

Nizoral^{TRADEMARK}

(ketoconazole) tablets

over 5 million prescriptions world-wide.

Oral medication in antifungal therapy:



Doctors and patients around the world are discovering the modern simplicity of Nizoral oral therapy. Common but often problematic fungal infections can now be treated effectively and elegantly.

Typically, in *Candida vaginitis*, 2 oral tablets once daily for 5 days is all it takes today to effectively cure the problem.

JANSSEN
PHARMACEUTICA

the drug discovery company

Prescribing Information

Presentation: white, flat, half scored uncoated tablets marked "Janssen" on one side and K/200 on the reverse. Each tablet contains 200 mg ketoconazole. **Uses:** Nizoral is an orally active antimycotic for the treatment in adults of vaginal candidosis, superficial and systemic mycoses including dermatophyte and yeast infections of the skin, hair and nails, yeast infections of the mouth and G.I.-tract. Also maintenance treatment of systemic mycoses and chronic mycotic cutaneous candidosis and prophylaxis in "at risk" patients. In children: systemic mycoses and severe local infections where previous topical treatment has failed. **Side-effects, precautions, contra-indications:** contra-indicated in pregnancy. For maximal absorption Nizoral should be taken with meals. The use of agents which reduce gastric acidity (anti-cholinergic drugs, antacids, H₂-blockers) should be avoided and, if indicated, such drugs should be taken not less than two hours after Nizoral. Nausea, skin rash, headache and pruritus may occasionally be observed. Alterations in liver function tests have occurred in patients on ketoconazole; these changes may be transient. Cases of hepatitis have been reported with an incidence of about 1 per 10,000 patients. Some of these may represent an idiosyncratic adverse reaction to the drug. This should be borne in mind in patients on long-term therapy. If a patient develops jaundice or any symptoms suggestive of hepatitis, treatment with ketoconazole should be stopped. Mild asymptomatic increases of liver enzyme levels, on the other hand, do not necessitate discontinuation of the treatment. Ketoconazole, when given together with cyclosporin A results in increased blood levels of cyclosporin A. It is important that blood levels of cyclosporin A are monitored if the two drugs are given concomitantly. Ketoconazole 200 mg once daily produces a transient decrease in plasma levels of testosterone. During long-term therapy at this dose, testosterone levels are usually not significantly different from controls. In rare instances, gynecomastia has been reported.



She has great faith in the N.H.S.

(Which is more than the N.H.S. has in her.)

This nurse is a committed, hard working professional. Without her (and thousands more like her) the NHS would collapse.

Twenty years ago, she would probably have been a matron.

Today, thanks to unprecedented changes in NHS organisation, her voice and rôle are being taken from her.

As the protector of British nursing standards (and the largest nursing trade union) the Royal College of Nursing has always believed in the NHS and worked within the system to effect change.

We even have a formal pledge not to strike.

WE'RE FAIR, WHY AREN'T THEY?

So we are more than a little alarmed at the way the NHS is treating us.

The Griffiths Report suggested ways in which the NHS could be made more efficient. Among them was a recommendation that managers should be brought in from outside the NHS to make it more cost-effective.

If better managed resources meant better standards of patient care, we'd be all in favour.

But Griffiths hasn't stopped there.

In more and more health areas, the professional managers have taken it upon themselves to decide that nurses cannot run nursing. Many Health Authorities now have no nurses in managerial positions at all.

So the very people who have specialised for years in looking after patients now have no say.

No say in how best to staff a geriatric ward. No say in what beds to choose for expectant mothers. No say in when patients should be sent home.

NURSES WITHOUT VOICES.

And when nurses lose their voice, the patients lose their spokesman.

When ward closures are considered, nurses aren't consulted. When equipment is being bought nurses' opinions aren't sought.

When patients complain to the nurses, the nurses have no-one who understands nursing to complain to.

The Royal College of Nursing believes that such developments are not in nurses' best interests. Even more important, they're certainly not in the patients' best interests.

What we want to see is the appointment

of directors of nursing with both the experience to understand the problems of nursing and the power to make management decisions.

Administrators are qualified to run hospitals. Nurses are uniquely qualified to run nursing.

And you, as a patient, should be entitled to the best of both worlds.

