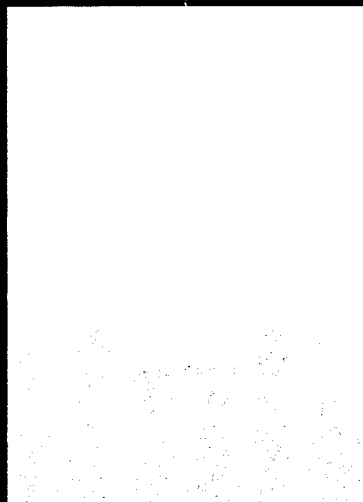


Nizoral[®]

(ketoconazole) (tablets)

over 3 million
prescriptions
world-wide:

the new beginning
in antifungal therapy.



Doctors and patients around the world are discovering the modern simplicity of Nizoral oral therapy. Common but problematic fungal infections can now be treated effectively and conveniently. Typically, in recurrent *Candida* vaginitis, 2 oral tablets once daily for 5 days is all it takes today to effectively cure the problem.

 **JANSSEN**
PHARMACEUTICA

the drug discovery company

Prescribing Information

Presentation: white, flat, half-scored uncoated tablets marked "Janssen" on one side and "K/200" on the reverse. Each tablet contains 200 mg ketoconazole.

Uses: Nizoral is an orally active antimycotic for the treatment in adults of vaginal candidosis, superficial and systemic mycoses including dermatophyte and yeast infections of the skin, hair and nails, yeast infections of the mouth and GI-tract. Also maintenance treatment of systemic mycoses and chronic mucocutaneous candidosis and prophylaxis in "at risk" patients in children, systemic mycoses and severe local infections where previous topical treatment has failed.

Side-effects, precautions, contra-indications: contra-indicated in pregnancy. For maximal absorption Nizoral should be taken with meals. The use of agents which reduce gastric acidity (anti-cholinergic drugs, antacids, H₂-blockers) should be avoided and, if indicated, such drugs should be taken not less than two hours after Nizoral. Nausea, skin rash, headache and pruritus may occasionally be observed. Alterations in liver function tests have occurred in patients on ketoconazole; these changes may be transient. Cases of hepatitis have been reported with an incidence of about 1 per 10,000 patients. Some of these may represent an idiosyncratic adverse reaction to the drug. This should be borne in mind in patients on long-term therapy. If a patient develops jaundice or any symptoms suggestive of hepatitis, treatment with ketoconazole should be stopped. Mild asymptomatic increases of liver enzyme levels, on the other hand, do not necessitate discontinuation of the treatment. Ketoconazole, when given together with cyclosporin A results in increased blood levels of cyclosporin A. It is important that blood levels of cyclosporin A are monitored if the two drugs are given concomitantly. Ketoconazole 200 mg once daily produces a transient decrease in plasma levels of testosterone. During long term therapy at this dose, testosterone levels are usually not significantly different from controls. In rare instances, gynaecomastia has been reported.



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A Spring Selection from Springer

Alcohol Related Diseases in Gastroenterology

Edited by **H. K. Seitz, B. Kommerell**, Heidelberg

1985. Approx. 70 figures, approx. 68 tables. Approx. 400 pages
Hard cover DM 198,- (approx. £ 53.60)
ISBN 3-540-13815-3

From the foreword by H. Popper:

"This book represents a new attempt to marshal existing information and to look at it, at least in part, from a new perspective. It thus supplements a number of preceding reviews and monographs. Scholarly presentation is guaranteed by the excellence of the contributors from various countries in Europe and North America and from Japan. ... Taking stock anew of gastrointestinal problems related to alcohol increases the knowledge in the field and spreads it to wider circles. This, in itself, is a first step in improved management of a health hazard of growing, indeed alarming dimensions..."

Foundations of Sensory Science

Edited by **W. W. Dawson**, Gainesville, **J. M. Enoch**, Berkeley

1984. 190 figures. X, 577 pages
Hard cover DM 288,- (approx. £ 77.90)
ISBN 3-540-12967-7

This is a modern history of sensory science told by those who led the development of this field. They describe their own experiences and define the forces at work in the different areas of research. Their personal histories reveal the stresses and influences upon those creating and building sensory science. A diverse geographic background and a broad range of specialties are represented.

Research

How to Plan, Speak and Write About It

Edited by **C. Hawkins**, Birmingham; **M. Sorigi**, Caracas

1985. 47 figures. XII, 184 pages
Soft cover DM 32,- (approx. £ 8.70)
ISBN 3-540-13992-3

Books on various aspects of research are readily obtainable, but this one is unique in that it deals with all the steps that are necessary from start to finish. The chapters have been ordered sequentially to cover the planning stage, funding, researching, statistical analysis, visual presentation and write-up. Although most of the authors are doctors of medicine, **Research** will help those in any area of science where the undertaking and publishing of scientific work is important.

