

PIONEERS AND EMPIRE BUILDERS: No. 188
FIFTH PERIOD—circa 6000 to 2000 B.C.

There are spurious Cascara products. Be cautious and prescribe only

TRADE MARK 'TABLOID' BRAND Cascara Sagrada



You will then secure for your patient products prepared from the fully-matured bark of the true *Rhamnus Purshianus*.

'TABLOID' Cascara Sagrada is uniform in appearance, in dosage, and in therapeutic efficiency.

Always write 'TABLOID' in full and be on the safe side.

'Tabloid' Cascara Sagrada is supplied to the Medical Profession, in bottles of 25 and 100, in the following strengths: gr. 1, gr. 2, gr. 3, gr. 4, gr. 5, 0.15 gm. and 0.25 gm.

'TABLOID' means—Issued by



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OPERATIONS SUPPOSED TO PROVIDE EVIDENCE OF THE PRACTICE OF MASSAGE BY THE ANCIENT EGYPTIANS.—With what object massage was used in early Egypt we have no information. It



may have been merely one of the civilised refinements of the bath, or a therapeutical agent, or both. Support is gained for the theory that it was medically employed, by the fact that savage peoples have long been observed to use it as a curative method. It was a very ancient practice, as such, in the East, and notably in China, India and among the Turks. Other Egyptian scenes, too fragmentary to permit of exact interpretation, appear to depict the process of remedial massage. In the accompanying illustration, the massage may be either a part of the great man's ordinary toilet or medical rubbing.

DATE: With dynasty (some authorities) c. 4000 B.C.
(other " ") c. 2500 B.C.

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