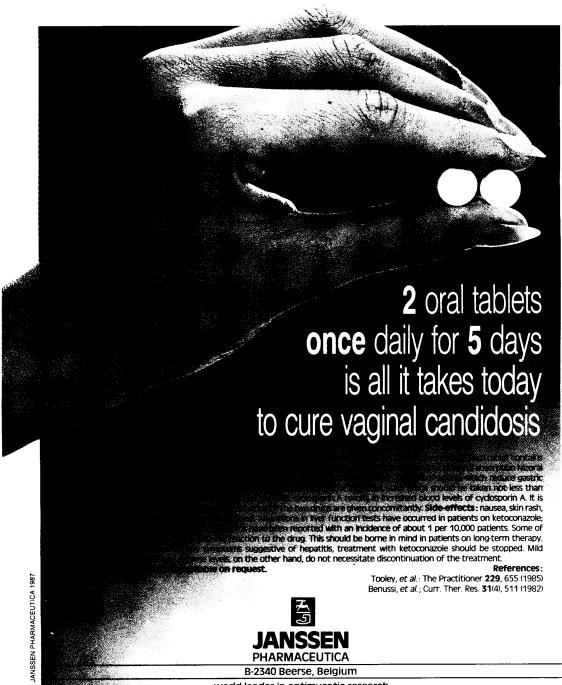
In vaginal candidosis:

TRADEMARK

The elegant way to treat an inelegant problem ketoconazole



The British Medical Journal, Europe's most widely read general medical journal, publishes thirteen core Specialist Journals. It also acts as publishing agent for nine important journals covering a wide range of medical interests.

Associated **Specialist Iournals**

Annals of the Rheumatic Diseases

Monthly. Annual Subscription, Inland £89.00; Abroad £107.00; USA\$162.00

Archives of Disease in Childhood

Monthly. Annual Subscription, Inland £88.00; Abroad £104.00; USA\$147.00.

British Heart Journal

Monthly. Annual Subscription, Inland £89.00; Abroad £105.00; USA\$162.00. (Combined Annual Subscription to British Heart Journal and Cardiovascular Research, Inland £171.00; Abroad £199.00; USA\$311.00)

Cardiovascular Research

Monthly. Annual Subscription, Inland £110.00; Abroad £130.00; USA\$201.00.

British Journal of Industrial Medicine

Monthly. Annual Subscription, Inland £69.00; Abroad £80.00; USA\$121.00.

British Journal of Ophthalmology

Monthly. Annual Subscription, Inland £89.00; Abroad £107.00; USA\$162.00.

Genitourinary Medicine

Annual Subscription (six issues). Inland £67.00; Abroad £78.00; USA\$119.00.

Monthly. Annual Subscription, Inland £86.00; Abroad £101.00; USA\$156.00.

Journal of Clinical Pathology Monthly. Annual Subscription, Inland £97.00; Abroad £113.00; USA\$176.00.

Journal of Epidemiology and Community Health

Quarterly. Annual Subscription, Inland £48.00; Abroad £55.00; USA\$83.00.

Journal of Medical Genetics

Monthly. Annual Subscription, Inland £90.00; Abroad £104.00; USA\$162.00.

Journal of Neurology, Neurosurgery and Psychiatry Monthly. Annual Subscription, Inland £91.00; Abroad £107.00; USA\$162.00.

Monthly. Annual Subscription, Inland £87.00; Abroad £102.00; USA\$158.00.

Professional and Scientific Publications

A Registered Business Name of the BMA

BMA News Review

Monthly. Annual Subscription, Inland £26.00; Abroad £31.00; USA\$50.00.

British Dental Journal

24 issues a year. Annual Subscription, Inland £71.00; Abroad £127.00; USA\$172.00

British Journal of Anaesthesia

Monthly. Annual Subscription, Inland £54.00; Abroad £85.00; USA\$117.00.

Current Work in the History of Medicine

Quarterly. Annual Subscription, Inland £11.00; Abroad £15.00; USA\$23.00.

