

Some patients are more susceptible to vaginal candidosis than others



Candida cells are capable of penetrating to the depth of several layers of the vaginal epithelium.

This suggests that these hidden yeasts may be protected from topical antifungal agents, only to re-emerge and proliferate again some time later when the epithelial cells are normally shed.

The deeper layers of the vaginal mucosa are more accessible by systemic than by topical route.

Thus, in patients who appear highly susceptible to vaginal candidosis, oral Nizoral treatment makes good sense.

Nizoral^{TRADEMARK}
(ketoconazole)

2 oral tablets
once daily for **5** days

Full prescribing information available on request.

Prescribing notes: For maximal absorption Nizoral should be taken with meals. **Nizoral is contra-indicated in pregnancy.** **Precautions:** the use of agents which reduce gastric acidity (anti-cholinergic drugs, antacids, H₂-blockers) should be avoided and, if indicated, such drugs should be taken not less than 2 hours after Nizoral. **Side-effects:** nausea, skin rash, headache and pruritus may occasionally be observed. Alterations in liver function tests have occurred in patients on Nizoral; these changes may be transient. Cases of hepatitis have been reported with an incidence of about 1 per 10,000 patients. If a patient develops jaundice or any symptoms suggestive of hepatitis, treatment with Nizoral should be stopped. Mild asymptomatic increases of liver enzyme levels, on the other hand, do not necessitate discontinuation of the treatment.

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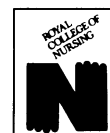
world leader in
antimycotic research



A MAJOR INTERNATIONAL
CONFERENCE
AND EXHIBITION



FOR ALL THOSE INVOLVED
IN COMMUNITY ASPECTS
OF AIDS.



18-20th APRIL 1990

ST. DAVID HALL, CARDIFF

PROVISIONAL PROGRAMME

18th APRIL					
2.00pm onwards	REGISTRATION				
6.30pm	PRE- CONFERENCE RECEPTION CARDIFF CASTLE				
19th APRIL					
8.00am onwards	REGISTRATION	12.30pm	THE ROLE OF MUNICIPAL AUTHORITIES Mr Eddie Ramsden Chief Environmental Health Officer City of Swansea	10.00am	HIV AND DRUG ABUSE Dr Ernst Bunning Municipal Health Department, Amsterdam
9.00am	CHAIRMAN'S OPENING REMARKS Sir Henry Yellowlees	1.00pm	LUNCH AND EXHIBITION VIEWING	10.45am	COFFEE AND EXHIBITION VIEWING
9.30am	EPIDEMIOLOGY: THE GLOBAL SITUATION Dr Jonathon Mann Director, Global Programme on AIDS World Health Organisation	2.30pm to 5.30pm	CONCURRENT SESSIONS A series of papers and poster presentations chosen from those submitted to the Conference Planning Committee	11.15am	A FAMILY DOCTOR'S EXPERIENCE Dr Joe Robertson Edinburgh Drug Addiction Study
10.15am	IMPLICATIONS FOR SOCIETY Dr Faye Abdellah Deputy Surgeon General and Chief Nursing Officer United States Public Health Service	7.30pm for 8.00 pm	CIVIC RECEPTION AND CONFERENCE DINNER CITY HALL, CARDIFF	11.45am	EXPERIENCE WITH CHILDREN Speaker to be announced
11.00am	COFFEE AND EXHIBITION VIEWING	8.00am onwards	20th APRIL REGISTRATION	12.15pm	A THIRD WORLD PERSPECTIVE Speaker to be announced
11.30am	THE CONTRIBUTION OF THE VOLUNTARY SECTOR Mr Christopher Spence Director, London Lighthouse	9.00am	CHAIRMAN'S OPENING REMARKS The Baroness Cox of Queensbury	12.45pm	LUNCH AND EXHIBITION VIEWING
12.00noon	NURSING PATIENTS WITH AIDS Ms Jacqui Elliot Middlesex Hospital, London	9.15am	THE SOCIAL CONSEQUENCES OF THE CLINICAL PICTURE Dr Anthony Pinching Senior Lecturer and Consultant Immunologist, London	2.15pm	CONCURRENT SESSIONS A series of papers and poster presentations chosen from those submitted to the Conference Planning Committee
				3.30pm	TEA AND EXHIBITION VIEWING
				4.00pm	AN OVERVIEW OF CURRENT RESEARCH AND ITS IMPLICATIONS FOR THE FUTURE Dr Robert Gallo National Institute of Health, Bethesda, USA
				5.00pm	CHAIRMAN'S CLOSING REMARKS The Baroness Cox of Queensbury

