



a troublesome problem
in modern gynaecology

Intact hymen and *Candida* vaginitis

an intact hymen makes topical therapy
impossible or inadequate

The modern approach:

Nizoral TRADEMARK

ketoconazole

**just 2 oral tablets daily
with a meal
for 5 days.**

Prescribing Information

Presentation: white, flat, half scored uncoated tablets marked "Janssen" on one side and K/200 on the reverse. Each tablet contains 200 mg ketoconazole.

Uses: Nizoral is an orally active antimycotic for the treatment in adults of vaginal candidosis, superficial and systemic mycoses including dermatophyte and yeast infections of the skin, hair and nails, yeast infections of the mouth and G.I.-tract. Also maintenance treatment of systemic mycoses and chronic mucocutaneous candidosis and prophylaxis in "at risk" patients. In children: systemic mycoses and severe local infections where previous topical treatment has failed.

Side-effects, precautions, contra-indications: contra-indicated in pregnancy. For maximal absorption Nizoral should be taken with meals. The use of agents which reduce gastric acidity (anti-cholinergic drugs, antacids, H₂-blockers) should be avoided and, if indicated, such drugs should be taken not less than two hours after Nizoral. Nausea, skin rash, headache and pruritus may occasionally be observed. Alterations in liver function tests have occurred in patients on ketoconazole, these changes may be transient. Cases of hepatitis have been reported with an incidence of about 1 per 10,000 patients. Some of these may represent an idiosyncratic adverse reaction to the drug. This should be borne in mind in patients on long-term therapy. If a patient develops jaundice or any symptoms suggestive of hepatitis, treatment with ketoconazole should be stopped. Mild asymptomatic increases of liver enzyme levels, on the other hand, do not necessitate discontinuation of the treatment. Ketoconazole, when given together with cyclosporin A results in increased blood levels of cyclosporin A. It is important that blood levels of cyclosporin A are monitored if the two drugs are given concomitantly. Ketoconazole 200 mg once daily produces a transient decrease in plasma levels of testosterone. During long term therapy at this dose, testosterone levels are usually not significantly different from controls. In rare instances, gynaecomastia has been reported.

JANSSEN
PHARMACEUTICA
B-2340 Beerse, Belgium

ABC OF DIABETES

PETER J WATKINS

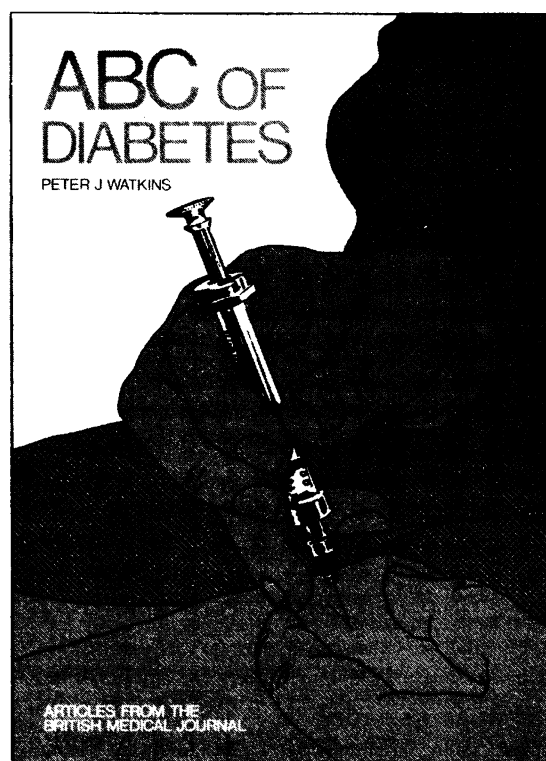
Innovations in the treatment of diabetes have increased rapidly in the last decade: self measurement of blood glucose, intravenous infusions and intramuscular insulin for diabetic emergencies, continuous subcutaneous insulin infusions, and light coagulation for diabetic retinopathy have all helped to improve the outlook for diabetics. Dr Peter Watkins' articles sets these advances in their clinical context and provide a practical guide to the management of diabetes for the non-specialist, both doctor and nurse.

Price: Inland £4.50;
Overseas £6.50/USA\$11.50
(Inland £4.00;
Overseas £6.00/USA\$10.50
to BMA members)

Despatched by air overseas

Payment must be enclosed with order

Order your copy now
From: The Publisher
British Medical Journal
BMA House
Tavistock Square
London WC1H 9JR
or any leading bookseller



CARDIOVIT 3

Automatic Microprocessor Controlled 3-Channel Electrocardiograph — A 3.6 kg lightweight Advanced Technology at an Attractive Price

Schiller's new CARDIOVIT 3 is three times lighter and compacter and requires five times less energy than competitive cardiographs. It fulfills all requirements a user can impose on a modern 3-channel electrocardiograph.

Needless to say, it features a fully isolated patient input, automatic and manual lead selector with marker, 40 mm recording width per channel and a digital heart rate display. Further, it is equipped with an exercise timer and a paper save speed of 5 mm/sec for continuous rhythm monitoring.

The battery power of the CARDIOVIT 3 is sufficient for three hours, for continuous operation it can be connected to our mains adapter MA-1.

Many physicians have waited for such a lightweight device, allowing them to take it effortlessly along to house calls. The many advantages of the CARDIOVIT 3 will be equally appreciated in hospitals and doctors' offices.





**Who's afraid of
going upstairs?**

Your angina patients

Transiderm[®]-Nitro

glyceryl trinitrate

**One patch a day for the prophylaxis
of angina attacks**

Prescribing Notes: **Presentation** Transiderm-Nitro 5 and 10 are transdermal drug delivery systems, comprising respectively 10cm² and 20cm² self-adhesive, pink-coloured patches, containing a drug reservoir of glyceryl trinitrate. **Indication** Prophylactic treatment of attacks of angina pectoris, as monotherapy or in combination with other anti-anginal agents. **Dosage** One Transiderm-Nitro 5 patch is to be applied every 24 hours. If a higher dose is required a Transiderm-Nitro 10 patch may be substituted. It is recommended that the patch is applied to the lateral chest wall. The patch should be removed after 24 hours, and the replacement patch applied to a new area of skin. Allow several days to elapse before applying a fresh patch to the same area of skin. If acute attacks of angina pectoris occur, rapidly acting nitrate preparations may be required. Efficacy and tolerability beyond 28 days' therapy have yet to be established. **Side-effects** Headache may occur and usually regresses after a few days. Reflex tachycardia can be controlled by concomitant treatment with a beta-blocker. Postural hypotension, nausea and dizziness occur rarely. Allergic skin reactions, a local mild itching or burning sensation may occasionally occur. Upon removal of the patch, any slight reddening of the skin will usually disappear in a few hours. **Precautions** In recent myocardial infarction or acute heart failure, Transiderm-Nitro should be employed only under careful clinical surveillance. As with all anti-anginal nitrate preparations, withdrawal of treatment should be gradual, by replacement with decreasing doses of long-acting oral nitrates. **Contra-indications** Hypersensitivity to nitrates, severe hypotension, marked anaemia, increased intraocular or intracranial pressure. **Packs** Boxes of 30 patches. Transiderm-Nitro 5 (PL0001/0094), basic NHS price 64.4p per day. Transiderm-Nitro 10 (PL0001/0095), basic NHS price 70.9p per day. * denotes registered trademark. Full prescribing information is available on request from Geigy Pharmaceuticals, Horsham, West Sussex.

