

# with minimal toxicity

2 PINK MIGRALEVE taken at first warning, will often completely abort impending migraine attacks. Residual symptoms, if any occur, can be controlled with YELLOW MIGRALEVE. Thus, Migraleve offers:

- Proven effectiveness
  A clinical trial showed Migraleve effective in 79% of migraine attacks.<sup>2</sup>
- Minimal contra-indications
   Relating only to paracetamol and small buclizine content.
- Less vomiting than with ergotamine¹
- Proven patient preference ²

# Migraleve®

THE MIGRAINE TREATMENT PATIENTS PREFER

Full information available by post only from

International Laboratories Ltd. Sunbury-on-Thames, Middlesex TW16 7HN

# Recommended prescribing

On first presentation – Migraleve Duo 24 o.p. 2 Pink stat, 2 Yellow q.q.h. (The duo pack contains 16 Pink and 8 Yellow tablets. Basic NHS price 88p.) Subsequently – taking patient experience into account, either Pink or Yellow Migraleve may be prescribed separately in multiples of 12, so avoiding a double prescription charge. Pink alone will often completely abort attacks.

References 1) Medical Digest (1972) 7, 17
2) Practitioner (1973), 211 357.
MIGRALEVE PINK tablets
contain buclizine, paracetamol,
codeine. Migraleve Yellow tablets
Contain paracetamol, codeine.

### The Newington Unit

Ticehurst House, Wadhurst, Sussex TN5 7JA

This newly formed Unit aims to help those with alcoholrelated disorders and to tackle the underlying problem of dependence.

General medical and psychological measures will be supplemented by an educative approach, both during the initial period of stay and subsequently after discharge.

Further information from the Medical Director of the Unit. Telephone: 0580 200391.

A Nestor Nursing Home 🚽



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PHARMACEUTICAL PRODUCTS

Readers are reminded that prescribers' literature and clinical information are always available from advertisers on request.

## suicide? despair?

Talk to someone who cares TELEPHONES COUNTRYWIDE-

ARE MANNED-DAY AND NIGHT-BY

Are you ordinary enough to be one of them?
You need to be a good listener, who understands how other people feel and wants to help them as a friend.
If you are found suitable you will be given the necessary preparation and supervision.
If you leel you might not be able to cope but would like to try, you are probably the type we are looking for.

The Samaritans, too, need friends. To support what they do you can collect or subscribe money and do other administrative duties which they have not time to carry out

If you would like to join the Samaritans or are interested in helping please write for details to The Hon. Secretary, The Samaritans, 17 Uxbridge Road, Slough, Berks.



And REMEMBER, if you are suicidal or despairing, you can talk to the Samaritans in complete confidence, any hour—day or night.





# leaders in topical steroid therapy

### Prescribing information

Dosage and administration Apply sparingly night and morning until improvement occurs. With Betnovate Sealp Application improvement may be sustained by applying once a day or less frequently.

With Dermovate Scalp Application, once control is achieved, therapy should be discontinued. Repeated short courses may be used to control exacerbations. If continuous steroid treatment is necessary, a less potent preparation should be used.

Side effects Betnovate and Dermovate Scalp Applications are usually well tolerated, but if signs of hypersensitivity appear, application should be stopped immediately. With all topical corticosteroids, when extensive areas are treated, sufficient systemic absorption may occur to produce the features of hypercorticism. This is more likely to occur in infants and children, with occlusion, or when treatment is prolonged. Local atrophy may occur after prolonged treatment under occlusion. Rarely, treatment of psoriasis with corticosteroids (or its withdrawal) is thought to have provoked the pustular form of the disease.

**Precautions** Care must be taken to keep the preparation away from the eyes. Do not use near a naked flame.

In infants and children avoid long term continuous topical therapy where possible, as adrenal suppression can occur even without occlusion. Select the least potent corticosteroid which will control the disease.

Topical administration of corticosteroids to pregnant animals can cause foetal abnormali-

ties. The relevance of this finding to humans has not been established; however, topical steroids should not be used extensively in pregnancy, i.e., in large amounts or for prolonged periods. Contra-indications Viral and dermatophyte infections of the scale.

