

# Nizoral<sup>®</sup>

ketoconazole

The first  
oral anti-fungal  
effective against  
all pathogenic  
fungi

dosage:

Vaginal Candidosis:	All other superficial and systemic fungal infections:
1 tablet b.i.d. (with food) for 5 days	1 tablet <del>daily</del> (with food) until complete sympto- matic and mycological cure is obtained

**PRESCRIBING INFORMATION**

**Presentation:** White, flat, half scored uncoated tablets marked 'JANSSEN' on the reverse. Each contains ketoconazole 200 mg. **Uses:** Nizoral is an orally active antimycotic for the treatment, in adults, of superficial and systemic mycoses including dermatophyte and yeast infection of the skin and hair, yeast infection of the mouth and G.I. tract, recurrent or chronic vaginal candidosis not responding to topical treatment. Also maintenance treatment in systemic mycosis and chronic mucocutaneous candidosis and prophylaxis in "at risk" patients. In children, systemic mycosis and severe local infection where previous topical treatment has failed. **Side-effects, Precautions, Contra-indications:** Contra-indicated in pregnancy. For optimum absorption, Nizoral should be taken with meals. The use of agents which reduce gastric acidity (anti-cholinergic drugs, antacids, H<sub>2</sub> blockers) should be avoided and, if indicated, such drugs should be taken not less than two hours after Nizoral. Nausea, skin rash, occasionally observed.

Not all indications are as yet  
approved in all countries.

Janssen Pharmaceutica  
Beerse, Belgium 

# ABC OF HYPERTENSION

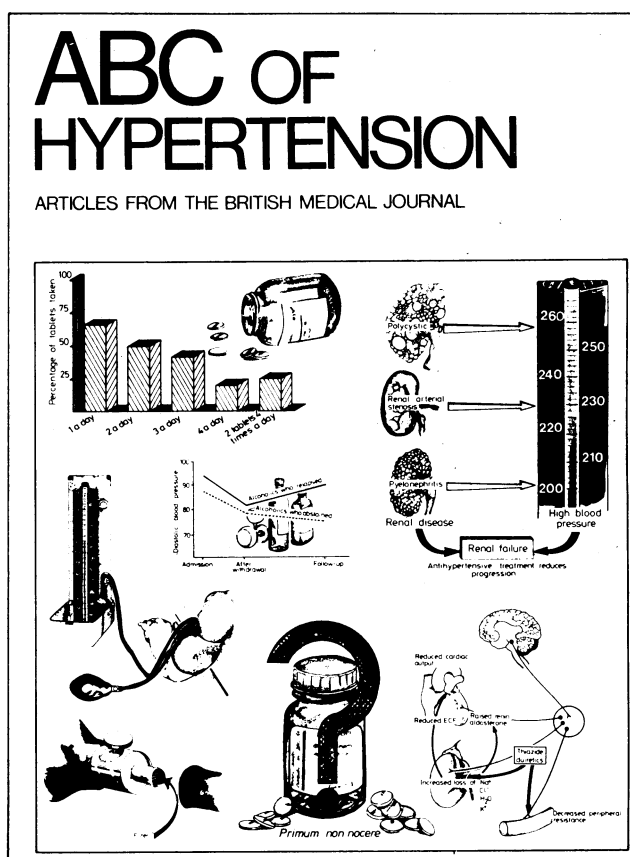
Hypertension is a common disorder that is easily detected. But it may be deceptively simple: the measurement of blood pressure, interpretation of the results, and the decisions that follow need to be based on a comprehensive knowledge of recent advances.

These illustrated articles on blood pressure measurement, reduction and management have now been collected together in the same format as they appeared in the BMJ to provide a practical guide for general practitioners and others concerned with hypertension.

Price: Inland £3.50;  
Overseas US\$16.00\*  
(Inland £3.00;  
Overseas US\$14.50\* for  
BMA members)

*\*including air mail postage*

**Order your copy now**  
From: The Publisher,  
British Medical Journal,  
BMA House,  
Tavistock Square,  
London WC1H 9JR  
*or any leading bookseller*





Actifed.  
Taken around  
the world.

**Presentation. Actifed is available as tablets and syrup.** Each tablet contains 2.5mg triprolidine hydrochloride and 60mg pseudoephedrine hydrochloride. Each 5ml of syrup contains 1.25mg triprolidine hydrochloride and 30mg pseudoephedrine hydrochloride.

**Indications** Symptomatic relief of upper respiratory congestion in the common cold, hay fever, vasomotor and allergic rhinitis, acute sinusitis, otitis barotrauma.

