

Some patients are more susceptible to vaginal candidosis than others



Candida cells are capable of penetrating to the depth of several layers of the vaginal epithelium. This suggests that these hidden yeasts may be protected from topical antifungal agents, only to re-emerge and proliferate again some time later when the epithelial cells are normally shed. The deeper layers of the vaginal mucosa are more accessible by systemic than by topical route. Thus, in patients who appear highly susceptible to vaginal candidosis, oral Nizoral treatment makes good sense.

Nizoral TRADEMARK
(ketoconazole)

2 oral tablets
once daily for 5 days

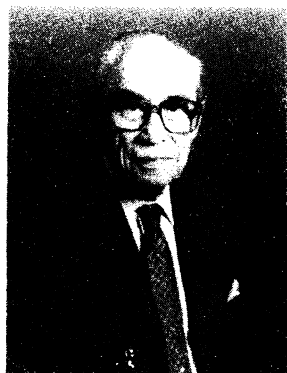
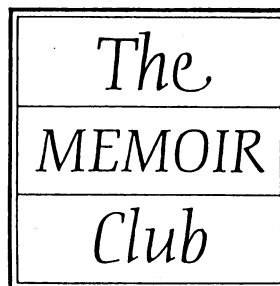
Full prescribing information available on request.

Prescribing notes: For maximal absorption Nizoral should be taken with meals. **Nizoral is contra-indicated in pregnancy.** **Precautions:** the use of agents which reduce gastric acidity (anti-cholinergic drugs, antacids, H₂-blockers) should be avoided and, if indicated, such drugs should be taken not less than 2 hours after Nizoral. **Side-effects:** nausea, skin rash, headache and pruritus may occasionally be observed. Alterations in liver function tests have occurred in patients on Nizoral; these changes may be transient. Cases of hepatitis have been reported with an incidence of about 1 per 10,000 patients. If a patient develops jaundice or any symptoms suggestive of hepatitis, treatment with Nizoral should be stopped. Mild asymptomatic increases of liver enzyme levels, on the other hand, do not necessitate discontinuation of the treatment.

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world leader in
antimycotic research

Two new titles from the BMJ's series of books of general interest by medical writers



Not a Moment to Lose by Sir David Smithers

Sir David Smithers, former president of the British Institute of Radiology and of the Royal College of Radiologists, was for 30 years professor of radiotherapy at the Royal Marsden Hospital. But that is only half the story. He is also a man who believes that "one should aspire to be a realist but retain a sense of wonder, a rationalist who is prepared to jump to conclusions, and a critical visionary who remains sensible of the humour of the human situation". Recounting how he has lived according to these principles, David Smithers describes, in addition to his medical career, his experiences as a broadcaster, traveller, rose grower, and observer of human nature.

Inland £14.95; Abroad £17.50. BMA members: Inland £13.95; Abroad £16.50

One Man's Medicine by Professor Archie Cochrane

Archie Cochrane was one of Britain's most influential thinkers on health care and the quality of health services. His 30 years' association with the Rhondda Fach—and his work there on reducing the suffering inflicted on whole communities by pneumoconiosis—is almost legendary. Ironically, this was nearly overshadowed later in his life by the spectacular success of his Rock Carling monograph *Effectiveness and Efficiency*, which proved to be a seminal work and influenced thinking about the assessment of medical treatment and procedures throughout the world.

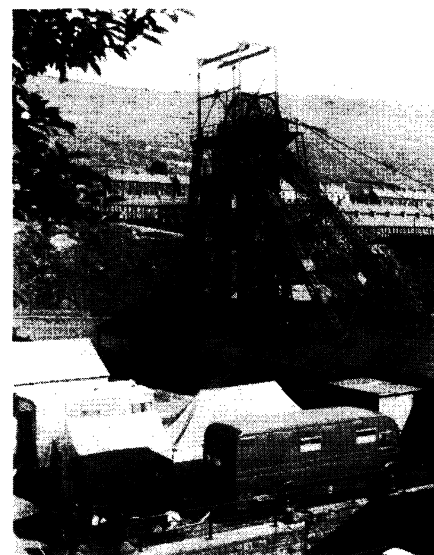
What kind of man was he, and what led him to such a career? In *One Man's Medicine* (written in collaboration with Max Blythe) Archie Cochrane recalls with candour and perception the dilemmas and disasters that beset his early ambitions for a career in clinical medicine and research; his undergoing psychoanalysis with Theodor Reik in Germany in the early 1930s; his support for the republicans in Spain; and his four years as a prisoner of war in Salonica (for which he usually blamed Evelyn Waugh).

