

Prescribing Information Presentation Clear, colourless, aqueous injection, containing 500µg/ml alfentanii hydrochloride, in 2ml ampoules. Uses Analgesic adjunct to anaesthesia in short operative procedures and outpatient surgery, requiring spontaneous respiration. Rapifen may also be administered to ventilated patients undergoing longer operative procedures (see data sheet). Dosage (Spontaneous respiration in adults) Initial: Up to 550µg (1ml). This should be given by slow it injection over about 80 seconds. Supplemental: Up to 250µg (0.5ml) every 4.5 minutes or sooner if the patient exhibits signs of insufficient analgesia. Anticipation of surgical stimulation is helpful. Contra-indications, warnings etc. Contra-indications, should be given by should be given by should be predicted and entire etc. On the prediction of surgical should and entire indications etc. Indications etc

Thomas Morson Pharmaceuticals Herford Road, Hoddesdon, Herfordshire Division of Merck Sharp & Dohme Limited

The presence of the control of the c

Lasting relief that more patients stay with



Last year, 15,000,000 attacks of cold sores were suffered. 500,000¹ of them were so severe, or so embarrassing, that patients sought treatment from their doctor.

Now, there is new Zovirax Cream, an important achievement of Wellcome antiviral research.

Fiddian et al.² found that treatment with Zovirax Cream achieved impressive results.

When treatment was begun before lesions developed, 42% of lesions were suppressed, compared to only 11% with placebo (P=0.04).

For the best results, treatment with Zovirax Cream should begin as soon as possible during an attack, preferably during the prodrome, so that the ".. proportion of lesions effectively aborting may be increased to a third or more."

So when patients come to you suffering from recurrent cold sores, prescribe Zovirax Cream.

With early treatment, the cold sores may not show their face.

Data on file

²Fiddian, A.P. et al. (1983), British Medical Journal, **286**, 1699

At the first sign of a cold sore **TOVIRAX** CREAM

ACYCLOVIR

Prescribing Information: Zovirax Cream

Presentation

Acyclovir 5% w/w in a white aqueous cream base.

Treatment of herpes simplex infections of the skin including initial and recurrent genital herpes and herpes labialis. Dosage and Administration

Zovirax Cream is applied five times daily at approximately four-hourly intervals. Treatment should be continued for

5 days. If healing is not complete, treatment may be continued for a further 5 days. Therapy should begin as early as possible after the start of an infection, preferably during the prodromal period.

Contra-indications

Patients known to be hypersensitive to acyclovir or propylene glycol

Warnings and adverse effects
Transient burning or stinging following application may

occur. Erythema or mild drying and flaking of the skin have been reported in a small proportion of patients. Basic NHS cost

Basic NHS cost 2g tube £4.86 10g tube £14.66 Product Licence No. PL3/0180.

Further information is available on request.

Wellcome Medical Division The Wellcome Foundation Ltd, Crewe, Cheshire



___Zovirax is a Trade Mark



Aim at the most likely cause of wound infections.

The most likely cause of wound infections in hospital is *Staphylococcus aureus*! Unfortunately this organism is now usually resistant to many widely used antibiotics such as penicillin V and G, ampicillin and amoxycillin?

It is therefore important, in the treatment of these infections, to choose an antibiotic upon which you can depend to eradicate *Staphylococcus aureus*.

Floxapen is active against 98% of isolates of *Staphylococcus aureus*²; you can rely on it for effective treatment.

Make Floxapen your first choice for wound infections.



Floxapen fluctoxacilling

accurate against Staph.

References 1. J. Hosp. Inf. 1981, 2 (Suppl.), 29-34. 2. Audit of Antibiotic Sensitivity Reports 1981, Market Investigations (P & A) plc.

PRESCRIBING INFORMATION Uses Floxapen is a penicillinase-stable penicillin, indicated for the treatment of infections due to Gram-positive organisms, including infections caused by penicillinase-producing staphylococci. Dosage ADULTS ORAL 250mg q i.d IM = 250mg q i.d IV = 250-500mg q i.d CHILDREN 2-10 years: ½ adult dose Under 2 years: ½ adult dose Systemic dosages may be doubled where necessary Administration ORAL. Oral doses should be administered ½ -1 hour before meals Floxapen syrup may be diluted with syrup B P INTRAMUSCULAR. Add 15 ml Water for Injections B P to 250mg vial contents or 2ml Water for Injections B P to 500mg vial contents in NTRAWENOUS Dissolve 250-500mg in 5-20ml Water for Injections B P Administer by slow intravenous injection (three to four minutes) Floxapen may also be added to infusion fluids or injected, suitably diluted, into the drip tube over a period of three to four minutes For information on dosage and administration of Icoxapen by Intrapleural, Intra-articular and Intrathecal injection or by Nebuliser solution please refer to the Data sheet or Package Enclosure Leaflet Contra-Indications Penicillin hypersensitivity; ocular administration Side-effects As with other penicillins

Availability and basic NHS prices (Correct at October 1983) Favourable Hospital Rates are

CAPSULES 250mg-£4.32 for 20, 500mg-£8.64 for 20.

SYRUP 125mg/5mi-£3.42 per 100mi. VIALS FOR INJECTION 1g-£3.83 each. 500mg-£1.91 each. 250mg-96p each.



Further information is available on request to the Company. Floxapen (flucloxacillin) is a product of British research from

Beecham Research Laboratories Brentford, Middlesex TW8 9BD



'Fenbid'. Arthritis th

Conventional arthritis therapy can result in large variations in drug serum levels. If the levels fall too low an adequate effect may not be achieved. If they are too high, side effects are more likely.

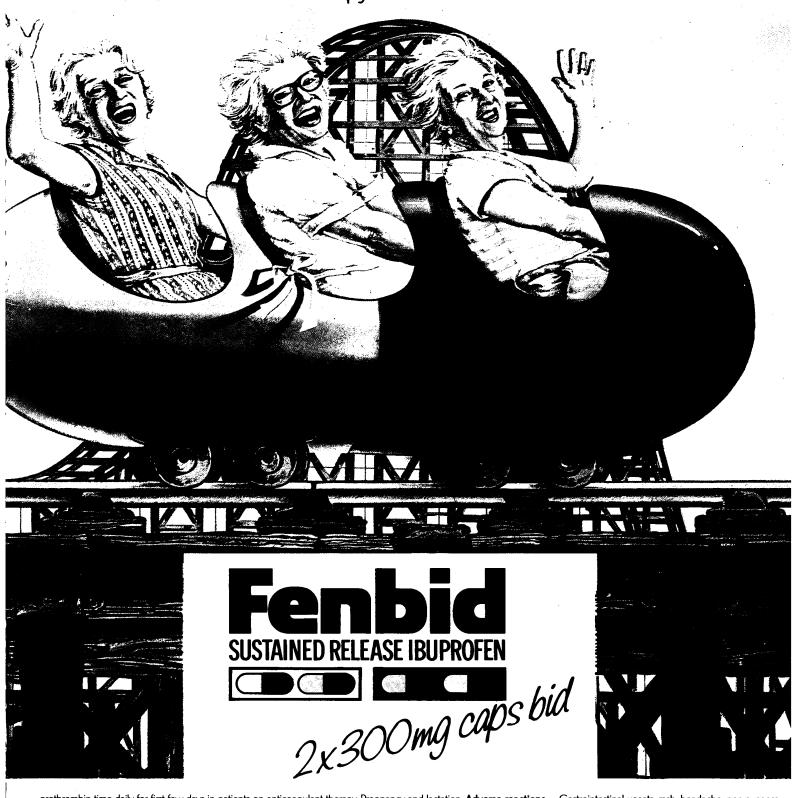
'Fenbid' is a sustained-release preparation of

PRESCRIBING INFORMATION. Presentation — 'Fenbid' Capsules, PL 0002/0111, each containing 300 mg ibuprofen in sustained-release form. 120, £8.40. Indications — Rheumatoid arthritis; osteoarthritis, ankylosing spondylitis, other seronegative (non-rheumatoid) arthropathies; acute periarticular disorders; relief of mild to moderate pain in sprains, strains, low back pain, dysmenorrhoea; dental and post-operative pain. Dosage — and children over 12 years: Start with 2 capsules night and moming the foot foot foot of capsules of pellets. Capsule may be opened and pellets mixed with soft food. Contra-indication — Active peptic ulceration. Cautions — Gastrointestinal disease (but may be tolerated in patients with intolerance to other anti-rheumatic drugs); actual, or history of, bronchial asthma. Monitor

