

Nizoral

TRADEMARK

(ketoconazole)

tablets

over 5 million prescriptions world-wide.

Oral medication in antifungal therapy:



Doctors and patients around the world are discovering the modern simplicity of Nizoral oral therapy. Common but often problematic fungal infections can now be treated effectively and elegantly.

Typically, in *Candida* vaginitis, 2 oral tablets once daily for 5 days is all it takes today to effectively cure the problem.



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PHARMACEUTICA**

the drug discovery company

Prescribing Information

Presentation: white, flat, half scored uncoated tablets marked "Janssen" on one side and K/200 on the reverse. Each tablet contains 200 mg ketoconazole. **Uses:** Nizoral is an orally active antimycotic for the treatment in adults of vaginal candidosis, superficial and systemic mycoses including dermatophyte and yeast infections of the skin, hair and nails, yeast infections of the mouth and G.I. tract. Also maintenance treatment of systemic mycoses and chronic mucocutaneous candidosis and prophylaxis in "at risk" patients. In children: systemic mycoses and severe local infections where previous topical treatment has failed. **Side-effects, precautions, contra-indications:** contra-indicated in pregnancy. For maximal absorption Nizoral should be taken with meals. The use of agents which reduce gastric acidity (anti-cholinergic drugs, antacids, H₂-blockers) should be avoided and, if indicated, such drugs should be taken not less than two hours after Nizoral. Nausea, skin rash, headache and pruritus may occasionally be observed. Alterations in liver function tests have occurred in patients on ketoconazole; these changes may be transient. Cases of hepatitis have been reported with an incidence of about 1 per 10,000 patients. Some of these may represent an idiosyncratic adverse reaction to the drug. This should be borne in mind in patients on long term therapy. If a patient develops jaundice or any symptoms suggestive of hepatitis, treatment with ketoconazole should be stopped. Mild asymptomatic increases of liver enzyme levels, on the other hand, do not necessitate discontinuation of the treatment. Ketoconazole, when given together with cyclosporin A results in increased blood levels of cyclosporin A. It is important that blood levels of cyclosporin A are monitored if the two drugs are given concomitantly. Ketoconazole 200 mg once daily produces a transient decrease in plasma levels of testosterone. During long-term therapy at this dose, testosterone levels are usually not significantly different from controls. In rare instances, gynaecomastia has been reported.

ABC OF HEALTHY TRAVEL

ERIC WALKER GLYN WILLIAMS

SECOND EDITION

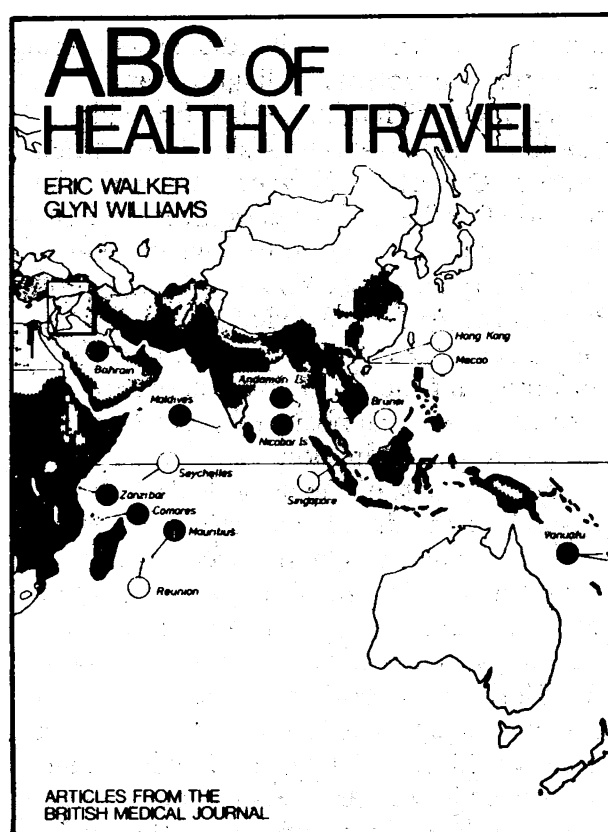
Trains, and boats, and planes . . .

