

TRADEMARK

NIZORAL
(ketoconazole)

Did you know

that in seborrhoeic dermatitis
a dominant role is played by
Pityrosporum yeasts?

And did you know

that *Pityrosporum* is exceptional
sensitive to ketoconazole,
alias Nizoral?

If you do, you know why Nizoral cream is the right answer to seborrhoeic dermatitis

Apply twice daily until a few days after remission of symptoms.

Indications: Nizoral cream is indicated for topical application in the treatment of dermatophyte infections of the skin, as well as in the treatment of cutaneous candidosis and tinea (pityriasis) versicolor. Nizoral cream is also indicated for the treatment of seborrhoeic dermatitis, a skin condition related with the presence of *Pityrosporum ovale*. **Precautions:** Irritation may occur when Nizoral cream is used immediately after prolonged treatment with topical corticosteroids. Therefore, it is recommended to continue applying the topical corticosteroid in the mornings and to apply Nizoral cream in the evenings, and to subsequently and gradually withdraw the steroid therapy over a period of 2-3 weeks.



JANSSEN
PHARMACEUTICA

8-2340 Beerse, Belgium

world leader in antimycotic research

Full prescribing information
available on request.

PREPARING FOR PLAB

6 day residential courses covering both Medicine and Medical English

- ★ Oral and written skills
- ★ Authentic medical materials
- ★ Practice and analysis of the Test
- ★ Sessions with medical practitioners
- ★ Individual counselling
- ★ Medical MCQs and Slides

Course dates: roughly every 2 months—
11 February, 25 March, 29 April, 8 July
1990

Fees: £350 (includes tuition, bed,
breakfast and evening meal)

The ELT Centre, Arts Tower
University of Sheffield
SHEFFIELD S10 2TN
Tel (0742) 768555 Ext 4869, 4879

International Medical Course

Advances in respiratory medicine

26 August - 6 September 1990, Edinburgh

This course will aim to provide a review of areas of major interest and importance in respiratory medicine. It will also aim to provide participants with an update on the recent advances relevant to clinical practice in the fields discussed. The course will consist of talks, seminars and demonstrations and ample time will be available for discussion with the speakers either at the end of their talk or informally afterwards.

Topics to be discussed will include: smoking-related lung disease; management of chronic obstructive pulmonary disease; advances in asthma care; management of lung cancer; breathing disorders during sleep; pulmonary infections; tuberculosis in AIDS; interstitial lung disease; pulmonary embolism; occupational lung disorders.

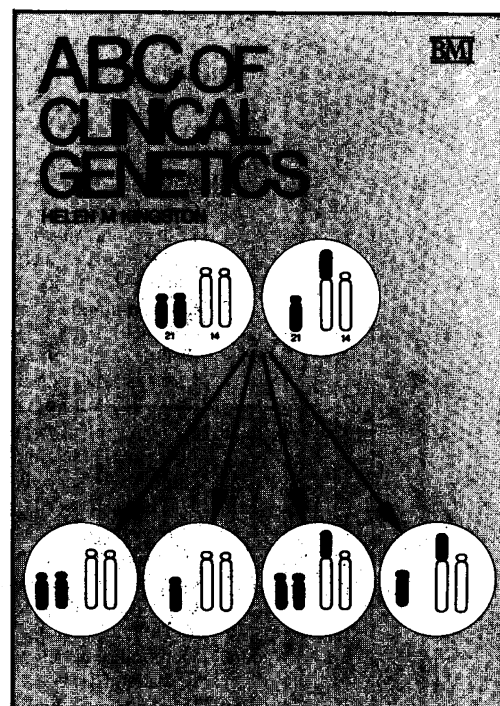
The course will be directed by **Dr M E Sudlow**, **Dr N J Douglas**, and **Dr W MacNee** from the University Department of Respiratory Medicine at the City Hospital in Edinburgh.

Course fee: £740; accommodation charge: £655;
total fee: £1,395.

The course will be based in Edinburgh and the working sessions will take place at the City Hospital. Resident participants will be accommodated in single rooms with private bathroom or shower at a conveniently situated hotel.

••••• The
••••• British
••••• Council

Further information and application
forms are available from British Council
Representatives overseas or from Courses
Department, The British Council,
65 Davies Street, London W1Y 2AA.



Genetics is a subject fundamental to medicine, but rapid advances in recent years may make the subject complex and confusing to clinicians and paramedical staff outside the specialty. Nevertheless, the demand for genetic investigation and counselling is increasing and these services need to be offered by clinicians other than clinical geneticists. In the *ABC of Clinical Genetics* Helen Kingston, consultant clinical geneticist at St. Mary's Hospital, Manchester, reviews basic concepts of inheritance in mendelian, chromosomal, and multifactorial disorders; outlines the investigation and management of genetic conditions; and illustrates the application of recombinant DNA technology to clinical practice. Implications of genetic diseases for relatives are also considered, together with the ethical and human dilemmas that face doctors and patients and their families.

