THE TREATMENT OF SEA-SICKNESS.

IR,—Having crossed the Irish Channel twice during the recent violent gales, I have had two opportunities of practically testing my views on the prevention of sea-sickness by large doses of bromide of potassium. Previously to using this remedy, I had suffered severely on taking a trip by sea, no matter how short the voyage. My first experiment at this time was from Silloth to Dublin, a passage lasting thirteen first experiment at this time was from Silloth to Dublin, a passage lasting thirteen nours: As the storm had commenced before I began my journey, I took a drachm of bromide two hours before the advertised hour of starting, and repeated the dose on reaching the vessel. The passage was a very rough one, but I never felt a single qualm. On the return journey from Dublin to Holyhead, occupying eight hours, the gale still blowing, I adopted the same treatment, and again escaped, while nearly all the passengers on board suffered violently. More than one assured me that, though accustomed to sea-voyages, and to making this same passage on many previous occasions, they had never before been sea-sick. I suffered no evil after-effects from the large doses of the drug. For long voyages, the use of bromide of potassium, continued for some time, till the body becomes accustomed to the motion of the vessel, would yield equally good results.—I am, yours, etc., to the motion of the vessel, would yield equally good results. —I am, yours, etc., Helmsley, Yorkshire. R. Bruce Low, M.D. Edin.

-I beg to offer my experiences in aid of the valuable contribution by Dr. Long

in the JOURNAL

in the JOURNAL.

Impressed with the idea—very likely erroneous—that the exhausted patient, ever laying on his back, was suffering from pressure of the stomach on the solar plexus, I resolved to act on it at the next opportunity. This occurred on a voyage from Monte Video to Rio. I embarked on a most stormy and rainy night, and creeping under some tarpauling lay close to the funnel, amidships, on my right side, and, though a wretched sailor, remained well, and slept till morning. I have reason to know that not a single person, except myself, escaped sickness in that night. On the voyage from Rio in a much larger vessel I adopted the same plan, with equal success, but when 12 or 2 days out I was requested by the ship's decret to

On the voyage from Rio in a much larger vessel I adopted the same plan, with sequal success, but when 12 or 13 days out I was requested by the ship's doctor to see a patient with him. This was a young lady who was vomiting from the day she came on board, was then in the last stage of exhaustion, was lying on her back unable to move, her stomach heaving every few moments. I had her moved gently on her right side and supported there, gave small doses of champagne and brandy at very short intervals, kept her head down on the pillow, and had the satisfaction of seeing the stomach quieted, and recovery surely, though slowly, taking place. Again, on another long voyage, I was requested by the captain and the doctor to see a very fine young Irish woman exhausted from long-continued sea-sickness. The same plan was adopted with her; the exhaustion abated, and she gradually recovered. At that time ice was to be found in these great vessels, and was a most valuable addition to our means. valuable addition to our means.

I believe that keeping the head low, as Dr. Long recommends, and lying on the right side, are most valuable additions to our knowledge of curing sea-sickness, or, better still, preventing it.—Your obedient servant,

J. WM. MACKENNA.

31, Great Marlborough Street.

GLOVES FOR WET WEATHER.

SIR,—May I answer "J. T. K.'s" inquiry by telling him that Sister Taylor, of the Salisbury Nurses' Home, knitted me a "Richmond Glove," which is gauntlet, mitten, and glove combined; it is very warm, soft, and comfortable, and readily dries. The price was 4s., and the profit is devoted to "a good cause."—Yours truly,

A WILTSHIRE COUNTRY DOCTOR.

On SWEATING OF THE FEET.

On Sweating of the Feet.

