



a troublesome problem
in modern gynaecology

Intact hymen and *Candida* vaginitis

an intact hymen makes topical therapy
impossible or inadequate

The modern approach:

Nizoral TRADEMARK

ketoconazole

**just 2 oral tablets daily
with a meal
for 5 days.**

Prescribing information

Presentation: white, flat, half scored uncoated tablets marked "Janssen" on one side and K/200 on the reverse. Each tablet contains 200 mg ketoconazole.

Uses: *Nizoral* is an orally active antimycotic for the treatment in adults of vaginal candidosis, superficial and systemic mycoses including dermatophyte and yeast infections of the skin, hair and nails, yeast infections of the mouth and G.I.-tract. Also maintenance treatment of systemic mycoses and chronic mucocutaneous candidosis and prophylaxis in "at risk" patients. In children: systemic mycoses and severe local infections where previous topical treatment has failed.

Side-effects, precautions, contra-indications: contra-indicated in pregnancy. For maximal absorption *Nizoral* should be taken with meals. The use of agents which reduce gastric acidity (anti-cholinergic drugs, antacids, H₂-blockers) should be avoided and, if indicated, such drugs should be taken not less than two hours after *Nizoral*. Nausea, skin rash, headache and pruritus may occasionally be observed. Alterations in liver function tests have occurred in patients on ketoconazole, these changes may be transient. Cases of hepatitis have been reported with an incidence of about 1 per 10,000 patients. Some of these may represent an idiosyncratic adverse reaction to the drug. This should be borne in mind in patients on long-term therapy. If a patient develops jaundice or any symptoms suggestive of hepatitis, treatment with ketoconazole should be stopped. Mild asymptomatic increases of liver enzyme levels, on the other hand, do not necessitate discontinuation of the treatment. Ketoconazole, when given together with cyclosporin A results in increased blood levels of cyclosporin A. It is important that blood levels of cyclosporin A are monitored if the two drugs are given concomitantly. Ketoconazole 200 mg once daily produces a transient decrease in plasma levels of testosterone. During long term therapy at this dose, testosterone levels are usually not significantly different from controls. In rare instances, gynecomastia has been reported.

JANSSEN
PHARMACEUTICA
B-2340 Beerse, Belgium

ABC OF HEALTHY TRAVEL

ERIC WALKER GLYN WILLIAMS

With more people travelling abroad each year the health problems of travellers, both abroad and on their return, assume increasing importance. Travellers may be at hazard from the environment, their lifestyles, and their lack of familiarity with foreign customs. Doctors need to be able to advise their travelling patients and to be aware of the—sometimes potentially serious—infections that may not become apparent until the traveller has return home. In the ABC of Healthy Travel in the *BMJ* Dr Eric Walker and Dr Glyn Williams described the problems facing the traveller, the immunisations he needs, the infections he may bring home; suggested ways of preventing and treating illness abroad; listed sources of up to date information; and reviewed recent advice on malaria prophylaxis. These articles have been collected into a book to provide the busy practitioner with a practical guide to advising travellers and managing their illnesses.

Price: Inland £4.00;
Overseas £6.00/USA\$10.50
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ABC OF DIABETES

PETER J WATKINS

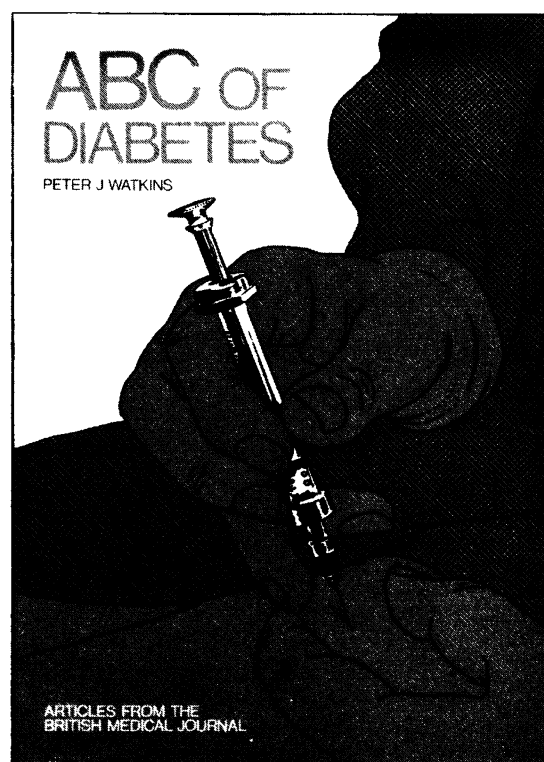
Innovations in the treatment of diabetes have increased rapidly in the last decade: self measurement of blood glucose, intravenous infusions and intramuscular insulin for diabetic emergencies, continuous subcutaneous insulin infusions, and light coagulation for diabetic retinopathy have all helped to improve the outlook for diabetics. Dr Peter Watkins' articles sets these advances in their clinical context and provide a practical guide to the management of diabetes for the non-specialist, both doctor and nurse.

