

When they're 'all legs'

Suddenly the children start to look like young colts, they get through one pair of shoes after another . . .

This is the age—the pre-teens—when buying Clarks Shoes is a particularly sound investment, not merely because of the supple and enduring leather but because of their *fit*—plus the extra space at the toes.

Clarks footgauge decides which of the four-widths-to-each-size is the child's 'own.' A well-fitting Clarks shoe does not "scuff," it keeps its heel-shape—in short, like any tailored garment, it lasts. And—even more important—the child's feet stay straight and strong.

Clarks
SHOES

Established 1825



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and the
Infirm...*

The ability to get about, to maintain daily interests and social contacts, plays an important part in the continued health and happiness of the disabled and the infirm.

For this purpose the NELCO "SOLOCAR" is ideal. Electrically driven; silent, vibrationless and free from fumes; operated with one hand—effortlessly and without strain—it climbs any hill, travels 35 miles without re-charging, turns in its own length.

★ Agents in all parts of the Country.

The Nelco SOLOCAR

NELCO LTD., STATION ROAD, SHALFORD. NR. GUILDFORD, SURREY.

N. 7



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**THE MEDICAL SICKNESS, ANNUITY &
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referring to this advertisement

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HEXOESTROL + PHENOBARBITAL

Compressed tablets each containing
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*Tablets are scored to facilitate
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Indicated in the treatment of menopausal
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Bottles of 20, 50, and 100 tablets

*Professional samples available to
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Ointment in collapsible metal tubes;
Dusting Powder in sprinkler drums

Further information will be supplied on request.

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Myc/E/10

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The convenience of tablet medication is undoubtedly of marked value in the treatment of many conditions presented daily to the physician.

This is particularly true of alkaline therapy, where 'Milk of Magnesia' Tablets are a frequent and everyday prescription. In the busy dispensary, or for providing immediate symptomatic relief while visiting the patient's home, they present advantages readily appreciated by the practitioner.

Quickly dispensed, accurate in dosage and convenient to take during working hours, 'Milk of Magnesia' Tablets offer a simple yet efficacious means of combating gastric upset due to hyperchlorhydria.

SPECIAL PROFESSIONAL PACKS

For personal, surgery or dispensing use, a professional pack of 'Milk of Magnesia' Tablets is available. This contains 500 Tablets and costs 10/- (including tax) post free. Orders should be sent direct.

Each tablet contains approximately 4.8 grains of magnesium hydroxide ('Milk of Magnesia' brand).

'MILK OF MAGNESIA' TABLETS

THE CHAS. H. PHILLIPS CHEMICAL CO., LTD., 1, WARPLE WAY, LONDON, W.3

★ 'Milk of Magnesia' is the trade mark of Phillips' preparation of magnesia.

THE INTRAVAGINAL TAMPON
IN MENSTRUAL HYGIENE

An important clinical study

N^o 3 *Original Gynaecological and
Obstetrical Research. Annual
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Tampax were given to 36 normal menstruating women, and they were instructed to insert one Tampax night and morning during and between their menstruation; that is, twice every day for one year. Vaginal mucosal biopsies, pH, bacterial flora, and glycogen contents of the vaginal mucosa were taken before, during, and after Tampax were used. To our surprise, the vaginal mucosa became much hypertrophied; the pH became more acid, which is helpful; the glycogen was increased and the bacterial flora was also improved. Tampax are made of cotton, and that is the reason they cause no harm, but produce a more healthy vagina.

Ten cases of senile vaginitis were instructed to insert one Tampax night and morning, and the vaginal mucosa in these cases became markedly hypertrophied. The alkaline vagina became acid and the reaction in the vagina became like that where estrogenic hormones had been used.

The normal non-pregnant vaginal mucosa also became so hypertrophied in some cases that it appeared like that of a pregnant woman. The vagina also became dried and appeared healthier than it was normally.

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Tampax were used as successfully as perineal pads in 95 per cent of our 45 research cases. They were changed about as often as the pads. The psychological aspect of menstruation is in many cases relieved when the belt is no longer used. There was no blocking of the menstrual flow in the cervix in any of these cases.

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Reprinted
from the
Medical Record
and Annals,
Houston,
Texas, U.S.A.,
May, 1941

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Literature and samples of both absorbency sizes will gladly be sent on request.

MEDICAL INQUIRIES: TAMPAX LTD., 110 JERMYN ST., S.W.1

Advertising an infant milk food isn't easy

At best an infant milk food is a regrettable necessity. We are, of course, well aware of this.

BUT — since occasions will occur when breast feeding is impossible, may we remind you that Humanised Trufood does offer a milk food with a similar nutritional standard to that of human milk?

This is achieved by separating the nutrients in cows' milk and recombining them in nutritionally correct proportions. Finally, the milk is spray-dried to keep the original physical characteristics of the milk.

These processes add to the value of Humanised Trufood as an infant milk food. They add something, naturally, to the cost. Humanised Trufood is recommended, not as the cheapest food, but as the one which gives optimal nutrition.

	Humanised TRUFOOD	BREASTMILK	COW'S MILK
FAT	3.4%	3.4%	3.7%
PROTEIN	1.8%	1.3%	3.4%
CARBOHYDRATE	6.3%	6.9%	4.7%

The Trufood Professional Information Service will be pleased to answer any queries you have, either on Humanised Trufood or on infant foods in general. The Service has been formed especially to be of assistance to the Medical and Nursing professions.

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