Product Licence numbers

Betnovate Scalp Application: PL/0004/5133 Dermovate Scalp Application: PL/0004/0242

Further information on Betnovate and Dermovate (trade marks) Scalp Applications is available from:

Pharmaceuticals Division Glaxo Laboratories Ltd Greenford, Middlesex UB6 0HE

\*Basic NHS cost (at time of going to press)



# **Prothiaden** What's the significance of the new 75mg tablet?

Presentation Prothiaden is dothiepin hydrochloride, an antidepressant of the tricyclic group.

Prothiaden is available as sugar-coated tablets, each containing 75mg of dothiepin Promised is available as sugar-coated robets, each containing 5 mig of contepin hydrochloride. The tablets are red in colour and bear the overprint 'P 75' in white. It is also available in hard gelatin capsules, each containing 25mg of dothiepin hydrochloride. The capsules are red/brown in colour with the overprint 'P25' in white.

Uses Prothiaden is indicated in the treatment of depression and the anxiety frequently associated with depressive illnes

osage and Administration Prothiaden should be given in a dosage of 75 to 150mg\*

Adaily. The following dosage schemes are suggested:

Mild to moderate depression, 25mg three times daily of 75mg at night,

Moderate to severe depression, 150mg daily in divided doses, or as a single dose
at night. (If the latter regimen is adopted, it is preferable to use a smaller dose for the
first few days).

\*In certain circumstances, i.e. in hospital use, Prothiaden has been given at dosages

up to 225mg daily. No dietary restrictions are necessary during treatment with Prothiaden.

Contra-indications. Warnings. etc. Prothiaden has anticholinergic properties. Contro-indications. Warnings. etc. Prothiaden has anticholinergic properties; therefore, it may precipitate urinary retention in susceptible individuals and its use should be avoided in patients with existing or potential urinary retention. Patients with closed-angle glaucoma should not be given Prothiaden and the occurrence of a painful red eye in a patient receiving the drug may indicate acute closed-angle glaucoma; this requires urgent treatment. In patients with chronic simple glaucoma, the risk of Prothiaden causing a rise in intraocular pressure is relatively small provided adequate anti-glaucoma therapy is being used. Caution is advised when treating epileptic patients and those with cardiovascular disorders. From studies in animals, it was concluded that Prothiaden had no teratogenic effects in the species tested. Nevertheless as with any relatively new drug the use of Prothiaden during tested. Nevertheless, as with any relatively new drug, the use of Prothiaden during pregnancy should be avoided if possible.

Use with other drugs: Prothiaden should not be given concurrently with MAO inhibitors; nor should it be given within 14 days of ceasing treatment with an MAO inhibitor. Prothiaden may alter the pharmacological effects of some concurrently administered drugs: CNS depressants, including alcohol and narcotic analgesics. will be potentiated, as will the effects of adrenaline and noradrenaline (it should be borne in mind that some local anaesthetic preparations contain these sympathomimetics). The hypotensive effect of certain antihypertensive agents (e.g. bethanidine, debrisoquine, guanethidine) may be reduced.

Side-effects: Benerally, the side-effects associated with Prothiaden have been mild and controlled by reduced dosage. The following have been reported—dryness of mouth, constipation, disturbed accommodation, lassitude, dizziness, orthostatic hypotension, palpitations, somnolence, tremor, headache

Overdosage: The symptoms of overdosage with Prothiaden may include sedation, dr mouth, blurring of vision, tachycardia, tremor, sweating, nausea, vomiting, confusion. The main dangers from overdosage arise from unconsciousness, convulsions, abnormal cardiac rhythms, hypotension and depression of respiration. The smallest dose of Prothiaden alone which resulted in the death of an adult was reported to be 0.75–1.0g (30 to 40 x 25mg capsules). The largest dose from which recovery took place was reported to be 5.0g (200 x 25mg capsules). In view of the many factors which influence the outcome of an overdose, these figures should not be considered in isolation. Overdosage: The symptoms of overdosage with Prothiaden may include sedation, dry considered in isolation.

