

## "Ten Teachers"

Gynaecology 12th edn. Ed. Stanley G. Clayton, Donald Fraser and T. L. T. Lewis. (Pp. 548; £5.) Edward Arnold. 1971.

"Ten Teachers," now into its twelfth edition, has four new contributors and a change of title in keeping with its companion volume, *Obstetrics*. As in previous editions, individual author credits are omitted from chapter headings, and, indeed, the style is so uniform

one could believe it the work of one writer.

In this edition the format is changed and there are 14 sections containing 49 chapters. The subject is completely covered in an up to date and authoritative manner. Sections dealing with anatomy, development, and physiology precede that on examination, but thereafter the order is slightly less logical. There are many excellent chapters, especially those on amenorrhoea, infertility, and

genital prolapse. Brief chapters on psychosomatic disorders, contraception, tropical, and operative gynaecology are included but it seems doubtful if even a short chapter on inversion of the uterus requires inclusion.

This textbook maintains the high standard of its predecessors, and will continue to hold its place as one of the best textbooks of gynaecology for students and residents.

D. L. MORRISON

## Surgery of Coronary Insufficiency

**Surgical Treatment of Coronary Arteriosclerosis.** Rene G. Favaloro, M.D. (Pp. 132; £6.75.) E. & S. Livingstone. 1971.

This book is commendably short and concise and is tackled from the point of view of the practising surgeon. No attempt is made to discuss the controversial aspects of the aetiology and the preventative aspects of coronary artery disease, but it is regarded straightforwardly as atherosclerosis involving the coronary blood vessels. Diagnostic coronary arteriography is dealt with in detail together with the surgical anatomy. The dominance and importance of the right coronary artery is stressed.

Surgical management, including pre and postoperative care, takes up a large part of the text. Both direct saphenous vein grafting and indirect vascularization by the Vineberg method are considered in detail. Possibly the indirect vascularization receives too much attention, but this may be because the author believes there is a place for both operations. As the treatment of chronic and established myocardial ischaemia forms part of the book, mention is also made of the treatment of ventricular aneurysms. A short final chapter recognizes the need for a surgical approach in the acute phase of the disease.

Personally I would have liked to have

more views of the difficult problems of rupture of the ventricular septum, papillary muscle dysfunction, infarctectomy, and the management of dyskenetic areas. One of the most attractive features of this book is the introduction by Donald Effler, who, in his lucid and characteristically articulate manner, presents his very personal credo and ranges widely over the subject as a whole.

This short book can be recommended to all surgeons and to cardiologists conscious of the present limitations of medical treatment, who would like to offer their patients the prospect of surgical palliation.

DONALD ROSS

## Anaesthetic Manual

**Scientific Foundations of Anaesthesia.** Ed. Cyril Scurr, M.V.O., F.F.A. R.C.S., and Stanley Feldman, F.F.A. R.C.S. (Pp. 456; £7.50.) William Heinemann Medical Books Ltd. 1970.

The changing pattern of anaesthetic education with the introduction of special emphasis on physical principles and clinical measurement has left a clear need for a textbook

that covers the scope of this syllabus. Although the authors do not claim that this is their objective there is no doubt that this manual will fill the gap.

The subject matter has been divided into various sections covering physical, physiological, and pharmacological principles to which have been added sections on both anaesthetic apparatus and computers. Each chapter is written by a separate author and

extensively reviews the scientific basis of the subject, but often stops short of a discussion of the clinical problem in a tantalizing manner.

This is an excellent book which is a most welcome and long-awaited addition to the literature on anaesthesia.

H. C. CHURCHILL-DAVIDSON

## Self-expression as Therapy

**Spontaneous Painting and Modelling. A Practical Approach in Therapy.** E. M. Lyddiatt. (Pp. 147; £2.50.) Constable. 1970.

The author of this short, practical book is an enthusiastic proponent of the value of spontaneous, creative self-expression in any art form, painting, modelling, music, or dancing. Such activity, she insists, "is not merely a device to fill in empty hours in hospital, but a creative process." Art therapy was pioneered in Britain by Adrian Hill, working with tuberculous patients at the time when they had to cope with very prolonged treatment and an uncertain prognosis. He found that creative self-expression fre-

quently helped to strengthen the morale and fortify the will to live of these long-suffering patients.

