

The first oral anti-fungal effective against all pathogenic funci

dosage:

All other superficial and systemic fungal infections:
1 tablet daily (with food)
until complete sympto-
matic and mycological cure is obtained

PRESCRIBING INFORMATION

Presentation: While, flat, half scored uncoated tablets marked 'JAN\$SEN' on the reverse. Each contains ketoconazole 200 mg. Uses: Nizoral is an orally active antimycotic for the treatment, in adults, of superficial and systemic mycoses including dermatophyte and yeast infection of the skin and hair, yeast infection of the mouth and G.I. tract, recurrent or chronic vaginal candidosis pot responding to topical treatment. Also maintenance treatment in systemic mycosis and chronic mucocityaneous candidosis and prophylaxis in "at risk" patients, in children, systemic mycosis and severe local infection where previous topical treatment has failed. Side-effects, Precautions, Contra-indications: Contra-indicated in pregnancy. For optimum absorption, Nizoral should be taken with meals: The use of Agents which reduce gastric acidity (anti-cholinergic drugs, antacids. H₂ blockers) should be evolided and, if indicated, such drugs should be laken not these than I won hours after Nizoral. Naties a skin rash, opcasionally observed.

Not all indications are as yet approved in all countries.

Janssen Pharmaceutica Beerse, Belgium



Just published

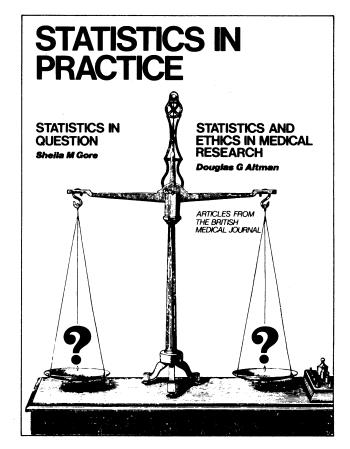
STATISTICS IN PRACTICE

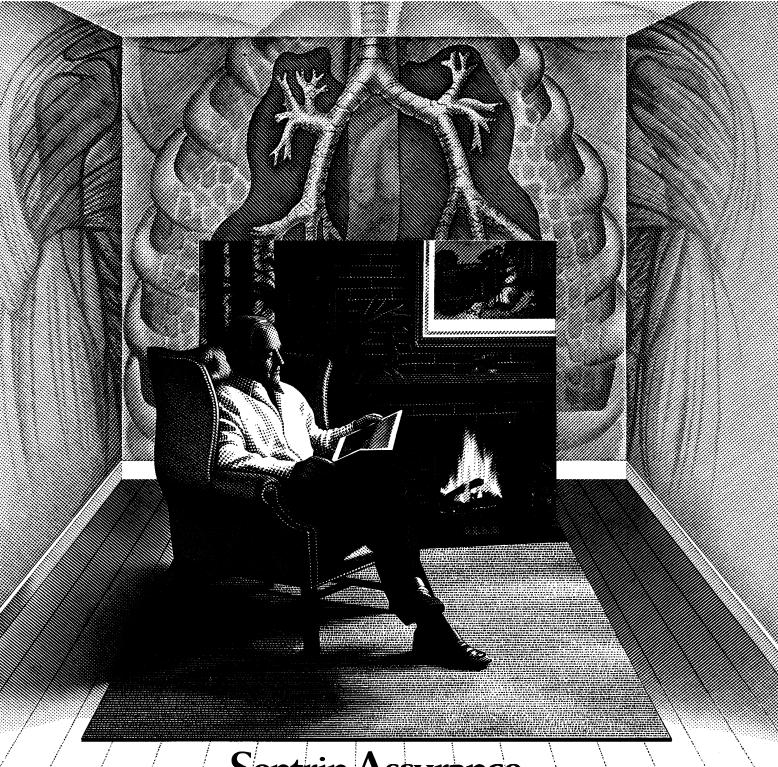
No doctor can afford to ignore statistics: most modern medical research uses statistics. This important and authoritative book, which is a collection of articles that have appeared in the BMJ, provides clear information on designing studies, applying statistical techniques, and interpreting studies that use statistics. It can be easily understood by those with no statistical training and should be read by all those who want to keep abreast of

new developments.

Price: Inland £7.00
Overseas US\$27.50*
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London WC1H 9JR
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Septrin Assurance

Prescribing Information

Indications Sensitive bacterial infections of the lower respiratory, urinary and genital tracts, sinusitis, otitis media, skin infections, septicaemia, typhoid and paratyphoid fevers, and other infections caused by sensitive organisms.

Dosage Septrin Forte Tablets. Adults and children over 12 years: 1 forte tablet twice daily. Maximum dosage for particularly severe infections 1½ forte tablets twice daily. In acute infections Septrin should be given for a minimum of five days or until the patient has been symptom-free for two days. Contra-indications Septrin is contra-indicated in

patients with marked liver parenchymal damage, blood dyscrasias or severe renal insufficiency. Septrin should not be given to patients hypersensitive to sulphonamides, trimethoprim or co-trimoxazole; should not be given during pregnancy or to neonates. Precautions In renal impairment a reduced dosage is indicated and an adequate urinary output should be maintained. Regular blood counts are necessary whenever long-term therapy is used. Caution is advised in patients with folate deficiency. Care should be taken when giving Septrin to patients receiving oral anticoagulants of the coumarin group, pyrimethamine or sulphonylureas.