Treatment of overdosage: Gastric lavage; in the unconscious patient or where the cough reflex is depressed, the lungs should be protected by a cuffed endotracheal tube. Repeated gastric/intestinal aspiration may remove drug and metabolites excreted into the gut via the bile. General support of the circulation with continuous ECG monitoring is advised. Abnormalities of cardiac rhythm and epileptic convulsions may occur and should be treated accordingly. Forced diuresis and haemodialysis are not recommended. Bed-rest is advisable, even after clinical recovery.

Pharmaceutical Precautions-Recommended storage conditions 5°C to 20°C.

Legal Category POM

Package Quantities—Prothiaden Tablets (75mg) 100,500. Prothiaden Capsules (25mg) 100,600.

Rasic NHS Prices: 100 x 25mg £1.57 600 x 25mg £9.03 100 x 75mg £4.52 500 x 75mg £21.70 Product Licence Number Prothiaden capsules PL 0096/5007. Prothiaden Tablets

The Crookes Laboratories Ltd., Basingstoke, Hants.

References: 1. Pearce, J. B. & Linford Rees, W.J., Int. Med. Res. 1974, 2,12. 2. Rees, J. A. & Cryer, P. C. Curr. Med. Res. Opin. 1976, 4, 416.

# Prothiaden 75mg

more effective, better tolerated treatment for depression and anxiety.

"...dothiepin in a single daily dose is better tolerated and produces a greater overall response than a divided dose regimen ob amitriptyline. 2

: with dothiepin both the incidence and severity of side-effects were much less than with amitriptuline!

A simple daily dose of dothiepin (Prothiaden) has been shown to produce a better dinical response and to be better tolerated than a divided daily dose regimen. 1

### iv

### Spot the difference.



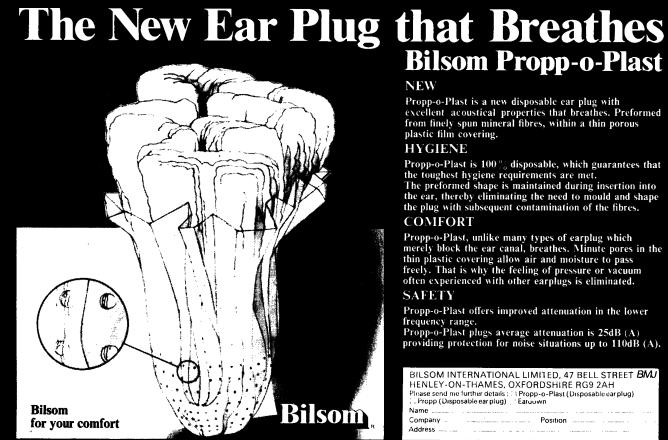
With Quinoderm the answer is clear. Our Quinoderm hydrocortisone cream is invaluable for the initial treatment of acne lesions - the rapid improvement in appearance is of positive benefit to the patient

Quinoderm Cream provides logical follow-on treatment. By controlling the condition, it reduces the risk of tissue damage and residual scarring. \*Clinical reports indicate that acne responds

to Quinoderm.

HITS THE SPOT. Full prescribing information and clinical reports on request Quinoderm Ltd, Manchester Road, Oldham OL8 4BR





Propp-o-Plast is a new disposable ear plug with excellent acoustical properties that breathes. Preformed from finely spun mineral fibres, within a thin porous plastic film covering.

HYGIENE

Propp-o-Plast is 100% disposable, which guarantees that the toughest hygiene requirements are met. The preformed shape is maintained during insertion into the ear, thereby eliminating the need to mould and shape the plug with subsequent contamination of the fibres.

### COMFORT

Propp-o-Plast, unlike many types of earplug which merely block the ear canal, breathes. Minute pores in the thin plastic covering allow air and moisture to pass freely. That is why the feeling of pressure or vacuum often experienced with other earplugs is eliminated.

### SAFETY

Propp-o-Plast offers improved attenuation in the lower

frequency range.