Mrs. Lyddiatt's work has been, for the most part, with the mentally ill and the mentally handicapped. Although convinced, as a Jungian, of the healing resources within the collective unconscious, she is reluctant to present herself as a therapist. Instead, she sees herself in a Socratic sense as the midwife of the birth of self-discovery. For her, spontaneous artistic expression is a means of linking up with the unconscious, and hence making contact with unknown aspects of one's own personality. She is refreshingly modest in her description of her role, which

is to "have respect for patients and their productions and keep quiet."

The book is well illustrated and contains much practical advice about the organization of a creative workshop and the materials to be used. Mrs. Lyddiatt eschews "interpretation" of her clients' work, leaving that to themselves and to their therapists; but she quotes extensively from what patients have had to say about their own work.

This book can be cordially recommended both as a persuasive argument in favour of art therapy and as a practical guide for practitioners in this field.

G. M. CARSTAIRS

## SHORTER NOTICES

Professor J. O. Leibowitz, professor of history of medicine at the Hebrew University, Jerusalem, compresses a vast amount of information into his monograph *The History of Coronary Heart Disease*. In an introductory survey he reviews the whole scene of coronary disease with particular reference to its literature, and comments on the difficulties, particularly with manuscripts from Greek and Egyptian times, of correctly interpreting the pathology of the syndromes described.

This is partly owing to linguistic problems and partly because the same word was commonly used to describe more than one organ—for example, viscus. Thus some of the earlier writings may or may not be describing coronary heart disease, though there is no doubt of its existence in ancient times since nineteenth and twentieth century investigators have demonstrated the lesions in Egyptian mummies. The notion of its causation was late in being developed, however,

and the author describes in detail how medical writers and philosophers, from antiquity to the present day, gradually evolved the concept of atheroma and myocardial damage. Twenty-five pages of bibliography complete the volume, which is No. 18 in the Publications of the Wellcome Institute of the History of Medicine. (*The History of Coronary Heart Disease*. J. O. Leibowitz (Pp. 227; £3.) Wellcome Institute of the History of Medicine. 1970.)

## COMING EVENTS

**Edgware Postgraduate Medical Society.**—Copies and details of the programme of lectures and meetings are obtainable from the clinical tutor's secretary, Edgware General Hospital, Edgware, Middx. (Tel. 01-952 2381, extn. 354.)

**International Council of Sports and Physical Education (at U.N.E.S.C.O.).**—International seminar on "Biomechanics," 27 September-1 October, Rome. Details from the organizing committee chairman, Professor S. Cerquiglini, Istituto di Fisiologia Umana, Università degli Studi, Rome, Italy.

**Liaison Committees Concerned With Drug Dependent People.**—Conference, 28 September, Nottingham University, organized by the King Edward's Hospital Fund for London. Fee £2. Details from the assistant director, Hospital Centre, 24 Nutford Place, London W1H 6AN. (Tel. 01-262 2641.)

**Schizophrenia Association of Great Britain.**—Conference, "Biochemistry, Genetics and Therapy of Schizophrenia," 28-29 September, Westminster, London, jointly with Committee on Therapy, American Schizophrenia Association. Application forms and details are obtainable from the honorary secretary of the association. Mrs. Gwynneth Hemmings, Llanfair Hall, Caernarvon, N. Wales. (Tel. Port Dinorwic 379.)

**Institute of Psychiatry.**—Details of lectures and demonstrations and of courses for postgraduate students, October-December, are obtainable from the dean of the institute, de Crespigny Park, Denmark Hill, London S.E.5. (Tel. 01-703 5411.)

**Faculty of Radiologists at the Royal College of Surgeons of England.**—Autumn meeting, combined with Faculty of Radiology, Royal College of Surgeons in Ireland, 1-2 October, Dublin. Details and application forms from the secretary, Faculty of Radiologists, Royal College of Surgeons, Lincoln's Inn Fields, London WC2A 3PN.

