

For Invalids, Dyspeptics and the Aged.



Invaluable in Sickness and Convalescence.

#### TITLE IMPORTANT

The "Allenburys" DIET is a complete food chiefly intended for Adults, and is *quite distinct* from the "Allenburys" Foods for Infants. It is quickly prepared, exceptionally palatable, easily digested and wholly nourishing.

#### COMPOSITION & PREPARATION

The "Allenburys" DIET is made from pure, rich, full-cream milk and whole wheat, both ingredients being partially pancreatised during the process of manufacture. It needs boiling water only to prepare it for use.

#### ANALYSIS

Fat	...	...	...	15.4
Proteid	...	...	...	15.2
Soluble Carbohydrate	...	...	...	47.2
Starch	...	...	...	15.7
Mineral Matter	...	...	...	4.3
Moisture	...	...	...	2.2

Caloric Value of the  
"Allenburys" DIET when prepared  
ready for use:

Fat	...	...	...	23.8
Proteid	...	...	...	10.4
Carbohydrate	...	...	...	42.9

#### INDICATIONS FOR USE

In all Gastric conditions where it is found that curd is not digested, Gastritis, Gastro-Enteritis, Gastric Catarrh, Gastric Ulcer, Gastric Influenza, Obstinate Vomiting. In all Acute Disorders. Before and after Surgical Operations. In Convalescence, Gouty Dyspepsia, Insomnia, (taken last thing at night it promotes refreshing sleep and digestive rest). Neurasthenia. All forms of Tuberculosis. In Senile Disorders of the Digestion. When pure milk is not obtainable, viz., on Board Ship, in Tropical Countries or Distant Lands, or whenever a light nourishment is required. For the Invalid, Dyspeptic, and the Aged it is an essential nutrient.

#### ADVANTAGES

Most invalids' foods require cow's milk to be used in their preparation; this involves much time and careful mixing to avoid the presence of burnt milk or lumpiness—common characteristics of foods so prepared. The "Allenburys" DIET does not require cow's milk to be added. By the simple addition of boiling water a complete food is produced that is smooth to the palate and pleasant to the taste. The "Allenburys" DIET can be taken for prolonged periods without any distaste arising. These distinct advantages are of immense service in the work of a busy hospital or understaffed sick-room.

MANUFACTURED BY

Allen & Hanburys Ltd., Lombard St., London, E.C. 3.

Prices: In sealed tins  
2/- and 4/- each.

A large sample  
sent free on request.

