

Nizoral^{TRADEMARK}

(ketoconazole) (tablets)

over 3 million prescriptions world-wide:

the new beginning in antifungal therapy.



Doctors and patients around the world are discovering the modern simplicity of Nizoral oral therapy. Common but problematic fungal infections

can now be treated effectively and conveniently. Typically, in recurrent *Candida* vaginitis, 2 oral tablets once daily for 5 days is all it takes today to effectively cure the problem.



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the drug discovery company

Prescribing Information

Presentation: white, flat, half scored uncoated tablets marked "Janssen" on one side and K/200 on the reverse. Each tablet contains 200 mg ketoconazole.

Uses: Nizoral is an orally active antimycotic for the treatment in adults of vaginal candidosis, superficial and systemic mycoses including dermatophyte and yeast infections of the skin, hair and nails, yeast infections of the mouth and G.I. tract. Also maintenance treatment of systemic mycoses and chronic mucocutaneous candidosis and prophylaxis in "at risk" patients. In children: systemic mycoses and severe local infections where previous topical treatment has failed.

Side-effects, precautions, contra-indications: contra-indicated in pregnancy. For maximal absorption Nizoral should be taken with meals. The use of agents which reduce gastric acidity (anti-cholinergic drugs, antacids, H₂-blockers) should be avoided and, if indicated, such drugs should be taken not less than two hours after Nizoral. Nausea, skin rash, headache and pruritus may occasionally be observed. Alterations in liver function tests have occurred in patients on ketoconazole; these changes may be transient. Cases of hepatitis have been reported with an incidence of about 1 per 10,000 patients. Some of these may represent an idiosyncratic adverse reaction to the drug. This should be borne in mind in patients on long-term therapy. If a patient develops jaundice or any symptoms suggestive of hepatitis, treatment with ketoconazole should be stopped. Mild asymptomatic increases of liver enzyme levels, on the other hand, do not necessitate discontinuation of the treatment. Ketoconazole, when given together with cyclosporin A results in increased blood levels of cyclosporin A. It is important that blood levels of cyclosporin A are monitored if the two drugs are given concomitantly. Ketoconazole 200 mg once daily produces a transient decrease in plasma levels of testosterone. During long term therapy at this dose, testosterone levels are usually not significantly different from controls. In rare instances, gynecomastia has been reported.



...live life

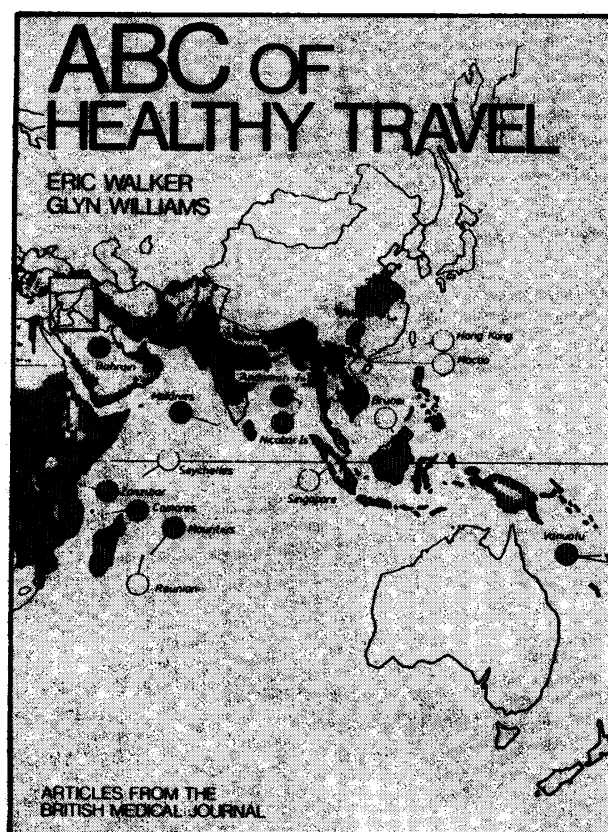
Sercel

tiaprofenic acid

ABC OF HEALTHY TRAVEL

ERIC WALKER GLYN WILLIAMS

With more people travelling abroad each year the health problems of travellers, both abroad and on their return, assume increasing importance. Travellers may be at hazard from the environment, their lifestyles, and their lack of familiarity with foreign customs. Doctors need to be able to advise their travelling patients and to be aware of the—sometimes potentially serious—infections that may not become apparent until the traveller has returned home. In the *ABC of Healthy Travel* in the *BMJ* Dr Eric Walker and Dr Glyn Williams described the problems facing travellers, the immunisations they need and the infections they may bring home; suggested ways of preventing and treating illness abroad; listed sources of up to date information; and reviewed recent advice on malaria prophylaxis. This book provides the busy practitioner with a practical guide to advising travellers and managing their illnesses.



