

FISH AS AN ARTICLE OF DIET IN WORKHOUSES.

SIR,—I am endeavouring to convince the Board of Guardians (of which I am a member) of this district, that it would be for the benefit of the workhouse inmates, and possibly economical as regards the ratepayers, if they would adopt—only for a limited period—fish as a regular article of diet in lieu of meat, once or twice weekly. I have not yet been able to obtain a majority in favor of my proposition, owing to a prejudice against innovation; but, as I am convinced of the utility of the change, I mean to succeed. As a help to that end, I would be glad if every reader of this note having knowledge of a workhouse that has adopted a partial fish diet, would kindly inform me, as soon as convenient, and, if possible, also let me know the amount per head found necessary for a dinner.—Yours faithfully,
W. ARNOLD THOMSON.
Amphill, August 21st.

MARRIAGE OF COUSINS.

SIR,—Will you direct the attention of "A First Cousin" to Section 563 of the *Medical Digest*, where he will find all that has been written upon the subject, during the last thirty-five years, referred to.

Since the publication of the *Digest*, a paper by Dr. Cameron has appeared in the *JOURNAL*, January 1883, p. 12, as well as some consolatory remarks, in cases of healthy subjects, in the *Lancet*, July 1883, p. 88.—I am, yours truly,
RICHARD NEALE, M.D. Lond.
60, Boundary Road, South Hampstead, N.W., August 21st, 1883.

SIR,—In answer to the inquiry of your correspondent, "A First Cousin," in the *JOURNAL* of August 18th, I may inform him that the book to which I believe he refers is *The Marriage of Near Kin, considered with respect to the Laws of Nations, Results of Experience, and the Teachings of Biology*, by Alfred H. Huth, published by Churchill. He will find the subject of consanguineous marriages very fully considered therein.—I am, etc.,
JOHN W. ELLIS, L.R.C.P.E.
101, Everton Road, Liverpool, August 25th, 1883.

SIR,—Your correspondent "A First Cousin" will find requisite information concerning results of consanguineous marriages, in the following treatises. Huth on *The Marriage of Near Kin*; Liebreich, *Medical Times and Gazette*, April 6th, 1861, p. 372; Correspondent in the *Lancet* for 1866, p. 113; Professor Devay, *Gazette Hebdomadaire*, September 1860, p. 598; *Transactions of the American Medical Association*, vol. II, 1858; "Marriages between First Cousins," *Journal of the Statistical Society*, vol. 38, p. 347, 1875.—I am, etc.,
CHARLES J. BARRY.
1, Euston Square, N.W.

LUMINOUS PAINT.

SIR,—"Night Bell" may find luminous paint at Nemitz's, 28, Boulevard Poissonnière, Paris. I am satisfied with mine, which I have had now about four months. I do not know whether Nemitz has a depot in London.—Yours truly,
A. CORDES.
Geneva, August 26th, 1883.

SIR,—If "Night Bell" will write to Messrs. Ihlee and Horne, 31, Aldermanbury, E.C., he will obtain all the information he requires; and has only to carry out their directions to ensure success.—Yours faithfully,
ONE WHO HAS TRIED IT.

DR. GRAHAM (Weybridge) writes to the same effect; but he does not think that the paint will last for more than two years without repainting.

OXYURIS VERMICULARIS.

A MEMBER asks for suggestions in the following case. C. N., aged 32, has been troubled with oxyuris vermicularis since his fourteenth year, and from time to time has taken calomel, scammony with jalap; and for the last four years, once a month, santonin (seven grains), followed by castor oil, and, some hours afterwards, an enema of turpentine and gruel. He states he has used enemata of salt and water, quassia, aloes, etc. His father, grandfather, and great grandmother, also two sisters, were all teased with the same kind of worm.

SIR,—A lady who wishes for a female child, asks if I can give her any information whether any steps can be taken to secure this result. I have seen in the *JOURNAL* some remarks about sex, and its cause, but cannot remember where. Can any of your readers help.—Yours, etc.,
M. D.

HYPERTROPHY OF THE BREAST.

SIR,—Hypertrophy of the breast is, I think, not a common affection. The following case, although occurring in a far distant colony, may, therefore, not be uninteresting.

M., a negress, and a labourer on an adjacent estate, applied for relief last month. She was apparently forty years of age, and well nourished. She married about twenty years ago, and has had three children, aged respectively 15, 12, and 10 years. She first noticed commencing enlargement after the birth of her second child, which she nursed for sixteen months. Her third child she nursed fifteen months. She has always menstruated regularly, except during pregnancy and nursing. The enlargement has been gradual since the birth of her second child, and pain has throughout been entirely absent.

On examination, both breasts, when allowed to hang, very nearly reached the umbilicus, the right being slightly longer than the left. She refuses all operative interference.—Faithfully yours,
S. FITZGERALD PROCTOR, M.B., M.A.
St. Lucia, West Indies, July 20th, 1883.

LOCAL ANDROSIS.

SIR,—Can any of your readers help me in the following case? A gentleman of active habits and careful living comes to me complaining of suffering from dry hot hands and feet, so much so as to be an ever-present source of discomfort to him. Sweating freely on exertion from head and body, not the slightest moisture is to be found on the extremities. The skin on them appears to be perfectly healthy, and he is in very good health himself. I have tried a number of external applications, and, internally, diaphoretics, and refrigerants, but without the slightest effect in causing perspiration, or removing the sensation of burning heat.