Eve

Annual Subscription (six issues). Inland £79.00; Abroad £116.00; USA\$181.00.

Health Visitor

Monthly. Annual Subscription, Inland £29.00; Abroad £49.00; USA\$76.00.

Institute of Medical Ethics Bulletin

Monthly. Annual Subscription, Inland £35.00; Abroad £53.00; USA\$77.00

Journal of Medical Ethics

Quarterly. Annual Subscription, Inland £35.00; Abroad £53.00; USA\$77.00.

Medical History

Quarterly. Annual Subscription, Inland £27.00; Abroad £37.00; USA\$51.00.

Medical History Annual Supplement

One volume, cloth bound. Inland £15.00; Abroad £19.00; USA\$30.00.

All subscription rates include postage, by air speeded despatch abroad





RECOLLECTIONS AND REFLECTIONS

by Sir Douglas Black

"... buy this jewel of a book ... should become a medical classic: first, because it is beautifully written and, second, because it reflects deeply and succinctly on the nature of medicine and its organisation."

Journal of the Royal College of Physicians

"His prose is clear, his style stimulating . . . Do read Sir Douglas's charming book." L. E. Bottinger

Price: Inland £14.95; Abroad £17.50; USA \$29.00 BMA members: Inland £13.95; Abroad £16.50; USA \$27.00

NOT ALWAYS ON THE LEVEL

by E J Moran Campbell

"... a delight that nobody should miss." Sarcoidosis

"Written in a direct, rough hewn style that carries conviction . . . a self portrait of a man who is patently (and at times painfully) honest in his attempt to come to terms with the "romance and earthiness" of his life and work . . . Campbell is content to present the facts without commenting on their wider implications . . final chapters courageously convey a vivid impression of what it can mean to live with a "roller coaster mind . . ." Michael Shepherd

Price: Inland £14.95; Abroad £18.50; USA \$30.00

BMA members: Inland £13.95; Abroad £17.50; USA \$28.00





DOCTORS IN SCIENCE AND SOCIETY

by Sir Christopher Booth

"The essays exude all the joy and enlightenment of research and demonstrate time and again how such analysis enriches and enlarges our understanding of present events and social forces." *The Scientist*

"... a delight to read and a pleasure to handle... At the price of a meal out it is superb value. 'Buy good books', wrote Lord Chesterfield to his son, 'and read them'. I can give no better advice about this book." The Lancet

"... a well written and well researched series of contributions that will give pleasure and instruction to what should be a wide readership."

Journal of The Royal College of Physicians

Price: Inland £14.95; Abroad £19.50; USA \$32.00

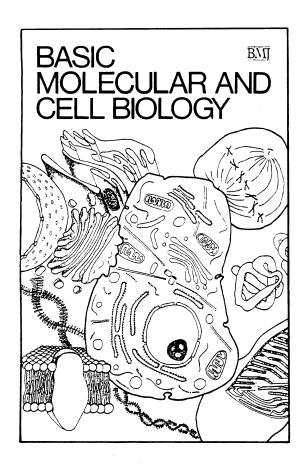
BMA members: Inland £13.95; Abroad £18.50; USA \$30.00 ALL PRICES INCLUDE POSTAGE BY AIR ABROAD

BRITISH MEDICAL JOURNAL, PO Box 295, London WC1H 9TE

ORDER PURM or any leading medical bookseller.		
Please send me the following books:		
The □ Recollections and Reflections MEMOIR □ Not Always on the Level	☐ I enclose	
	-	
Club Doctors in Science and Society	Please make cheques payable to British Medical Journal or debit my credit card (please tick box)	
	□ Access □ American Express □ Mastercard □ Visa	
Name Please print name and address clearly Address	Card No.	
	Card expiry date	
	Signature	
	☐ Please send me a book catalogue	

Just published

One revolution leads to another



The extraordinary technical developments in molecular biology over the past few years, and the equally rapid advances in understanding of cell biology, will almost certainly result in far reaching changes in medical research and practice. In this collection of articles experts in molecular and cell biology provide the background information to give clinicians an insight into the way in which the medical sciences may be moving over the next few years and into the exciting possibilities opening up for the treatment of genetic disorders, cancer, and the common illnesses of Western society such as degenerative vascular disease and diabetes.