**Dosage** Three times a day: Adults and children over 12 years: 1 tablet or 10ml. 6-12 years: 7.5ml. 1-6 years: 5ml. 3-12 months: 2.5ml. **Contra-indications** Actifed is contra-indicated in persons hypersensitive to

pseudoephedrine or triprolidine and in those under treatment with MAO inhibitors and within 2 weeks of stopping such treatment. **Precautions** Although at recommended dosage pseudoephedrine has virtually no pressor effects in normotensive subjects, Actifed should be used with caution in patients with cardiovascular disorders. As with other antihistamine containing preparations, drowsiness may occur. In some patients the action of antihistamines may be potentiated by alcohol. 25 tablets. PL3/5003. 150ml. PL3/5004.

**Actifed**<sup>TM</sup>  
Pseudoephedrine Hydrochloride BP  
Triprolidine Hydrochloride BP

The decongestant  
chosen by NASA



Further information is available on request.  
Wellcome Medical Division, The Wellcome Foundation Ltd., Crewe, Cheshire

# PROCEDURES IN PRACTICE

An illustrated step-by-step guide for doctors making their first attempts at the procedures commonly used in hospital practice. The articles explain the techniques in detail and give indications and contraindications for a range of tasks from setting up a drip to aspirating bone marrow.

The articles have been collected into book form in the same format as they appeared in the BMJ.

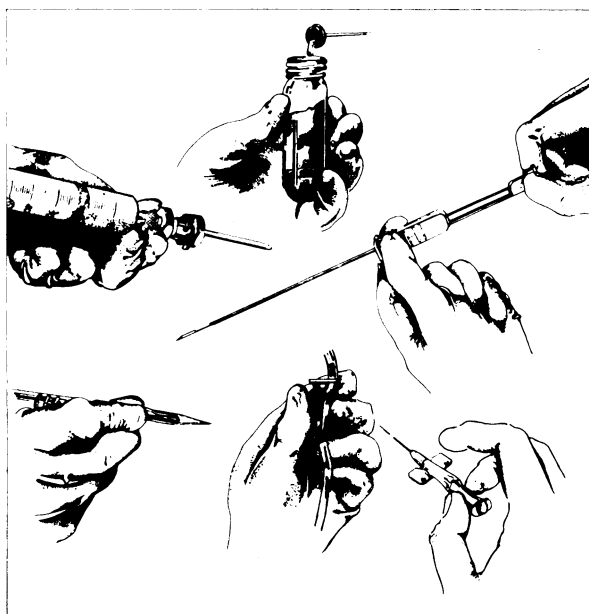
Price: Inland £4.00;  
Overseas US\$19.00\*  
(Inland £3.50;  
Overseas US\$17.50\* for  
BMA members)

*\*including air mail postage*

**Order your copy now**  
From: The Publisher,  
British Medical Journal,  
BMA House,  
Tavistock Square,  
London WC1H 9JR  
*or any leading bookseller*

## PROCEDURES IN PRACTICE

ARTICLES FROM THE BRITISH MEDICAL JOURNAL



# ABC OF EAR NOSE AND THROAT

Diseases of the ear, nose and throat account for a substantial proportion of all consultations in general practice; they cause time off work and, particularly in children, a great deal of misery and discomfort.

Mr. Harold Ludman's illustrated articles on the common problems of ENT provide the busy clinician with a practical and reliable guide to their assessment and management.

These articles have been collected together in book form in the same format as they appeared in the BMJ.

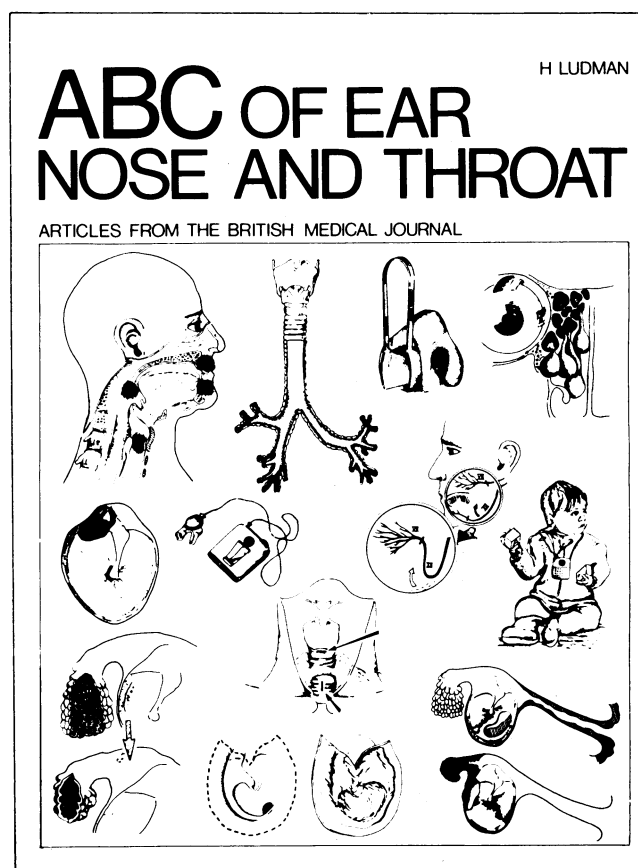
Price: Inland £3.50;  
Overseas US\$16.00\*  
(Inland £3.00;  
Overseas US\$14.50\* for  
BMA members)