Price: Inland £10.95; Overseas £13.00

BMA members: Inland £9.95; Overseas £12.00
including postage, by air abroad

**Please enclose payment with order, or send
us full details of your MASTERCARD, VISA,
or AMERICAN EXPRESS card.**

BMJ

Order from:
BRITISH MEDICAL JOURNAL
PO Box 295
London WC1H 9TE
or any leading medical bookseller

You don't know everything

HOW TO DO IT: 3

[illegible]

But often in a medical career it seems as if you are expected to. When confronted with a problem you've never met before the only thing to do is to ask the experts—but where are the experts who are never on holiday, never off sick, in a meeting, or simply unavailable? In *How To Do It: 3*, that's where. You can keep them in your pocket, and in a few minutes they can tell you, among many other things, how to:

- lecture overseas
- be a manager
- prepare a Festschrift
- commission a portrait
- set up an audit
- write a practice annual report
- organise multicentre trials
- start a DNA diagnostic service
- survive a dinner

**Two companion
volumes of
essential know-how
are also available**

Price (each book): Inland £6.95; Abroad £9.00

BMA members: Inland £6.45; Abroad £8.50

HOW TO DO IT: 1

Chairman
Committee
Be a dictator
Take an examination
Choose a computer
Organise an international
medical meeting
Write a book review
Be an examiner
Use a library
Improve a student
Survive as an editor
Prepare a lecture
Interviewed
Construct an audiovisual programme
Attend an inquest
Take a clinical
examination
Apply for a
research grant
Deal
with a publisher
Plan a research
project
Win

HOW TO DO IT: 2

Organise your time.
Run a clinical budget.
Complain by a patient.
Start in private practice.
Be an expedition doctor.
a teaching ward round.
Organise a clinical examination.
Use a word collator.
sabbatical from general practice.
Be a patient.
Signpost your video tape.
Get a letter in the mail.
Keep up with newspapers in the
the medical literature.

ORDER FORM

British Medical Journal, PO Box 295,
London WC1H 9TE, England *or any leading bookseller*

Please send me copy/copies of

- ☐ HOW TO DO IT: 3
- ☐ HOW TO DO IT: 2
- ☐ HOW TO DO IT: 1

Prices to include postage, by air abroad

NAME.....

NAME.....
Please print name and address clearly

ADDRESS.....

POST CODE.....

- ☐ I enclose BMA Membership No.

Please make cheques payable to British Medical Journal or
debit my credit card (*please tick box*)

- ☐ VISA ☐ AMERICAN EXPRESS ☐ MASTERCARD

CARD NUMBER _____

Card expiry date.....

Signature.....

- ☐ Please send me a book catalogue

FIRST...

WITH THE INFORMATION YOU NEED RIGHT NOW!

Announcing the immediate availability of

CURRENT CONTENTS ON DISKETTE™ CLINICAL MEDICINE



If you need weekly electronic access to the titles of all newly published articles and materials in clinical medicine, and *you need it right now*, call or write us for a FREE trial subscription to *Current Contents on Diskette/Clinical Medicine*.

Published by the

Institute for Scientific Information®

the world's leading provider of current awareness products in science.

3501 Market Street, Philadelphia, PA 19104 U.S.A. (800) 336-4474.

Europe: 132 High Street, Uxbridge, Middlesex UB8 1DP U.K. +44-895-70016



First...

with the information you need.

Render to

histamine

what histamine deserves

Histamine deserves the antihistamine that can really take it on. For right away the allergies that thrive on histamine will respond. Typical examples are hay fever, perennial rhinitis, allergic conjunctivitis and different forms of urticaria.

Hismanal is unique by the strength of its histamine-antagonism. Without any risk of sedation, its full antihistamine strength can be utilized.

And there is no weakening during the 24 hour dosing interval, so that the symptoms won't get a chance to cause untimely trouble.



Hismanal^{TRADEMARK}

(astemizole)

The antihistamine
of exceptional strength.

Effective from
the first
to the last day
of therapy.



JANSSEN
PHARMACEUTICA

the drug discovery company

B-2340 Beerse, Belgium

Prescribing Information

Uses: Hismanal is a potent and non-sedative antihistamine indicated for the treatment of seasonal and perennial allergic rhinitis, allergic conjunctivitis, chronic urticaria and other allergic conditions.

Dosage and administration: adults and children over 12 years: 10 mg daily. Children 6-12 years: 5 mg once daily. Children younger than 6 years: 2 mg per 10 kg daily. Hismanal should be taken on an empty stomach. **Precautions:** Hismanal should be used in pregnant women only when, in the judgement of the physician, the potential benefits outweigh the possible hazards.

Adverse reactions: weight gain may occur during prolonged treatment. **Overdose:** in case of overdose, gastric lavage should be followed by close observation and ECG monitoring as arrhythmias have occasionally occurred after intake of doses in excess of 200 mg.

Full prescribing information available on request.

JUST
ONE TABLET
A DAY