at Burwood, N.S.W., Australia, Charles Brownlow Pym, M.R.C.S., L.R.C.P.

Ritchie.—On Aug. 20, 1948, at Sheffield Royal Infirmary, Alexander Ritchie, M.B., Ch.B., D.P.H.

Roberts.—On Aug. 25, 1948, at The Croft, Brox Road, Ottershaw, James Ernest Helme Roberts, O.B.E., F.R.C.S.

Thomas.—On July 30, 1948, Robert Evans Thomas, M.D., D.P.H., of Bath, aged 66.

Young.—On Aug. 28, 1948, at Hazeldon, Tavistock, Devon, Augustus Henry Owen Young, L.R.C.P.&S.I. and L.M., Lieutenant-Colonel R.A.M.C., retired.

All communications with regard to editorial business should be addressed to THE EDITOR, BRITISH MEDICAL JOURNAL, B.M.A. HOUSE, TAVISTOCK SQUARE, LONDON, W.C.1. TELEPHONE: EUSTON 2111. TELEGRAMS: *Aithology, Westcent, London*. ORIGINAL ARTICLES AND LETTERS forwarded for publication are understood to be offered to the *British Medical Journal* alone unless the contrary be stated.

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