

a troublesome problem
in modern gynaecology

***Candida* vaginitis during menstruation**

menstruation creates favourable conditions
for *Candida albicans*

The modern approach:

Nizoral TRADEMARK

ketoconazole

**Just 2 oral tablets daily
with a meal
for 5 days.**

Prescribing information

Presentation: white, flat, half scored uncoated tablets marked "Janssen" on one side and K/200 on the reverse. Each tablet contains 200 mg ketoconazole.

Uses: Nizoral is an orally active antimycotic for the treatment in adults of vaginal candidosis, superficial and systemic mycoses including dermatophyte and yeast infections of the skin, hair and nails, yeast infections of the mouth and G.I.-tract.

Also maintenance treatment of systemic mycoses and chronic mucocutaneous candidosis and prophylaxis in "at risk" patients; in children: systemic mycoses and severe local infections where previous topical treatment has failed.

Side-effects, precautions, contra-indications:

contra-indicated in pregnancy. For maximal absorption Nizoral should be taken with meals. The use of agents which reduce gastric acidity (anti-cholinergic drugs, antacids, H₂-blockers) should be avoided and, if indicated, such drugs should be taken not less than two hours after Nizoral. Nausea, skin rash, headache and pruritus may occasionally be observed. Alterations in liver function tests have occurred in patients on ketoconazole; these changes may be transient. Cases of hepatitis have been reported with an incidence of about 1 per 10,000 patients. Some of these may represent an idiosyncratic adverse reaction to the drug. This should be borne in mind in patients on long-term therapy. If a patient develops jaundice or any symptoms suggestive of hepatitis, treatment with ketoconazole should be stopped. Mild asymptomatic increases of liver enzyme levels, on the other hand, do not necessitate discontinuation of the treatment. Ketoconazole, when given together with cyclosporin A results in increased blood levels of cyclosporin A. It is important that blood levels of cyclosporin A are monitored if the two drugs are given concomitantly. Ketoconazole 200 mg once daily produces a transient decrease in plasma levels of testosterone. During long term therapy at this dose, testosterone levels are usually not significantly different from controls. In rare instances, gynaecomastia has been reported.



ABC OF BRAIN STEM DEATH

CHRISTOPHER PALLIS

The subject of brain stem death still arouses misconceptions—witness the response to the BBC *Panorama* programme on transplantation and brain death. Dr Christopher Pallis has dispelled some of the misconceptions, examined the concepts underlying our ideas of death, and described the practical aspects of diagnosing brain stem death. These articles have been collected into a book together with additional material on the wider aspects of the subject, including some of the neurological controversies.

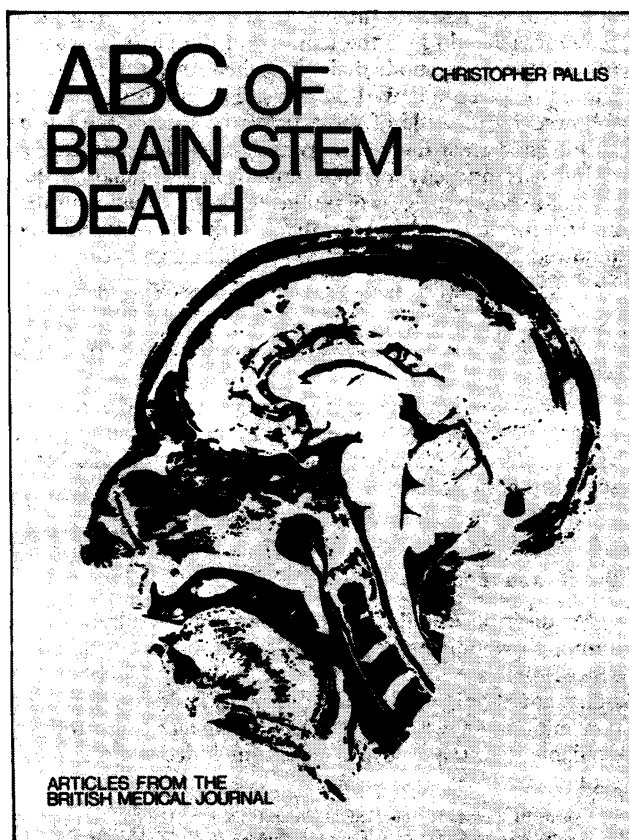
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LETTERS TO A YOUNG DOCTOR