More people than ever before are travelling abroad—and to ever more exotic places. *The ABC of Healthy Travel* provides the busy practitioner with a concise guide to advising travellers and managing their illnesses. Eric Walker and Glyn Williams give details of the immunisations a traveller may need and the infections he may bring home; suggest ways of preventing and treating illness abroad; list sources of up to date advice about changing conditions and health requirements; and, in this second, revised edition, review the most recent advice about malaria prophylaxis.

Price: Inland £4.95; Abroad £6.75;
USA \$11.50

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Reviews of the first edition

"The authors have poured much energy into producing a manual that encompasses all aspects of health risks, giving the most practical methods of minimising these hazards."

Abstracts on Hygiene and Communicable Diseases 1984; 59: 1054

"This book is highly recommended for those doctors . . . who have to advise patients about travel."

N Z med J 1984; 97: 169

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ABC OF POISONING

Part 1-Drugs

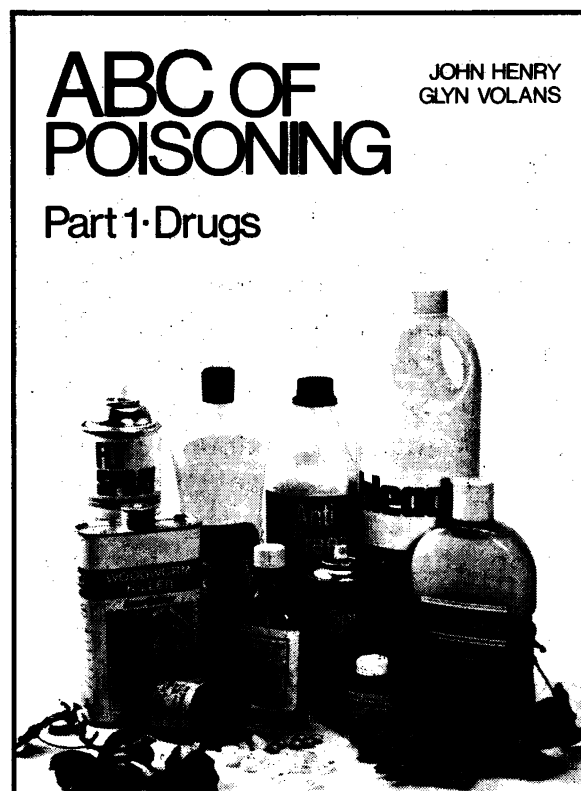
JOHN HENRY
GLYN VOLANS

with contributions from others

Whether accidental or self induced, poisoning raises many problems of diagnosis and management. What immediate first aid should be given – and how should treatment continue thereafter? How can the poison be identified? What are the complications? In this first part of a comprehensive manual John Henry and Glyn Volans, of the National Poisons Information Service, and their colleagues discuss the management of poisoning in general, giving practical information on diagnosis, laboratory tests, and means of elimination.

The main part of the book deals with poisoning from drugs, and describes the features of poisoning with specific types (including cardiac, respiratory, and psycho-active as well as analgesics and sedatives), and the particular problems of poisoning in the elderly and in children. The other side of the coin – drugs that counteract poisons – is shown in the complete up-to-date list of all drugs used in the treatment of poisoning, which has been drawn up by the National Poisons Information Service and replaces the one formerly issued by the DHSS as a health circular. Hospital doctors – especially casualty officers – and general practitioners, will find this book invaluable reading.

Price: Inland £5.50; Abroad £8.50/USA\$11.50
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"What a nice book! It opens flat, reads well, and is up to date . . . for everyday drug poisoning and overdose situations it is remarkably informative . . . This is one of the finest short texts . . ."
SA Med J 1985; 68: 828

"The information provided is up to date and authoritative. This inexpensive book is strongly recommended, particularly for casualty officers and junior physicians who manage cases of drug poisoning."
J roy nav med Serv 1985; 71: 185

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ABC OF NUTRITION

A STEWART TRUSWELL

... they are nearly always subjective and usually wrong.”

