Health-Ships.

Sir,—Is there not such an institution as a "health-ship," by means of which invalids and convalescents may take short voyages with a view to the benefit to health which may result therefrom? Perhaps some readers can tell me.— Yours faithfully,

South Petherton, Somersetshire, July 15th, 1883.

\* Such an institution as a "health-ship," we believe, does not exist, but invalids find every convenience and attention on board the steamers of several of the chief ocean lines. Unfortunately, the shorter the voyage the less fitted is the ship for convalescents and invalids. Perhaps the best short voyage for patients who require a change of this kind is a trip to Gibraltar and back on board one of the P. and O. steamers, or to Malta on one of the steamers of the British India Line, or to Madeira by one of the Union Company's fine steamships.

# SIR BENJAMIN BRODIE'S PRESCRIPTION FOR GOUT.

SIR .- "Hirsutus." in the JOURNAL for June 23rd, inquires for the late Sir Hir,—"Hirsutus," in the JOURNAL for June 23rd, inquires for the late Sir Benjamin Brodie's prescription for gout. I send you a copy of a prescription for fits, answering, I think, the inquiry of your correspondent. I kept it made up, but I did not always use three pills, oftener only two; and I am inclined to think that one, three times a day, with one-eighth of a drachm of the bicarbonate of potash, before meals, would often be found very useful. The pathology of Sir Benjamin, as indicated by the prescription, harmonises with the pathology of the late Sir Charles Scudamore, in which I have believed all my life, and feel a pleasure in being able to send a copy.—"\$\mathbb{P}\$ Pil. hydrargyri; ext. rhei; ext. coloc. co. \$\bar{a}\bar{a}\bar{b}\$; ext. colchici acet. gr. xv.; \$\mathbf{F}\$t. pil. xv; sumantur tres horæ somni pro re natā. July 30th, 1852.—Yours obediently, Reading, July 4th, 1883.

T. L. Walford, M.R.C.S., etc.

MEDICAL SERVICE OF BRITISH GUIANA.

SIR,—Could you kindly refer me to the number of the JOURNAL (not July 7th) in which mention is made of the medical service in British Guiana? I am also desirous of obtaining the London address of Dr. J. P. Watt, of Georgetown, Demerara, who is, I believe, now in England.—Yours faithfully, A MEMBER.

### CRAMP.

SIR,—I have a patient who suffers very severely at night from "cramp," having to rise often as many as three or four times to have the limb rubbed. I have tried several plans of treatment; but, as they have failed, may I ask for a hint or two from one or two of my fellow members.—Yours very truly,

ENQUIRENS.

GOUTY DYSPAPSIA.

IR,—In reply to "L.R.C.P., M.R.C.S.," in the JOURNAL of July 14th, I beg to say that, if he will recommend his patient to take half a teaspoonful of effer-vescent citrate of lithia, in half a tumbler of cold water, two or three times a day (and no other drugs), he will soon find a marked improvement in his symptoms. Wine and beer should be forbidden; but, as a stimulant appears to be necessary, the best old Highland whisky may be prescribed in moderate quantities, but it must be the best, and it must be old. Sugar and acids should be carefully avoided. The fall of temperature and other symptoms in the evening are probably due to a weak circulation, caused by want of cardiac power and general deblity. A diet consisting largely of boiled fish is very beneficial in cases of "gouty dyspepsia."—Yours faithfully, ARCHIMEDES.

A CRANKEL FOR THE SPREADING OF THE CHOLERA.

SIR,—The water-closets of houses in the poor districts of the East of London, so far as my experience goes, have no other means of flushing except such as the caprice of the inhabitants may supply, and this would be chiefly the waste house-water. They are always more or less in a filthy state, and frequently blocked up. Here is a most inviting opportunity for the easy spread of cholera, when unwittingly imported from the docks or elsewhere. I frequently find these houses let each to several families, and whole streets of them belonging to one landlord. I think it would be a real economy to introduce in such cases the "trough-closet," as used in Liverpool.—I am, yours truly, Shoreditch, July 25th, 1883.

WILLIAM J. V. HARLE. A CHANNEL FOR THE SPREADING OF THE CHOLERA

ON THE DIVISION OF ARTERIES BETWEEN TWO LIGATURES.

IR,—Mr. Walsham has made a most important statement in our JOURNAL, and it is to be regretted that Mr. Holmes entertains a different opinion. If a wounded artery requires ligature, it must be tied at both ends. I am also quite sure that, whether "antiquated" or not, it is the proper surgical treatment, as I have proved in many an accident in colliery districts and elsewhere. I do not understand how a properly made aneurysm-needle could or should "transfix" the vein, or that the artery need be deprived of its covering for more than half an inch, if, as Mr. Walsham says, "it is neatly done." There may be something in that.—I am, etc.,

C. H. Spooner, M.R.C.S.Eng.

X. Y. Z.—British titles are not registrable in France. To practise in France, it is necessary to pass an examination in France either as officier de santé or as M.D. of the University of Paris.

CARBOLIC ACID IN DIARRHEA.

SIR,—I have found carbolic acid of such immense value in cases of diarrhora that I think its praises should be sounded through the medium of the JURNAL. Combined with bismuth and aromatic confection, it very soon cures the worst cases of vomiting and diarrhora in children. Half-minim doses are sufficient. In similar cases occurring in adults, I combine it in minim doses with the usual astringents and sedatives.

