

care of Dr. J. C. Holm, who will furnish every information on inquiry), completely fitted up with all the most modern appliances of the hydro-therapeutic art, including saline, sea-weed, mother-lye baths, sulphur baths direct from the spring, fir-leaf and mud baths, analyses of which I append. The great advantage it appears to me the sulphurous and ferruginous springs of Laurvig possess is that, being situated near the sea on the one side, and within a mile on the other of a beautiful lake (the Fairsvand, about twelve miles in length, running up into the mountains), with safe boating and sailing upon each, the invalid and the members of his family are relieved from the weariness so often felt at inland spas, from want of the bracing effect of mountain and sea-air. The Thelemarken lakes and mountains are near, and coasting steamers call frequently at Laurvig. The most direct communication with Laurvig from England is by Newcastle, the *Odin* and *Prospero* leaving Laurvig for England direct, every Friday night; return fare, available for the season, including provisions, five guineas. On the outward journey the steamer does not call at Laurvig, but proceeds to Christiania after calling at Arundel, a port south of Laurvig, with which it has daily communication by coasting steamers. The cost of living in Laurvig is reasonable, prices being rather less than in English country towns, whilst English is very generally spoken by the shop and hotel-keepers. The charges at the bath establishment are, for board, 18 krs.; for physician, baths, etc., 20 krs. weekly; apartments, 25 to 50 krs. a month. Johannsen's hotel near the baths is very clean, comfortable, English-like, and situated in its own grounds, and the charge is 6 krs. a day—a krona equalling 1s. 1½d. B. S.

Analyses of Mother-Lye and Sea-Mud from Laurvig.

The lye from sea-weed is clear, brownish, with alkaline reaction, and contains in 1,000 grammes about 300 grammes solid matter, namely:

Chloride of sodium	..	..	222.0
Sulphate of potassium	..	..	46.5
Iodide of potassium	..	..	13.0
Sulphate of sodium	..	..	6.3
" magnesia	..	..	2.5
" lime	..	..	0.2

The remainder being principally carbonate and hyposulphite of soda.

The well-known "Kreuznacher Mutterlauge" contains at the same concentration 6.50 bromide of sodium and 0.008 iodide of potassium.

An analysis of the sea-mud gave the following result: dried at 100° Cent., it contained in 1,000 parts:

Silicic acid	..	..	64.8	Soluble in water and decomposed chloric acid, 219.1.
Chloride of sodium	..	..	43.5	
Aluminium oxide	..	..	36.0	
Ferric oxide	..	..	30.0	
Magnesia	..	..	17.2	
Lime	..	..	15.1	
Chloride of magnesium	..	..	5.8	
Sulphate of magnesia	..	..	3.4	
" lime	..	..	2.2	
Chloride of potassium	..	..	1.1	
Matter insoluble in water and chloric acid	..	..	63.55	1,000.00
Organic matter and water	..	..	14.46	

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