**Hull and East Riding Postgraduate Medical Education Centre.**—Copies of the programme, September-December, are obtainable from the area executive officer, postgraduate medical education, Hull Royal Infirmary, Hull, Yorks.

**Midland Medical Society.**—Annual dinner and inaugural address by Sir Hedley Atkins, "Charles Darwin and Down House," 13 October, 7.30 p.m., Birmingham Medical Institute. Tickets £2.25. Details from the secretary, Birmingham Medical Institute, 36 Harborne Road, Birmingham B15 3AF (tel. 021-454 5007).

**Howard League for Penal Reform.**—Annual general meeting and 50th anniversary lecture, "Expectations of Punishment—Realism in Penal Practice," by Mr. A. Robertson, 28 October, 7 p.m., National Institute for Social Work Training, 5-7 Tavistock Place, London W.C.1.

**"Medical Care of Athletes and Sportsmen."**—Course of seven Wednesday evening lectures, 20 October-1 December, Farnham Park Rehabilitation Centre. Fee £3. Details and application form from the administrative officer at the centre, Farnham Royal, Bucks.

**Edinburgh and East of Scotland Society of Anaesthetists.**—Copies and details of the programme, October 1971-April 1972, are obtainable from the honorary secretary, Dr. K. B. Slawson, Western General Hospital, Edinburgh EH4 2XU.

**Two International Symposia on Cardiovascular Disease.**—Arranged by the British Heart Foundation: (1) "Aspects of Cardiology in General Medicine and General Practice," 1 October, Southampton University; (2) "Prevention of Cardiovascular Disease," 2 October, West Middlesex Hospital. Details from the medical

administrator, British Heart Foundation, 57 Gloucester Place, London W1H 4DH. (Tel. 01-486 3223.)

**"Neonatal Medicine."**—Week-end conference, 2-3 October, Canterbury. Fee £5. Application forms and details from the honorary secretary, Kent Postgraduate Medical Centre, Kent and Canterbury Hospital, Canterbury.

## SOCIETIES AND LECTURES

*For attending lectures marked \* a fee is charged or a ticket is required. Applications should be made first to the institution concerned.*

## Monday, 13 September

INSTITUTE OF LARYNGOLOGY AND OTOTOLOGY.—5.30 p.m., Combined staff consultation clinical meeting.

## Tuesday, 14 September

INSTITUTE OF OBSTETRICS AND GYNAECOLOGY.—At Hammersmith Hospital, 2 p.m., Dr. J. M. White: Haemoglobinopathies and Pregnancy. (Admission by ticket only, obtainable from secretary, Institute of Obstetrics and Gynaecology, Chelsea Hospital for Women, London, S.W.)

## Friday, 17 September

ROYAL COLLEGE OF PHYSICIANS OF LONDON.—At Royal Victoria Infirmary, Newcastle upon Tyne, 4.30 p.m., Samuel Gee memorial lecture by Dr. A. S. Mason: Dwarfism and Growth Hormone.

## B.M.A.: ASSOCIATION NOTICES

## Medical Assistants Subcommittee of the C.C.H.M.S.

The Council of the Association has decided to reconstitute the Medical Assistants' Subcommittee of the C.C.H.M.S. on an electoral basis, as follows:

|  |   |
|--|---|
| Elected by members in the English Regions  | 7 |
| (1 by Newcastle and Leeds; 1 by Sheffield and East Anglia; 1 by N.W. and N.E. Metropolitan; 1 by S.E. and S.W. Metropolitan; 1 by Wessex and Oxford; 1 by South Western and Birmingham; 1 by Manchester and Liverpool) |   |
| Elected by members in Wales  | 1 |
| Elected by members in Scotland   | 2 |
| Elected by members in Northern Ireland   | 1 |
| Appointed by the C.C.H.M.S.  | 2 |
| Ex-officio—Chairman and Deputy Chairmen of C.C.H.M.S.  | 3 |

Nominations for the eleven elected Members should be made on forms obtainable from the British Medical Association, B.M.A. House, Tavistock Square, London WC1H 9JP and should be returned to the undersigned not later than 1 October 1971.

DEREK STEVENSON,  
Secretary.

## Diary of Central Meetings

## Tuesday, 14 September

Panel of Audio Visual Communication (Board of Science and Education), 2 p.m.

