

## ABSTRACTS OF WORLD MEDICINE

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## “Eating well?”

Question that usually gets a wry answer in these days! It's pretty clear that many people are feeling the need of off-the-ration fats and vitamins, because so many of them are taking SevenSeaS. The public is realising that cod liver oil is a fatty food of high calorific value—the only one available in sufficient quantity to make good the cut in the fat ration, for example. Moreover, it is the only natural source of concentrated vitamins (A and D) which is both home-produced and plentiful. Luckily, now that our own trawlers have the job in hand again, there is plenty of British cod liver oil for all who need it. There is no shortage of SevenSeaS liquid oil or capsules, and the transport difficulties which sometimes delayed deliveries are straightening out. Obviously the general food-rationing situation will be difficult for many months yet. But we hope that the burdens it imposes on doctors and nurses will be somewhat lessened, now that it is possible for anyone to buy this supplementary food from the nearest chemist.

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