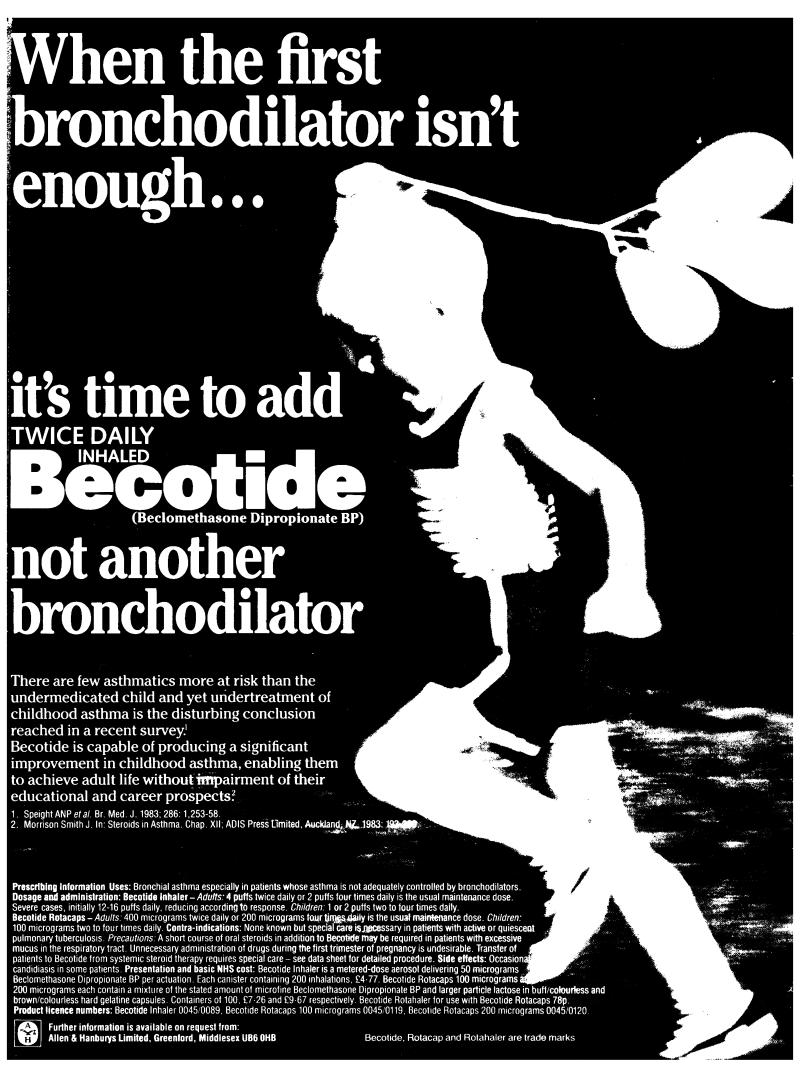
erapy on the level.

ibuprofen formulated to reduce these highs and lows. 'Fenbid' provides effective relief of symptoms. And is at least as well tolerated as conventional ibuprofen.

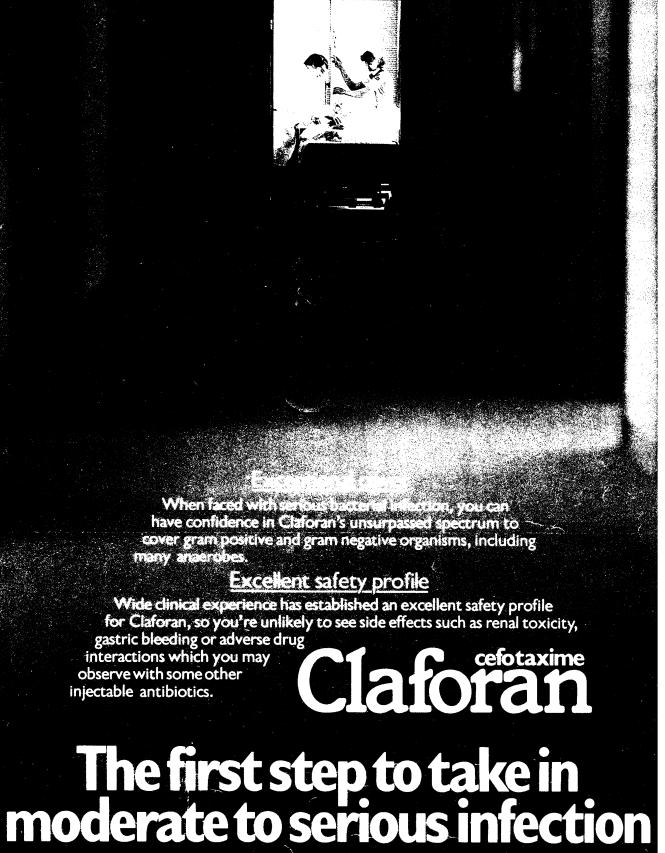
Effective and well tolerated; a dosage that is simple and convenient. Arthritis therapy on the level.



prothrombin time daily for first few days in patients on anticoagulant therapy. Pregnancy and lactation. **Adverse reactions** — Gastrointestinal upsets, rash, headache, nervousness, tinnitus, oedema. Rarely gastrointestinal haemorrhage. Blurred vision, toxic amblyopia, thrombocytopenia, oliguric renal failure reversed on stopping treatment. **Overdosage** — Treatment: maintain normal blood pressure, correct electrolyte imbalance; consider emesis in children and gastric lavage in adults; symptomatic measures. **Legal category** — POM. 2.11.83. Smith Kline & French Laboratories Limited, Welwyn Garden City, Hertfordshire AL7 1EY. 'Fenbid' is a trade mark. © 1983 Smith Kline & French Laboratories Limited. FN:AD23.



10. One gram vial. £4.95. Package quantities and basic N.H.S. price Vials of 500mg. I gand 2g in packs of Adverse reactions are , divided daily doses of 150-200mg/kg equally divided doses. In cases of severe infection caution to pa Neonates: 50mg kg body weight daily in 2 to 4 equally divide 2e in frequency of dosing, **Contra-indications** Known allergy pain at the site of injec leukopenia. transient rises in liver transaminase and alkaline phosphatase. transient from: Roussel Laboratories Ltd., Roussel House, Wembley, Middlesex HA9 ONI Claforan should not Ig. the daily dose is halved without change glucose may occur with reducing substances



THE BEST CHOICE EVERY TIME.

IT WORKS In the treatment of ulcerative colitis, Colifoam is as effective as steroid enemas. At the same time it has been shown that patients find the foam easier to retain.^{1, 2}

PATIENTS PREFER IT

Colifoam is far more comfortable, more convenient and more acceptable than enemas. Patients also find it easier to administer and that it causes less interference in their daily lives.

IT COSTS LESS

Surprisingly, despite the fact that it's just as effective and far more comfortable, Colifoam is less expensive. In fact, it can cost up to ½ less per dose than a standard proprietary enema?

T'S SAFER

cent clinical data shows Colifoam has tremely low levels of systemic absorption,⁴ ower than proprietary prednisolone enemas.⁵ Therefore, there is less potential for adrenal suppression which means that Colifoam may be considered safer in long-term use.