Price: Inland £5.95; Abroad £7.50; USA \$12.00

BMA members: Inland £5.45; Abroad £7.00; USA \$11.00

including postage, by air abroad

Payment must be enclosed with order.

Second edition ... new pocket size format



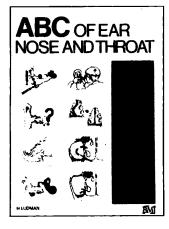
Newly graduated clinicians have to acquire the practical skills of their specialty—few doctors can remember every step of a procedure after seeing a single demonstration. A step by step guide for those making their first attempts, *Procedures in Practice* has now been completely updated and expanded to cover everything from arterial puncture to vaginal examinations.

Extensively illustrated, it has been produced in a new pocket size format, so you can always keep it with you.

Price: Inland £6.95; Abroad £8.75; USA \$15.00 BMA members: Inland £6.45; Abroad £8.25; USA \$14.00

including postage, by air abroad.

ABC update – three new editions



Just published

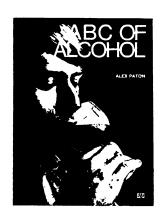
As any general practitioner knows, diseases of the ear, nose and throat are some of the most common complaints that bring patients to the surgery – children suffering misery and discomfort and adults having to take time off work. In the second, revised edition of ABC of Ear, Nose and Throat Harold Ludman gives busy clinicians expert, up to date advice on assessing and managing these conditions.

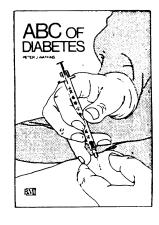
Price: Inland £5.95; Abroad £7.50; USA\$14.00

BMA members: Inland £5.45; Abroad £7.00; USA\$13.00

One of today's most pressing medical and social problems is comprehensively reviewed in the ABC of Alcohol. With an extended introduction by Richard Smith, assistant editor of the BMJ, this second, revised and expanded edition brings readers up to date on current approaches to the diagnosis and treatment of alcoholism. Essential reading for all doctors who need to understand the appalling difficulties that this condition creates for patients and their families – and indeed for doctors themselves.

Price: Inland £5.95; Abroad £7.50; USA\$13.00 BMA members: Inland £5.45; Abroad £7.00; USA\$12.00





Many advances in the treatment of diabetes have been made in the past decade: self measurement of blood glucose, intravenous infusions and intramuscular insulin treatment for diabetic emergencies, continuous subcutaneous insulin infusion techniques, and new tests for autonomic function. The outlook for diabetic pregnancy has been transformed; photocoagulation for retinopathy is reducing blindness; and at last diabetic renal disease is receiving some attention. Dr Peter Watkin's articles set these advances in their clinical context, providing a practical guide to the management of diabetes for non-specialist doctors and nurses. There have already been several more developments both in understanding the causes of diabetes and improving its management, and this second, revised, edition incorporates the most important of these latest innovations.

Price: Inland £4.95; Abroad £6.50; USA\$11.00 BMA members: Inland £4.45; Abroad £6.00; USA\$10.00

All prices include postage by air abroad

ORDER FORM	The Publishing Manager, BRITISH MEDICAL JOURNAL, P.O. Box 295, London WC1H 9TE, England or any leading medical bookseller.
Please send me the following books:	
	·

Please send me the following books:	
	☐ I encloseBMA Membership No
	Please make cheques payable to to British Medical Journal or debit my credit card (please tick box)
<u></u>	Access Visa American Express
Name	Card No.
Address	Card expiry date
	Signature
·	☐ Please send me a book catalogue