I shall be much obliged by any suggestions.—Yours truly,
A MEMBER.

SIR,—Will you kindly inform me which is the most suitable book for "getting up" mechanics as required by the London examining bodies?—Yours truly,
MEDICAL STUDENT.

* Ganot's *Physics*; or Deschanel's *Natural Philosophy*, translated by Everett.

HOME FOR CRIPPLED GIRLS.

SIR,—Can any of your readers give the name of a home for crippled girls, or any other charitable institution where a female child would be received? She is about ten years old, and without the use of her lower limbs, having been the victim of infantile paralysis from the first year of her life. The information would greatly oblige,—Yours truly,
THOS. M. WATT.

X.—The employment of unqualified assistants is a burning question, on which we have repeatedly expressed our opinion, as our correspondent will find if he has followed the discussions during the past year. The General Medical Council has issued a report on the subject, of which a copy may be obtained at their printers, Messrs. Spottiswoode and Co., 30, Parliament Street, S.W., and which would probably interest our correspondent to read.

EXCISION OF CANCER OF THE BREAST IN AN AGED PATIENT.

In the case described by Mr. Joshua Rhys at page 270 of the *JOURNAL* for August 11th, the operation was performed by Dr. Augustus Brown.

COMMUNICATIONS, LETTERS, etc., have been received from:

Mr. S. T. Daley Weston, Handsworth; Mr. W. Spooner, Liverpool; Mr. T. Richards, Wincanton; Mr. E. Child, New Malden; Dr. Churton, Leeds; Mr. A. R. Graham, Holmwood, Weybridge; Mr. B. Spedding, Belfast; Mr. Lancelot Newton, Alconbury Hill; Mr. Henry Bird, Seale; Mr. E. O. Rowland, Whittingham, Preston; Dr. Mackie, Alexandria; Mr. J. H. Johnson, London; Dr. Styrap, Shrewsbury; Mr. John J. M. Roberts, Amlwch; Dr. G. F. Bodington, Kingswinford; Mr. James Gopal, London; Mr. R. Davy, London; The Right Hon. A. J. Mundella, M.P., London; Lord E. Fitzmaurice, London; Mr. W. E. Gowan, Perth; Dr. John Alexander, Glasgow; Dr. J. H. Clarke, London; Messrs. Evans and Worral, London; Mr. R. Denham Pinnock, Ballarat, Australia; An Indian Medical Officer; Mr. James Barron, Sunderland; Dr. A. Brown, London; The Editor of *Nature*, London; Hon. E. Gibson, London; Dr. B. Foster, Birmingham; Dr. Fairlie Clarke, Southborough; Mr. A. L. Jones, London; Dr. A. Cordes, Geneva; Messrs. Street Brothers, London; Mr. Dolan, Halifax; Mr. R. R. Barnett, London; Mr. W. Allam, London; Dr. Alfred Carpenter, Croydon; Mr. W. Johnson Smith, Greenwich; Mr. T. H. Dale, Birmingham; Mr. A. D. Hayter, London; Mr. C. G. Wheelhouse, Leeds; Mr. Bowman, London; Dr. E. Drummond, Rome; Mr. George Gentle, London; A Member; Mr. W. H. S. Walker, Glasgow; Dr. Henry Ashby, Manchester; Dr. J. A. Owles, London; Dr. Sawyer, Birmingham; Mr. George Padley, Swansea; Mr. W. S. Frost, West Watling, Cambridge; Mr. J. W. Lax, Burslem; Dr. Grabham, Wellington, N.Z.; Mr. Fitzgerald Proctor, St. Lucia; Mr. J. W. Ellis, Liverpool; Dr. U. B. Eaton, Mitchelstown; Dr. Clifford Allbutt, Leeds; Mr. Johnson, Dublin; Mr. Thomas Ryan, London; Mr. M. D. Makuna, London; Mr. L. Humphry, Cambridge; Mr. C. Coppinger, Dublin; Mr. W. R. Pollock, London; Mr. F. W. Fairbank, Hambrook, near Bristol; Mr. E. C. Barnes, Hammersmith; Dr. C. E. Glascock, Manchester; Mr. A. H. Barrett, Wallingford, Berkshire; Dr. H. Davy, Exeter; Mr. J. D. Power, London; Mr. Thomas G. Prosser, Mounmouth, etc.

BOOKS, ETC., RECEIVED.

A History of Tuberculosis from the Time of Lyevins to the Present Day; Being in Part a Translation, with Notes and Additions from the German of Dr. Arnold Spina; Containing also an Account of the Researches and Discoveries of Dr. R. Koch, and other recent investigations. By Eric E. Sattler, M.D. Cincinnati: Robert Clarke and Co. 1883.

Royat (les Bains) in Auvergne: Its Mineral Waters and Climate. By G. H. Brandt, M.D. Second Edition. London: H. K. Lewis. 1883.

Hamman Rirta, Algiers; A Winter Health-Resort and Mineral Water Cure Combined. By G. H. Brandt, M.D. London: H. K. Lewis. 1883.

A Guide to the Practical Examination of the Urine, for the Use of Physicians and Students. By James Tyson, M.D. Fourth Edition. Revised and corrected, with coloured plates and wood engravings. Philadelphia: P. Blakiston, Son, and Co., 1012, Walnut Street.

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