If you think we have a fair point, please add your name to our petition by sending us the coupon. And, if you're as worried as we are, please write to your MP now (the address is the House of Commons, Westminster, London SW1).

I agree. Nursing should be run by nurses. BMJE

Name _____

Address _____

ROYAL
COLLEGE OF
NURSING



Please send to the Royal College of Nursing Petition, 20 Cavendish Square, London W1M 0AB.

**WE CARE FOR NURSES,
SO THEY CAN CARE FOR YOU.**

If you needed an H₂ antagonist... which would you prefer to take?

Zantac
RANITIDINE

PRESCRIBING INFORMATION: DOSAGE AND ADMINISTRATION: THE USUAL ADULT DOSE IS ONE 150 MG TABLET TWICE DAILY OR A SINGLE DOSE OF 300MG AT NIGHT TIME FOR DUODENAL ULCER. IT IS NOT NECESSARY TO TIME THE DOSE IN RELATION TO MEALS. ZANTAC DISPERSIBLE TABLETS SHOULD BE PLACED IN HALF A GLASS OF WATER (MINIMUM 75ML) AND STIRRED UNTIL DISPERSED BEFORE SWALLOWING. IN MOST CASES OF DUODENAL ULCER AND BENIGN GASTRIC ULCER, HEALING WILL OCCUR IN FOUR WEEKS. PATIENTS WITH A HISTORY OF RECURRENT ULCER MAY HAVE AN EXTENDED COURSE OF ONE 150MG TABLET DAILY AT BEDTIME. FOR REFLUX OESOPHAGITIS THE RECOMMENDED COURSE FOR ADULTS IS ONE 150MG TABLET TWICE DAILY FOR UP TO EIGHT WEEKS. **SIDE EFFECTS:** HEADACHES, DIZZINESS AND SKIN RASHES HAVE BEEN REPORTED. ANAPHYLACTOID REACTIONS HAVE BEEN SEEN RARELY. **PRECAUTIONS:** WHERE GASTRIC ULCER IS SUSPECTED, THE POSSIBILITY OF MALIGNANCY SHOULD BE EXCLUDED BEFORE THERAPY IS INSTITUTED. PATIENTS RECEIVING PROLONGED TREATMENT SHOULD BE EXAMINED PERIODICALLY. DOSAGE SHOULD BE REDUCED IN THE PRESENCE OF SEVERE RENAL IMPAIRMENT (SEE DATA SHEET). AS WITH ALL DRUGS, ZANTAC SHOULD BE USED DURING PREGNANCY AND NURSING ONLY IF STRICTLY NECESSARY. **CONTRA-INDICATIONS:** THERE ARE NO KNOWN CONTRA-INDICATIONS TO THE USE OF ZANTAC. **BASIC NHS COST** (EXCLUSIVE OF VAT): (60 X 150MG TABLETS £27.43, 30 X 300MG TABLETS £27.43, 60 X 150MG DISPERSIBLE TABLETS £28.80. **PRODUCT LICENCE NUMBERS:** 4/0279 (150MG), 4/0302 (300MG), 4/0298 (DISPERSIBLE).