Price: Inland £4.00;
Overseas £6.00/USA \$10.50
(Inland £3.50;
Overseas £5.50/USA \$9.50
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postage by air overseas

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"The authors have poured much energy into producing a manual that encompasses all aspects of health risks, giving the most practical methods of minimising these hazards."

Abstracts on Hygiene and Communicable Diseases 1984; 59: 1054

"This book is highly recommended for those doctors . . . who have to advise patients about travel."

NZ med J 1984; 97: 169

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ABC OF COMPUTING

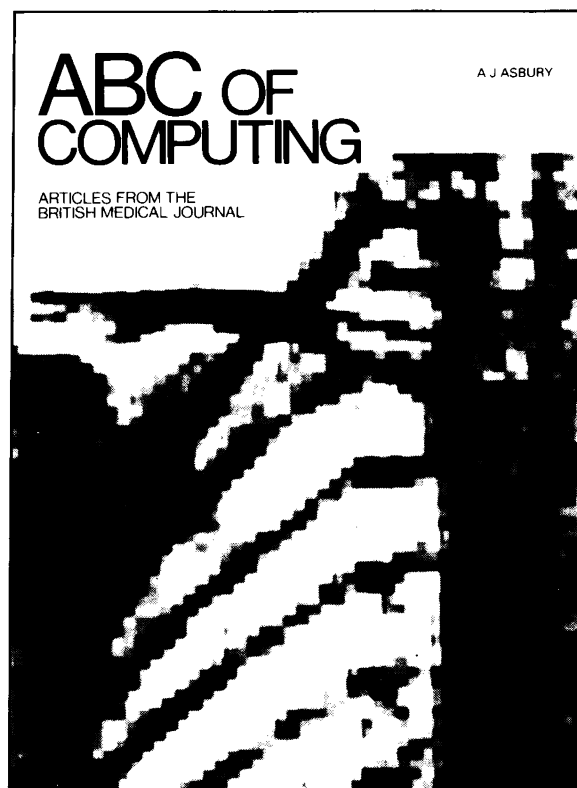
A J ASBURY

Although computers are being widely used in medicine, their possibilities and limitations are still not clear to many potential users. This book, aimed at the non-expert, describes some of the uses of computers in medicine; because most doctors' involvement will be indirect, liaising with computer experts rather than designing systems themselves, the book concentrates on concepts rather than detailed descriptions of how computers work. It provides a useful introduction for the doctor who wants to know how computers can contribute to his practice of medicine.

Price: Inland £5.75;
Overseas £8.00/USA\$14.00
(Inland £5.25;
Overseas £7.50/USA\$13.00
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"This book is worthwhile reading for anyone who is wondering what computers might be able to do for them in their own situation."

NZ med J 1984; **97**: 463

"This book provides a useful, quick guide to medical computing in a user-friendly two-column package . . . It contains sound advice on acquiring and developing a system, and throughout it is "them" not "us" who are the programmers."

World Medicine 1984; **19**: 26

Order your copy now from: The Publishing Manager, BRITISH MEDICAL JOURNAL, BMA House, Tavistock Square, London WC1H 9JR, or *any leading bookseller.*

WHAT'S A GOOD DOCTOR WITHOUT GOOD DRUGS ?

A high-contrast, black and white photograph of a hand holding a glass vial. The hand is positioned as if presenting the vial. The vial has a label with the Janssen logo and text. The background is dark, making the hand and vial stand out.

Good doctors treat patients, not just diseases or symptoms. Diagnosis is their key to selecting the most appropriate treatment, always weighing risks against benefits.

And when it comes to drug treatment, they like to rely on the best products from innovative drug research.

They know that ever more effective and safer drugs are indispensable to progress in medicine.

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