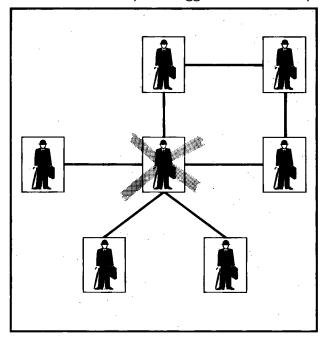
Propp-o-Plast plugs average attenuation is 25dB (A) providing protection for noise situations up to 110dB (A).

BILSOM INTERNATIONAL LIMITED, 47 BELL STREET BM. HENLEY-ON-THAMES, OXFORDSHIRE RG9 2AH Please send me further details: "Propp-O-Plast (Disposable ear plug) Eardown
Name
Company Position

# Is your business protected against the most frightening loss of all?

As an intelligent businessman you've probably tried to provide for every eventuality. Fire and burglary. Bad debts and public liability. Fidelity bonding and professional indemnity.

But what about the most <u>vital</u> part of your business? Probably the biggest contributory



factor in your success. Human beings. Key personnel. Your partners and co-directors.

If someone of immense importance to your business suddenly dies, you may take months – even years – to replace such a person.

Could your business stand the long term effects of such a loss?

You might find that the bank wants to curtail the overdraft. Or you can't meet all-important delivery dates. Or you lose major sales contracts. Meanwhile, what happens to the business?

There is an answer. You can insure against such a loss of vital people. You can be helped over the financial hurdles that result from such losses. Our 134 years of successful money management can provide just the protection you want.

Take steps immediately to look into Equity & Law's Business Assurance schemes. They are more than an investment. They are essential to your business.

Talk today to your financial adviser. Or contact us direct. This is something so important, it could prove costly to delay.

# **Equity&Law**



Equity & Law Life Assurance Society Limited, 20 Lincoln's Inn Fields, London WC2A 3ES.



EYE-EAR DROPS AND OINTMENT

Supplied:

**Neo-Cortef Eye-Ear Drops** 

In 5 ml, and 10 ml, dropper bottles. Neo-Cortef Eye-Ear Ointment In 3.9 g. tubes.

Reach ml. or g. contains: hydrocortisone acetate, 15 mg., and neomycin sulphate, 5 mg. (equiv. to 3.5 mg. neomycin-base). Warning: Topical administration of corticosteroids to pregnant animals can cause abnormalities of foetal development. The relevance of this finding to human beings has not been established; however, topical steroids should not be used extensively in the first trimester of pregnancy, i.e. in large amounts or for prolonged periods.

Full product information available on request

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Often it's difficult for a doctor to devote enough time to helping a stoma patient select the most suitable type and size of appliance.

That's why we employ fully qualified and specially trained Stoma Advisory Nurses who can see you or your patient, analyse the problem with expert knowledge and understanding—and recommend the right answer.

For both ileostomy and colostomy patients, Hollister have the most comprehensive range of bags and accessories. So the Stoma Advisory Nurse can ensure that the patient uses equipment that is absolutely right.

Whenever there's a need for specialised help, please remember—we're on call, Sheerness 3371 or write to Abbott Laboratories Ltd., Freepost, Queenborough, Kent. ME115BR—no stamp needed.

The Team That Cares



# Tegretol<sup>®</sup>

Tablets and syrup

### **Epilepsy**

Tegretol is a most effective anti-epileptic treatment, indicated for the management of temporal lobe or grand mal epilepsy.

### Temporal Lobe

Tegretol is increasingly being used as the drug of first choice for controlling the many facets of this complex form of epilepsy.

### Grand Mal

Because there is more to the successful management of epilepsy than just seizure control. Tegretol is consolidating its position as the drug of first or second choice.

# Mood and Behaviour

can be distinctly improved by using Tegretol, resulting in a smoothing out of behaviour patterns, and an improvement in interpersonal relationships.

### Tolerability

There is increasing agreement that Tegretol is a well tolerated therapy without the drawbacks of causing over-sedation, irritability, hirsutism or gum hypertrophy, all of which tend to undermine patient compliance.