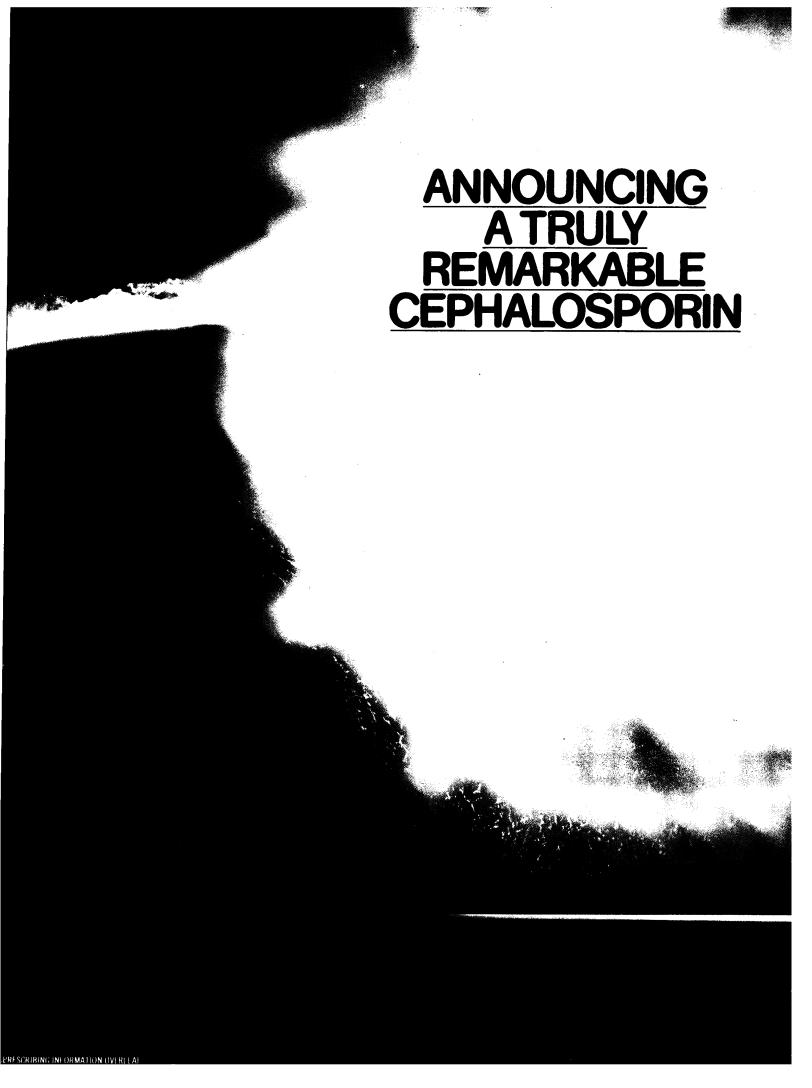
COLIFOAM

hydrocortisone acetate foam

IN DISTAL INFLAMMATORY BOWEL DISEASE. THE BEST CHOICE EVERY TIME.

Presentation White odourless aerosol foam containing hydrocortisone acetate PhEur 10%. Uses Anti-inflammatory corticosteroid therapy for the topical treatment of ulcerative colitis, proctosigmoiditis and granular proctitis. Dosage and administration One applicatorful inserted into the rectum once or twice daily for two or three weeks and every second day thereafter. Shake can vigorously before use (illustrated instructions are neclosed with every pack). Satisfactory response usually occurs within five to seven days. Contra-indications, warnings etc. Local contra-indications to the use of intrarectal steroids include obstruction, abscess, perforation, peritonitis, fresh intestinal anastomoses and extensive fistulae. General precautions common to all corticosteroid therapy should be observed during treatment with Colifoam. Treatment should be administered with caution in patients with severe ulcerative disease because of their predisposition to perforation of the bowel wall. Safety during pregnancy has not been fully established. Pharmaceutical precautions Pressurized container. Protect from sunlight and do not expose to temperatures above 50°C. Do not pierce or burn even after use. Do not refrigerate. Shake vigorously before use. Keep out of reach of children for external use only. Legal category POM. Package quantities Aerosol canister containing 25g (approx. 14 applications). Basic NHS cost 25g plus applicator, £7.40. Further Information One applicatorful of Colifoam provides a dose of approximately 125 mg of hydrocortisone acetate, similar to that used in a retention enema, for the treatment of ulcerative colitis, sigmoiditis and proctitis. Product Licence No. 036/0021. References L Ruddell WSJ et al. Gut 1980; 21: 885–889. 2. C'Donoghue D. Modern Medicine, December 1981; 45. 3. Cource: Mims. 4. Barr WH, Kline B, Beightol L, Zfass A, Medical College of Virginia Virginia Commonwealth University, FDA bioavailability submission document October 1981. 5. Lee DAH et al. Gut 1980; 21: 215–218. Further information i

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FC RICE

ceftazidime

For the first time.

The bactericidal power of aminoglycosides and exceptional antipseudomonal activity from an extended spectrum cephalosporin.

Hospital antibiotics created in Britain by



<u>A TRULY</u> **REMARKABLE** CEPHALOSPORIN

DRIU ceftazidime

PRESCRIBING INFORMATION

Fretum for Injection is supplied in vials containing 500mg, 1g and 2g ceftazidime (as pentahydrate) with sodium carbonate.

uses
Fortum is a bactericidal cephalosporin antibiotic which is resistant to most beta-lactamases and is active against a wide range of Gram-positive and Gram-negative bacteria.
It is indicated for the treatment of single infections and for mixed infections caused by two or more susceptible organisms. Fortum, because of its broad antibacterial spectrum, may be used alone as first choice drug, pending sensitivity test results.

Dosage and administration
The usual adult dosage is in the range 1g to 6g i.m. or i.v. per day (see Data Sheet for details).

Contra-indication
Fortum is contra-indicated in patients with known hypersensitivity to cephalosporin antibiotics.

Precautions
Cephalosporins may, in general, be given safely to patients who are hypersensitive to penicillins. Care is indicated in patients who have experienced an anaphylactic reaction to penicillin.

Cephalosporin antibiotics at high dosage should be given with caution to patients receiving concurrent treatment with nephrotoxic drugs. Clinical experience with Fortum has shown that this is not likely to be a problem at the recommended dose levels. Reduce dosage when renal function is impaired (see Data Sheet).

As with all drugs, Fortum should be administered with caution during the early months of pregnancy and in early infancy. Fortum is excreted in human milk in low concentrations.

Fortum does not interfere with enzyme-based tests for glycosuria. Slight interference with copper reduction methods may be observed. Fortum does not interfere in the alkaline picrate assay for creatinine.

Fortum and aminoglycosides should not be mixed in the same giving set or syringe.

As with other broad spectrum antibiotics, prolonged use of Fortum may result in the overgrowth of non-susceptible organisms (e.g., Candida, Enterococci) which may require interruption of treatment or adoption of appropriate measures.

Side effects
Fortum is generally well tolerated with only infrequent adverse reactions, e.g., pain and/or inflammation after i.m. administration and phlebitis and/or thrombophlebitis after i.v. administration, rashes, fever, pruritis, gastro-intestinal disturbances, headache, dizziness, paraesthesiae and bad taste. Transient changes in laboratory values may occur including; eosinophilia, a positive Coombs' test, thrombocytosis and slight rises in hepatic enzymes.

Basic NHS cost (exclusive of VAT)
The basic NHS cost of Fortum is £9.90 per gram.
Available in packs of; 5 x 500mg, 5 x 1g and 5 x 2g vials and an infusion pack of 5 x 2g vials.

Product Licence numbers 500mg: 0004/0292 1g: 0004/0293 2g: 0004/0294

Further information is available on request from:

Glaxo

Glaxo Laboratories Limited, Greenford, Middlesex UB6 OHE

Fortum is a Glaxo trade mark.

Hospital antibiotics created in Britain by *Salaxo* Tagana Bandan Bandan

ABC of **HEALTHY TRAVEL**

ERIC WALKER GLYN WILLIAMS

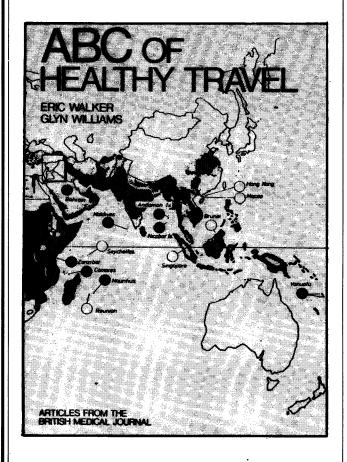
With more people travelling abroad each year the health problems of travellers, both abroad and on their return, assume increasing importance. Travellers may be at hazard from the environment, their lifestyles, and their lack of familiarity with foreign customs. Doctors need to be able to advise their travelling patients and to be aware of the—sometimes potentially serious—infections that may not become apparent until the traveller has return home. In the ABC of Healthy Travel in the BMJ Dr Eric Walker and Dr Glyn Williams described the problems facing the traveller, the immunisations he needs, the infections he may bring home; suggested ways of preventing and treating illness abroad; listed sources of up to date information; and reviewed recent advice on malaria prophylaxis. These articles have been collected into a book to provide the busy practitioner with a practical guide to advising travellers and managing their illnesses.