A Stewart Truswell, Boden professor of human nutrition at the University of Sydney, separates fact from fallacy in the *ABC of Nutrition*, a collection of articles from the *BMJ*. This illustrated guide offers the general medical reader a refreshingly down to earth review of all aspects of nutrition – from anorexia to obesity, infant feeding to dietary guides for the elderly – and will be invaluable for any doctor wishing to advise his patients about their eating habits (or even to revise his own).

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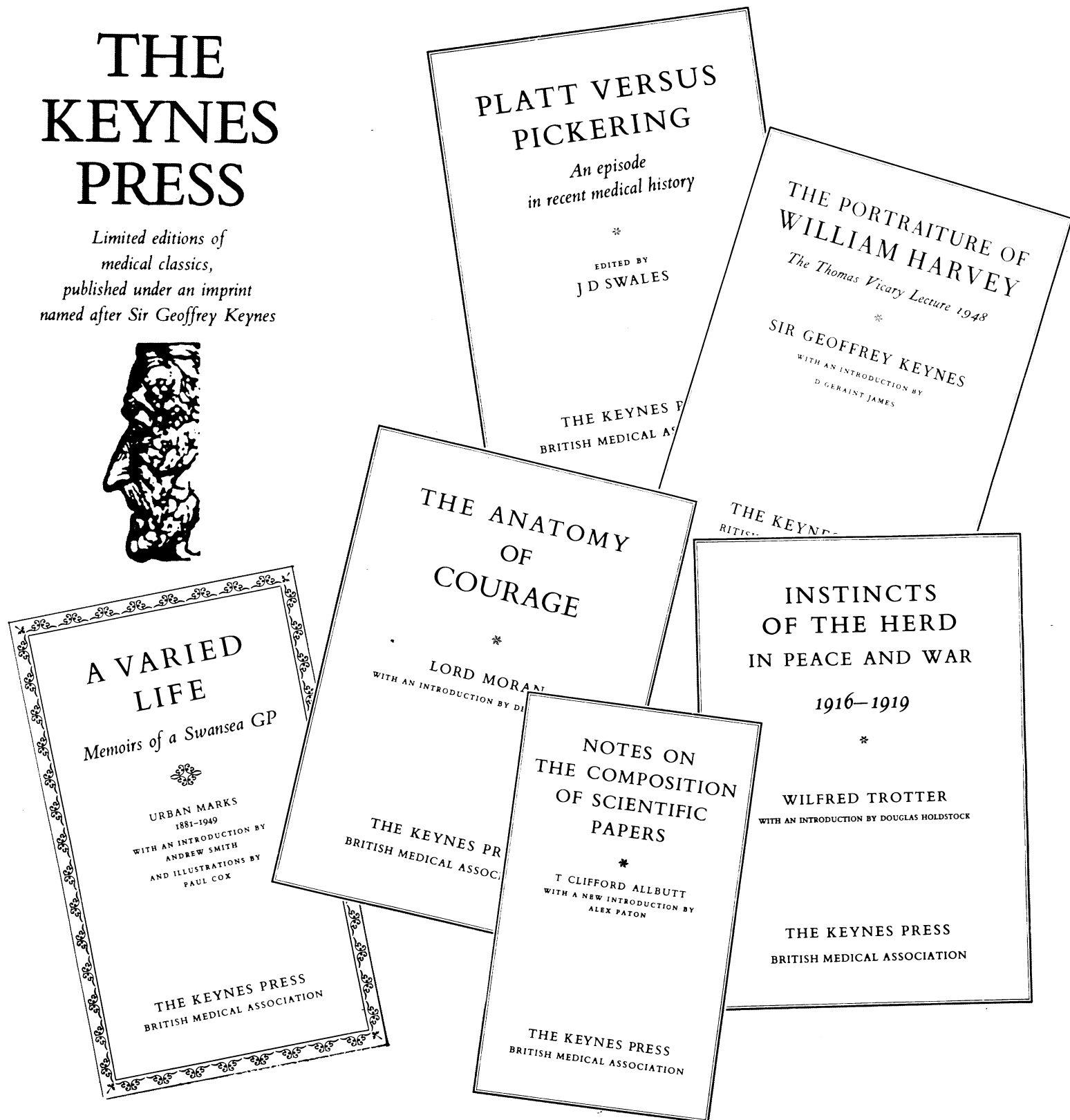
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