

Nizoral^{TRADEMARK}

(ketoconazole) tablets

over 5 million
prescriptions
world-wide.

**Oral medication
in antifungal therapy:**



Doctors and patients around the world are discovering the modern simplicity of Nizoral oral therapy. Common but often problematic fungal infections can now be treated effectively *and elegantly*.

Typically, in *Candida vaginitis*, 2 oral tablets once daily for 5 days is all it takes today to effectively cure the problem.



**JANSSEN
PHARMACEUTICA**

the drug discovery company

Prescribing Information

Presentation: white, flat, half scored uncoated tablets marked "Janssen" on one side and K/200 on the reverse. Each tablet contains 200 mg ketoconazole. **Uses:** Nizoral is an orally active antimycotic for the treatment in adults of vaginal candidosis, superficial and systemic mycoses including dermatophyte and yeast infections of the skin, hair and nails, yeast infections of the mouth and G.I. tract. Also maintenance treatment of systemic mycoses and chronic mucocutaneous candidosis and prophylaxis in "at risk" patients. In children: systemic mycoses and severe local infections where previous topical treatment has failed. **Side-effects, precautions, contra-indications:** contra-indicated in pregnancy. For maximal absorption Nizoral should be taken with meals. The use of agents which reduce gastric acidity (anti-cholinergic drugs, antacids, H₂-blockers) should be avoided and, if indicated, such drugs should be taken not less than two hours after Nizoral. Nausea, skin rash, headache and pruritus may occasionally be observed. Alterations in liver function tests have occurred in patients on ketoconazole, these changes may be transient. Cases of hepatitis have been reported with an incidence of about 1 per 10,000 patients. Some of these may represent an idiosyncratic adverse reaction to the drug. This should be borne in mind in patients on long-term therapy. If a patient develops jaundice or any symptoms suggestive of hepatitis, treatment with ketoconazole should be stopped. Mild asymptomatic increases of liver enzyme levels, on the other hand, do not necessitate discontinuation of the treatment. Ketoconazole, when given together with cyclosporin A results in increased blood levels of cyclosporin A. It is important that blood levels of cyclosporin A are monitored if the two drugs are given concomitantly. Ketoconazole 200 mg once daily produces a transient decrease in plasma levels of testosterone. During long-term therapy at this dose, testosterone levels are usually not significantly different from controls. In rare instances gynaecomastia has been reported.

EPIDEMIOLOGY FOR THE UNINITIATED

GEOFFREY ROSE, D J P BARKER

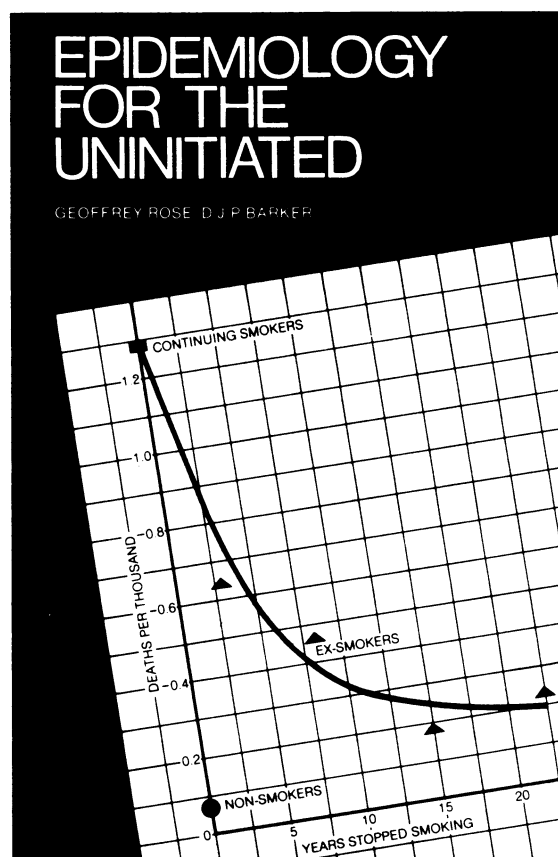
SECOND EDITION

Get a working knowledge of epidemiology

No one would expect to understand a disease without knowledge of its clinical findings and pathology, but a surprising number of doctors remain ignorant of another important aspect – the study of disease in relation to populations. Epidemiology has its own techniques of data collection and interpretation and its necessary jargon of technical terms, and in *Epidemiology for the Uninitiated* Professors Geoffrey Rose and David Barker guide the novice expertly through the theory and practical pitfalls. The second edition of this popular *BMJ* handbook has been revised to include further details of epidemiological methods and some of their more dramatic applications, such as the investigations on the Spanish cooking oil epidemic, and AIDS.

