

# If you do, you know why Nizoral *cream* is the right answer to **seborrhoeic dermatitis**

Did you know

that in seborrhoeic dermatitis a dominant role is played by

And did you kn

that *Pityrosporum* is exceptional sensitive to ketoconazole,

Pityrosporum yeast\$?

alias Nizoral?

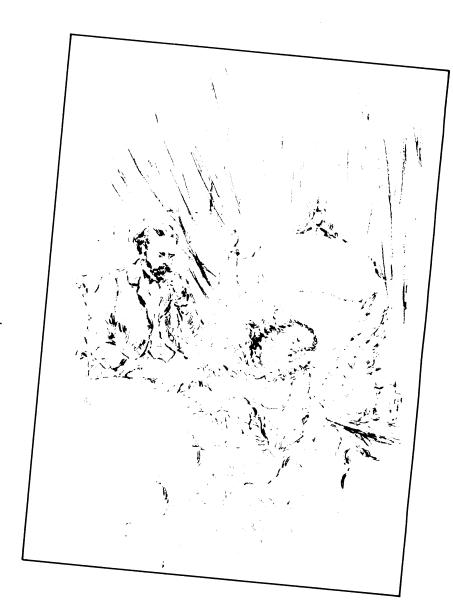
Apply twice daily until a few days after remission of symptoms.

Indications: Nizoral creem is indicated for topical application in the treatment of dermatophyte infections of the skin, as well as in the treatment of cutaneous candidosis and tinea (pityriasis) versicolor. Nizoral cream is also indicated for the treatment of seborrhoeic dermatitis, a skin condition related with the presence of Pityrosporum ovale. Precautions: Irritation may occur when Nizoral cream is used immediately after prolonged treatment with topical corticosteroids. Therefore, it is recommended to continue applying the topical corticosteroid in the mornings and to apply Nizoral cream in the evenings, and to subsequently and gradually withdraw the steroid therapy over a period of 2-3 weeks.



## Did ed, BMJ, murder his wife?

Supposedly based on rumoured events in the life of Ernest Hart, a great but undervalued editor of the BMI, Frank Danby's novel Dr Phillips: a Maida Vale Idyll was first published in 1887. Unlike many popular Victorian novels it is concisely plotted; its style is pithy; the characters are sympathetic and believable; and the author's presentation of Iewish life in the late nineteenth century is uncompromisingly honest. But is the character of "Dr Phillips" a portrait of Hart? In his introduction



edition Stephen Lock, present editor of the BMJ, places the novel in its literary and historical context and examines the character and achievements of Ernest Hart.

Beautifully printed and bound, and with illustrations by Tabitha Salmon, this edition of *Dr Phillips: a Maida Vale Idyll* will fascinate those interested in literature, history, and the *BMJ*.

**Dr** Phillips

to the new Keynes Press

A Maida Vale Idyll

FRANK DANBY

Published December 1989

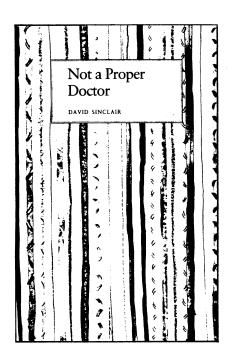
Demy octavo; set in Monophoto Modern and printed on Fineblade Cartridge paper; xii + 285 pages + colour frontispiece Limited edition of 300 copies Inland £45.00; Abroad £49.00; USA \$80.00 including postage, by air abroad American Express, Mastercard, Visa credit cards accepted. Please give full details.

British Medical Journal, (Keynes Press), PO Box 295, London WC1H 9TE



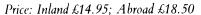
## The BMJ's series of books of general interest by medical writers





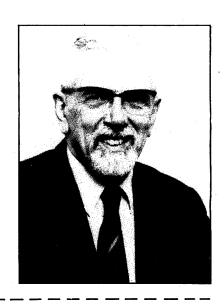
When is a medical practitioner "not a proper doctor"? According to the author (or rather his wife) when he is a professor of anatomy. David Sinclair was intent on a career in surgery when he graduated from St Andrew's University but fate, mainly in the shape of the second world war, decreed otherwise. He eventually became the first professor of anatomy at the University of Western Australia by way of the RAMC, Porton Down, researching the effects of mustard gas in Queensland, and the department of human anatomy at Oxford. His peregrinations did not, however, stop there; he returned to this country to take up the regius chair of anatomy at Aberdeen University and before retirement became director of postgraduate medical education at Perth, Western Australia.

Professor Sinclair looks back at his varied life—at the forces, people, and choices that have shaped it. There are moments of joy, moments of sadness and regret, throughout a central core of humour and compassion—the stuff that "proper" doctors are made of.