A rich and rewarding book, *One Man's Medicine* sums up the life and opinions of a remarkable man.

Inland £14.95; Abroad £19.00 BMA members: Inland £13.95; Abroad £18.00

Together with the Nuffield Provincial Hospitals Trust, the BMJ has reprinted *Effectiveness and Efficiency*. This new edition also includes a brief note written by Archie Cochrane reflecting upon the monograph some two years after its publication, and the obituary written with such honesty by himself.

Inland £9.95; Abroad £12.50 BMA members: Inland £8.95; Abroad £11.50



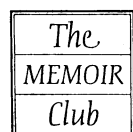
Crown copyright

The x-ray service of the Medical Research Council's Pneumoconiosis Research Unit visiting Tylorstown pithead in 1950.

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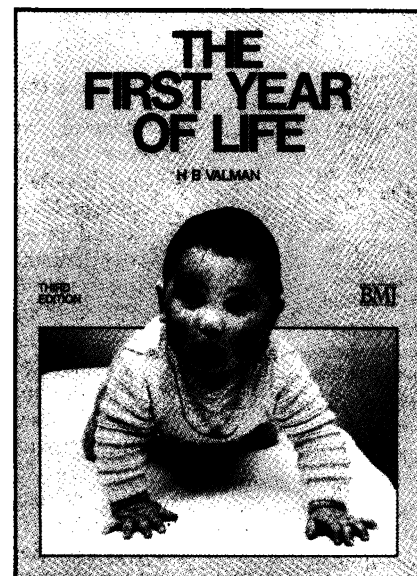
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Third edition—just published

Invaluable to doctors and others concerned in the care of young children, *The First Year of Life* presents the essentials of good practice clearly and concisely. This extensively revised third edition provides new material on early prenatal diagnosis; breathing difficulties in the newborn; crying babies; convulsions in older infants; and contraindications to immunisation. Redrawn illustrations and new photographs enhance the visual impact of what has become the standard guide on the subject.

Price: Inland £8.95; Abroad £11.00 BMA members: Inland £7.95; Abroad £10.00



Second edition

Practice rather than theory is the keynote of the *ABC of 1 to 7* in its straightforward advice on the diseases, emotional problems, and developmental disorders of early childhood. This has been amplified in a second edition which contains new chapters on recurrent headache and child abuse as well as extensive revisions of chapters on sleep problems, bronchial asthma, and primary and community care. The *ABC of 1 to 7* has already become the standard guide for general practitioners, medical students, vocational trainees, and clinical medical officers. The second, revised and expanded, edition brings it fully up to date.

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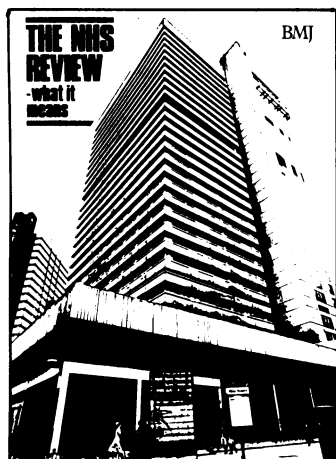
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BMJ BOOKS

The *BMJ* regularly publishes collections of articles that have appeared as popular series in the journal, thus providing doctors with books that are comprehensive and handy guides to particular medical topics. It also publishes books of more general medical interest.



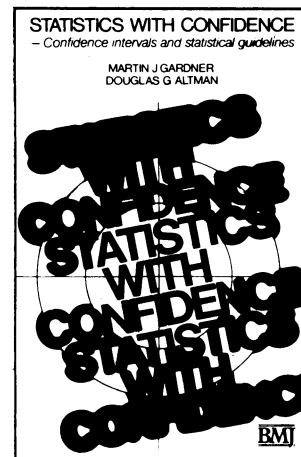
Doctors' and the public's reactions to the government white paper on the National Health Service are understandably confused. As Rudolf Klein has pointed out, the white paper is remarkable for what it does not say; and the working papers that followed it lack any detail. Even those who agree with the principles behind the white paper have no idea of how they will work in practice and what the effect will be. In *NHS Review: What it Means* experts take each of the government's proposals in turn and spell out the implications for doctors and patients. Originally published in the *BMJ*, this collection of articles does not tell you what to think, but it will help you to make up your mind.

Price: Inland £4.50; Abroad £6.00
BMA members: Inland £4.00; Abroad £5.50



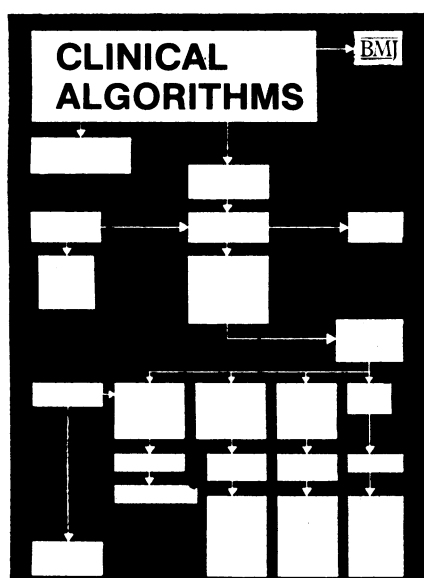
High tech equipment for diagnosis and treatment is rightly valued, but for the many disabled people in the population it is often relatively simple aids that make all the difference to the quality of life. In *Everyday Aids and Appliances* the authors give critical evaluation of some of the various types of aids available: those attached to the body; those held but not necessarily fixed to the body; and equipment in the home which allows independence in everyday activities. Originally published in the *BMJ* and now collected in one volume with additional illustrations, these articles bring you fully up to date on items that may greatly benefit disabled people and those who care for them.

Price: Inland £5.95; Abroad £7.00
BMA members: Inland £5.45; Abroad £6.50



Many medical journals, including the *British Medical Journal*, now expect scientific papers submitted to them to contain confidence intervals when appropriate. Why? what are they? and how do you calculate them? *Statistics with Confidence* tells you. A clear explanation of the reasons for using confidence intervals is followed by detailed presentation of methods of calculation, including numerous worked examples and specially compiled tables. To make things even easier, a computer program, Confidence Interval Analysis (CIA), for calculating confidence intervals, has been specially designed by Martin Gardner and details are available from the Publishing Department, *British Medical Journal*.

Price: Inland £7.95; Abroad £9.50
BMA members: Inland £7.45; Abroad £9.00



In these handy guides to the diagnosis and treatment of common disorders a short introductory essay on each topic is combined with an algorithm that provides a clear visual aid to decision making, taking you step by step through the questions to be asked and the actions to be taken. Originally published in the *BMJ* and now revised and brought up to date, *Clinical Algorithms* are available on the following topics:

CENTRAL NERVOUS SYSTEM (collection includes)

- epilepsy
- headache
- memory loss
- syncope
- dizziness and vertigo

GYNAECOLOGY (collection includes)

- premenstrual syndrome
- vaginal discharge
- psychosexual problems
- pelvic inflammatory disease
- abnormal cervical smear

ENDOCRINE SYSTEM (collection includes)

- short stature
- infertility
- thyroid enlargement
- hyperlipidaemia
- delayed puberty

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Third edition

Reviews of the first edition. . .

"A very easy to read and understandable book, written for general practitioners, essential for all practice managers, and general practitioners without a practice manager."

Practice Outlook

"The book guides GPs through all the stages of achieving good staff relations and avoiding management problems."

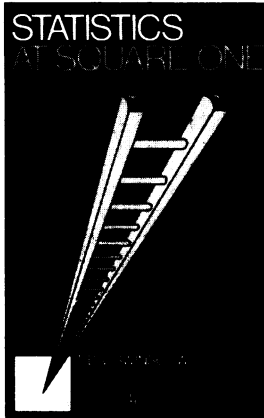
Medeconomics

"The book is easy to read, concise, and extremely good value. It is a must for every practical bookshelf."

