Some patients are more susceptible to vaginal candidosis than others



Candida cells are capable of penetrating to the depth of several layers of the vaginal epithelium. This suggests that these hidden yeasts may be protected from topical antifungal agents, only to re-emerge and proliferate again some time later when the epithelial cells are normally shed. The deeper layers of the vaginal mucosa are more accessible by systemic than by topical route. Thus, in patients who appear highly susceptible to vaginal candidosis, oral Nizoral treatment makes good sense.

NIZOTA (ketoconazole

2 oral tablets once daily for 5 days

Full prescribing information available on request.

Prescribing notes: For maximal absorption Nizoral should be taken with meals. Nizoral is contra-indicated in pregnancy. Precautions: the use of agents which reduce gastric acidity (anti-cholinergic drugs, antacids, H₂-blockers) should be avoided and, if indicated, such drugs should be taken not less than 2 hours after Nizoral. Side-effects: nausea, skin rash, headache and pruritus may occasionally be observed. Alterations in liver function tests have occurred in patients on Nizoral; these changes may be transient. Cases of hepatitis have been reported with an incidence of about 1 per 10,000 patients. If a patient develops jaundice or any symptoms suggestive of hepatitis, treatment with Nizoral should be stopped. Mild asymptomatic increases of liver enzyme levels, on the other hand, do not necessitate discontinuation of the treatment.



world leader in antimycotic research

Two new titles from the BMJ's series of books of general interest by medical writers





Portraits from Memory by Sir James Howie

One of the BMJ's most popular series, Sir James Howie's Portraits from Memory is now published as a complete collection. For this Memoir Club edition the author has provided three new portraits, an introductory self portrait, and an appendix in which he comments on the points raised in the widespread correspondence that resulted from the portraits' publication.

Sir James Howie's distinguished career has included appointments as professor of bacteriology in the University of Glasgow, director of the Public Health Laboratory Service, president of the Royal College of Pathologists,

and president of the British Medical Association. This book is not about himself, however, but about the memorable personalities he has known in microbiology and in military, hospital, and academic medicine. Essential reading for all students of human nature.

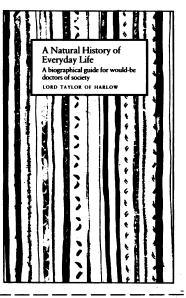
Price: Inland £14.95; Abroad £17.50; USA \$29.00. BMA members: Inland £13.95; Abroad £16.50; USA \$27.00.

A Natural History of Everyday Life: A biographical guide for would-be doctors of society by Lord Taylor of Harlow

As doctor, politician, and administrator the late Lord Taylor was a key figure in the formative years of some varied institutions: the National Health Service; Harlow New Town (playing an important part in its development and in its industrial health service); and the Memorial University of Newfoundland, of which he was the first president and vice-chancellor. He also laid the foundations of Medicare in Canada by his skilful negotiations to resolve the doctors' strike in Saskatchewan. In his lively and provocative memoirs Lord Taylor relates his "personal voyage" from childhood, through student days at St. Thomas's to his later career in public life, providing on the way innumerable pungent observations together with his views on the origins of some of society's ills—and their cures.

Price: Inland £19.95; Abroad £24.00; USA \$40.00

BMA members: Inland £18.95; Abroad £23.00; USA \$38.00.



ORDER FORM

BRITISH MEDICAL JOURNAL, PO Box 295, London WC1H 9TE or any leading medical bookseller.

Please send me the following books:		□ I enclose
The	□ Portraits from Memory	BMA Membership No.
The MEMOIR	☐ A Natural History of Everday Life	Please make cheques payable to British Medical Journal or debit my credit card (<i>please tick box</i>)
	Prices include postage, by air abroad	☐ Access ☐ American Express ☐ Mastercard ☐ Visa Card No. ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐
	me and address clearly	
ADDRESS		Card expiry date
		Signature
***************************************		☐ Please send me a book catalogue.

Same with beta-blockers: possible development of heart failure. Side effects: Often mild and transient vasodilation, hypotensive,



The antihypertensive from Bayer with cardioprotective effect. Worldwide.



crisis, Adalat capsules (10 mg) should be used; see full prescribing information. Dosage: Generally 1 tablet twice daily; in some cases 2 tablets twice daily; see full prescribing information. Single dosage interval of 2 tablets never less than 4 hours. Contraindications: Hypersensitivity to active substance; pregnancy: lactation; cardiovascular shock. Precautions: Severe hypotension; dialysis patients with malignant hypertension: close monitoring. Interactions: Antihypertensive agents, cimetidine: may enhance the antihypertensive effect.

skin and other reactions; see full prescribing information. Solitary gingival hyperplasia, chest pain; if relation to Adalat established, discontinue therapy. Extremely rare liver function disturbances (including intrahepatic cholestasis), temporary hyperglycaemia, gynaecomastia (regression on drug discontinuation). Ability to drive or operate machinery may be impaired.

Full prescribing information available from Bayer AG, Leverkusen, West Germany.

