

# Nizoral

TRACEMARK

ketoconazole

**The first  
oral anti-fungal  
effective against  
all pathogenic  
fungi**

dosage:

vaginal candidosis:	all other superficial and systemic fungal infections:
2 tablets once daily (with food) for 5 days	1 tablet daily (with food) until complete symptomatic and mycological cure is obtained

#### **PRESCRIBING INFORMATION**

**Presentation:** white, flat, half scored, uncoated tablets marked "Janssen" on one side and k.200 on the reverse. Each tablet contains 200 mg ketoconazole. **Uses:** Nizoral is an orally active antimycotic for the treatment in adults of vaginal candidosis, superficial and systemic mycoses including dermatophyte and yeast infections of the skin, hair and nails, yeast infections of the mouth and G.I. tract. Also maintenance treatment of systemic mycoses and chronic mucocutaneous candidosis and prophylaxis in "at risk" patients. In children, systemic mycoses and severe local infections where previous topical treatment has failed. **Side-effects, precautions, contra-indications:** contra-indicated in pregnancy. For maximal absorption Nizoral should be taken with meals. The use of agents which reduce gastric acidity (anti-cholinergic drugs, antacids, H2 blockers) should be avoided and, if indicated, such drugs should be taken not less than two hours after Nizoral. Nausea, skin rash, headache and pruritus may occasionally be observed. Alterations in liver function tests have occurred in patients on ketoconazole; these changes may be transient. Cases of hepatitis have been reported with an incidence of about 1 per 10,000 patients. Some of these may represent an idiosyncratic adverse reaction to the drug. This should be borne in mind in patients on long term therapy. If a patient develops jaundice or any symptoms suggestive of hepatitis, treatment with ketoconazole should be stopped.

Not all indications are as yet approved in all countries.

Janssen Pharmaceutica  
B-2340 Beerse, Belgium



# HOW TO DO IT

Every doctor knows the sinking sensation induced by waiting one's turn for an examination viva and the social anxieties of changing jobs. The misery of first night nerves does not, however, disappear with time: each decade brings new challenges. On these occasions—chairing a committee, giving evidence in court, appearing on television—practical tips can be enormously helpful. The same is true of the many skills not taught in medical school—how to lecture, referee papers, edit, or use a library. All these and many more nuggets of down-to-earth advice have been collected from past issues of the *BMJ* to form a compendium for the novice—whatever his or her age or seniority.

Price: Inland £4.00;  
Abroad US\$10.00  
(Concessionary price to BMA  
members: Inland £3.50;  
Abroad US\$8.75.

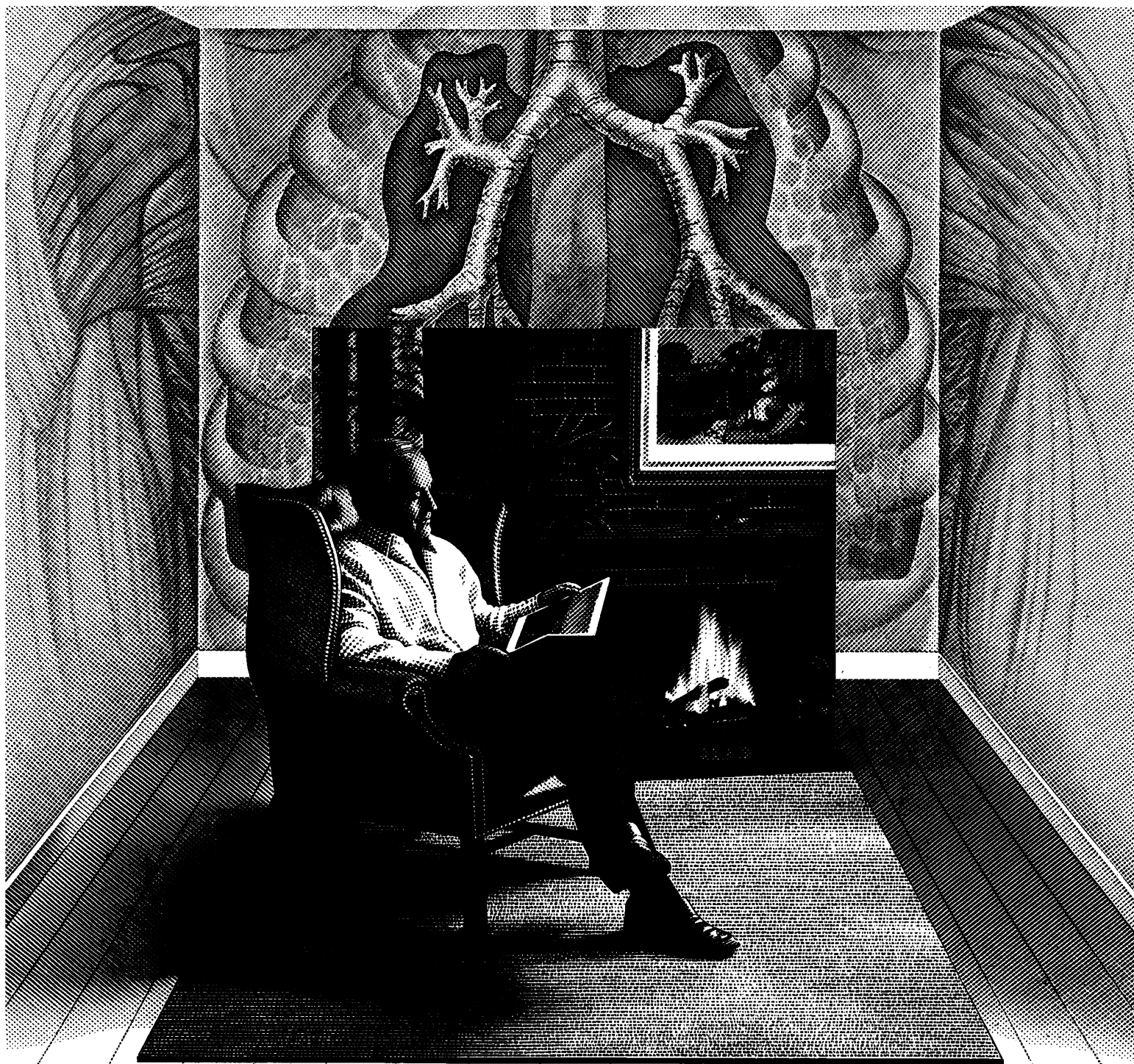
When ordering BMA members must  
quote their membership number or  
the full price will be applicable.)