Price: Inland £3.95; Abroad £5.50;
USA \$8.50
BMA members; Inland £3.45; Abroad £5.00;
USA \$7.50

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Prices include postage, by air abroad.
Payment must be enclosed with order.



Reviews of the first edition

"... all physicians [should] ensure that their hospital library has this book, and that they themselves read it."

Med J Aust 1981; 1: 665

"A reading of this book . . . should provide a sound basis in epidemiological techniques for any intending researcher."

NZ Med J 1980; 91: 73

BOOKS FROM THE BMJ

Order from The Publishing Manager, British Medical Journal, BMA House, Tavistock Square,
London WC1H 9JR or any leading bookseller

ABC OF POISONING

Part 1: Drugs

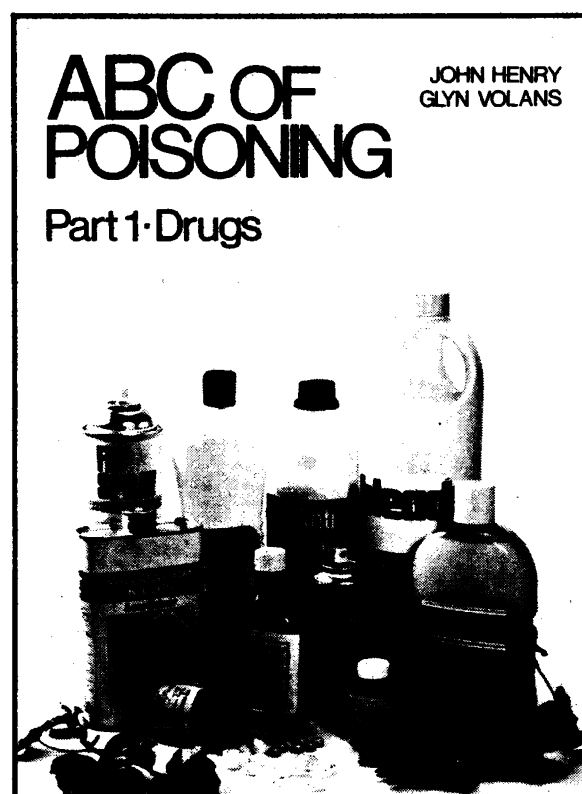
JOHN HENRY
GLYN VOLANS

with contributions from others

Whether accidental or self induced, poisoning raises many problems of diagnosis and management. What immediate first aid should be given – and how should treatment continue thereafter? How can the poison be identified? What are the complications? In this first part of a comprehensive manual John Henry and Glyn Volans, of the National Poisons Information Service, and their colleagues discuss the management of poisoning in general, giving practical information on diagnosis, laboratory tests, and means of elimination.

The main part of the book deals with poisoning from drugs, and describes the features of poisoning with specific types (including cardiac, respiratory, and psycho-active as well as analgesics and sedatives), and the particular problems of poisoning in the elderly and in children. The other side of the coin – drugs that counteract poisons – is shown in the complete up-to-date list of all drugs used in the treatment of poisoning, which has been drawn up by the National Poisons Information Service and replaces the one formerly issued by the DHSS as a health circular. Hospital doctors – especially casualty officers – and general practitioners, will find this book invaluable reading.

Price: Inland £5.50; Abroad £8.50/USA\$11.50
BMA members: Inland £5.00; Abroad £8.00/USA\$10.50
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Prices include postage, by air abroad.
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"What a nice book! It opens flat, reads well, and is up to date . . . for everyday drug poisoning and overdose situations it is remarkably informative . . . This is one of the finest short texts . . ."
SA Med J 1985; 68: 828

"The information provided is up to date and authoritative. This inexpensive book is strongly recommended, particularly for casualty officers and junior physicians who manage cases of drug poisoning."
J roy nav med Serv 1985; 71: 185

BOOKS FROM THE BMJ

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London WC1H 9JR or any leading bookseller

"Value judgements about food are being made all the time . . .