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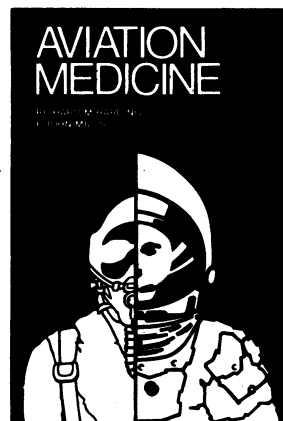


Eighth edition

The statistical testing of data is indispensable in many types of medical investigation and a help on countless occasions in clinical practice. This book provides step by step instruction. Subjects covered include standard deviation, χ^2 tests, t tests, non-parametric tests, and correlation. The book includes sections on Fisher's exact probability test and rank correlation not published in the original *BMJ* series. Methods specially adapted to pocket calculators.

Price: Inland £3.00; Abroad £4.50

BMA members: Inland £2.50; Abroad £4.00



Second edition

Reviews of the first edition. . .

"... John Mills and Richard Harding ... have succeeded admirably in compressing several gallons into a pint pot, and have managed to make their work interesting ... and eminently readable ... It is highly recommended, and essential reading for all those associated, however slightly, with flying."

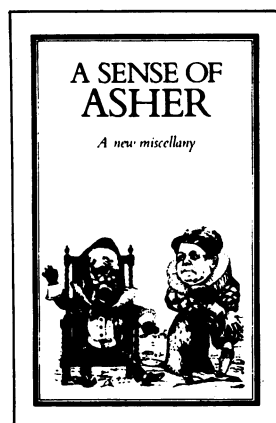
South African Medical Journal

"It is an interesting and concise introduction to aviation medicine for all of us who travel by air or who give advice to those who do ... Through being written for the broad spectrum of the medical profession, it fills a long neglected need."

New Zealand Medical Journal

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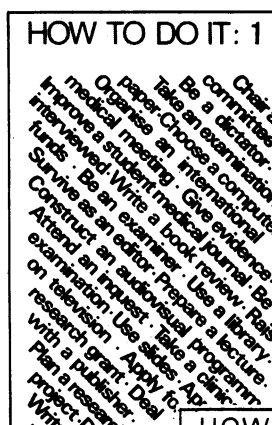
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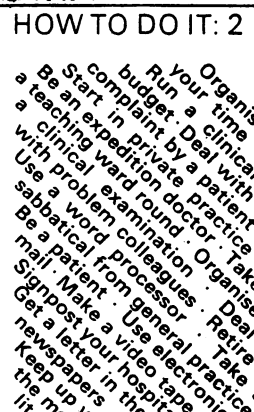
Why are medical journals so dull? Richard Asher, who asked the question, was never dull: good sense, pungent wit, and lively humour were his hallmarks, while his writings on clinical matters, with their combination of lucidity, sympathy, and insight, remain models for all aspiring medical authors. *A Sense of Asher*, a selection of his writings, was first published in a Keynes Press limited edition and quickly sold out. This paperback version, now in its fourth reprinting, contains the complete text of the original – commended by critics as a marvellous gift for a doctor's bedside table and enjoyable light reading for anyone in medicine.

Price: Inland £7.00; Abroad £8.50

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and



Expert advice on those things a doctor needs to know but is rarely taught.

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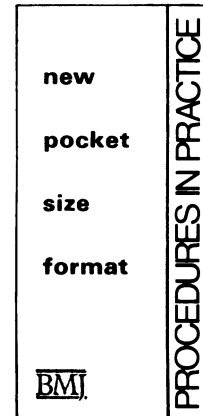
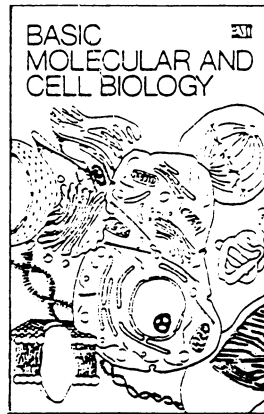
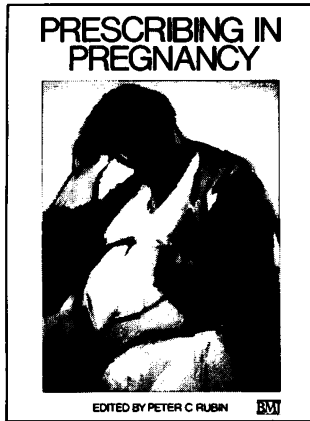
Second edition