FEES

For bookings received PRIOR TO 31st OCTOBER 1989 the fee for the Conference will be £250. Thereafter the fee for the Conference will be £270. The fee includes attendance at all Conference Sessions, exhibition viewing, coffee and tea on each day and attendance at the pre-conference Reception, the Civic Reception and Conference Dinner (Note: there are only a limited number of places available at the dinner. Once these places are filled those registering after that time will receive a refund of the appropriate proportion of the conference fee).
Cheques, or in the case of delegates from outside the UK bankers drafts (in sterling only) should be made payable to the Royal College of Nursing.

DAILY ATTENDANCE

It is possible to attend the conference on a daily basis and the fee WHICH DOES NOT INCLUDE THE PRE-CONFERENCE RECEPTION OR CONFERENCE DINNER is £100 per day if booked PRIOR TO 31st OCTOBER 1989 or £110 per day thereafter.

ACCOMPANYING PERSONS

A full programme of sightseeing tours will be available for individuals accompanying conference delegates and full details are available on request. For a fee of £60.00 accompanying persons will have full access to the Courtesy desk and will be able to attend the pre-conference Reception, Civic Reception and Conference Dinner.

HOTEL ACCOMMODATION

Full details of hotel accommodation are available on request.

CONFERENCE BOOKING FORM

AIDS: THE CHALLENGE FOR THE COMMUNITY - 18-20 APRIL 1990. ST DAVID'S HALL, CARDIFF

Individuals wishing to attend all or part of the Conference should complete and return this form together with a cheque/bankers draft for the appropriate fee to:

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Royal College of Nursing of the United Kingdom
20 Cavendish Square, London W1M 0AB
United Kingdom

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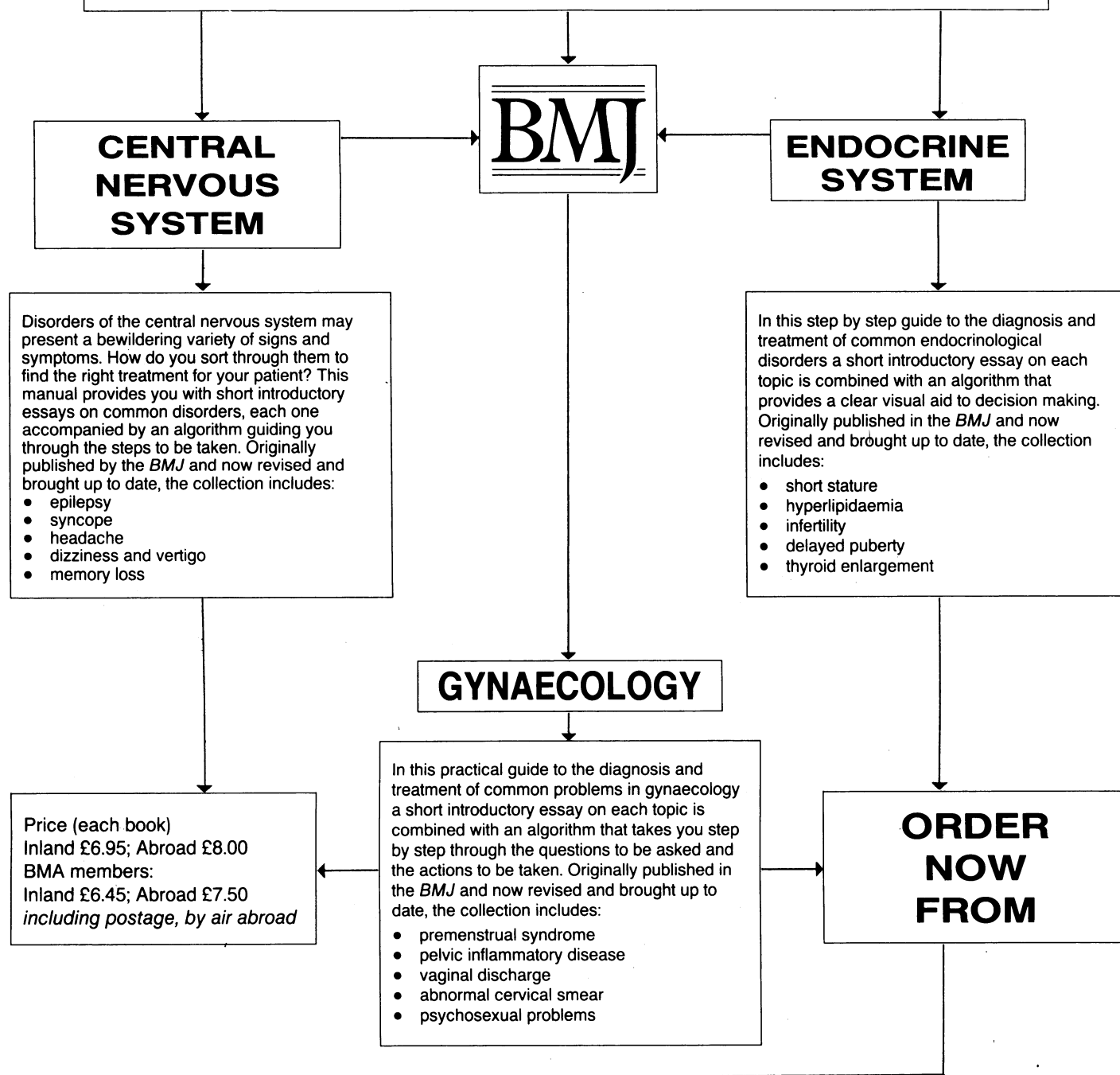
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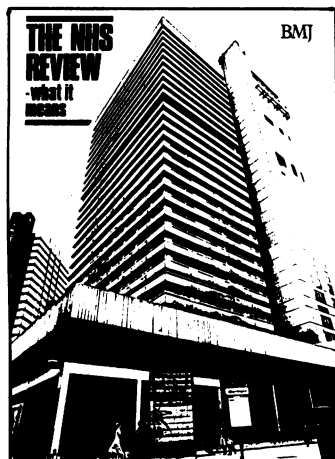
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BMJ BOOKS