Adverse Reactions Occasionally, nausea, vomiting, glossitis and skin rashes may occur with normal doses and, very rarely, haematological reactions.

Presentation Septrin Forte Tablets each contain 160 mg Trimethoprim BP and 800 mg Sulphamethoxazole BP. PL3/0121.

Septrin Forte 1b.d.

Further information is available on request. Wellcome Medical Division The Wellcome Foundation Ltd., Crewe, Cheshire

*Trade Mark



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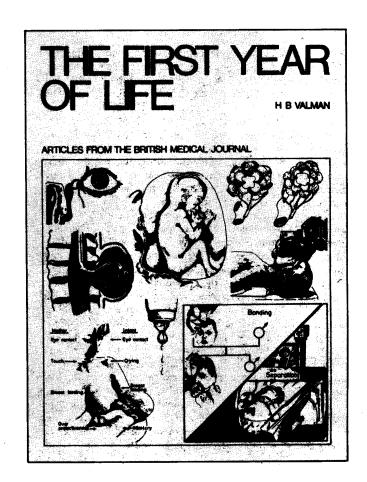
THE FIRST YEAR OF LIFE

Recent research has vastly improved our understanding of a child's development in the first year of life. In particular, assessment of normal progress is now much more systematic, so that deviations from the normal are recognised earlier

Dr. Bernard Valman's illustrated account of current methods of examination, assessment and management of the medical problems of early infancy will prove invaluable to all concerned with small babies.

The articles have now been collected into book form in exactly the same format as they appeared in the BMJ. Price: Inland £5.00; Overseas US\$12.50 (Inland £4.50; Overseas US\$11.25 for BMA members)

Order your copy now From: The Publisher, British Medical Journal, BMA House, Tavistock Square, London WC1H 9IR or any leading bookseller



The Americans are having fewer heart attacks. Could this become a habit?

Over the last ten years, the Americans have been changing their habits. Millions have stopped smoking altogether. Alcohol consumption has been reduced. Exercise has become the nation's favourite leisure activity.

There is also a significant shift away from foods of a high saturated fat content. Instead, more foods like fish, chicken, fruit and vegetables are being eaten.

For spreads and in cooking, products made from vegetable oils of a high polyunsaturate content are increasingly preferred.

The American Heart Association confirms a real benefit emerging from this healthier way of life: a marked decrease in CHD mortality.*

It can't just be coincidence and, with the current high levels of heart disease in Britain, it's obviously time the British changed to healthier habits.

In all this, Flora margarine can make a positive contribution.

Flora is made with pure sunflower oil, so it's high in polyunsaturates.

Eaten as part of a properly balanced diet and combined with a sensible health routine, Flora can help your heart-risk patients enjoy an altogether fitter, healthier lifestyle.

Flora. High in polyunsaturates. The margarine that matters.

*AHA Committee Report-Risk Factors and Coronary Disease (1980)

For further information, please contact: Flora Information Service, 25 North Row, London W1R 2BY.



For a brighter horizon in depression

Anafranil (Clomipramine hydrochloride). Indications: Endogenous reactive and neurotic depression. Obsessive and phobic states. Dosage: Initially 10mg per day, increasing gradually as required to 30–150mg per day. Contra-Indications: Recent myocardial infarction, cardiac failure, heart block or other cardiac arrythmias, severe liver disease. Concurrent administration of monoamine oxidase inhibitors, narrow angle glaucoma, urine retention. Precautions: Caution in patients with epilepsy or bladder neck obstruction; close initial supervision of patients with high suicide risk. Alertness may be impaired initially (warn of hazards of driving, operating machinery). Avoid during pregnancy unless compelling reasons. Anafranil may decrease the effect of certain antihypertensive drugs and should not be given with sympathomimetic agents. Side-effects: side effects reported with tri/tetracyclic antidepressants include dry mouth, disturbed accommodation and micturition, tachycardia constipation, nausea, drowsiness, postural hypotension, tremor, paraesthesia, ataxia and (rarely) skin rashes. Interference with sexual function (particularly ejaculation) may occasionally occur. Epileptiform seizures have occurred in a small number of patients. Rare serious side-effects are impaired liver function and jaundice, and bone marrow depression. Agranulocytosis has occasionally occurred in patients on tricyclic anti-depressants – routine blood counts are advised during Anafranil treatment. Availability: Capsules of 10mg (PL0001/0037) £3.10 per 100; capsules of 25mg (PL0001/5000) £6.11 per 100; capsules of 50mg (PL0001/0068) £11.63 per 100; syrup 25mg per 5ml (PL0001/5001) £5.55 per 150ml bottle. Full prescribing information is available on request from: