

A complete diet

Knowledge of nutrition has widened in recent years, but even yet we cannot be sure that a diet which is apparently complete will provide all the essentials for good health.

The main defence against malnutrition consists in placing a liberal variety of foodstuffs within reach of everyone, coupled with sound information on food values. Marmite, which is an extract of yeast, is recommended as a good source of the vitamin B complex.

MARMITE

THE MARMITE FOOD EXTRACT CO. LTD.
35 Seething Lane London, E.C.3

210

RAPID BLOOD REGENERATION

FERRAEMIA

BRAND

TABLETS

FOR ANÆMIA

FORMULA

Ferrous Sulph. Exsicc.	2½ grains
Dried Yeast	2 grains
Copper Sulphate	1½ grain
Manganese Hypophos	3½ grain
Excipient	½ grain
Chocolate coating q.s. to	8½ grains

INDICATIONS

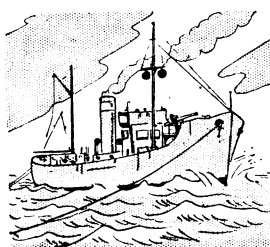
Hæmorrhagic Anæmia, Acute and Chronic
Anæmia of Pregnancy
Nutritional Anæmia
Idiopathic Hypochromic Anæmia
As a tonic during convalescence and debilitated conditions

AVAILABLE IN BOTTLES OF 60 TABLETS

WILCOX, JOZEAU & CO. LTD.

74-77, White Lion Street, LONDON, N.1
and at 19, Temple Bar, DUBLIN

Defended . . .



Defence in depth is major strategy in modern defensive warfare. The outposts of defence lie well beyond the shores of this island citadel.

Similarly modern medicine's defence against the insidious attacks of pathogenic organisms has many facets. Notable among these is maintenance of the barriers against systemic infiltration of

germs through the nasal mucosa.

Decongestion of the turgid nasal mucosa in acute and chronic rhinitis, hay-fever, and sinusitis is rapidly effected by use of the Karsodrine Inhaler. Maximal shrinkage with corresponding symptomatic relief is obtained within five minutes. The powerful volatile vaso-constrictor in the Inhaler penetrates to the uttermost recesses of the nasal cavity and sinuses, securing optimal drainage and aeration. With only one cap to remove, the Karsodrine Inhaler is pre-eminently simple to use.

Retail Price 1/6 (inc. Tax)

FORMULA: Amphetamine, 0.330 grm.; Cineole, 0.093 grm.; Ol. Citronell., 0.026 grm.; Methyl Salicyl., 0.023 grm.; Ol. Cedri, 0.005 grm.; Menthol, 0.049 grm.; Ol. Eucalypt., 0.089 grm.



E. GRIFFITHS HUGHES
LIMITED

ADELPHI, SALFORD 3
MANCHESTER

A PRODUCT OF **E. G. LABORATORIES**



A Delicious, Concentrated Vitamin Food

TO the physician requiring a product which incorporates the important vitamins in a form entirely pleasant and acceptable to every patient, "Vimaltol" presents special advantages.

"Vimaltol" is a concentrated and economical vitamin food with a delicious orange flavour. The vitamins are supplied from specially prepared malt extract and yeast which is one of the richest natural sources of vitamin B, together with Halibut Liver Oil fortified with additional vitamins.

"Vimaltol" is thus an important aid in preventing or remedying the many abnormal conditions resulting from the deficiency of one or more of the essential vitamins in the average everyday dietary. The routine use of "Vimaltol" ensures normal development of the growing organism and the maintenance of correct metabolism, while raising the general resistance against infection.

VIMALTOL

(VIM-MALT-OL)
A DELICIOUS, CONCENTRATED
ECONOMICAL VITAMIN FOOD

M335