This second, revised edition of *Medicine in Old Age* brings the general medical reader up to date on recent advances in geriatrics. It includes accounts of the management of dementia, gastrointestinal problems, anaemia, and urinary tract disease as well as guidance on drug treatment and the specific problems of interpreting laboratory findings in the old. Chapters on rehabilitation and the role of the general practitioner and day hospitals – which have helped to convert mere existence into a full life for many elderly patients – complete a useful introduction to this important subject.

Price: Inland £6.95; Abroad £9.45

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BMJ BOOKS



Second edition

If you are intending to prescribe drugs to a woman in pregnancy or the puerperium you must balance risks against benefits: no harm should be allowed to befall the baby because of the drug, but equally no harm must come to the mother and baby because a disease is being inadequately treated. *Prescribing in Pregnancy* gives you the information on which a clinical decision can be made. Essential reading for doctors who prescribe for women who are, or who may become, pregnant.

"... concise, easy to read, contemporary and well referenced ... should be required reading for residents and practising physicians in obstetrics."

Canadian Medical Association Journal

The extraordinary technical developments in molecular biology over the past few years, and the equally rapid advances in understanding of cell biology, will almost certainly result in far reaching changes in medical research and practice. In this collection of articles experts in molecular and cell biology provide the background information to give clinicians an insight into the way in which the medical sciences may be moving over the next few years and into the exciting possibilities opening up for the treatment of genetic disorders, cancer, and the common illnesses of Western society such as degenerative vascular disease and diabetes.

Newly graduated clinicians have to acquire the practical skills of their speciality – few doctors can remember every step of a procedure after seeing a single demonstration. A step by step guide for those making their first attempts, *Procedures in Practice* has now been completely updated and expanded to cover everything from arterial puncture to vaginal examination. Extensively illustrated, it has been produced in a new pocket size format, so that you can always keep it with you.

Price: Inland £6.95; Abroad £8.00

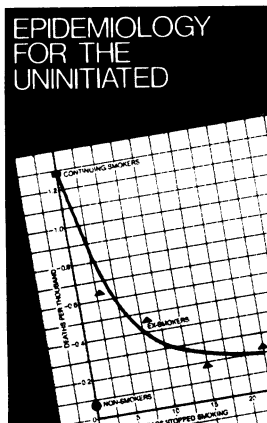
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Second edition

The second edition of this popular *BMJ* handbook has been revised to include further details of epidemiological methods and some of their more dramatic applications, such as the investigations on the Spanish cooking oil epidemic, and AIDS.

Reviews of the first edition

"... all physicians [should] ensure that their hospital library has this book, and that they themselves read it."

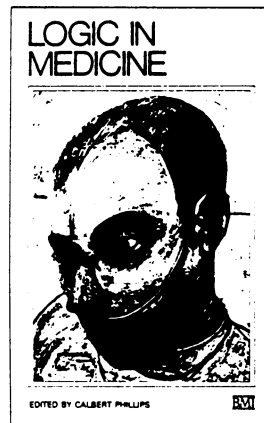
Medical Journal of Australia

"A reading of this book ... should provide a sound basis in epidemiological techniques for any intending researcher."