Price: Inland £4.00; Overseas £6.00/USA\$10.50 (Inland £3.50; Overseas £5.50/USA\$9.50 to BMA members) Despatched by air overseas

Payment must be enclosed with order

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From: The Publisher, British Medical Journal, BMA House, Tavistock Square, London WC1H 9JR or any leading bookseller





Exirel. The selective bronchodilator which relieves the strain on the right heart. 12

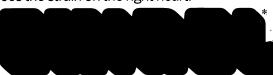
No matter how effective previous treatment may have been, asthmatics and bronchitics could still progress towards chronic respiratory disease.

Now, even with today's modern management these patients may have a brighter future.

First and foremost, Exirel provides the immediate and sustained relief of bronchospasm asthmatics need. In comparative studies Exirel has also proved to be as effective

as salbutamol,³ and in animal studies has proved to be moselective than salbutamol.⁴ A further benefit of Exirel was seen patients with disease progression. Recent studies have show that Exirel reduces the strain on the right heart.^{1,2}

Exirel. For today's patient and tomorrow's.



nirbuterol

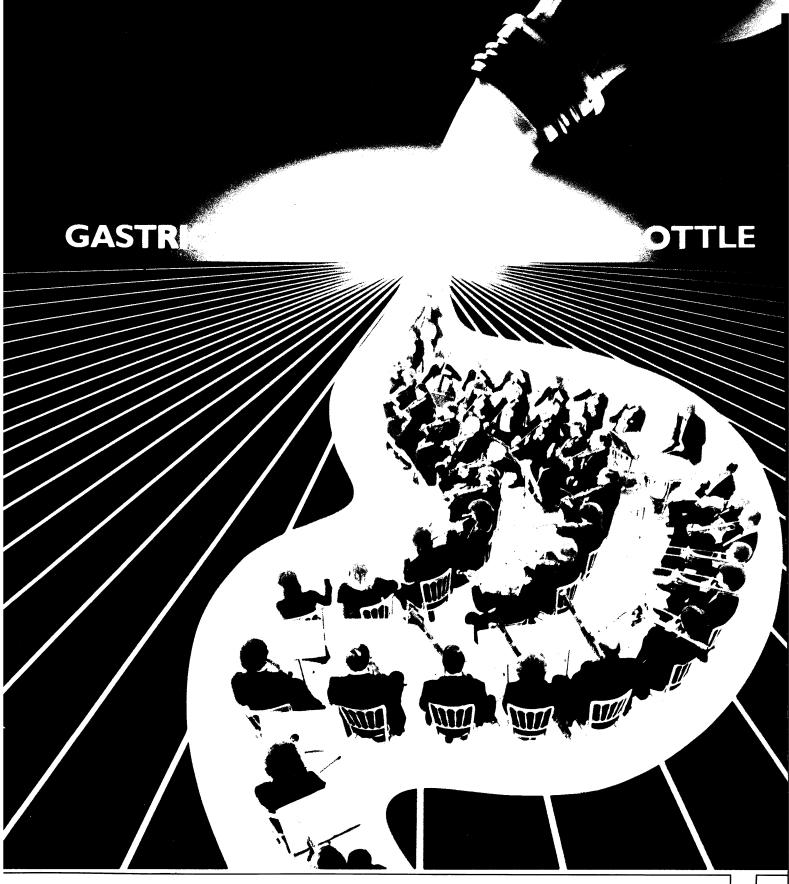


rescribing Information. Presentation Exert Imetered dose aerosol containing at least 200 inhalations each activation developing of produce of as the acetate Exercisquies containing (Dimgor 15 mg probleterol hydrochloride and Exercisy properties of the acetate Exercisquies containing (Dimgor 15 mg probleterol hydrochloride and Exercisquies of the acetate Exercisquies containing (Dimgor 15 mg probleterol hydrochloride and Exercisquies Containing (Dimgor 15 mg administered of a family for a family

Further information available on request to F



reviated Prescribing Information. Presentation: Tablets containing Img and 0.5mg lormetazepam. Indication: Short-term treatment of insomnia. Dosage: Adults: Img. Elderly patients: ng. Contra-indications: Known sensitivity to benzodiazepines. Myasthenia gravis. Precautions: Noctamid, other centrally-acting drugs and alcohol enhance each other's actions. Users should are of dizziness or drowsiness when driving or operating machinery. Use during pregnancy is not recommended. Prolonged high dosage may occasionally cause psychological dependence. sible side effects: Include headaches, nausea, drowsiness, blurring of vision, dizziness and ataxia. More severe psychological and physical side-effects have been known to occur rarely with ebenzodiazepines, but have not been reported with Noctamid. Legal category: POM. Product licence no. 0.5mg 0053/0117. Img 0053/0118. Product licence holder: Schering imicals Limited, The Brow, Burgess Hill, West Sussex RHI5 9NE. Basic NHS price: Img/30 tablets: £2.23. Img/100 tablets: £7.44. 0.5mg/30 tablets: £1.62. 0.5mg/100 tablets: £1.62. 0.



New Motilium Suspension the first specific peripheral anti-nauseant/anti-emetic -for a well composed stomach

MOTILIUM* Prescribing Information Presentation: White tablets containing domperidone maleate equivalent to 10mg domperidone base. Sweet tasting, white suspension containing domperidone Img/ml. 2ml colourles ampoules each containing 5mg ml domperidone. Uses: Adults: acute nausea and vomiting from any cause. Children: nausea and vomiting following cancer chemotherapy or irradiation only. Dosage: Adults: 10-20mg by mouth or 1-2 ampoules by IM or IV injection at 4-8 hourly intervals. Patients requiring intravenous MOTILIUM* who are also receiving concomitant cytotoxic chemotherapy or who are predisposed to hypokalaemia or cardiac arrhythmias should receive an infusion diluted 1:10 with saline over 15-30 minutes. Contra-indications, Warnings etc: No specific contra-indications. MOTILIUM* produces a rise in serum prolaction, however the clinical relevance of this has not been established. Although no teratogenic effects have been observed in animals, the safety of MOTILIUM* in pregnancy has not yet been established. Product Licence Numbers: Tablets 9242/0071. Injection 0242/0073. Suspension 0242/0077. Basic NHS Cost: 9p per 10mg tablet (ex 250 pack). Pack of 10 ampoules: £3.10. Bottle of 200ml suspension: £1.80 (Correct at time of printing). Further information is available from: Janssen Pharmaceutical Limited, Grove. Wantage, Oxon. OX12 0DQ. *Trademark © IPL/154/83

INTRAMUSCULAR/INTRAVENOUS – PIPERACILLIN

decisive therapy for hospital infections

Extremely broad spectrum of activity against common and problem pathogens

Synergistic with aminoglycosides without adding to their toxicity

Reassuring penicillin safety for compromised patients, children and infants

Prescribing Information. Indications: Pipril is a broad spectrum bactericidal penicillin for the treatment and peri-operative prophylaxis of systematic or local infections caused by sensitive organisms. Dosage: Adult patients with normal renal function should recieve 4-8g daily in divided doses for mild or uncomplicated infections. In serious or life-threatening infections 12-16g daily in divided doses. For peri-operative prophylaxis 2g just prior to surgery followed by at least two doses of 2g at four or six hour intervals. Patients with renal insufficiency may need dosage reduction – see Data Sheet. Children 2 months to 12 years of age. 100-300mg/kg daily in three of tour divided doses. Neonate and infants under two months of age: 100-300mg/kg daily in two equally divided doses. Contra-indications: Penicillin or severe cephalosporin hypersensitivity. Precautions: Safety for use in pregnant or lactating women has not yet been established. Side effects: Uncommon and typical of injectable penicillins. Administration: Pipril is presented as 1g or 2g vials, 4g infusion bottles and 4g infusion packs containing piperacillin as piperacillin sodium. See Data Sheet or package leaflet for full details of preparation and administration. Product Licence No. 0095/0073 Basic NHS Price: 1g vial £2.63, 2g vial £5.20, 4g vial £10.29, 4g infusion pack £10.96. Further information is available on request.

