

THE HOTEL MONTE GENEROSO, MENDRISIO, SWITZERLAND.

SIR,—Though perhaps rather too late this season to point out the advantages of a locality for a few weeks' quiet sojourn, for those who are content with the luxury of rest in most lovely scenery, instead of the "rush" of an usual holiday on the Continent, yet, next year, some who have gone through the wear and tear of active work may be glad to have their steps directed to the Hotel Monte Generoso, situated on the south side of Monte Generoso, between 3,000 and 4,000 feet above the level of the sea. Monte Generoso itself—the Rigi of Italian Switzerland—is 5,561 feet, from the summit of which can be seen the lakes Lugano, Como, Varese, and Lago Maggiore, the extensive plains of Lombardy, and the entire Alpine chain, from Monte Viso to Bernina. The hotel, which is airy and well-constructed, is built on a plateau of limestone formation, isolated from any other building, and no village, with its unsanitary surroundings and squalid children, to contaminate the air with poisonous emanations, and, for the same reason, no flies and other insects to mar one's comfort. The water-supply from the mountain above is pure, cold, and refreshing, without the possibility of carrying typhoid germs. The domestic arrangements are good, the closets are clean, and well supplied with water.

The plateau on which the hotel is built is surrounded with beech-woods, in which delightful cool walks are out, with plenty of comfortable seats, so that within twenty yards of the house a shady seat may be gained, adding much to the pleasure of the weak, while the sun is shining brightly; in these woods, the air is cool and balmy, and, from the geological formation and altitude, dry.

The hotel is well arranged, and the food ample and good, and the charges from ten to twelve francs a day; those who wish the luxury of a private sitting-room would, of course, have to pay more. The proprietor, Dr. Pasta, appears anxious to make his visitors comfortable; so that with good food, a quiet hotel, the most lovely scenery, and agreeable society, there are the essentials for restoring to its vigour the overwrought body and mind.

The hotel is open from May to the middle of October, and there is a resident clergyman of the Church of England.

With the new St. Gotthard route, Monte Generoso is easily reached, leaving London by the London, Chatham, and Dover line, at 10 A.M. via Calais, Rheims, Bale, Lucern, through the St. Gotthard Tunnel. Lugano may be reached by four o'clock the following afternoon, where the night may be spent, or the journey continued by the first available train in four hours to Mendrisio, which takes about forty minutes. The Hotel Mendrisio is a comfortable, clean little hotel, where arrangements are made for the ascent here, seven miles taking about two hours and a half, through vineyards first, then chestnut and beech woods, and delightful scenery; it is a steep pull, and either a mule, or chair, or voiture, are usually taken by those who are not good walkers.

I may add that the *Times* is taken in; and, also, those who do not care to travel so rapidly, may, by taking Cook's tickets, break their journey at several points of interest.—Faithfully yours,

D. HOADLEY GABB.

HEALTH-TRIPS.

SIR,—In reply to Dr. Norris's letter, I would suggest a voyage in one of the Spanish and Portuguese shipping company's steamers, which leave London every Saturday, touching, outward, at Lisbon, 14 days; Gibraltar, 24 days; Malaga, 3 days; homeward, at Cadiz, 4 days; Lisbon, 2 days; Vigo, half a day.

These ships are well found, the table is plentifully and well provided with meats, fish, poultry, vegetables, and all ripe fruits. The captains are courteous, and attentive to the wants and amusements of their passengers. The passengers at this time of year vary from twenty to thirty, and the cabin accommodation is good. The only drawback is the want of a medical man.

The greater part of the trip is in smooth water, and within sight of land. It is a very enjoyable excursion, and the overworked man can get as much rest as he needs, and the cost is moderate. I purpose taking my third trip about the middle of September (by which means the summer is prolonged).—I am, yours truly,

A MEMBER.

SIR,—With reference to your reply to Mr. Norris in last week's JOURNAL, I beg to inform you that I sail on or about the 8th of October next, in a well provided handsome schooner yacht of 310 tons, for a five or six months' health-voyage; first to Madeira. All particulars may be obtained on application to me.—I am, etc.,

1, Oxford Mansions, W.

DOCTOR.

CRAMP.

SIR,—I wish to inform "Enquirers" of my experience with regard to cramp. There is no remedy I have found to answer, except the raising the head of the bed. I cause two bricks to be placed under each leg, or a block of wood of the same thickness as two bricks. Patients who have suffered for years at night, crying loudly with pain, have found the above plan an immediate, certain, and permanent relief.—I am, dear sir, yours faithfully,

ROBERT MANNERS MANN, Surgeon-Major.

Bridgewater House, Manchester, August 18th, 1883.

MEDICAL UNION SOCIETY.

SIR,—Will you kindly favour me by notifying in the columns of your JOURNAL that, during the vacation, and consequent closure of the rooms of the Medical Union Society, members of the Union wishing to exchange or obtain fresh works from the Society's library, or Messrs. W. H. Smith and Sons circulating library in connection therewith, can do so by applying to me at 3, King's Bench Walk, Temple, any day (Saturdays and Sundays excepted), between the hours of 10 A.M. and 4 P.M.—I am, sir, faithfully yours,

August 11th, 1883. JAMES GREENWOOD.

MEDICAL ALLOWANCE ON SERVANTS.

SIR,—I am asked by a retired practitioner (a former partner) to attend his servant during an attack of typhoid fever. The patient has asked me for the account. Ought I to send it, or give this attendance free.—I am, etc.,

J. W. H.

. There is no specific rule bearing on the question submitted by our correspondent, but he will, we think, have no difficulty in arriving at a just conclusion in the matter, by simply determining the following points:

1. Did he undertake the duty of professional attendance for his former partner?
2. Would his ex-partner have made any charge to his servant?