New Zealand Medical Journal

Price: Inland £3.95; Abroad £5.50

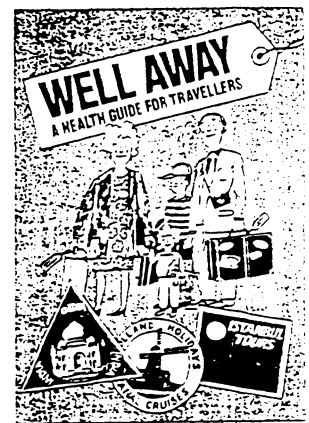
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Medical students and practitioners are often concerned with examples of diagnostic logic, but seldom consider them in the context of a general philosophy. Is diagnostic logic out on a limb, or is it based on the same principles as logic in general? In *Logic in Medicine* doctors and philosophers combine to provide a coherent system of diagnostic logic with a broader view of the science and art of reasoning. The abstract theory of theories has highly practical applications, and the authors explore the uses of computer technology and artificial intelligence systems as well as "fuzzy logic", "relevant logic", and the logic of economics and ethics. A book for all who wish to clear their minds of cant.

Price: Inland £5.95; Abroad £7.50

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The British have been travelling overseas for centuries, but never in such enormous numbers as now. Holidaymakers from Britain between them take about 15 million trips abroad each year, and thousands more go to work, either for firms or voluntary organisations. Strange climate, customs, food, and disease can all cause illness. *Well Away* advises non-medical readers on how to avoid this. Adapted by Eric Walker and Glyn Williams from their *ABC of Healthy Travel* it gives straightforward practical advice on everything from immunisations and insurance before departure to first aid while abroad. This is one guidebook no traveller can afford to be without.

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Learning Medicine gives a clear picture of the life of a medical student and outlines the choices to be made when it comes to later postgraduate training and employment. For sixth formers thinking about a medical career or houseman planning future specialisation, this handbook explains what to look for and how to go about it. **Published annually.**

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J C PETRIE, E T O'BRIEN, W A LITTLER,

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A companion volume to the history of the BMA's first hundred years published in 1932, *The History of the BMA Volume II* covers the next 40 years. The authors describe the change in the BMA's role overseas, the baffling new ethical problems, and the expansion of the BMA's publishing activities.

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Devised by Dr Peter Oakley and based on the guidelines of the Resuscitation Council (UK), the chart (available as an A2 size poster) gives at a glance the essential information for making rapid and accurate decisions.

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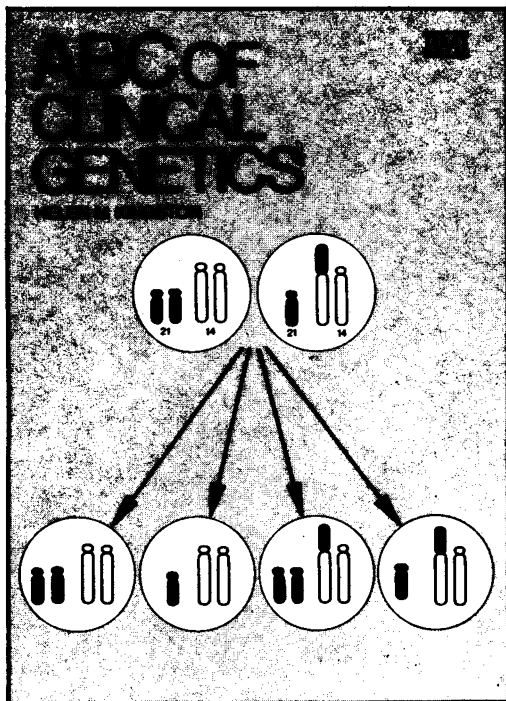
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Genetics is a subject fundamental to medicine, but rapid advances in recent years may make the subject complex and confusing to clinicians and paramedical staff outside the specialty. Nevertheless, the demand for genetic investigation and counselling is increasing and these services need to be offered by clinicians other than clinical geneticists. In the *ABC of Clinical Genetics* Helen Kingston, consultant clinical geneticist at St. Mary's Hospital, Manchester, reviews basic concepts of inheritance in mendelian, chromosomal, and multifactorial disorders; outlines the investigation and management of genetic conditions; and illustrates the application of recombinant DNA technology to clinical practice. Implications of genetic diseases for relatives are also considered, together with the ethical and human dilemmas that face doctors and patients and their families.

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The course will be directed by **Professor John Swales**, Department of Medicine, University of Leicester.

There are vacancies for 35 participants.