ABC OF NUTRITION

A STEWART TRUSWELL

. . . they are nearly always subjective and usually wrong." A Stewart Truswell, Boden professor of human nutrition at the University of Sydney, separates fact from fallacy in the *ABC of Nutrition*, a collection of articles from the *BMJ*. This illustrated guide offers the general medical reader a refreshingly down to earth review of all aspects of nutrition – from anorexia to obesity, infant feeding to dietary guides for the elderly – and will be invaluable for any doctor wishing to advise his patients about their eating habits (or even to revise his own).

Chapters include:

- Nutrition for pregnancy
- Enteral and parenteral nutrition
- Vitamins
- Malnutrition in the third world
- Therapeutic diets
- Reducing the risk of coronary heart disease
- Food sensitivity



Price: Inland £4.95; Abroad £6.75/USA\$10.00
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Rocephin

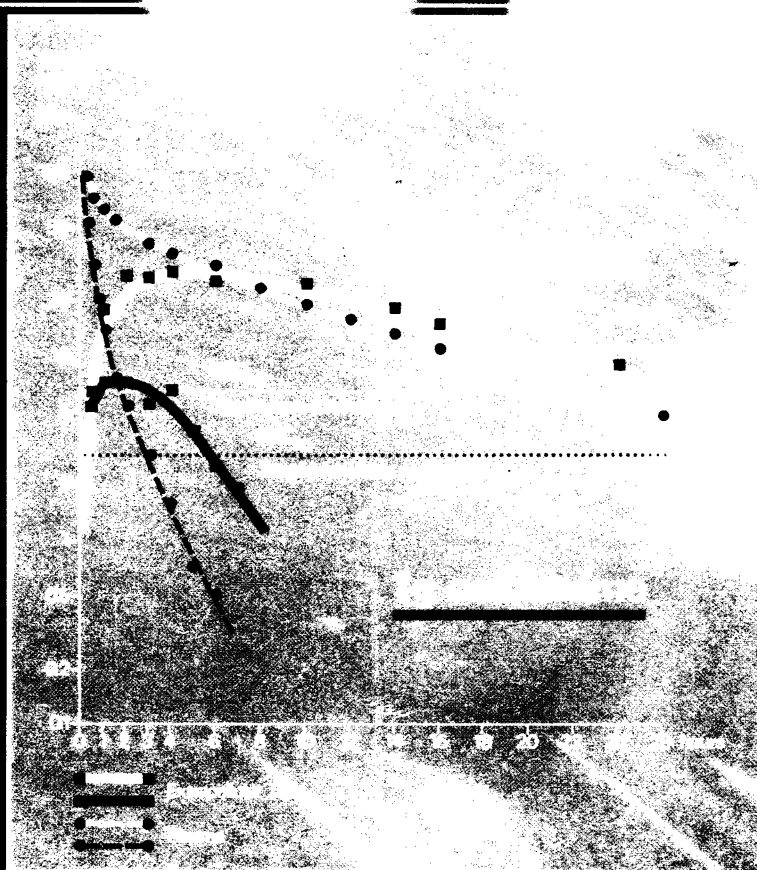
ceftriaxone

Trade Mark

24-hour bactericidal power

daily cephalosporin

«Rocephin»: concentration persistence
infection



Comparison of concentrations in plasma and in extracellular fluid (skin blisters) after a single dose of 0.5 g ceftriaxone or 1 g cefotaxime (from Wise and Andrews¹).

«Rocephin» longer

Wise R, Andrews J. M.: A comparison of the pharmacokinetics and tissue penetration of ceftriaxone, a third generation beta-lactam and cefotaxime. *Eur J Clin Microbiol* 2, 505-508 (1983).

ROCHE

F. Hoffmann-La Roche & Co.
Limited Company, Basle, Switzerland

Full details on composition, indications, contraindications, dosage and precautions are available on request.