

ABC OF HYPERTENSION

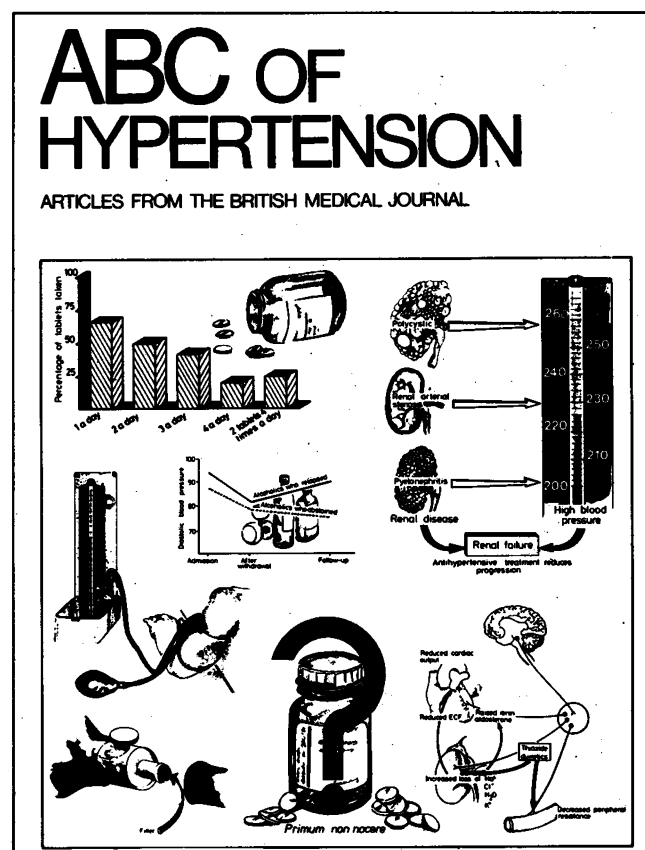
Hypertension is a common disorder that is easily detected. But it may be deceptively simple: the measurement of blood pressure, interpretation of the results, and the decisions that follow need to be based on a comprehensive knowledge of recent advances.

These illustrated articles on blood pressure measurement, reduction and management have now been collected together in the same format as they appeared in the BMJ to provide a practical guide for general practitioners and others concerned with hypertension.

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Nizoral[®]

ketoconazole

oral therapy for all common fungal infections

Vaginal candidosis:	In all dermatological and in systemic fungal infections:
2 tablets once daily (with food) for 5 days	1 tablet daily (with food) until complete symptomatic and mycological cure is obtained

Not all indications are as yet approved in all countries.

PRESCRIBING INFORMATION

Presentation: white, flat, half scored uncoated tablets marked "Janssen" on one side and k/200 on the reverse. Each tablet contains 200 mg ketoconazole. **Uses:** Nizoral is an orally active antimycotic for the treatment in adults, of vaginal candidosis, superficial and systemic mycoses including dermatophyte and yeast infections of the skin, hair and nails, yeast infections of the mouth and G.I. tract. Also maintenance treatment of systemic mycoses and chronic mucocutaneous candidosis and prophylaxis in "at risk" patients. In children: systemic mycoses and severe local infections where previous topical treatment has failed. **Side-effects, precautions, contra-indications:** contra-indicated in pregnancy. For maximal absorption, Nizoral should be taken with meals. The use of agents which reduce gastric acidity (anti-cholinergic drugs, antacids, H₂ blockers) should be avoided and, if indicated, such drugs should be taken not less than two hours after Nizoral. Nausea, skin rash, headache and pruritus may occasionally be observed. Alterations in liver function tests have occurred in patients on ketoconazole, these changes may be transient. Cases of hepatitis have been reported with an incidence of about 1 per 10,000 patients. Some of these may represent an idiosyncratic adverse reaction to the drug. This should be borne in mind in patients on long-term therapy. If a patient develops jaundice or any symptoms suggestive of hepatitis, treatment with ketoconazole should be stopped.



Janssen Pharmaceutica
B-2340 Beerse, Belgium



New Anafranil[®] SR 75

75mg clomipramine
hydrochloride
slow-release

Once daily therapy
for depression

Anafranil (clomipramine hydrochloride) **Presentation** Tablets of 75mg in a sustained-release formulation, capsules of 10mg. **Indications** Endogenous, reactive and neurotic depression. Obsessive and phobic states. **Dosage** 10mg/day initially, increasing gradually then transfer to 1 x 75mg Anafranil SR daily. More severe depressions or obsessional/phobic states may need 2 x 75mg SR daily. **Contra-indications** Recent myocardial infarction, cardiac failure, heart block or other cardiac arrhythmias, severe liver disease, concurrent administration of monoamine oxidase inhibitors, narrow angle glaucoma, urine retention. **Precautions** Epilepsy or bladder neck obstruction; close initial supervision of patients with high suicide risk. Alertness may be impaired initially. Caution with antihypertensive drugs, and should not be given with sympathomimetic agents. **Side-effects** Dry mouth, disturbed accommodation and micturition, tachycardia, constipation, nausea, drowsiness, postural hypotension, tremor, paraesthesia, ataxia and (rarely) skin rashes. Interference with sexual function may occasionally occur. Epileptiform seizures have occurred in a small number of patients. Rare serious side-effects are impaired liver function and jaundice, and bone marrow depression. Agranulocytosis has occasionally occurred - routine blood counts are advised during Anafranil treatment. **Availability** Slow-release tablets of 75mg (PL0001/0087) £25.30 per 100. Capsules of 10mg (PL0001/0037) £3.57 per 100. Full prescribing information is available from Geigy Pharmaceuticals, Horsham, West Sussex.

Geigy