Lederle Laboratories

Division of Cyanamid of Great Britain Ltd., Fareham Road, Gosport, Hants PO13 0AS (Tel: 0329-236131)

PIPRIL is a trade mark

A prescription for Ventide provides comprehensive maintenance for chronic asthma.

Execute to control your patient's asthma, it is important that both drugs are taken regularly.

By combining Ventolin and Becotide in one inhaler Ventide provides the same therapy with half the number of inhalations.

ionophiones with maintenaus therapy in chronic asthma can therefore be improved by prescribing Ventide.

Ventide should not be taken instead of Ventolin for the treatment of acute attacks.

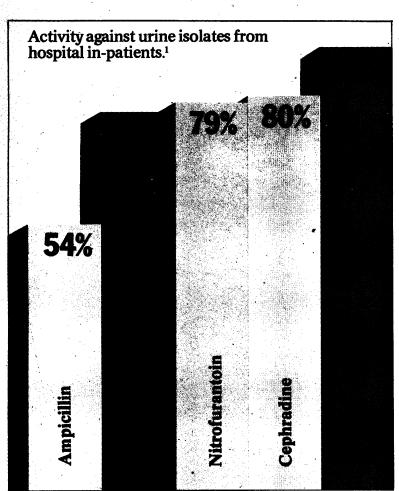


age apd administration (s. 2 inhalations (200 micrograms salbutamol and 100 micrograms beclomethasone dipropionate) three or four



Further information is available on request from: Allen & Hanburys Limited, Greenford, Middlesex UB6 0HB

THAN OTHER STANDARD O



Superior spectrum of activity

Results of tests involving over 1,700 urinary isolates clearly demonstrate the excellent *in-vitro* activity of Augmentin compared to the other commonly-used oral antibacterials shown.

Excellent clinical performance

In one study² Augmentin was used to treat

92% success

96 patients with urinary tract infections. In spite of multiple antibiotic resistance, the cure rate during treatment was 92% and even at one month post-treatment had fallen to only

69%. Augmentin is an effective, inexpensive and convenient alternative to injectable antibiotics.

Double-blind trial of Augmentin and amoxycillin

In a double-blind trial of 234 patients with complicated urinary tract infections, Augmentin was found to be significantly more effective than amoxycillin.³

Penicillin-based therapy

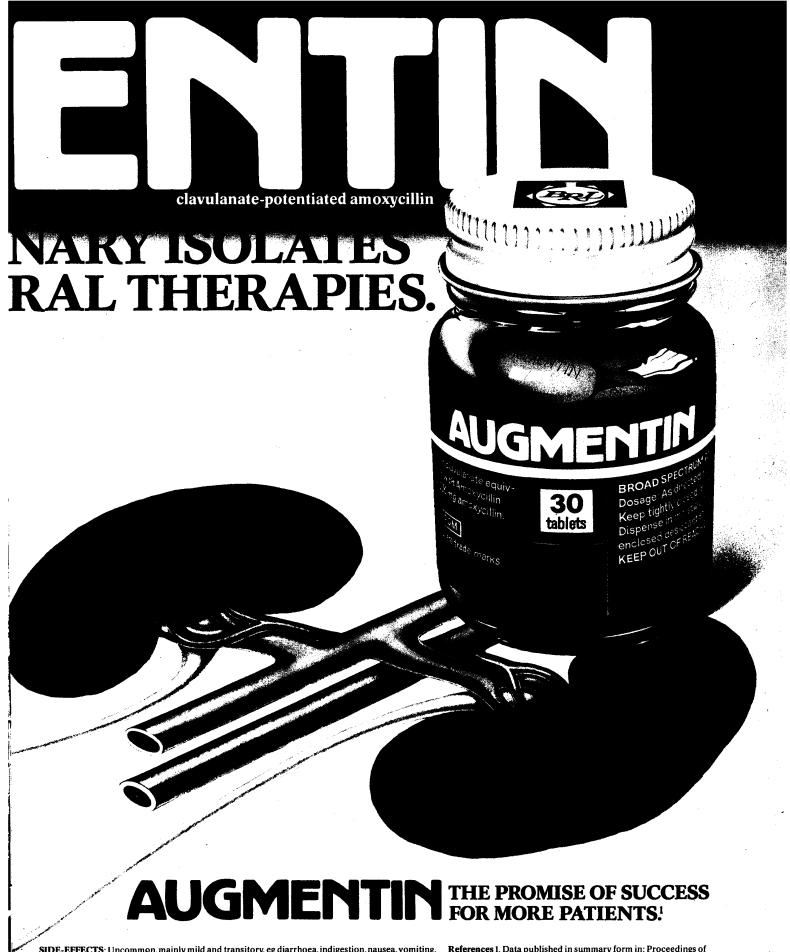
Augmentin has been shown to be well-tolerated as would be expected from a penicillin-based antibiotic.

Prescribing Information

USES: Chest. ENT. Genito-urinary tract. Skin and soft tissue infections.

DOSAGE: Adults and children over 12 years: One Augmentin or Augmentin Dispersible Tablet (375 mg) three times a day. Children 6-12 years: 5 ml Augmentin Junior Suspension (187 mg) three times a day. Children 2-6 years: 5 ml Augmentin Paediatric Suspension (156 mg) three times a day. Children 3-9 months-2 years: 5 ml half-strength Augmentin Paediatric Suspension (78 mg) three times a day. Children 3-9 months: 2.5 ml half-strength Augmentin Paediatric Suspension (39 mg) three times a day. In severe infections, dosages for patients aged 2 years and over, may be doubled. Treatment with Augmentin should not be extended beyond 14 days without review. CONTRA-INDICATION: Penicillin hypersensitivity.

PRECAUTIONS: Safety in human pregnancy is yet to be established. Dosage need not be reduced in patients with renal impairment, unless dialysis is required.



SIDE-EFFECTS: Uncommon, mainly mild and transitory, eg diarrhoea, indigestion, nausea, vomiting, candidiasis, urticarial and erythematous rashes. If gastro-intestinal side-effects occur, they may be

reduced by taking Augmentin at the start of meals. PRESENTATIONS: (Prices correct at October, 1983.) ▼ Augmentin Tablets and Dispersible Tablets, each providing 125 mg clavulanic acid with 250 mg amoxycillin. Augmentin Tablets (bottles of 30,100). Cost per tablet – 29p PL0038/0270. Augmentin Dispersible Tablets (foil wrapped 30, 90). Cost per tablet – 32½p PL 0038/0272. ▼ Augmentin Junior Suspension. Powder to prepare 100 ml suspension. Each 5 ml provides 62 mg clavulanic acid with 125 mg amoxycillin. Cost per 5 ml dose – 18p PL0038/0274. ▼ Augmentin Flower to prepare 100 ml suspension. 0274. W Augmentin Paediatric Suspension. Powder to prepare 100 ml suspension. Each 5 ml provides 31 mg clavulanic acid with 125 mg amoxycillin. Cost per 5 ml dose – 14p PL0038/0298. The clavulanic acid is present as potassium clavulanate and the amoxycillin as the trihydrate. All the October 1983 above presentations are sugar-free formulations.

References I. Data published in summary form in: Proceedings of the First Augmentin Symposium. Rolinson, G. N. and Watson, A. (eds), Excerpta Medica, 1980, pp 173-183. 2. J. Antimicrob. Chemother, 1981, 7, 229-236. 3. Proceedings of the Second Augmentin Symposium, Leigh, D.A., Robinson, O.P., (eds) Excerpta Medica, 1981, pp 86-95. 4. Ibid., p244.

Further information is available on request to the Company.