Combined Care of the Rheumatic Patient

By **A. Bird, P. Le Gallez, J. Hill**, Leeds

Foreword by V. Wright
1985. 64 figures. XVI, 304 pages
Soft cover DM 64,- (approx. £ 17.30)
ISBN 3-540-13557-X

Written by a rheumatologist and two nursing sisters specializing in the treatment of rheumatic diseases, this book opens with a description of the spectrum of arthritis and recent advances in its investigation and treatment at a postgraduate paramedical level. Chapters are then devoted to rheumatology nursing and the nursing process, surgical nursing and occupational therapy and physiotherapy aspects of combined patient care. The role of the nurse practitioner, clinical metrologist and research methodology in relation to combined patient care in rheumatology are all discussed.

First Steps in Psychotherapy

Teaching Psychotherapy to Medical Students and General Practitioners

Edited by **W. Bräutigam, W. Knauss**, Heidelberg; **H. H. Wolff**, London

1985. Approx. 200 pages
Soft cover DM 58,- (approx. £ 15.70)
ISBN 3-540-15042-0

This book underscores the importance of psychotherapy in the training and ensuing medical practice of each doctor. The first part describes in detail a new method of teaching psychological understanding and basic psychotherapeutic skills to medical students in order to prepare them for responsible patient care in future practice. The second part of the book gives an account of the teaching methods used in a Balint group for general practitioners. A member of a group lead by Michael Balint himself relates his own experience and thus conveys a vivid impression of Balint's style and method of conducting the groups he first introduced.

Coloproctology

By **J. Nicholls, R. Glass**, London

Diagnosis and Outpatient Management

With 49 line drawings by G. Lyth
1985. 49 figures. 244 pages
Soft cover DM 58,- (approx. £ 15.70)
ISBN 3-540-15140-0

This book will assist young surgeons and physicians in training for whom colorectal disease is included in a general surgical or gastroenterological education or those addressing themselves chiefly to anal problems. Emphasis is placed on essential aspects of diagnosis, assessment and treatment of patients in the outpatient department. Inpatient management is referred to only when it influences the outpatient consultation, and details of operative technique are avoided unless the procedure can be carried out in the rectal clinic. The book's form is chiefly didactic, but references to recent publications have been offered as a guide to further reading.

The Radiotherapy of Malignant Disease

Edited by **E. C. Easson, R. C. S. Pointon**, Manchester

1985. 324 figures. XII, 474 pages
Hard cover DM 196,- (approx. £ 53.00)
ISBN 3-540-13104-3

The principles and practice of radiotherapy as developed by the renowned Christie Hospital and Holt Radium Institute are now available in this one volume. The first section dealing with the theoretical basis includes chapters on radiation therapy, chemotherapy and the functions of a mould room. In the second section dealing with clinical practice the authors clearly explain "how it is done" at the Christie Hospital and Holt Radium Institute. Radiotherapists are given practical advice on how to plan and execute satisfactory irradiation in various body sites of those lesions for which this kind of treatment is indicated.

Common Eye Diseases and Their Management

By **N. R. Galloway**, Nottingham

1985. 119 figures. X, 278 pages
Soft cover DM 98,- (approx. £ 26.50)
ISBN 3-540-13659-2

The lack of clinical information at the primary care level has stimulated the writing of this book. The subject is presented in a problem-oriented manner understandable to someone unfamiliar with ophthalmology but with a knowledge of the preclinical subjects normally taught at medical school. Dr. Galloway concentrates on information which is clinically important, that is, on diseases which are either commonly seen or treatable or both, and omits the rarer diseases not often seen at the primary care level.



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AS YOU WERE

VE DAY—A MEDICAL RETROSPECT

Elston Grey-Turner, the much loved former secretary of the BMA who died in 1984, was often referred to by colleagues as "The Colonel" in tribute to his military service in the RAMC and the Territorial Army. As a tribute to his memory the *BMJ* commissioned a collection of reminiscences by doctors from their experiences in the second world war and their feelings as it came to an end. For some, VE Day was a time for celebration, but others were too busy to notice or, as prisoners of war, did not even know it had happened. The exigencies of war brought enormous advances in surgery and medicine—particularly in the use of blood transfusion and penicillin—while in the civilian hospitals newly qualified doctors and medical students took on responsibilities that are almost unimaginable today.

Often moving, occasionally horrific, sometimes hilarious, these highly personal memories reflect the many aspects of war from a medical viewpoint.

"This is a splendid little book to remind us of those grim (and not-so-grim) events of long ago and it makes a fitting memorial to 'The Colonel'."

J roy nav med Serv 1985; 71: 56

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This book is published as a memorial to Elston Grey-Turner, profits from its sale going to BMA charities.

AS YOU WERE

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AS YOU WERE

VE DAY—A MEDICAL RETROSPECT

VE DAY-A MEDICAL RETROSPECT



WHAT'S A GOOD DOCTOR WITHOUT GOOD DRUGS ?

A high-contrast, black and white photograph of a hand holding a glass sphere. The hand is positioned on the left side of the frame, with the thumb and index finger gripping the sphere. The sphere is transparent and contains a dark, stylized logo of the Janssen pharmaceutical company. The background is solid black, making the white hand and sphere stand out.

Good doctors treat patients, not just diseases or symptoms. Diagnosis is their key to selecting the most appropriate treatment, always weighing risks against benefits.

And when it comes to drug treatment, they like to rely on the best products from innovative drug research.

They know that ever more effective and safer drugs are indispensable to progress in medicine.