## complex vitamin deficiencies

In the treatment of diseases associated with deficiency of vitamins of the B group it is now realised that, although in some cases administration of a single vitamin is indicated, there are many occasions where the inclusion of additional factors would favourably affect the prognosis in what is usually a multiple deficiency state.

Administration of the whole  $B_2$  complex as it is found in Marmite has several advantages. Being a natural product the factors appear to be combined in the correct proportions and probably exert a synergistic action. In addition the possibility of introducing unknown constituents of unsuspected significance should not be overlooked.

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