PHILIP RHODES

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PRISON HEALTH CARE

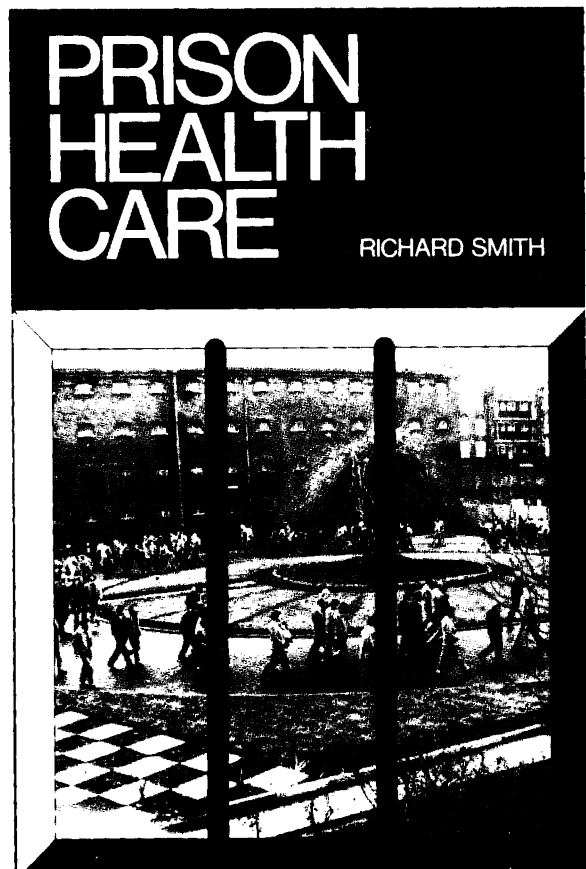
RICHARD SMITH

Although there have been doctors in British prisons for over 200 years and although the prison medical service is more than a century old, this is the first comprehensive review of the health of British prisoners and the prison health services. Before writing this book Dr Richard Smith visited more than 20 prisons in five different countries and spoke to dozens of people concerned with prisons, including prisoners themselves. His book explodes many misconceptions about prison health services but also exposes deficiencies and discusses ways in which they could be overcome.

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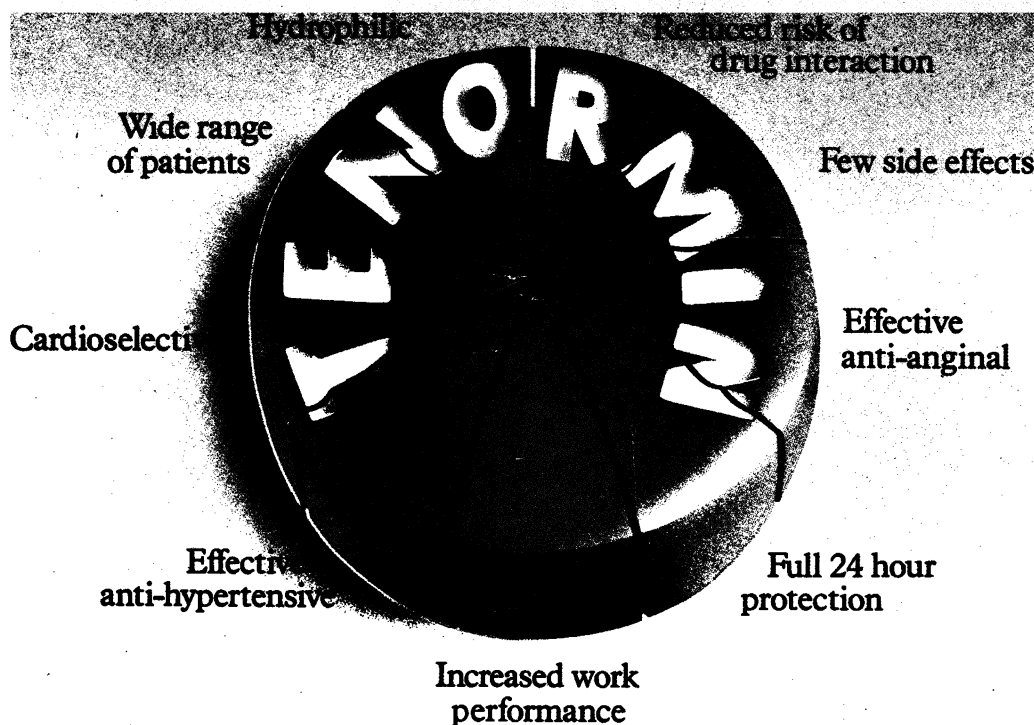
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'Tenormin' Prescribing notes:

Presentation: 'Tenormin' tablets containing atenolol 100mg are round, bi-convex, orange and film coated. **Uses:** Management of hypertension and angina pectoris. **Dosage:** Hypertension: One tablet daily. Angina: 100mg daily in single or divided doses. **Contraindications:** Heart block. Co-administration with verapamil. **Precautions:** Untreated cardiac failure, bradycardia, renal failure, anaesthesia and pregnancy. Clonidine withdrawal. **Side Effects:** Coldness of extremities and muscular fatigue. Sleep disturbance rarely seen. Rashes and dry eyes have been reported with beta blockers - consider discontinuance if they occur. Cessation of therapy with beta blockers should be gradual. **Pack size and Basic NHS cost:** 'Tenormin' 28's £6.98. **Product Licence Number:** 'Tenormin' 00290122.

Full prescribing information is available on request to the Company



Stuart Pharmaceuticals Ltd
Carr House, Carrs Road
Cheadle, Cheshire SK8 2EG

'Tenormin' is a trademark for atenolol.