ROYAL POSTGRADUATE MEDICAL SCHOOL

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BASIC SCIENCE IN GASTROENTEROLOGY **SYMPOSIA**

Seventh Symposium of the Series

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For further details and Application Form please contact:

A G Butler, **Medical Division, Glaxo Group** Research Ltd., Ware, Herts. SG12 0DJ. **Telephone No. 0920 3993**

> Closing date for applications: 13 April 1984.

THE ROYAL COLLEGE OF SURGEONS OF EDINBURGH PART II FELLOWSHIP EXAMINATION IN **ACCIDENT AND EMERGENCY MEDICINE AND SURGERY**

A diet of the Part II Fellowship Examination in Accident and Emergency Medicine and Surgery organised jointly by the Royal College of Surgeons of Edinburgh and the Royal College of Physicians of Edinburgh will be held on 7 May 1984.

This examination is an additional option in the present Part II FRCSEd and is designed to test all aspects of the work of an Accident and Emergency Department.

Candidates must have been engaged in the study of their profession for a period of not less than four years and must have passed Part I or Primary Fellowship Examination in Surgery of one of the following:

The Royal College of Surgeons of Edinburgh

The Royal College of Surgeons of England
The Royal College of Physicians and Surgeons of Glasgow

The Royal College of Surgeons in Ireland The Royal Australasian College of Surgeons The College of Medicine of South Africa

OR

(i) Part I MRCP (UK) or recognised equivalent;

OR

(ii) Part I FFA RCSEng or recognised equivalent.

The application form, examination calendar and Regulations are available on request from the Examinations Secretary, The Royal College of Surgeons of Edinburgh, Nicolson Street, Edinburgh EH8 9DW.

Application for entry must be received by 23 March 1984. Fee: £175.00.

LETTERS TO A YOUNG DOCTOR

PHILIP RHODES

Faced with increasing competition and even the prospect of unemployment young doctors need sound advice on how they should plan their careers. This series of articles by Professor Philip Rhodes, begins with advice to preregistration house officers and then considers the choice open to them after registration. There are sections on study leave, applying for jobs, and interviews, and chapters giving special advice to women and overseas doctors. Examinations, research, teaching, administration, and postgraduate education are also covered.

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Prescribing Information. Presentation: Light-magenta, film-coated tablets containing 600mg of Ibuprofen B.P. Uses: Rheumatoid arthritis (including Still's disease), ankylosing spondylitis, osteoarthritis and other non-rheumatoid arthropathies. Non-articular rheumatic conditions such as capsulitis, bursitis, tendinitis, tenosynovitis, low back pain, soft tissue injuries. As an analgesic in mild to moderate pain. Dosage: Adult: Brufen 600 is indicated three times daily (1800mg/day) for acute conditions. Total daily dose should not exceed 2400mg. Contra-indications: Severe or active peptic ulceration. Warnings: Prescribe with caution in patients with asthma and those who have developed bronchospasm with other nonsteroidal agents. Avoid, if possible, during pregnancy. Side-effects: Dyspepsia, gastrointestinal intolerance and bleeding: skin rashes. Less frequently, thrombocytopenia; rarely toxic amblyopia. Basic N.H.S. Price: Brufen 600 100 pack £8.55. Product Licence No: Brufen 600 PL0014/0264. Brufen is a registered Trademark.

post-operative pain post-episiotomy pain dental pain dysmenorrhoea non-articular rheumatism soft-tissue injuries



The Boots Company PLC Nottingham Further information on Brufen 600 is available on request.

just one tablet three times daily

Depression A Constant Source of Anxiety



PROTHIADEN

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Prothiaden is an efficient, well tolerated antidepressant with a significant anxiolytic action. It achieves consistently good results in a wide variety of depressive states — including those with associated anxiety — and in patients of all ages. Which is why Prothiaden is now the most widely prescribed antidepressant in the United Kingdom.

Prescribing Information

Presentation: Prothisden is Dothiepin Hydrochloride B.P., an antidepressant of the tricyclic group. It is available as 25mg capsules and 75mg tablets. Uses: Prothisden is indicated in the treatment of depression and associated anxiety. Design: Prothisden has been given in a dosage of 75 to 150mg daily, based on response and severity. This may be taken as a single evening dose. In certain corromations, i.e. in hospital use, Prothisden has been given in dosages up to 225mg daily the normal studied dose may be sufficient. Precessions and Contra-indications: Prothisden has anticholinergic properties; therefore, it may precipitate urinary retention in susceptible individuals and its use should be avoided at patients with closed angle glaucoma. Caution is advised when treating explicitly pencies and those with cardiovascular disorders. Prothisden should not be used in patients with closed angle glaucoma. Caution is advised when treating explicitly pencies and those with cardiovascular disorders. Prothisden should not be used in patients with closed angle glaucoma Caution is advised when treating explicitly pencies and those with cardiovascular disorders. Prothisden should not be used in patients with closed angle glaucoma Caution is advised when treating explicitly pencies and those with cardiovascular disorders. Prothisden should not be used in inhibitors not within 14 days of examps, such cardinates. There are causally mild and normally controlled by reducing the design. This following have been reported. Syngis of mentals on the study of the protocol of the p

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PROTHIADEN

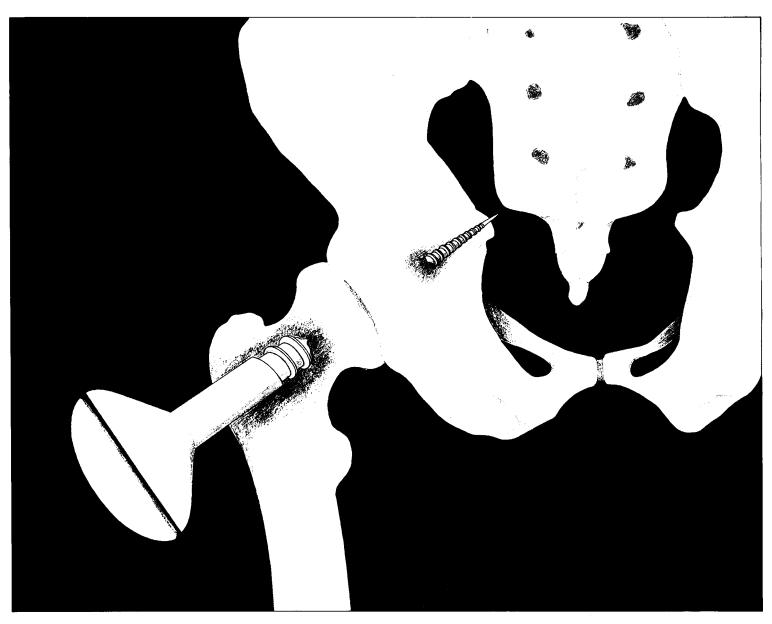
Dothiepin Hydrochloride B.P.

The Dependable Antidepressant

or the hurti To your patient, arthritis means pain and the right treatment is that which brings quick and sustained relief. Froben brings the pain of arthritic joints under control within hours and maintains

that control for as long as is needed. For months. If necessary, for years.

Powerful, yet well tolerated, Froben provides the sustained, consistent relief of pain which must be the right treatment for arthritis. With Froben, the treatment is right from the start.