Sir,—A good many communications have recently been made to the British Medical Journal on the subject of that not very uncommon, but extremely unpleasant, complaint—fœtid sweating of the feet. Many years ago, whilst a student at St. Bartholomew's Hospital, I was consulted by one of my father's workmen, employed in his sugar refinery, who suffered much from the complaint; and from that period to the present, I have from time to time had occasion to put in practice on others the same treatment which then proved efficacious, and with equally good results. Curiously enough, while this correspondence has been going on in the Journal, a servant-girl was engaged at the lodgings where I am temporarily residing, who suffers—or rather did suffer—to as great an extent as anyone I have met with; so strong and offensive was the fœtor, that the whole room became intolerable if she only came in to put on coals, or do any other trifling job, which did not necessitate her remaining for more than a few seconds. This poor girl is only eighteen years of age, but had suffered in the same way for the last four years. Her feet presented the appearance which I have always seen in these cases; viz., a white sodden look, like the hands of a washerwoman when engaged at her work; and in warm weather, she says, they frequently become blistered, and so painful that she can scarcely get about. She tried, some time ago, washing them with a strong solution of soda, and then with alum, twice a week; but without any permanent benefit. She had, therefore, done nothing, for some months past, but wash them every night with warm water, and put on a fresh clean pair of stockings every morning.

The treatment I adopted, in the first case alluded to, consisted in washing the feet with warm water and soap, drying them, and then dusting well with the oxide of zinc powder. This effectually checked the sweating; but the feet became hot, dry, and burning, and so uncomfortable that the patient preferred his former condition; it then

and burning, and so uncomfortable that the patient preferred his former condition; it then occurred to me that, if I used the ointment of zinc instead of the powder, the same good result might be obtained, without the unpleasant effects; and such proved to be the case.

In the few cases which have come under my notice since that time, I have always adopted the same treatment, and have never observed any of the ill effects which some German writers have attributed to a stoppage of the foot-sweat. As regards the duration of the treatment, and the permanence of the cure, these will probably depend on the duration of the disease previous to the treatment. The most satisdepend on the duration of the disease previous to the treatment. The most satisfactory case that has come under my notice was that of a gentleman, in whom two applications sufficed to produce a permanent cure. In another case, there was a recurrence of the sweating months after it had been cured (excited, in all probability, by the sudden ushering in of very warm weather), which was at once stopped by a single application of the ointment. In the servant-girl referred to, there was no perceptible fector three days after she commenced the use of the ointment; though she still continues, eight days after she began the treatment, to rub a little between the toes on going to bed.

I offer the above facts for what they may be worth: a more extended experience

a little between the toes on going to bed.

I offer the above facts for what they may be worth; a more extended experience may show that the remedy is only exceptionally successful; but inasmuch as it has not been mentioned by any of your correspondents on this subject, it may be worth a more extended trial by those who have greater opportunities of testing it than myself.—I am, etc.,

November 22nd, 1880.

MR. S. G. JOHNSON.—The letter arrives as we are preparing for press. It shall, however have attention for next week's issue.

FRIENDLY SOCIETIES.

Six,—I beg to inform "M.B." that the position of medical officer to a Friendly Societies' Association is by no means an enviable one. The work is very heavy, and the salary comparatively meagre. There is always such a large number of cases that a medical man cannot possibly treat each case with a sufficient amount of care; thus he acquires a slipshod way of performing his work. In the election of an officer, age and marriage have more weight than ability and high degrees. He is also excluded from private practice afterwards. These appointments, however, would be just endurable but for the committee which manages the business of the association. This is usually composed of a most unsavoury class: such as small shopkeepers, petty schoolmasters, and mechanics, who are elected on account of surpassing their brethren in stold insolence. These gentlemen, wishing to make themselves important, employ their leisure time in finding out complaints against the medical officer; the consequence is that, if he is not mean enough to curry favour with the committee, he has to appear frequently before this awful tribunal, which adjudicates and censures, in terms not always the most refined. As this is extremely annoying to a gentleman of education and culture, I should advise "M.B." to turn his thoughts to a more agreeable field of labour. advise "M.B." to turn his thoughts to a more agreeable field of labour.

Yours, etc. Spe SPECTATOR.

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