**Payment must be enclosed with order** or a surcharge  
of 30p will be made for rendering invoices and  
statements.

**Order your copy now**  
From: The Publisher  
British Medical Journal  
BMA House  
Tavistock Square  
London WC1H 9JR  
*or any leading bookseller*



HOW TO DO IT



## Septrin Assurance

### Prescribing Information

**Indications** Sensitive bacterial infections of the lower respiratory, urinary and genital tracts, sinusitis, otitis media, skin infections, septicaemia, typhoid and paratyphoid fevers, and other infections caused by sensitive organisms.

**Dosage** Septrin Forte Tablets. Adults and children over 12 years: 1 forte tablet twice daily. Maximum dosage for particularly severe infections 1½ forte tablets twice daily. In acute infections Septrin should be given for a minimum of five days or until the patient has been symptom-free for two days.

**Contra-indications** Septrin is contra-indicated in

patients with marked liver parenchymal damage, blood dyscrasias or severe renal insufficiency. Septrin should not be given to patients hypersensitive to sulphonamides, trimethoprim or co-trimoxazole; should not be given during pregnancy or to neonates.

**Precautions** In renal impairment a reduced dosage is indicated and an adequate urinary output should be maintained. Regular blood counts are necessary whenever long-term therapy is used. Caution is advised in patients with folate deficiency. Care should be taken when giving Septrin to patients receiving oral anticoagulants of the coumarin group, pyrimethamine or sulphonylureas.

**Adverse Reactions** Occasionally, nausea, vomiting, glossitis and skin rashes may occur with normal doses and, very rarely, haematological reactions.

**Presentation** Septrin Forte Tablets each contain 160mg Trimethoprim BP and 800mg Sulphamethoxazole BP. PL3/0121.

## Septrin\* Forte 1b.d. co-trimoxazole

Further information is available on request:  
Wellcome Medical Division  
The Wellcome Foundation Ltd., Crewe, Cheshire



\*Trade Mark

*Published on September 15, 1982...*

# BRITISH NATIONAL FORMULARY

## Number 4 (1982)

Compiled by a panel of experts guided by the Joint Formulary Committee under the chairmanship of Professor O. L. Wade, and published jointly by the British Medical Association and The Pharmaceutical Society of Great Britain.

The aim of the B.N.F. is to encourage effective, economic, and rational prescribing. This edition has been thoroughly revised, and includes virtually all of the four thousand or so preparations available for prescribing in the U.K. A feature is the inclusion of price bands for each preparation, thus enabling the prescriber to compare relative prices of similar preparations. Those preparations which are considered to be less suitable for prescribing are printed in smaller type.

The main part of the book consists of classified notes on drugs and preparations used in the treatment of diseases and conditions. These notes are divided into 15 chapters, each of which is related to a particular system of the human body (cardiovascular, respiratory, etc.) or to another main subject (infections, vaccines, etc.). Each chapter begins with concise

notes for prescribers, intended to provide information to doctors, pharmacists, nurses, etc., and to facilitate the selection of suitable treatment. The notes are followed by details of the relevant drugs and preparations.

Other sections of the B.N.F. aid prescribing in liver diseases and in renal impairment. Appendixes cover drug interactions, intravenous additives, and borderline substances. As in previous editions a Formulary section is included, as is a Dental Practitioners' Formulary. A comprehensive index completes the book.

Because of the introduction of new products and improvement in techniques, and because prices change regularly in an inflationary period, two editions of the new-style B.N.F. will be published in each year.