The *BMJ* regularly publishes collections of articles that have appeared as popular series in the journal, thus providing doctors with books that are comprehensive and handy guides to particular medical topics. It also publishes books of more general medical interest.



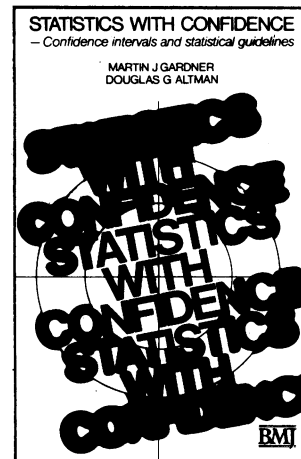
Doctors' and the public's reactions to the government white paper on the National Health Service are understandably confused. As Rudolf Klein has pointed out, the white paper is remarkable for what it does not say; and the working papers that followed it lack any detail. Even those who agree with the principles behind the white paper have no idea of how they will work in practice and what the effect will be. In *NHS Review: What it Means* experts take each of the government's proposals in turn and spell out the implications for doctors and patients. Originally published in the *BMJ*, this collection of articles does not tell you what to think, but it will help you to make up your mind.

Price: Inland £4.50; Abroad £6.00
BMA members: Inland £4.00; Abroad £5.50



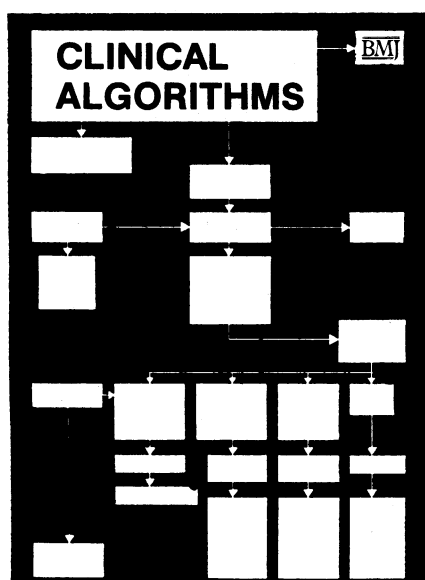
High tech equipment for diagnosis and treatment is rightly valued, but for the many disabled people in the population it is often relatively simple aids that make all the difference to the quality of life. In *Everyday Aids and Appliances* the authors give critical evaluation of some of the various types of aids available: those attached to the body; those held but not necessarily fixed to the body; and equipment in the home which allows independence in everyday activities. Originally published in the *BMJ* and now collected in one volume with additional illustrations, these articles bring you fully up to date on items that may greatly benefit disabled people and those who care for them.