Its action in relieving vomiting is, of course, well known to be due to a direct sedative action upon the filaments of the pneumogastric nerves in the stomach. In the cure of diarrhora, I ascribe its action to the correction of fermentation.

stomach. In the cure of a managed children, for instance, of vomiting and diarrhea with febrile symptoms, it is reasonable to suppose that the vitality of the stomach and bowels may have become impaired by exposure to cold or wet, and that fermentation has been set up by the consequent imperfect digestion, the fermented contents of the stomach and bowels then causing vomiting and diarrhea by irritation.

In cases of over-indulgence in fruit, and other errors in diet, the cause is not so fan to seek.—I am. sir, yours truly,

THE NURSES AT KING'S COLLEGE HOSPITAL.

IR.—You are incorrect regarding your statements concerning the lady nurses at King's College Hospital, as they were discharged in the most unjust and peremptory manner, and at great inconvenience to themselves, by the members of the Council, merely because a little since the matron, Sister Aimée, reported a case of supposed irregularity by a doctor towards one of the patients. I speak as a parent of one of the lady nurses.—Very truly vours.

MARRIAGE OF COUSINS.

SIR,—Will any of your correspondents kindly inform me what is the title of a book written three or four years since, showing that no evil results arise from the intermarriage of first cousins, or render me any other information on this subject?—I am, etc.,

A FIRST COUSIN.

COMMUNICATIONS, LETTERS, etc., have been received from:

Dr. Stevenson, London; Mr. J. L. Stretton, Kidderminster; Mr. E. H. Denison, London; Dr. F. Pollard, Liverpool; Dr. H. G. Rawdon, Liverpool; Phillis; Mr. D. J. Dutton, Dursley; Mr. F. Boreham, Tunbridge Wells; Mr. G. E. Walker, Liverpool; Dr. R. T. Hales, Holt, Norfolk; Dr. A. W. Wallace, Parsonstown; Dr. Goodhart, London; Dr. A. Davidson, Liverpool; Inspector-General Maclean, Southampton; Dr. D. C. McVail, Glasgow; Dr. Broadbent, London; Mr. A. Graham, London; Mr. James Greenwood, London; Dr. Mackey, Brighton; Messrs. P. Blakiston and Co., Philadelphia; Mr. K. W. Millican, Kineton, Warwickshire; Dr. W. Kebbell, Hove; Dr. Oxley, Liverpool; Dr. Gairdner, London; Dr. Mackie, Alexandria; Dr. J. Lalor, Dublin; Mr. C. H. Southwell, Boston; Mr. W. H. Allden, Southampton; Dr. Joseph Rogers, London; Captain Douglas Galton, London; Mr. J. Bate, London; Dr. Fairlie Clarke, Southborough; Dr. T. W. Hime, Sheffield; Dr. J. Milward, Cardiff; Mr. William Bain, Heaton Chapel; Mr. W. Brydon, Hawick; Mr. J. W. Mason, Hull; Dr. T. Eyton-Jones, Wrexham; Mr. F. J. Pollock, Dublin; Dr. S. Spratly, Birkenhead; Dr. Imlach, Liverpool; Mr. C. Puzey, Liverpool; Dr. J. Spottiswoode Cameron, Huddersfield; Dr. L. Connor, Detroit, Michigan, U.S.A.; Dr. Davidson, Liverpool; Mr. R. Parry, Carnarvon; Mr. F. W. Jordan, Heaton Chapel; The Secretary of the University of Aberdeen; Dr. Yellowlees, Glasgow; Mr. E. J. Adams, Sheffield; Dr. T. M. Watt, Hovingham; Dr. Fernie, Barnstaple; Messrs. C. H. Burnham and Co., London; Mr. W. J. Mackie, Turvey; Dr. Sawyer, Birmingham; Dr. Eddowes, Shrewsbury; Dr. Shuttleworth, Lancaster; Mr. H. C. Stewart, London; Mr. P. Vincent, Taunton; Mr. Hallowes, Maidstone; Mr. F. N. Pedley, London; Mr. B. G. Morison, London; Dr. Goullet, London; Our Aberdeen Correspondent; Mr. Alfred Teevan, London; Mr. T. Cooke, London; Dr. Gairdner, Glasgow; Mr. J. Brindley James, London; Dr. Spedding, Belfast; Mr. J. W. Oregeen, Liverpool; Mr. F. Wallace, London; The Editor of Nature; The Secretary of the Sanitary Insurance Association; Mr. C. H. Southwell, Boston; Dr. Warren, Boston, U.S.A.; Mr. G. Eastes, London; Dr. Cossham. Cirencester; Dr. Muir, Selkirk; Dr. Wagstaffe, Bournemouth; The Secretary of the Wirral Children's Hospital, Birkenhead; Dr. Richardson, Oughtibridge, Sheffield; Mr. R. S. Anderson, Spennymoor; Mr. P. J. Noake, Halton; Mr. Bennett May. Birmingham; The Secretary of the National Temperance League; Mr. F. W. Lowndes, Liverpool; Mr. M. Hoff, Hamburg; Dr. W. M. Campbell, Liverpool; Mr. T. C. Jones, Corwen; The Principal of the Ceylon Medical College; Mr. C. T. Dent, London, etc.

# BOOKS, ETC., RECEIVED.

Æsthetical Sanitation. By William White, F.L.A. London: E. Stanford.

Cholera; How to Prevent and Resist It. By Dr. Max von Pettenkoffer. From the German. Translated by Thomas Whiteside Hime, A.B., M.B. Revised by Dr. Von Pettenkoffer. London: Baillière, Tindall, and Cox. 1883.

The Book of Prescriptions Containing Upwards of Two Thousand Prescriptions; Collected from the Practice of the Most Eminent Physicians and Surgeons. By H. Beakley. Sixth Edition. London: J. and A. Churchill. 1883.

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