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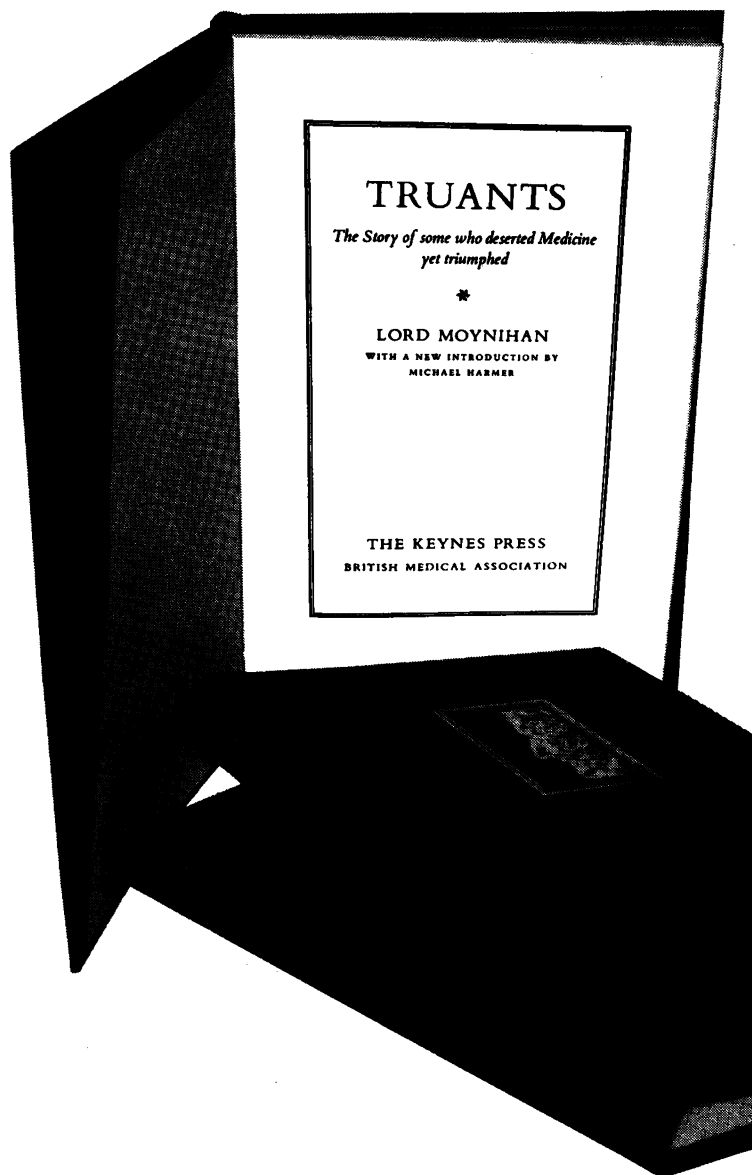
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BRITISH MEDICAL ASSOCIATION

Sir Geoffrey Keynes, who died in July 1982 at the age of 95, was one of the great polymaths. His twin loves were medicine and surgery, on the one hand, and literature and arts, on the other, and he pursued both with equal success. He worked closely with the Nonesuch Press, editing several of its books, and it is therefore fitting that a new venture, the Keynes Press, should be named after him.

Aimed primarily at reprinting classics with a medical interest published in the period of Keynes's life, the press intends to pursue the same standards of scholarship and elegance that characterised the Nonesuch Press. Thus each book will be specially edited and contain a commissioned introduction by an expert. Each will be individually designed by Sebastian Carter of the Rampant Lions Press, and the emblem of the press is a profile of Keynes specially drawn by David Gentleman.

The first three books, published November 1983 are:

Truants: the Story of some who deserted Medicine yet triumphed, by Lord Moynihan. Introduction by Michael Harmer,

Consulting Surgeon, Royal Marsden Hospital, London. Pp xxii + 73.