COMMUNICATIONS, LETTERS, etc., have been received from:

Mr. Wilson Hope, Petworth; Mr. W. E. Green, Wandsworth; F. R.; Dr. Sawyer, Birmingham; Dr. Robert Bowles, Folkestone; Mr. R. Townsend, London; Dr. Walter, Manchester; Mr. J. Hutchinson, London; The Secretary of the Sanitary Institute of Great Britain; Messrs. Burroughs, Wellcome, and Co., London; Mr. Robert Kirkland, Cheltenham; Dr. D. H. Gabb, Mendrisio, Switzerland; Dr. Cresswell Baber, Brighton; Mr. Samuel J. Noake, Leeds; Mr. G. H. Morley, Birmingham; Mr. Spencer Thomson, Ashton, Torquay; Mr. Charles R. Christiani, London; Dr. Aitken, Southampton; Dr. F. Robinson, Eastbourne; Dr. Tripe, Hackney; Mr. R. Catterall, London; Mr. J. H. Williams, Bootle, Lancashire; Mr. James Arthur, Wingate, Durham; Mr. J. Rhys, London; Miss B. Story, Cadland, Southampton; Mr. J. Bellamy, London; Mr. T. Bates, Worcester; Messrs. Mackey, Mackey, and Co., London; Messrs. King and Co., London; Dr. A. H. Hampton, Plymouth; Dr. H. Crookshank, Cairo; Dr. Arthur Hill Hassall, San Remo; Dr. W. Smyth, Banbridge; Our Aberdeen Correspondent; Dr. C. Gunn, Dublin; Mr. W. R. Bates, Addington; Dr. Drummond, Newcastle-on-Tyne; Dr. Sinclair, Edinburgh; Dr. Styrar, Shrewsbury; Dr. Huggard, London; Dr. J. Irving, Callander; Mr. F. J. Flower, Westminster; The Secretary of the Inebriates' Home, Fort Hamilton, New York; Rev. James Macpherson, Wick; Dr. Sidney Davies, Cairo; Dr. Mackie, Alexandria; Mr. F. H. Vertin, Southwold; Mr. Gem, London; Dr. Frederick Pearce, Haslemere; Dr. T. W. Trend, Southampton; Dr. George Beaton, Glasgow; Mr. Kenneth W. Milligan, Kington; Mr. W. Jones, Conway; Mr. John Reid, Rochdale; Mr. T. H. Bartlett, Birmingham; Dr. Manson Fraser, London; Mr. Charles J. Barry, London; Mr. F. Mowatt, London; Dr. R. Beales, Congleton; Dr. L. Cane, Peterborough; Mr. Wheelhouse, Leeds; Mr. R. Little, Raphoe, Donegal; Liverpool; Prof. Humphry, Cambridge; Dr. Sutherland, Manchester; Mr. H. Blake, Great Yarmouth; Dr. W. J. Mickie, Bow; Dr. James Barr, Liverpool; Mr. G. Vincent, Bedford; Our Edinburgh Correspondent; Mr. E. Owen, London; The Director-General Army Medical Department; Dr. Neale, London; Mr. De Vere Hunt, Bolton; Mr. W. Thomson, Dublin; Messrs. Reynolds and Branson, Leeds; Mr. Holderness, Windsor; Dr. J. H. Bryant, Gibraltar; Dr. Fairlie Clarke, Southborough; Dr. Burges, Kettering; Mr. J. Howell Thomas, Wellingborough; Mr. C. A. Lane, Sunderland; Mr. T. M. Watt, Hovingham; Dr. Gilmore, Luddaff, Londonderry; Mr. W. Arnold Thomson, Amphil; Dr. J. Thorburn, Manchester; Mr. Robert Cory, Lanberis; Dr. M. D. Swallow, Pennistone; Mr. E. Smith, Birmingham; M.B.; Dr. Drummond Macdonald, Liverpool; Dr. J. H. Stallard, San Francisco, U.S., etc.

BOOKS, ETC., RECEIVED.

The Knapsack Handbook or Pedestrian's Guide. By William White, A.C., F.S.A., etc. Second Edition. London: E. Stanford. 1883.

Report of Trials for Murder by Poisoning by Prussic Acid, Strychnia, Antimony, Arsenic, and Aconitia, including the Trials of Tawell, W. Palmer, Dove, Madeline Smith, Dr. Pritchard, Smethurst, and Dr. Lamson, with Chemical Introduction and Notes on the Poisons Used. By G. Latham Browne and A. Stewart. London: Stevens and Sons. 1883.

The Extra Pharmacopoeia of Unofficial Drugs and Chemicals and Pharmaceutical Preparations. By William Martindale, F.R.S. With reference to their use; abstracted from medical journals. By W. W. Westcott, M.B. London: H. K. Lewis. 1883.

An Atlas of Illustrations of Pathology; Compiled (chiefly from Original Sources) for the New Sydenham Society. Fasciculus V. Diseases of the Liver (chiefly of the Gall Bladder and Larger Bile Ducts). Plates XXXIII to XXVI. With Pathological Summary. By Dr. Goodhart. London: The New Sydenham Society. Agent, H. K. Lewis. 1883.

Descriptive Catalogue of the Pathological Specimens Contained in the Museum of the Royal College of Surgeons of England. By Sir James Paget, Bart., with the assistance of J. F. Goodhart, M.D., and Alban H. G. Doran. Vol. II. Morbid Conditions of the Blood, the Organs of Motion, and the Skeleton. London: J. and A. Churchill. 1883.

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