Price: Inland £5.95; Abroad £7.00
BMA members: Inland £5.45; Abroad £6.50



Many medical journals, including the *British Medical Journal*, now expect scientific papers submitted to them to contain confidence intervals when appropriate. Why? what are they? and how do you calculate them? *Statistics with Confidence* tells you. A clear explanation of the reasons for using confidence intervals is followed by detailed presentation of methods of calculation, including numerous worked examples and specially compiled tables. To make things even easier, a computer program, Confidence Interval Analysis (CIA), for calculating confidence intervals, has been specially designed by Martin Gardner and details are available from the Publishing Department, *British Medical Journal*.

Price: Inland £7.95; Abroad £9.50
BMA members: Inland £7.45; Abroad £9.00



In these handy guides to the diagnosis and treatment of common disorders a short introductory essay on each topic is combined with an algorithm that provides a clear visual aid to decision making, taking you step by step through the questions to be asked and the actions to be taken. Originally published in the *BMJ* and now revised and brought up to date, *Clinical Algorithms* are available on the following topics:

CENTRAL NERVOUS SYSTEM (collection includes)

- epilepsy
- headache
- memory loss
- syncope
- dizziness and vertigo

GYNAECOLOGY (collection includes)

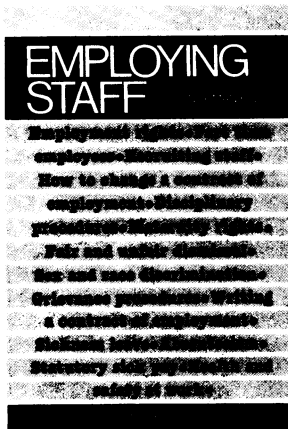
- premenstrual syndrome
- vaginal discharge
- psychosexual problems
- pelvic inflammatory disease
- abnormal cervical smear

ENDOCRINE SYSTEM (collection includes)

- short stature
- infertility
- thyroid enlargement
- hyperlipidaemia
- delayed puberty

Price each book: Inland £6.95; Abroad £8.00. BMA members: Inland £6.45; Abroad £7.50

BMJ BOOKS



Third edition

Reviews of the first edition. . .

"A very easy to read and understandable book, written for general practitioners, essential for all practice managers, and general practitioners without a practice manager."

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"The book guides GPs through all the stages of achieving good staff relations and avoiding management problems."

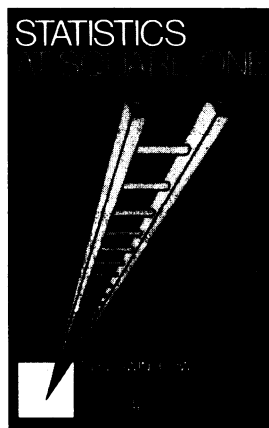
Medeconomics

"The book is easy to read, concise, and extremely good value. It is a must for every practical bookshelf."

Journal of the Royal College of Practitioners

Price: Inland £5.95; Abroad £7.00

BMA members: Inland £5.45; Abroad £6.50

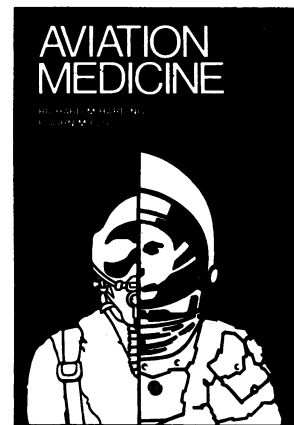


Eighth edition

The statistical testing of data is indispensable in many types of medical investigation and a help on countless occasions in clinical practice. This book provides step by step instruction. Subjects covered include standard deviation, χ^2 tests, t tests, non-parametric tests, and correlation. The book includes sections on Fisher's exact probability test and rank correlation not published in the original *BMJ* series. Methods specially adapted to pocket calculators.

Price: Inland £3.00; Abroad £4.50

BMA members: Inland £2.50; Abroad £4.00



Second edition

Reviews of the first edition. . .

"... John Mills and Richard Harding ... have succeeded admirably in compressing several gallons into a pint pot, and have managed to make their work interesting ... and eminently readable ... It is highly recommended, and essential reading for all those associated, however slightly, with flying."