Epidemiology in Country Practice, by William Pickles. Introduction by David Barker, Professor of Clinical Epidemiology, University of Southampton. Pp xiv + 110.

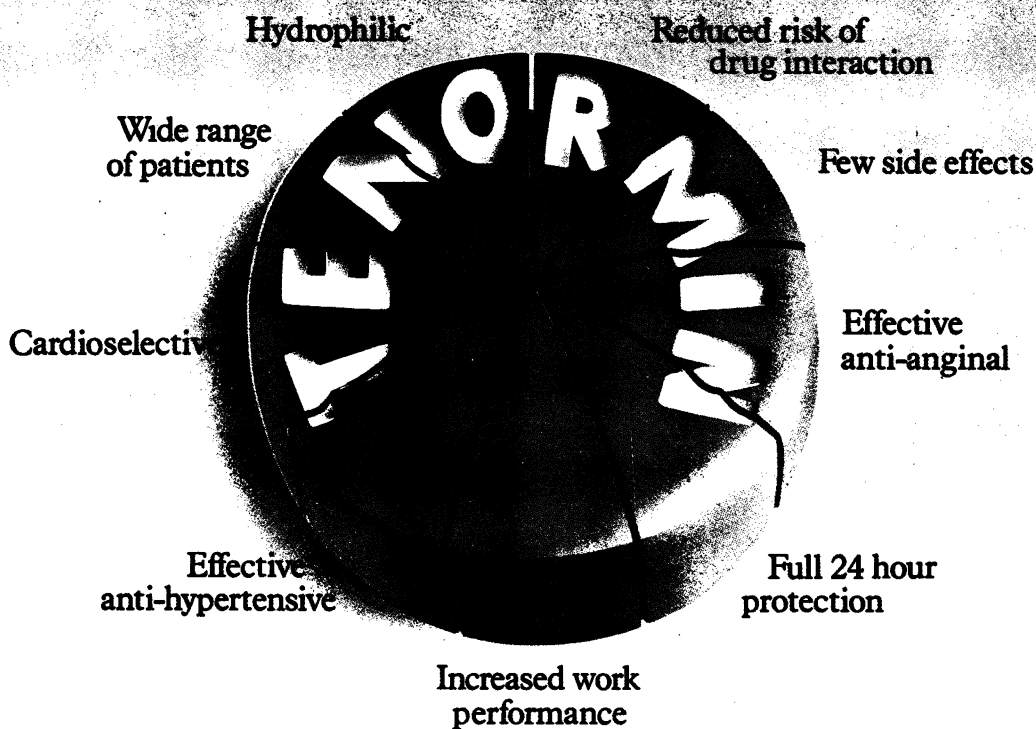
A Sense of Asher. A collection of writings and essays by Richard Asher. Introduction by Ruth Holland, Editorial Assistant, *British Medical Journal*. Pp. xvi + 97.

Their format is demy octavo, the type being 12/13 Monotype Bembo; the paper is Abbey Mill suede in *Truants* and Glastonbury cream wove in *Epidemiology in Country Practice* and *A Sense of Asher*; each has Abbey Mill endpapers. Each volume is limited to a total of 300 numbered copies for sale, the price for each being £35 including postage.

Copies may be ordered from the Publishing Manager, British Medical Journal, BMA House, Tavistock Square, London WC1H 9JR. (Cheques should be made payable to the British Medical Journal.)

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in hypertension and angina

Tenormin' Prescribing notes:

Presentation: Tenormin' tablets containing atenolol 100mg are round, bi-convex, orange and film coated. **Uses:** Management of hypertension and angina pectoris. **Dosage:** Hypertension: One tablet daily. Angina: 100mg daily in single or divided doses. **Contraindications:** Heart block. Co-administration with verapamil. **Precautions:** Untreated cardiac failure, bradycardia, renal failure, anaesthesia and pregnancy. Clonidine withdrawal. **Side Effects:** Coldness of extremities and muscular fatigue. Sleep disturbance rarely seen. Rashes and dry eyes have been reported with beta blockers—consider discontinuance if they occur. Cessation of therapy with beta blockers should be gradual. **Pack size and Basic NHS cost:** Tenormin' 28s £7.05. **Product Licence Number:** Tenormin' 0029/0122.

Full prescribing information is available on request to the Company



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