*\*including air mail postage*

**Order your copy now**

From: The Publisher,  
British Medical Journal,  
BMA House,  
Tavistock Square,  
London WC1H 9JR

*or any leading bookseller*



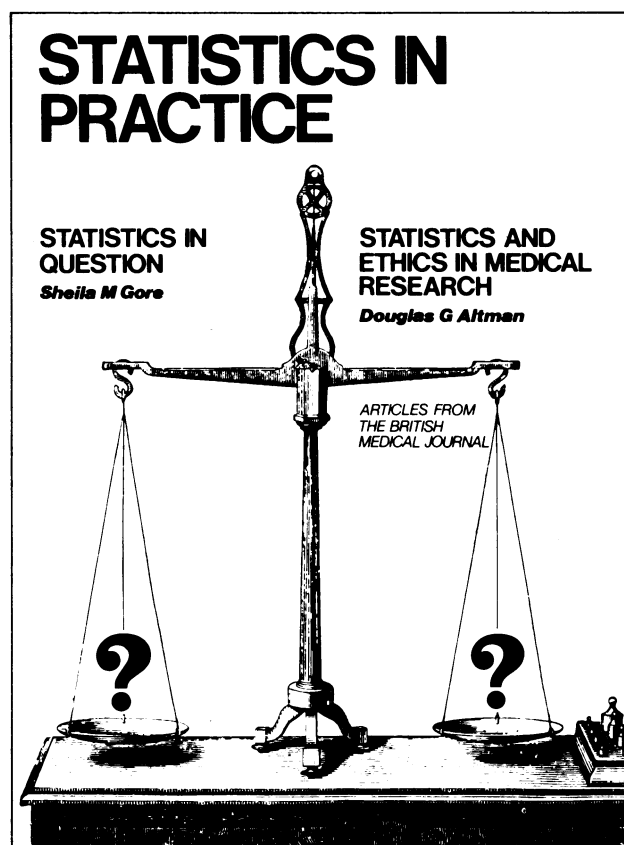
*Just published*

# STATISTICS IN PRACTICE

No doctor can afford to ignore statistics: most modern medical research uses statistics. This important and authoritative book, which is a collection of articles that have appeared in the BMJ, provides clear information on designing studies, applying statistical techniques, and interpreting studies that use statistics. It can be easily understood by those with no statistical training and should be read by all those who want to keep abreast of new developments.

Price: Inland £7.00  
Overseas US\$27.50\*  
(Inland £6.00;  
Overseas US\$25.00\* for  
BMA members)  
*\*including air mail postage*

**Order your copy now**  
From: The Publisher  
British Medical Journal  
BMA House  
Tavistock Square  
London WC1H 9JR  
*or any leading bookseller*





# Voltarol<sup>®</sup>

diclofenac sodium

**because they live at least  
30 years with arthritis**



**Prescribing notes**

**Presentation** Yellow, biconvex enteric coated tablets of 25mg diclofenac sodium, imprinted 'Geigy' on one side. Light brown, biconvex enteric coated tablets of 50mg diclofenac sodium, imprinted 'Geigy' on one side. Yellowish-white suppositories of 100mg diclofenac sodium. **Mode of action** Voltarol is a non-steroidal agent with marked analgesic/anti-inflammatory properties. **Indications** Rheumatoid arthritis, osteoarthritis. **Dosage** Tablets: a total of 75-150mg daily, given in two or three divided doses. Rectal: one suppository daily which may be combined with the tablets. The daily dose should not exceed 150mg. **Contra-indications** Peptic ulceration. Patients in whom attacks of asthma, urticaria or acute rhinitis are precipitated by aspirin or other non-steroidal anti-inflammatory agents. **Precautions** Voltarol should not be prescribed during pregnancy, unless there are compelling reasons for doing so. Patients with a history of peptic ulcer, haematemesis or melaena, or with severe hepatic or renal insufficiency, should be kept under close surveillance. Voltarol has been reported to depress salicylate levels, and vice versa; the clinical relevance of this phenomenon is not yet clear. **Warnings and side-effects** Transient epigastric pain, nausea and diarrhoea, headache and slight dizziness have been reported as occasionally have skin rash, peripheral oedema and abnormalities of the serum transaminases. **NHS price** Tablets 25mg: pack of 100 - £9.00; 50mg: pack of 100 - £17.50; Suppositories: pack of 10 - £2.98. **Product licence numbers** Tablets 25mg PL0001/0036, 50mg PL0001/0082, Suppositories 100mg PL0001/0083. **Product licence holder** Geigy Pharmaceuticals, Horsham, West Sussex. Full prescribing information is available from Geigy Pharmaceuticals, Horsham, West Sussex.

**Geigy**