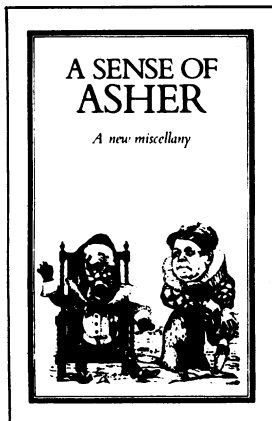
South African Medical Journal

"It is an interesting and concise introduction to aviation medicine for all of us who travel by air or who give advice to those who do ... Through being written for the broad spectrum of the medical profession, it fills a long neglected need."

New Zealand Medical Journal

Price: Inland £8.95; Abroad £10.00

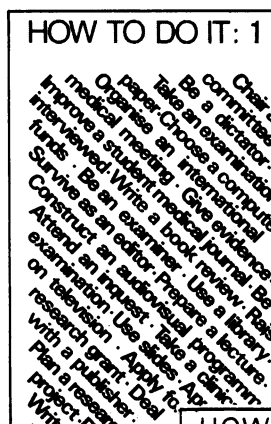
BMA members: Inland £8.45; Abroad £9.50



Why are medical journals so dull? Richard Asher, who asked the question, was never dull: good sense, pungent wit, and lively humour were his hallmarks, while his writings on clinical matters, with their combination of lucidity, sympathy, and insight, remain models for all aspiring medical authors. *A Sense of Asher*, a selection of his writings, was first published in a Keynes Press limited edition and quickly sold out. This paperback version, now in its fourth reprinting, contains the complete text of the original – commended by critics as a marvellous gift for a doctor's bedside table and enjoyable light reading for anyone in medicine.

Price: Inland £7.00; Abroad £8.50

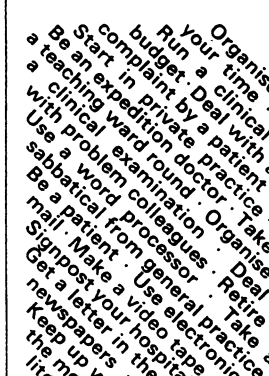
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and

HOW TO DO IT: 2

Expert advice on those things a doctor needs to know but is rarely taught.



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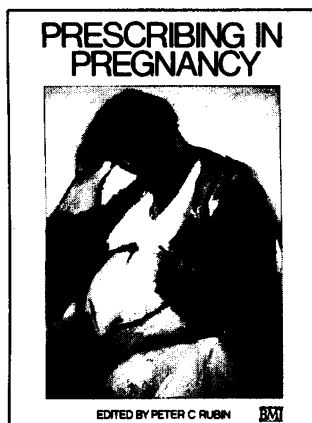
Second edition

This second, revised edition of *Medicine in Old Age* brings the general medical reader up to date on recent advances in geriatrics. It includes accounts of the management of dementia, gastrointestinal problems, anaemia, and urinary tract disease as well as guidance on drug treatment and the specific problems of interpreting laboratory findings in the old. Chapters on rehabilitation and the role of the general practitioner and day hospitals – which have helped to convert mere existence into a full life for many elderly patients – complete a useful introduction to this important subject.

Price: Inland £6.95; Abroad £9.45

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BMJ BOOKS



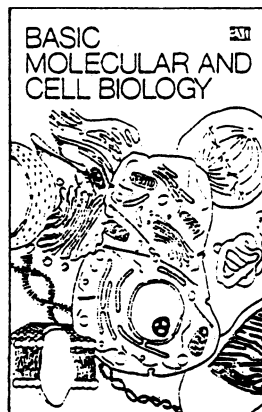
If you are intending to prescribe drugs to a woman in pregnancy or the puerperium you must balance risks against benefits: no harm should be allowed to befall the baby because of the drug, but equally no harm must come to the mother and baby because a disease is being inadequately treated. *Prescribing in Pregnancy* gives you the information on which a clinical decision can be made. Essential reading for doctors who prescribe for women who are, or who may become, pregnant.

"... concise, easy to read, contemporary and well referenced ... should be required reading for residents and practising physicians in obstetrics."

