contain more fibre, and if they walked much more, as their ancestors did, they would save themselves much trouble and discomfort—"Most of us are well advised to alter our habits of eating and taking exercise, and having done so we are also best advised to forget all about our insides thereafter...." The booklet is available at chemists, price 35, or direct from Family Doctor Publications, BMA House, Tavistock Square, London WC1H 9JP, price 45n.

#### George Simon Memorial Fellowship Award

The Fleischner Society invites applications for the 1980 George Simon Memorial Award for the best original work relating to radiological or other imaging of the respiratory system. The award is a visit to the Fleischner Society meeting and course, 22-28 February, New Orleans, where the recipient will present the submitted work, with expenses paid and a cash prize. The fellowship award paper may be the result of work done by several investigators, the senior author (who must be under 40) to be the applicant and responsible for most of the work. Details from Dr R H Greenspan, Yale University School of Medicine, 333 Cedar Street, New Haven, Connecticut 06510, USA. Closing date for submissions 1 November 1979.

# Christopher Attenborough Memorial Fund

A memorial fund is to be established to commemorate the life and work of Christopher Attenborough, the Hastings consultant orthopaedic surgeon who died on 13 June aged 56 (obituary 11 August, p 400) and who invented the gliding knee prosthesis. The fund will provide a bursary from time to time to help staff of any profession working for the orthopaedic department of the Hastings Health District to engage in research or study with the object of improving the treatment and care of orthopaedic patients. Donations may be made to the sector administrator, Royal East Sussex Hospital, Cambridge Road, Hastings TN34 1ER.

### **Environmental Therapy Society**

A society is being formed for the study of the role of environment (particularly food) in causing disease. It will listen with respect, states the press notice, to case histories and accumulated lore, but will seek to encourage critical controlled trials of proposed treatments. Those interested (whether doctors, other health professionals, or informed lay people) are invited to contact either Dr T H Crouch, 21 Résidence St Jean, Avenue de Fréjus, 06210 Mandelieu, France, or Dr D L J Freed, University Department of Bacteriology and Virology, Manchester M13 9PT.

## Films on the elderly

The first complete list of educational films on the elderly—over 70 in all—has been published by Age Concern England. It is available (price 50p) from the publications office, Bernard Sunley House, 60 Pitcairn Rd, Mitcham, Surrey.

#### **Cycling doctors**

The Association of British Cycling Doctors is to hold a cycling time trial on Saturday 6 October near Whalley, N Lancs. This will be followed by a social evening and on the Sunday a non-competitive cycle ride. Any doctor or paramedical professional person interested should contact Dr R C Goodfellow, 267 Preston New Road, Blackburn, Lancs (0254 60260).

#### Edinburgh University's 400th anniversary

By a charter dated 14 April 1582 King James VI of Scotland founded the University of Edinburgh. The general council of Edinburgh University proposes to celebrate the 400th anniversary in 1982 in various ways, and the possibility of an Oxford dinner for Edinburgh graduates and diplomates and their wives or husbands is being considered. Members of the university are invited to get in touch with either Gerald Henderson-Howat, Old School House, North Moreton, Didcot 813228, or Kurt Schoenenberger, Garsington House, Garsington, Oxford, if they are interested and also to indicate whether they would welcome overnight accommodation. Members are also asked to pass the information to others and to suggest other ways of spreading it.

#### Aids for the disabled

The DHSS's Report on Research and Development Work on Equipment for the Disabled 1978 shows that the effort to meet the needs of disabled people, particularly mobility, is being maintained. The work covers invalid transport, prosthetics, orthotics, aids for the deaf and blind, and other aids to daily living. Spending on the centrally financed programme of research and development in hospitals and elsewhere on medical equipment and supplies totalled £1.2 million, while another £216 000 was spent by the Department's own biomechanical research and development unit. The report is published by HMSO at 90p.

## Worshipful Society of Apothecaries of London

The following have been elected officers of the Society for the ensuing year—Sir Gordon Wolstenholme (master), Mr Guy Blackburn (senior warden), and Sir Ronald Gibson (junior warden).

## People in the news

Professor Hermann Lehmann, FRS, has been awarded the Wellcome Prize of the Association of Clinical Biochemists.

#### **COMING EVENTS**

Society for Drug Research—Symposium "Oral cavity: diseases and drug treatment," 20 September, London. Details from the secretariat of the society, c/o Institute of Biology, 41 Queen's Gate, London SW7 5HU. (Tel 01-589 9076.)

St Mary's Hospital Medical School—Details of the postgraduate course, 28-30 September, are available from the postgraduate office, St Mary's Hospital Medical School, Norfolk Place, London W2. (Tel 01-723 1252.)

#### Instructions to authors

The following are the minimum requirements for manuscripts submitted for publication.

A stamped addressed envelope or an international reply coupon *must* accompany the manuscript if acknowledgment of its receipt is desired.

- (1) **Typing** should be on one side of the paper, with double or triple spacing between the lines and 5-cm margins at the top and left-hand side of the sheet.
- **(2) Two copies** (or preferably three) should be submitted.
- (3) **Spelling** should conform to that of *Chambers Twentieth Century Dictionary*.
- (4) References must be set out in the style used in the *BMJ*, and their accuracy verified before the manuscript is submitted.
- (5) SI units are used for scientific measurements. In the text they should be followed by traditional units in parentheses. In tables and illustrations values are given only in SI units, but a conversion factor must be supplied. For general guidance on the International System of Units, and some useful conversion factors, see *The SI for the Health Professions* (WHO, 1977).
- (6) Authors should give their names and initials, their current appointments, and not more than two degrees or diplomas. Each author must sign the covering letter as evidence of consent to publication.
- **(7) Letters to the Editor** submitted for publication must be signed personally by all the authors.
- **(8) Acknowledgments** will *not* be sent unless a stamped addressed envelope or an international reply coupon is enclosed.
- (9) Detailed instructions are given in the BMJ dated 6 January 1979 (p 6).

MIND Annual Conference—11-12 October, London. Details from the conference secretary of MIND, 22 Harley Street, London W1N 2ED. (Tel 01-637 0741.)

MRCPsych (Final) and DPM (Part C) clinical and viva course—19-21 October, Woking. For details see classified advertisements.

**Institute of Urology**—Seminar "Modern aspects of urinary stone disease," 25 October, London. For details see classified advertisements.

Disabled Living Foundation—Seminar on "The elderly person with failing vision," 6 November, Cambridge. Details from Miss Margaret Dowden, conference secretary of the foundation, 346 Kensington High Street, London W14 8NS. (Tel 01-602 2491.)

**Institute of Urology**—Course on "Transurethral resection of the prostate," 22-24 November, London. For details see classified advertisements.

First International Symposium on the Impact of Transplantation upon Contemporary Biology and Medicine—27 April-1 May 1980, Jerusalem. Details from the symposium secretariat, POB 983, Jerusalem, Israel.

"Engineering aspects of the spine"—Conference organised by the Institution of Mechanical Engineers, engineering in medicine section, and the British Orthopaedic Association, 7-9 May 1980, London. Details from the Institution, 1 Birdcage Walk, Westminster, London SW1H 9JJ. (Tel 01-839 1211.)

#### © British Medical Journal 1979

All Rights Reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior permission of the *British Medical Journal*.