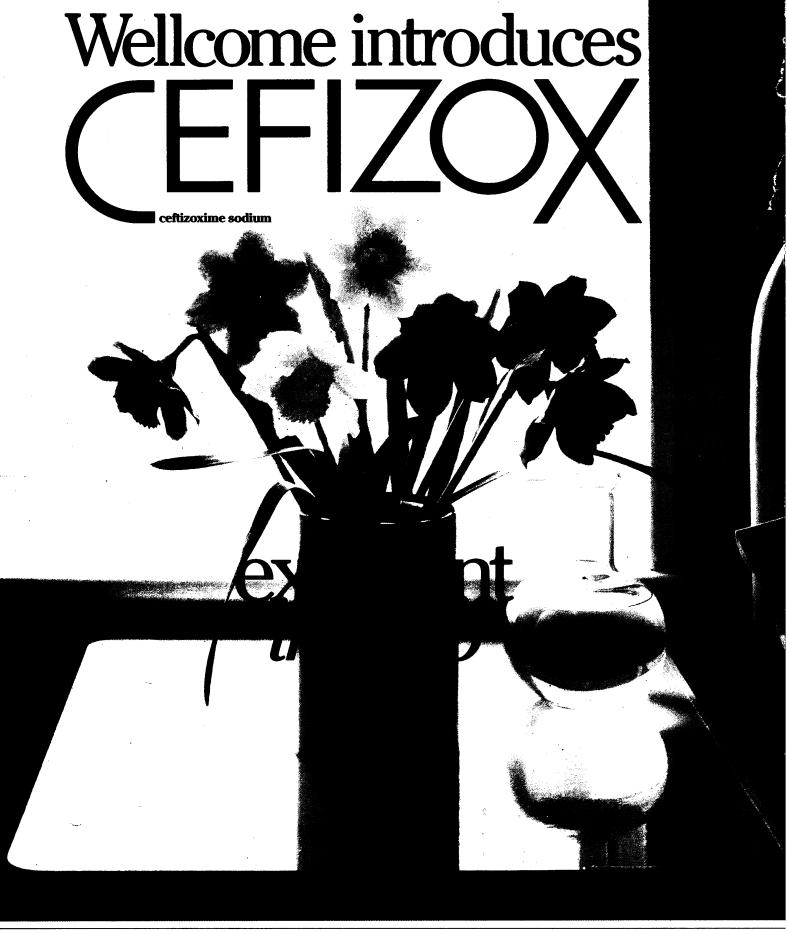


Start with

the undoing of arthritic pain flurbiprofen

PRESENTATION: Sugar-coated tablets, each containing either 50 or 100mg of flurbiprofen. USES: Probe indicated in the treatment of rheumatoid disease, osteoarthrosis and ankylosing spondylitis. DOSAGE: 150 to 200mg daily in 30 v 4 divided doses. In patients with severe symptoms or disease of recent origin, or during exacerbations, the total daily dose may be increased to 300mg in divided doses. CONTEA-INDICATIONS, WARNINGS etc: Proben should not be given to patients with peptic ulceration and inflammatory bowel dises to patients with a history of asthma or who have experienced broachospasm or other hypersensitivity-type rea-with other anti-inflammatory agents. The safety of Proben during pregnancy or leatation has not been established animal experiments, no terrotogusic effects were demonstrated but parturation was delayed and prolonged. Framy prolong bededing time and cause fluid retention. Use with caution where renaf function is impaired. Sided

The Boots Company PLC, Nottingham, England.



Prescribing information:

Presentation: Vials containing 500mg, 1g and 2g of ceftizoxime as the sterile sodium salt.

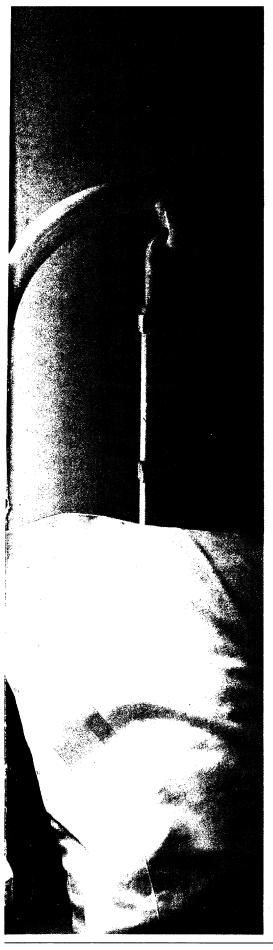
Uses: Broad-spectrum, bactericidal, cephalosporin antibiotic. Indications include lower respiratory tract infections, genito-urinary tract infections including gonorrhoea, intra-abdominal infections, septicaemia, skin and soft tissue infections. Cefizox is active against a wide range of Gram-positive and Gram-negative organisms and is stable to a broad spectrum of beta-lactamases produced by both aerobic and anaerobic organisms.

Dosage and administration: By slow intravenous injection,

by continuous or intermittent intravenous infusion, or by deep intramuscular injection. For reconstitution details see Data Sheet. Modification of the following guideline dosages is necessary in patients with impaired renal function (see Data Sheet). Adults: urinary tract infection, 0.5-lg 12-hourly, IM or IV; gonorrhoea, Ig single dose, IM; other infections, 1-2g 8-12 hourly, IM or IV; severe or life-threatening infections, 2-3g 8-hourly, IM or IV. Children over the age of 3 months: 30-60 mg/kg bodyweight/day in 2-4 divided doses, increased in severe or life-threatening infections to 100-150mg/kg bodyweight/day. The total dose should not exceed the adult dose. Under the age of 3 months: insufficient data to recommend use.

Contra-indications: Hypersensitivity to cephalosporin antibiotics.

Precautions: Renal status should be monitored, especially in seriously ill patients receiving maximum dose therapy and coadministration of aminoglycoside antibiotics. Although the occurrence has not been reported with Cefizox, nephrotoxicity has been reported following concomitant administration of other cephalosporins and aminoglycosides. As with any other antibiotic, prolonged use may result in overgrowth of non-susceptible organisms. Caution in penicillin-sensitive patients because of possible cross-reaction. Side- and adverse effects: Cefizox is generally well



The excellent *in vivo* performance of Cefizox is the sum of many factors. Most notably, its powerful spectrum of antibacterial activity, stability to ß-lactamases, and highly effective tissue penetration.

Potent antibacterial spectrum

Cefizox is a powerful, third-generation, injectable cephalosporin. It has a wide spectrum of activity against both Gram-negative and Gram-positive aerobic and anaerobic organisms including *E. coli, Klebsiella pneumoniae, Proteus mirabilis, H. influenzae, Strep. pneumoniae, Staph. aureus* and *Strep. pyogenes*!²

It is also active against hospital opportunist pathogens not so frequently encountered, such as indole-positive Proteus, *Serratia marcescens, Morganella morganii*, and Enterobacter.^{1,2}

Superior &-lactamase stability

Cefizox has excellent ß-lactamase stability, and is resistant to a wider range of ß-lactamases than cefotaxime?

Excellent tissue penetration

After a single dose, concentrations of Cefizox in most tissues and body fluids are easily in excess of the MIC of likely pathogens.

Study has shown that Cefizox achieves greater concentration in most tissues and body fluids than cefotaxime, after equivalent doses.

And, unlike cefotaxime, Cefizox is not metabolised. Thus the full therapeutic effect of Cefizox is maintained.

International clinical success

Extensive experience confirms that Cefizox provides excellent clinical results against opportunist hospital pathogens.

It has been shown to be highly effective in lower respiratory tract infections, genito-urinary tract infections including gonorrhoea, intraabdominal infections, septicaemia, and skin and soft tissue infections?

Cefizox has also been notably successful in treating infections resistant to ampicillin, carbenicillin, cefamandole, tobramycin or gentamicin.

And Cefizox has proved suitable for use in neutropenic patients⁷ and children.⁸

With a broad spectrum of antibacterial activity, proven efficacy and a low level of side effects? Cefizox is a logical choice in serious infection. Especially before the infecting organism is identified, where multiple infection is suspected, or the infection is resistant to other cephalosporins, aminoglycosides or penicillins.

When infection threatens, Cefizox is an excellent choice.



References 1 Barry, A.L. *et al* (1982), *J. Antimicrob. Chemother.*, **10**, Suppl. C, 25. 2 Parks, D. *et al* (1982), *ibid.*, 327. 3 Simpson, I.N., *et al* (1982), *J. Antimicrob. Chemother.*, **9**, 357. 4 Gerding, D.N. and Peterson, L.R. (1982), *J. Antimicrob. Chemother.*, **10**, Suppl. C, 105. 5 Quintiliani, R. and Nightingale, C.H. (1982), *ibid.*, 99. 6 Neu, H.C. (1982), *ibid.*, 193. 7 Lawson, R.D. and Baskin, R.C. (1982), *ibid.*, 159. 8 Shikuma, C.M. *et al* (1982), *ibid.*, 293. 9 Platt, R. (1982), *ibid.* 135. Cefizox is a Trade Mark.

tolerated. The most common adverse reactions have been local following IM or IV injection. These include burning, cellulitis, pain, induration, tenderness, paraesthesia and phlebitis. Other adverse reactions include hypersensitivity reactions (rash, pruritis, fever), gastrointestinal disturbance (diarrhoea, nausea, and vomiting), vaginitis, transient eosinophilia, thrombocytosis. Neutropenia, leucopenia and thrombocytopenia have been reported rarely. Some individuals have developed a positive Coombs' test. Transient elevation in SGOT, SGPT, alkaline phosphatase, BUN and serum creatinine have occasionally been observed.