*Principal contents:* Guidance on prescribing. Emergency treatment of poisoning. Classified notes on drugs and preparations: Gastro-intestinal system; Cardiovascular system; Respiratory system; Central nervous system; Infections; Endocrine system; Obstetrics and gynaecology; Malignant disease and immunosuppression; Nutrition and blood; Musculoskeletal and joint diseases; Eye; Ear, nose and oropharynx; Skin; Immunological products and vaccines; Anaesthesia. Drug interactions. Intravenous additives. Borderline substances. Formulary. Dental Practitioners' Formulary. Index of manufacturers. Index.

The new B.N.F. has been prepared for health-care professionals working within the National Health Service. Prescribing doctors working full-time, whether on a single contract or on a split contract, in the NHS, hospital pharmacies and pharmacies contracted to the NHS will receive copies from their Health Authority or Family Practitioner Committee as appropriate. Medical schools will receive copies every autumn for students who begin their studies in clinical pharmacology and every two years thereafter. Schools of Pharmacy will receive copies for final-year students. Hospital wards and prescribing doctors working part-time in the NHS should have access to reference copies. Additional copies may be purchased from the publishers at £4.50 a copy (which includes postage and packing).

440 pages (paperbound)

September 1982

ISBN: 0 85369 143 6 .....£4.50  
ISSN: 0260-535X

British Medical Association  
The Pharmaceutical Press

B.M.A. House, Tavistock Square, London WC1H 9JP  
1 Lambeth High Street, London SE1 7JN

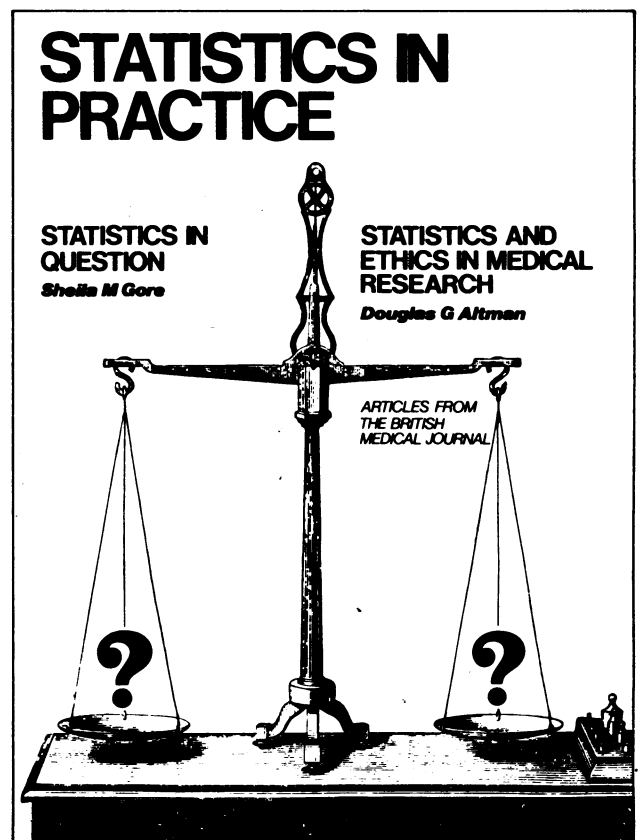
# STATISTICS IN PRACTICE

No doctor can afford to ignore statistics: most modern medical research uses statistics. This important and authoritative book, which is a collection of articles that have appeared in the BMJ, provides clear information on designing studies, applying statistical techniques, and interpreting studies that use statistics. It can be easily understood by those with no statistical training and should be read by all those who want to keep abreast of new developments.

Price: Inland £7.00  
Overseas US\$27.50\*  
(Inland £6.00;  
Overseas US\$25.00\* for  
BMA members)

*\*including air mail postage*

**Order your copy now**  
From: The Publisher  
British Medical Journal  
BMA House  
Tavistock Square  
London WC1H 9JR  
*or any leading bookseller*



# In hypertension

# TENORMIN

Atenolol 100mg

## The only beta-blocker to put it all together in one.

Full 24 hour control

One tablet daily

Wide patient  
spectrum

Few CNS  
side-effects

Hydrophilic

Possible  
advantages  
in smokers

Cardioselective

Cardioprotective

## Tenormin fits the profile of the ideal beta-blocker for hypertension.

# TENORMIN

A unique combination of hydrophilicity  
and cardioselectivity

**Prescribing Notes:**

**Dosage:** One tablet daily. **Contraindications:** Heart block. Co-administration with verapamil. **Precautions:** Untreated cardiac failure, bradycardia, renal failure, anaesthesia and pregnancy. **Side Effects:** Coldness of extremities and muscular fatigue. Sleep disturbance rarely seen. Rashes and dry eyes have been reported with beta blockers – consider discontinuance if they occur. Cessation of therapy with beta blockers should be gradual. **Pack size and Basic NHS cost:** 'Tenormin' 28's £7.27. **Product Licence Number:** 'Tenormin' 0029/0122.

Full prescribing information is available on request to the company



**Stuart Pharmaceuticals Limited**

Carr House Carrs Road  
Cheadle Cheshire SK8 2EG

Tenormin is a trade mark for atenolol.