Canadian Medical Association Journal

Price: Inland £6.95; Abroad £8.00

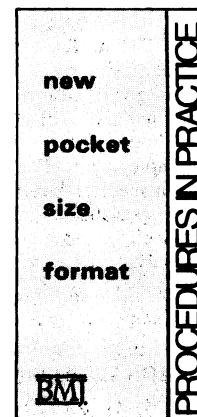
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The extraordinary technical developments in molecular biology over the past few years, and the equally rapid advances in understanding of cell biology, will almost certainly result in far reaching changes in medical research and practice. In this collection of articles experts in molecular and cell biology provide the background information to give clinicians an insight into the way in which the medical sciences may be moving over the next few years and into the exciting possibilities opening up for the treatment of genetic disorders, cancer, and the common illnesses of Western society such as degenerative vascular disease and diabetes.

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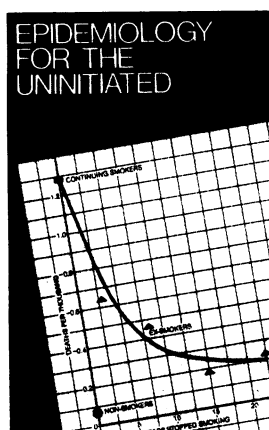


Second edition

Newly graduated clinicians have to acquire the practical skills of their speciality – few doctors can remember every step of a procedure after seeing a single demonstration. A step by step guide for those making their first attempts, *Procedures in Practice* has now been completely updated and expanded to cover everything from arterial puncture to vaginal examination. Extensively illustrated, it has been produced in a new pocket size format, so that you can always keep it with you.

Price: Inland £6.95; Abroad £8.75

BMA members: Inland £6.45; Abroad £8.25



Second edition

The second edition of this popular *BMJ* handbook has been revised to include further details of epidemiological methods and some of their more dramatic applications, such as the investigations on the Spanish cooking oil epidemic, and AIDS.

Reviews of the first edition

"... all physicians [should] ensure that their hospital library has this book, and that they themselves read it."

Medical Journal of Australia

"A reading of this book ... should provide a sound basis in epidemiological techniques for any intending researcher."

New Zealand Medical Journal

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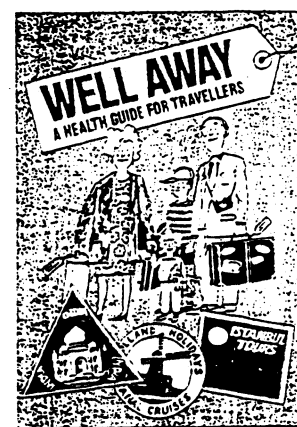
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Medical students and practitioners are often concerned with examples of diagnostic logic, but seldom consider them in the context of a general philosophy. Is diagnostic logic out on a limb, or is it based on the same principles as logic in general? In *Logic in Medicine* doctors and philosophers combine to provide a coherent system of diagnostic logic with a broader view of the science and art of reasoning. The abstract theory of theories has highly practical applications, and the authors explore the uses of computer technology and artificial intelligence systems as well as "fuzzy logic", "relevant logic", and the logic of economics and ethics. A book for all who wish to clear their minds of cant.

Price: Inland £5.95; Abroad £7.50

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The British have been travelling overseas for centuries, but never in such enormous numbers as now. Holidaymakers from Britain between them take about 15 million trips abroad each year, and thousands more go to work, either for firms or voluntary organisations. Strange climate, customs, food, and disease can all cause illness. *Well Away* advises non-medical readers on how to avoid this. Adapted by Eric Walker and Glyn Williams from their *ABC of Healthy Travel* it gives straightforward practical advice on everything from immunisations and insurance before departure to first aid while abroad. This is one guidebook no traveller can afford to be without.

Price: Inland £4.95; Abroad £6.00

BMA members: Inland £4.45; Abroad £5.50

BMJ BOOKS

LEARNING MEDICINE

PETER RICHARDS

Learning Medicine gives a clear picture of the life of a medical student and outlines the choices to be made when it comes to later postgraduate training and employment. For sixth formers thinking about a medical career or houseman planning future specialisation, this handbook explains what to look for and how to go about it. **Published annually.**

Price: Inland £3.95; Abroad £5.50
BMA members: Inland £3.45; Abroad £5.00

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PRISON HEALTH CARE

RICHARD SMITH

Before writing this book Dr Richard Smith visited more than 20 prisons in five different countries and spoke to dozens of people concerned with prisons, including prisoners themselves. His book explodes many misconceptions about prison health services but also exposes deficiencies and discusses ways in which they could be overcome.