Liaison Committee of G.M.S.C. and R.C.G.P. (at Royal College of General Practitioners, 14 Princes Gate, London S.W.7), 2.30 p.m.

## Thursday, 16 September

Executive Subcommittee (C.C.H.M.S.), 10 a.m.  
G.M.S. Committee 10 a.m.

Scientific Programmes Panel (Board of Science and Education), 1 p.m.

Working Group on an Alternative Family Doctor Service (G.M.S.), 1 p.m.

## Wednesday, 22 September

Scottish General Medical Services Committee (at 7 Drumsheugh Gardens, Edinburgh), 10.15 a.m.  
Physical Medicine Group Committee, 3 p.m.

## Friday, 24 September

Public Health Committee, 9.30 a.m.  
Staff Side. Committee C, Medical Whitley Council, 2.30 p.m.

## Monday, 27 September

Hospital Junior Staffs Group Council (Scotland) (at 7 Drumsheugh Gardens, Edinburgh), 2 p.m.

## Wednesday, 29 September

Occupational Health Committee, 10.30 a.m.  
Panel on Professional Standards (Board of Science and Education), 11 a.m.

Executive Subcommittee (Hospital Junior Staffs Group Council) (at Birmingham Regional Office), 12 noon.

## Thursday, 30 September

Panel on Pharmaceutical Products (Board of Science and Education), 2 p.m.

Working Party on the "Drinking Driver," (Board of Science and Education), 2.30 p.m.  
South-East Metropolitan Regional Committee for Hospital Medical Services, 2.30 p.m.

## Monday, 4 October

Scottish Committee for Hospital Medical Services (at 7 Drumsheugh Gardens, Edinburgh), 10.30 a.m.

## Thursday, 7 October

Public Health Committee (Scotland) (at 7 Drumsheugh Gardens, Edinburgh), 10.45 a.m.

## Thursday, 14 October

Central Committee for Hospital Medical Services, 10 a.m.

## Branch and Division Meetings to be Held

*Members proposing to attend meetings marked \* are asked to notify in advance the honorary secretary concerned.*

**Bournemouth Division.**—At East Cliff Court Hotel, Friday, 17 September, 7.45 for 8.15 p.m., social meeting followed by dinner and chairman's address, "Personality and Progress in Modern Medicine." Ladies are invited.\*

**Bury Division.**—At Bury F.C. Social Club, Monday, 13 September, 8.45 p.m., a.g.m.

**East Suffolk Branch.**—At Ipswich Hospital postgraduate centre, Wednesday, 15 September, 8.30 p.m., a.g.m. (Preceded by buffet supper and wine, 7.30 p.m.)

**Exeter Division.**—At Exeter Postgraduate Medical Centre, Thursday, 16 September, 8.15 p.m., open meeting to discuss Voluntary Ban on Prescribing of Amphetamines.

**Harrogate Division.**—At the Health Centre, Knaresborough, Sunday, 19 September, 11 a.m., a.g.m.

**North Bedfordshire Division.**—Wednesday, 15 September, visit to Chocolat Tobler Meltis factory, Bedford (meet at main entrance, 2.30 p.m.) Ladies are invited.\*

**Southampton Division.**—At Southampton Postgraduate Medical Centre, Wednesday, 15 September, 8.30 p.m., report on A.R.M., followed by Professor M. R. Hall: "The Lure of Geriatric Medicine."

**South-east Essex Division.**—At Cliffs Pavilion, Thursday, 16 September, 7.30 for 8 p.m., dinner lecture by Mr. T. B. Newton on the American Space Programme (with two films). Guests are invited.\*

## Notice to Authors

When original articles and letters for publication are not submitted exclusively to the *British Medical Journal* this must be stated.

Correspondence on editorial business should be addressed to the Editor, *British Medical Journal*, B.M.A. House, Tavistock Square, London WC1H 9JR. Telephone: 01-387 4499. Telegrams: *Aitology, London, W.C.1.*

Authors wanting reprints of their articles should notify the Publishing Manager, B.M.A. House, Tavistock Square, WC1H 9JR, on receipt of proofs.