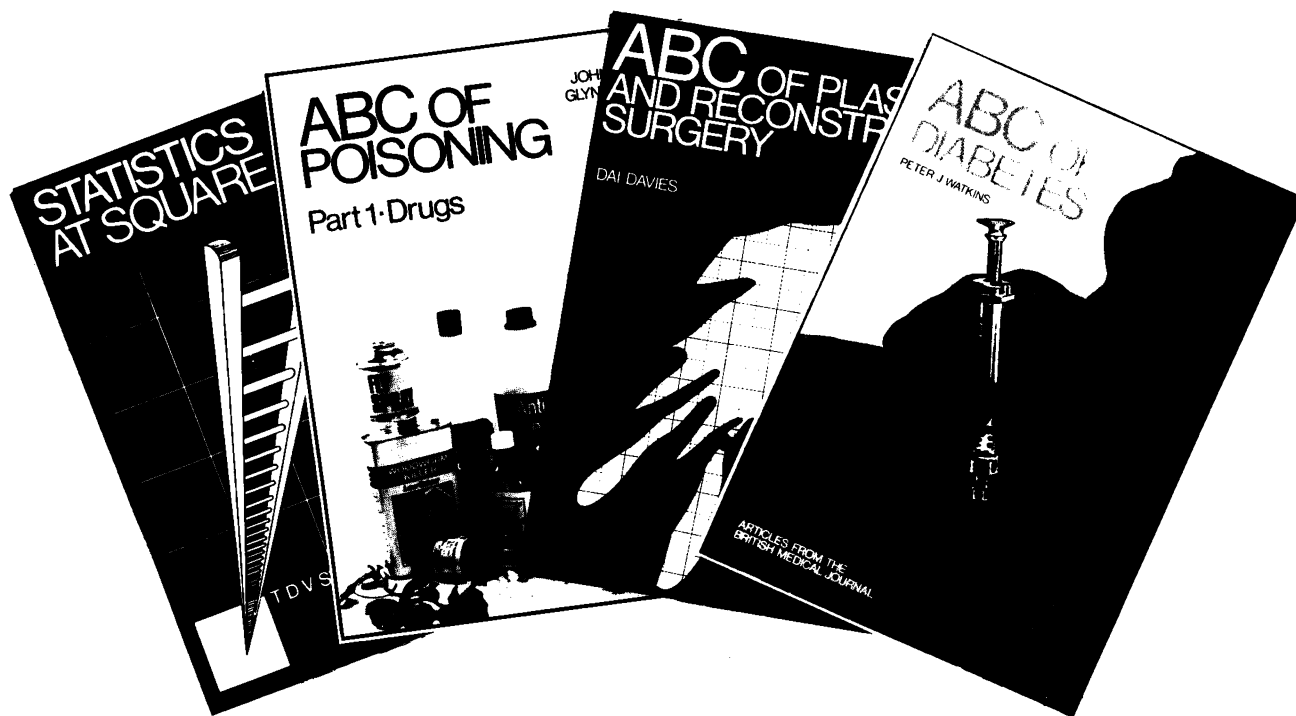
ZANTAC IS A GLAXO TRADE MARK.

FURTHER INFORMATION IS AVAILABLE ON REQUEST FROM:
GLAXO LABORATORIES LIMITED, GREENFORD, MIDDLESEX UB6 0HE.

Glaxo



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Spectacular advances in the techniques of plastic and reconstructive surgery mean that surgeons can now reposition amputated limbs and restore function to lacerated hands; they also play a vital part in multidisciplinary teams treating patients with head and neck cancer. With improved illustrations to show the surgical procedures used and the results that can be achieved, it includes chapters on the whole range of reconstructive problems from burns to malignancies.

Price: £9.00; USA\$15.00

ABC OF POISONING JOHN HENRY GLYN VOLANS **Part I – Drugs**

In this first part of a comprehensive manual the authors and their colleagues deal mainly with poisoning from drugs, but also discuss the management of poisoning in general, giving practical information on diagnosis, laboratory tests, means of elimination, and a complete up to date list of all drugs used in the treatment of poisoning.

Price: £8.50; USA\$11.50

ABC OF DIABETES PETER J WATKINS

Innovations in the treatment of diabetes have increased rapidly in the last decade: self measurement of blood glucose, intravenous infusions and intramuscular insulin for diabetic emergencies, continuous subcutaneous insulin infusions, and light coagulation for diabetic retinopathy have all helped to improve the outlook for diabetics. Dr Peter Watkins' articles provide a practical guide to the management of diabetes for the non-specialist.

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The statistical testing of data is indispensable in many types of medical investigation. This book provides step-by-step instruction. Subjects covered include standard deviation, χ^2 tests, t tests, non-parametric tests, Fisher's exact probability test, and rank correlation.

Price: £4.50; USA\$8.00

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GOOD DRUGS DON'T GROW ON TREES

*In the prehistoric days of medicine
some drugs could be found
growing on trees.
Today that's a bit different.*

*The therapeutic drugs of our times
are being unmasked from nature
rather more scientifically.*

*By thorough bio-medical research
into the fundamental processes of life.
By studying exactly why and how
these processes sometimes go wrong.*

*And so nature shows man where and how
he can intervene and defend himself.
With precision drugs that will selectively
and safely correct what went wrong.
Today's drugs grow from man's scientific
knowledge of nature —
but no longer on trees.*