Use in pregnancy and lactation: There are no data in

pregnant women, thus the benefit of using Cefizox in pregnancy should be weighed against the possible hazard. Caution should be exercised if Cefizox is administered to a nursing mother.

Basic NHS costs: 1 x 500mg vial (PL3/0174) \$2.76 1 x 1g vial (PL3/0175) \$5.50 1 x 2g vial (PL3/0175) \$11.00

Further information is available on request. **Wellcome Medical Division**The Wellcome Foundation Ltd, Crewe, Cheshire

Made by Fujisawa Pharmaceutical Co Ltd, Osaka, Japan, for The Wellcome Foundation Ltd, London.





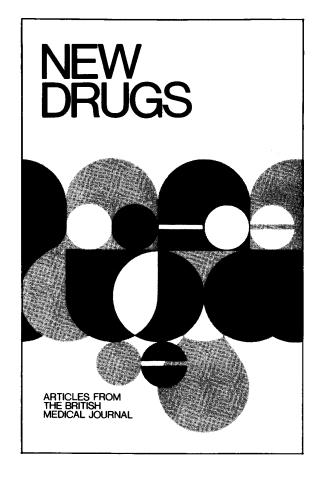
NEW DRUGS

In the past few years the number of important new drugs and our understanding of pharmacology have continued to increase. Reliable and unbiased information on the therapeutic use of these agents is, however, not always readily available. Articles recently published in the BMJ on entirely new groups of drugs – H_2 receptor antagonists, calcium antagonists, captopril – and on new members of groups of drugs already available – beta-blockers, tranquillisers, hypnotics, diuretics – fill this gap and are now collected together in book form. Busy practitioners will find that this comprehensive review allows them to make a more rational choice of treatment.

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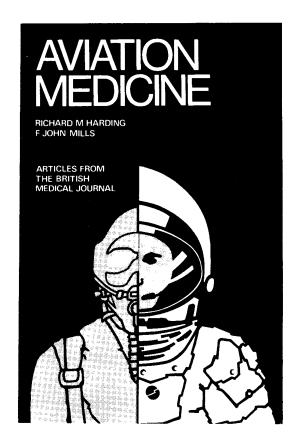
Richard M Harding & F John Mills

This authoritative and highly readable account of the little known specialty of aviation medicine will interest both general readers and those interested in it as a career. Comprehensive information on the management of airline passengers with particular medical conditions before, during, and after flight will help doctors faced with deciding whether or not their patient is fit to fly and with coping with a medical emergency in the air while themselves passengers on board an aircraft. The chapters on the problems of altitude, acceleration, the function of the special senses in flight, special forms of flight, and aviation psychology describe clearly and precisely the physiological and behavioural effects that flight imposes on man.

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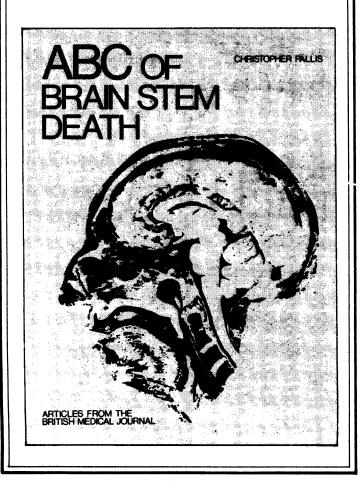
ABC OF **BRAIN STEM DEATH**

CHRISTOPHER PALLIS

The subject of brain stem death still arouses misconceptions—witness the response to the BBC Panorama programme on transplantation and brain death. Dr Christopher Pallis has dispelled some of the misconceptions, examined the concepts underlying our ideas of death, and described the practical aspects of diagnosing brain stem death. These articles have been collected into a book together with additional material on the wider aspects of the subject, including some of the neurological controversies.

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Indications

Intralipid should be used as part of a balanced intravenous feeding regimen in patients who are unable to receive sufficient amounts of nutrients enterally. Intralipid is especially valuable in providing a high energy intake to compensate for increased energy expenditure following trauma, infections, severe burns etc.

Dosage and Administration

Adults: Intralipid 20%: 500-1000 ml per 24 hours in conjunction with intravenous administration of amino acid and carbohydrate solutions. For lesser energy requirements, Intralipid 10%: 500-1500 ml per 24 hours in conjunction with amino acid and carbohydrate solutions. Intralipid is administered by slow intravenous infusion.

Infants: see Data Sheet.

Contra-indications, Warnings etc

Intralipid is only contraindicated in severe disorders of fat metabolism such as in severe liver damage and acute shock.

Precautions

Fat metabolism may be disturbed in conditions such as renal insufficiency, uncompensated diabetes, certain forms of liver insufficiency, metabolic disorders and sepsis. The elimination of fat should be checked daily in such patients.

Package Quantities and NHS Prices

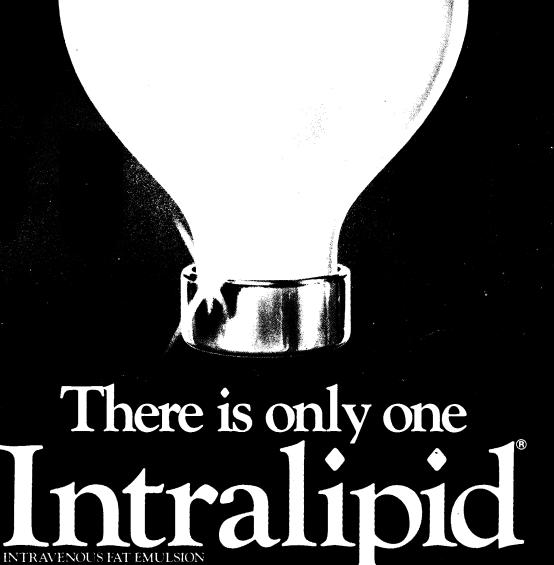
Intralipid 10%: 100ml £3.60. 500ml £8.00. PL0022/0027. Intralipid 20%: 100ml £5.45. 500ml £12.00 PL0022/0028.

See Data Sheet for full prescribing information. ® Intralipid is a registered trade mark.

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ABC OF COMPUTING

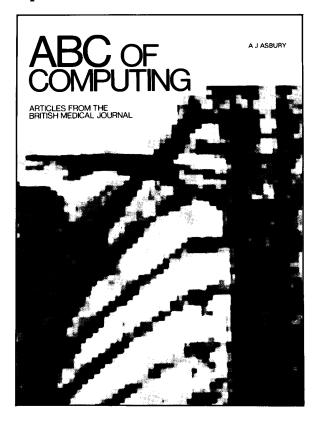
Although computers are being widely used in medicine, their possibilities and limitations are still not clear to many potential users. This book, aimed at the non-expert, describes some of the uses of computers in medicine; because most doctors' involvement will be indirect, liaising with computer experts rather than designing systems themselves, the book concentrates on concepts rather than detailed descriptions of how computers work. It provides a useful introduction for the doctor who wants to know how computers can contribute to his practice of medicine.

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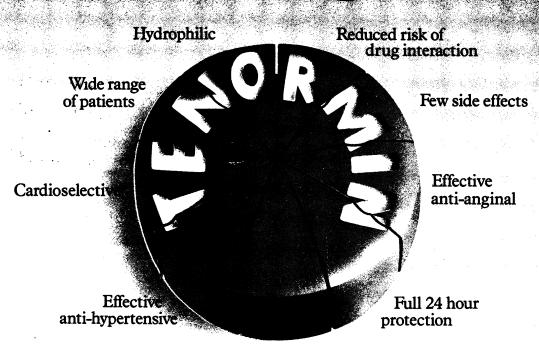
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