

superficial habit. The wheat grain contains nourishment most suitable for human consumption, but distributed unequally in its various parts. Put briefly, the grain in grinding has its outer coat separated as bran, its inner coats become pollard, and its centre becomes white flour. The first is largely silicious and indigestible, hence, generally speaking, is better left out of bread; the second contains much gluten and mineral phosphates, is digestible, and a most desirable component of bread; the third is chiefly starch. Fashion takes the white bread because it looks nice, forgetting that it is not nearly so nourishing or healthy as that which also contains the flour from the inner coats of the wheat grain. To improve on fashion some have bread made from white flour and bran, which is still deficient in those most important elements gluten and phosphates. The value of this pollard is shown by the fact that from it to a great extent is made the most nourishing of those concentrated foods for animals known as calf-meals, cattle-cakes, etc. Those who use English cheese, whether Stilton, Cheddar, or other makes, usually get a genuine article, but foreign makes are more doubtful. It is a well-known custom abroad to separate the cream of milk and substitute fats, either animal or vegetable, so that the resultant cheese appears to be very rich. But oleo-margarine and cotton-seed oil are not cream, nor do they nourish the body to the same extent. Butter, so-called, has often but a small proportion, or even no cream in it. The Margarine Act has not effectively fulfilled its purpose, and it is rendered less efficacious by the assertions sometimes made that margarine is a wholesome food. Let those who want information on its manufacture, read a report of the Assistant Food Commissioner for the State of Ohio, printed in the *Journal of the British Dairy Farmers' Association*, Part ii, 1888. They will there learn that all sorts of filth has ample opportunity of being mixed with the best oleo-margarine produced, also that the heat applied in manufacture is only from 120° to 130° F. Even vaccine is not disinfected by long exposure to 140° F., therefore the dangers from germs, or ova of trichinae and other nematodes in these foods are incalculable. Fashion is not only leading us to neglect the productions of our own country for foreign commodities of less value in point of nourishment and health, but to risk injury and even serious disease in consuming them.

#### FOOT, FUNIS, AND HEAD PRESENTATION.

MR. J. A. WETHERELL, M.B. (Barnsley) writes: In order that an accurate record of the frequency, or rather rarity, with which certain presentations in midwifery occur it is proper that such should be noticed in the journals. E. G., aged 27, is a multipara, having previously given birth to two children. In both instances the period of labour was unduly prolonged. Early in the morning of January 25th I was sent for by the midwife to attend at her third confinement. The message was an urgent one, and I was to take the instruments with me. On making an examination I found the funis hanging loose into the vagina about three inches. The two portions of the loop were quite flaccid, pulseless, and in direct contact. Immediately in front of this reduplication was to be felt a foot. This I at first mistook for a hand, as the great toe was bent somewhat over the sole, after the fashion of a thumb. A subsequent examination revealed its true nature. This error should be borne in mind by anyone having a similar case. Beyond this left foot was to be felt the anterior fontanelle of the protruding head, but without a caput succedaneum. The waters had long drained off, and the rim of the os was not to be perceived. There was no contraction of the pelvis, it was capacious enough. We thus had to deal with a foot, funis, and head presentation.

Treatment consisted in applying a skein of worsted to the foot, and whilst this was pulled down the head was pushed from its wedged position in an opposite direction. This at length produced version, the face of the mature, but dead, female child sweeping over the perineum. It is questionable whether, had the case been left to Nature, spontaneous version or delivery of the infant would ever have been effected.

**ERRATA.**—In our list of County Councillors last week, "S. H. Steele, Abergavenny," should have been S. H. Steel, Abergavenny.

#### COMMUNICATIONS, LETTERS, etc., have been received from:

Mr. T. J. Bokenham, London; Dr. Talfourd Jones, Eastbourne; Mr. J. Bland Sutton, London; Dr. W. B. Wall, Pembroke; Mr. J. Taylor, Ticehurst; Mr. E. Hurry Fenwick, London; Mr. J. M. Ackland, Exeter; Dr. J. De B. Griffith, Melbourne; Dr. R. E. Kelly, Burmah; Mr. S. Cameron, Maidenhead; Dr. L. H. Ormsby, Dublin; Mr. H. D. Hutton, Dublin; Mr. W. W. Baxter, Swansea Valley; Dr. D. C. Black, Glasgow; Mr. Hughes, Oswestry; Dr. M. S. Mehta, Rangoon; Mr. J. Jenkin-Lloyd, Llanelli; Mr. J. Death, London; Dr. Norman Kerr, London; Mr. T. Richmond, Glasgow; Dr. T. More Madden, Dublin; Mr. W. Donaldson, St. Mary Cray; Mr. R. H. A. Hunter, London; Mr. A. E. Blacker, Clifton; Mr. W. Adams Frost, London; One Who Knows Better; Mr. T. Wilson, Wallsend; Dr. A. G. McHattie, Antigua, West Indies; Dr. R. Saundby, Birmingham; Dr. D. Wolfe, Glasgow; Mr. Clark Bell, New York; Dr. B. Rake, Trinidad; Dr. G. F. Da Costa, Kingston, Jamaica; Our Berlin Correspondent; Mr. H. W. Roberts, London; Mr. W. J. F. Churchouse, Rugby; Mr. G. C. Steet, London; Mr. Charles Henry, Paris; B. Walker, M.B., Kirkby Stephen; Dr. D. Havard, Newport; Dr. W. R. Huggard, Davos Platz; The Secretary of the Sanitary Institute, London; Mr. G. S. Hicks, Sheffield; Mr. W. Marriott, London; Dr. W. Sykes, Mexborough; Dr. J. Mason, Windermere; Mr. W. G. Thistle, Whitby; Mr. F. Shapley, Sidcup; Alpha; Mr. F. W. Fletcher, London; Mrs. M. Holloway, London; Dr. Lewers, London; Dr. Macpherson, London; Dr. Lecheyron, Toulouse; Mr. C. B. Keetley, London; Dr. P. Frankland, London; Dr. W. Stephenson, Aberdeen; Mr. J. Mackenzie, Burnley; J. Leitch, M.B., Silloth; Mr. G. R. Redgrave, London; Dr. F. Imlach, London; Herr J. Schröder, Berlin; Dr. L. B. Trotter, Coleford; A. Blair, M.B., Langley Moor; Dr. A. A. G. Dickey, Colne; Mr. G. E. Claxton, London; Surgeon-Major J. Ince, M.B., Farningham; Mr. J. T. Neech, Oswestry; Mr. J. West, London; Mr. A. G. R. Tyler, King's Norton; Mr. Green, Salis-

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#### BOOKS, ETC., RECEIVED.

- Notes on Venereal Diseases. By H. De Méric. London: Henry Renshaw 1889.  
Transactions of the Royal Academy of Medicine in Ireland. Vol. XI. Edited by William Thomson, M.A., F.R.C.S. Dublin: Fannin and Co.  
The Physician as Naturalist. By W. T. Gairdner, M.D., LL.D. Glasgow: J. Maclehose and Sons.  
On Syphilitic Affections of the Nervous System. By T. McCall Anderson, M.D. Glasgow: J. Maclehose and Sons.  
A Textbook of Operative Dentistry. By Thomas Fillabrown, M.D., D.M.D. Philadelphia: P. Blakiston, Son, and Co.

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