Composition: 1 sustained release tablet of Adalat retard contains 20 mg nifedipine. Indications: 1. Coronary heart disease: Chronic stable angina pectoris (exercise angina), angina pectoris following infarction (except in the first 8 days following an acute myocardial infarction). 2. Hypertension. Contraindications: Hypersensitivity to Adalat retard and the whole period of pregnancy. There are no findings on use during lactation. Caution should be exercised in the presence of pronounced low blood pressure (severe hypotension: systolic blood pressure < 90 mmHg). Cardiovascular shock. Side-effects: Side-effects generally occur at the start of therapy and are often of a slight and transient nature: facial flush, beat sensation, headache in solatemects: Side-effects generally occur at the star of therapy and are often on slight and transient nature: facial flush, heat sensation, headache. In isolated cases particularly at higher doses: nausea, dizziness, tiredness, skin reactions, paraesthesia, hypotensive reaction, palpitations and increased pulse rate. Occasionally leg oedema due to dilatation of the blood vessels. Extremely rare: during long-term therapy, gingival hyperplasia which regresses completely once therapy is discontinued; chest pain (which may be angina pectoris-like pain) — where this occurs and a causal connection with distals its expensed the proposed by the discontinued; the superplast high pain is the discontinued; the proposed by the discontinued of the proposed by the p be anight a pectorisine pain)—where this occurs and a casar commercial with Adalat is suspected, therapy should be discontinued. Caution should be exercised with dialysis patients with malignant hypertension and irreversible renal failure with hypovolaemia, since vasodiiatation can result in a reduction in blood pressure. Treatment of hypertension with this drug requires regular medical supervision. Individuals may react differently to this drug and some patient's ability to drive and to operate machinery may

be impaired. This applies particularly at the start of treatment, when changing from one preparation to another and if alcohol is consumed. <u>Mode of</u> action: Adalat retard is a <u>calcium antagonist</u> and is classified as a coronary therapeutic agent/antihypertensive agent. <u>Dosage</u>: Treatment should be adapted to the individual as much as possible according to the severity of the disease and the patient's response to therapy. Dosage guidelines for Coronary heart disease; Chronic stable angina pectoris (exercise angina), angina pectoris (ollowing infarction; hypertension; 2 x daily 1 sustained release tablet Adalat retard. In some cases it may be necessary to increase release tablet Adalat retard. In some cases it may be necessary to increase the dose further to 2 x 2 sustained release tablets (2 x 40 mg). If sufficient therapeutic success is not observed in angina pectoris patients after approximately 14 days of therapy, this treatment should be replaced by the fast-acting (10 mg) Adalat capsule where this is advised by the physician. The tablets should be swallowed whole with a small amount of liquid independently of meals. <u>Dosage interval</u>: 12 hours, but in any case not less than dours. Interactions with other drugs: Adalat retard/antihypertensive agents: concomitant administration may enhance the antihypertensive nours. Interactions with administration may enhance the antihypertensive agents; concomitant administration may enhance the antihypertensive effect of nifedipine. Adalat retard/beta receptor blockers: the patient must be monitored carefully during concomitant administration since severe hypotension may occur, development of heart failure has been reported occasionally. Adalat retard/cimetidine; possible enhancement of antihypertensive effect. Note; If a particularly rapid onset of action is required for the

treatment of spasms of the coronary vessels (coronary spasm: Prinzmetal's angina, angina at rest) and particularly marked clinical pictures or impending the state of particularly marked clinical pictures or impending the state of particular properties. angina, angina at rest) and particularly marked clinical pictures or <u>impend</u>. Q ing <u>ngnina</u> pectoris attacks or <u>acute</u> hypertensive crisis, the fast-acting (10 mg) Adalat <u>capsules</u> should be used. Once the situation has improved, an attempt may be made to transfer to Adalat retard tablets. The light-sensitive active substance in the sustained release tablet is protected from light both inside and outside the packaging, nonetheless the tablets should only be removed from the foil immediately before use and should not be broken. <u>Presentations</u>; Adalat retard: packs with 30, 50 and 100 sustained release tablets containing 20 mg nifedipine. Hospital packs.

Bayer AG, Leverkusen, West-Germany.

Co.-No.: 2 w