Price: Inland £8.00; Abroad £11.00
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Simple guidelines prepared by a working party of the British Hypertension Society set out exactly what must be done to ensure that indirect blood pressure measurement is accurate.

Price: £1.00

ROGOYSKA, LUTYENS AND THE BMA

This catalogue has been produced to mark the unveiling of the tapestry by Marta Rogoyska in the Great Hall of BMA House. The tapestry was commissioned by the *BMJ* to celebrate the 100th anniversary of the BMA Library.

Price: Inland £2.50; Abroad £3.50
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BMA HOUSE GUIDE

A lively account of the history of BMA House from the original design by Edwin Lutyens to the unveiling of the tapestry.

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HISTORY OF THE BRITISH MEDICAL ASSOCIATION Volume II 1932-1981

By Elston Grey-Turner, CBE, MC, TD, MD, MRCS, LRCP (Secretary, BMA 1976-1979) and F M Sutherland, MA, FLA (Librarian, BMA 1961-1981).

A companion volume to the history of the BMA's first hundred years published in 1932, *The History of the BMA Volume II* covers the next 40 years. The authors describe the change in the BMA's role overseas, the baffling new ethical problems, and the expansion of the BMA's publishing activities.

Hardback: Inland £13.50; Abroad £20.00
BMA members: Inland £12.00; Abroad £18.50
Paperback: Inland £11.00; Abroad £17.00
BMA members: Inland £9.50; Abroad £15.50

PRACTISING PREVENTION

This practical and authoritative book, written mostly by general practitioners, not only tells doctors of all the preventive activities that they and the rest of the practice team might need to take but also spells out which will produce the richest rewards.

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ORGANISING A PRACTICE

One of the many things that they didn't teach at medical school was how to organise a general practice. Yet good organisation is almost as important as clinical knowledge, particularly for important activities like prevention and audit. This book, written almost entirely by practising GPs, covers most aspects of organisation.

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EMERGENCIES IN THE HOME

This book tells general practitioners straightforwardly what they need to know to deal with emergencies – both the common and the less common. A specialist and a general practitioner have cooperated on each chapter, making it both authoritative and practical.

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PAEDIATRIC RESUSCITATION CHART

Devised by Dr Peter Oakley and based on the guidelines of the Resuscitation Council (UK), the chart (available as an A2 size poster) gives at a glance the essential information for making rapid and accurate decisions.

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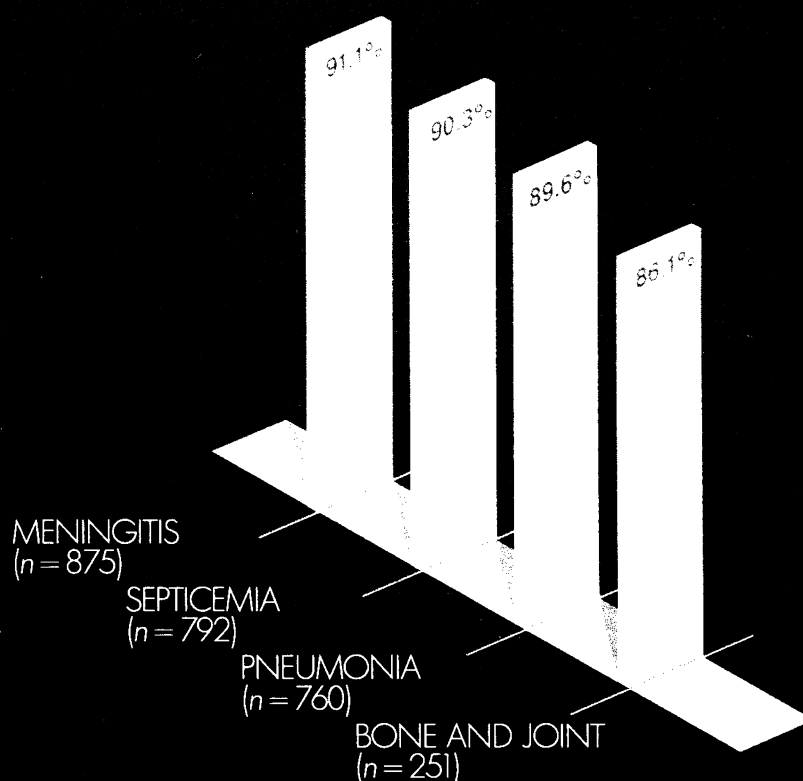
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WITHOUT
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