

TRADEMARK

Nizoral

(ketoconazole)

tablets

over 5 million
prescriptions
world-wide.

Oral medication
in antifungal therapy:



Doctors and patients around the world are discovering the modern simplicity of Nizoral oral therapy. Common but often problematic fungal infections can now be treated effectively and elegantly.

Typically, in *Candida* vaginitis, 2 oral tablets once daily for 5 days is all it takes today to effectively cure the problem.



JANSSEN
PHARMACEUTICA

the drug discovery company

Prescribing Information

Presentation: white, flat, half-scored uncoated tablets marked 'Janssen' on one side and K/200 on the reverse. Each tablet contains 200 mg ketoconazole. **Uses:** Nizoral is an orally active antimycotic for the treatment in adults of vaginal candidosis, superficial and systemic mycoses including dermatophyte and yeast infections of the skin, hair and nails, yeast infections of the mouth and G.I.-tract. Also maintenance treatment of systemic mycoses and chronic mucocutaneous candidosis and prophylaxis in 'at risk' patients. In children: systemic mycoses and severe local infections where previous topical treatment has failed. **Side-effects, precautions, contra-indications:** contra-indicated in pregnancy. For maximal absorption Nizoral should be taken with meals. The use of agents which reduce gastric acidity (anti-cholinergic drugs, antacids, H₂-blockers) should be avoided and, if indicated, such drugs should be taken not less than two hours after Nizoral. Nausea, skin rash, headache and pruritus may occasionally be observed. Alterations in liver function tests have occurred in patients on ketoconazole, these changes may be transient. Cases of hepatitis have been reported with an incidence of about 1 per 10,000 patients. Some of these may represent an idiosyncratic adverse reaction to the drug. This should be borne in mind in patients on long-term therapy. If a patient develops jaundice or any symptoms suggestive of hepatitis, treatment with ketoconazole should be stopped. Mild asymptomatic increases of liver enzyme levels, on the other hand, do not necessitate discontinuation of the treatment. Ketoconazole when given together with cyclosporin A results in increased blood levels of cyclosporin A. It is important that blood levels of cyclosporin A are monitored if the two drugs are given concomitantly. Ketoconazole 200 mg once daily produces a transient decrease in plasma levels of testosterone. During long-term therapy at this dose, testosterone levels are usually not significantly different from controls. In rare instances, gynaecomastia has been reported.

"Value judgements about food are being made all the time . . .

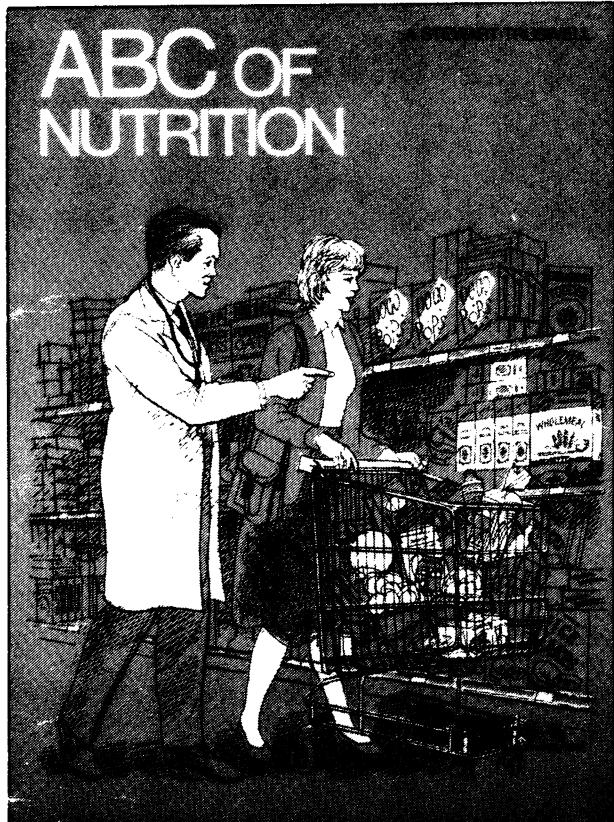
ABC OF NUTRITION

A STEWART TRUSWELL

... they are nearly always subjective and usually wrong." A Stewart Truswell, Boden professor of human nutrition at the University of Sydney, separates fact from fallacy in the *ABC of Nutrition*, a collection of articles from the *BMJ*. This illustrated guide offers the general medical reader a refreshingly down to earth review of all aspects of nutrition – from anorexia to obesity, infant feeding to dietary guides for the elderly – and will be invaluable for any doctor wishing to advise his patients about their eating habits (or even to revise his own).

Chapters include:

- Nutrition for pregnancy
- Enteral and parenteral nutrition
- Vitamins
- Malnutrition in the third world
- Therapeutic diets
- Reducing the risk of coronary heart disease
- Food sensitivity



Price: Inland £4.95; Abroad £6.75/USA\$10.00
BMA members: Inland £4.45; Abroad £6.25/USA\$9.00
(Please quote membership number)
Prices include postage, by air abroad.
Payments must be enclosed with order.

BOOKS FROM THE BMJ

Order from The Publishing Manager, British Medical Journal, BMA House, Tavistock Square, London WC1H 9JR or any leading bookseller

Wryly humorous, shrewd, but generous in his assessment of men and their achievements, Major Greenwood used their lives as starting points for his own observations on science, statistics, medical education, medical politics, and life in general. *The Medical Dictator*, his collection of biographical studies of medical men, takes its title from his epithet for Galen, the subject of the first essay, who, as Greenwood points out, exercised a virtually unchallenged authority over the profession for thirteen hundred years after his death.

The other men depicted here had less pervasive influence, but had in common that "the lives of all [of them] give us a favourable impression of human nature. Intellectually they were all loyal to what they took to be truth . . . Not one of them was, in the popular sense a great man . . . Some subtler test of greatness all of them can pass." They include John Freind ("a hero of the London College of Physicians"); "Heart" Latham; Osler; the French physician, Louis, inventor of the "méthode numérique"; and the statistician William Farr. The last essay is a moving and highly personal tribute to the entomologist A W Bacot.

Major Greenwood, the first professor of epidemiology and statistics at the London School of Hygiene and Tropical Medicine, was in many ways as remarkable as those he commemorated. In the introduction to this Keynes Press edition Sir Austin Bradford Hill, who knew him well, provides a fascinating portrait as well as examining the significance of Greenwood's career.

THE MEDICAL DICTATOR

and other biographical studies

MAJOR GREENWOOD
WITH AN INTRODUCTION BY
AUSTIN BRADFORD HILL

THE KEYNES PRESS

BRITISH MEDICAL ASSOCIATION



Peter Mere Latham

THE KEYNES PRESS



Published September 1986
Demy octavo; printed in Monotype Plantin on Cream Bookwove paper; xvii + 137 pages + 8pp plates. Limited edition of 300 copies

Price: Inland £40.00; Abroad £43.00; USA \$64.00, each including postage, by air abroad.