Course fee: £420; accommodation charge: £275;
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The course will take place at the Grand Hotel, Leicester. Participants will be accommodated in single bedrooms with private bathroom.

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ABC OF ASTHMA

JOHN REES

Second edition

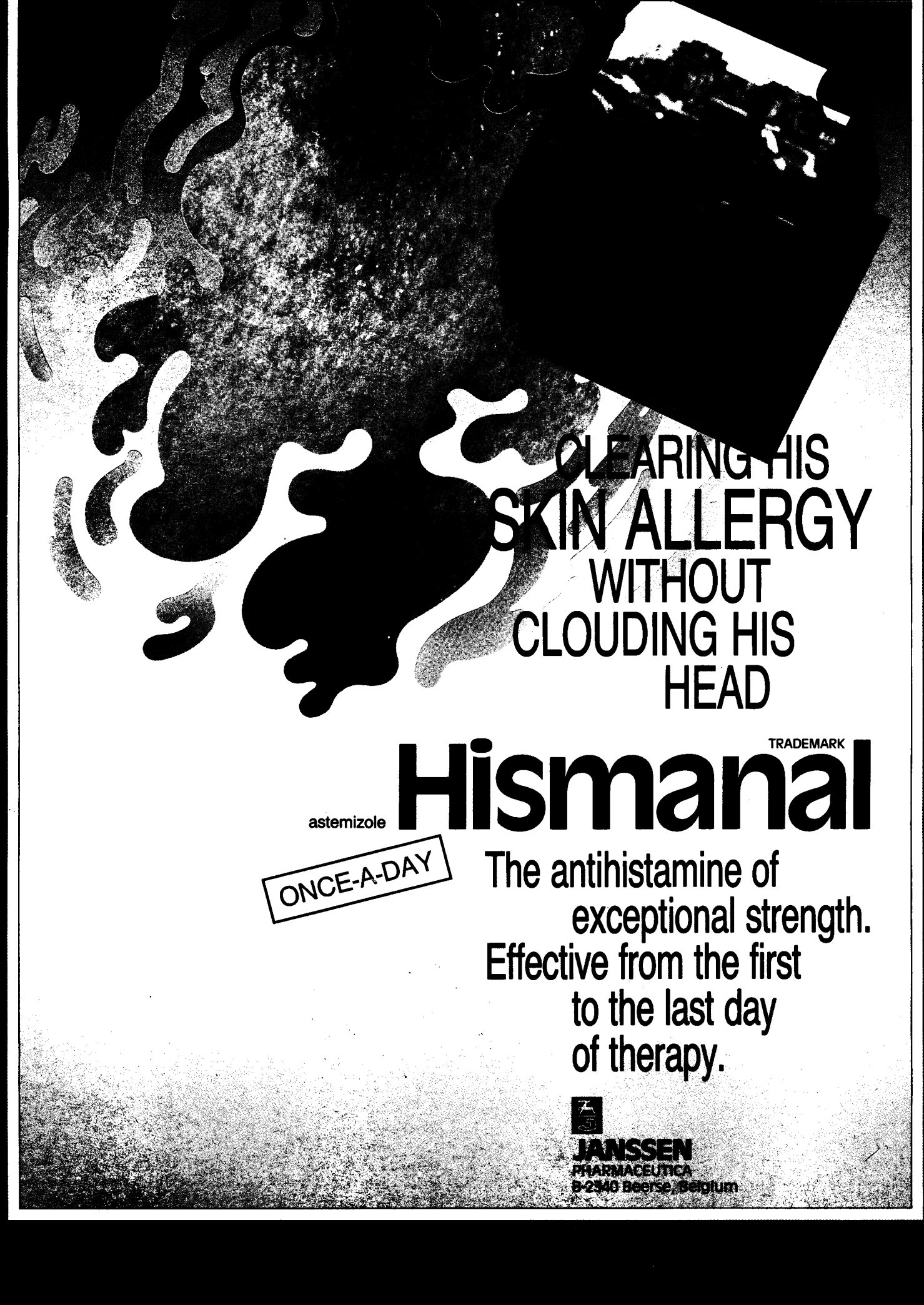
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