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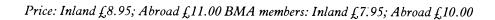
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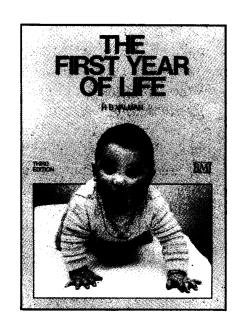
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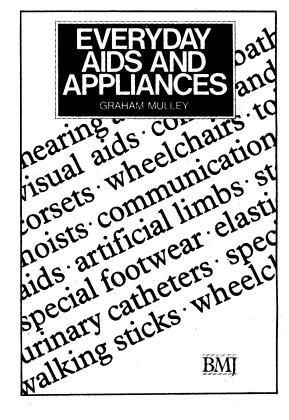
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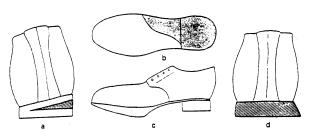
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High tech equipment for diagnosis and treatment is rightly valued, but for the many disabled people in the population it is often relatively simple aids that make all the difference to the quality of life. Do you know what they are? Where they can be obtained? Which ones are suitable and effective? In Everyday Aids and Appliances the authors give critical evaluation of some of the various types of aids available: those attached to the body (such as hearing aids, stomas, special footwear); those held but not necessarily fixed to the body (such as mobility aids); and equipment in the home which allows independence in everyday activities (such as wheelchairs, hoists).





(a) Heel wedge; (b) elongated heel; (c) rocker sole; (d) floated out heel.

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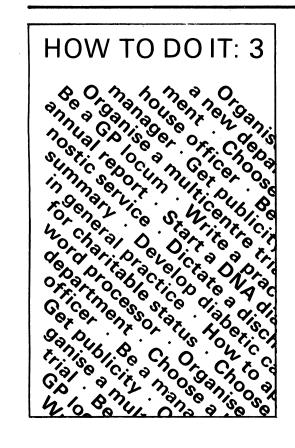
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### You don't know everything

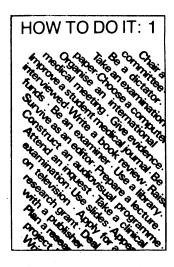


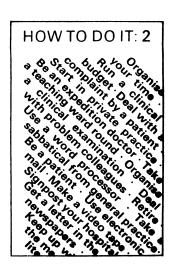
But often in a medical career it seems as if you are expected to. When confronted with a problem you've never met before the only thing to do is to ask the experts—but where are the experts who are never on holiday, never off sick, in a meeting, or simply unavailable? In *How To Do It: 3*, that's where. You can keep them in your pocket, and in a few minutes they can tell you, among many other things, how to:

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### Calculate with confidence

#### CIA software

Confidence Interval Analysis (CIA) is a computer program that takes the sweat out of calculating confidence intervals. Devised by Martin Gardner, professor of medical statistics, MRC Environmental Epidemiology Unit, University of Southampton. The program is menu driven with easy access to each chapter and to the method required within each chapter. Topics covered include calculating confidence intervals for:

- means and their differences
- proportions and their differences
- regression and correlation
- non-parametric analyses

For each method relevant intermediate statistics and the required confidence interval are produced on the screen. Complete with its own manual, the program may also be used in conjunction with the book *Statistics with Confidence*, which provides numerous worked examples. The software is available for IBM compatibles on either a  $5\frac{1}{4}$ " or a  $3\frac{1}{2}$ " disk.

Price: £65.00. Educational establishments, research institutes, and the NHS — £45.95. Prices include VAT in the UK and air mail despatch abroad.

The book Statistics with Confidence – Confidence intervals and statistical guidelines is available price £7.95 in the UK and £9.50 abroad (BMA members £7.45 and £9.00, respectively)

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# SOME THINGS APPEAR TO BE, SLIGHTLY DIFFERENT

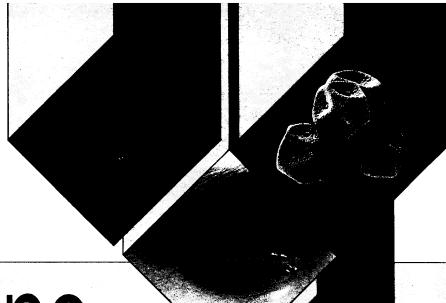
that the pathophysiology was related to gastric acid; healing no longer seemed to be a major problem, except for the high relapse rates.1) In 1983 J.R. Warren and B.J. Marshall<sup>2)</sup> unearthed another pathological factor: Helicobacter pylori\*. Since their historic rediscovery, evidence of the connection between H. pylori in the gastric mucosa on one hand and histologically proven gastritis and peptic ulcers on the other has become stronger and stronger. Chronic gastritis and ulcer relapse are highly associated with H. pylori.3) De-Nol® is the only ulcer healer that is active against H. pylori. Therefore the relapse rates after termination of therapy are much lower than with acid-suppressant preparations.4) What is more: among patients in whom H. pylori was eradicated and who remained H. pylori negative in the year of follow-up, the relapse rate of peptic ulcers was only 0-10%.4, 5, 6, 7, 8) The pathogenesis and cure of peptic ulcers therefore appear to be slightly different from what was

Take for example peptic ulcers. For years people were convinced

\* formerly known as Campylobacter pylori

assumed for years.

oidal bismuth subcitrate)



Render to

# histamine

what histamine deserves

Histamine deserves the antihistamine that can really take it on. For right away the allergies that thrive on histamine will respond. Typical examples are hay fever, perennial rhinitis, allergic conjunctivitis and different

Hismanal is unique by the strength of its histamine-antagonism. Without any risk of sedation, its full antihistamine strength can be utilized.

And there is no weakening during the 24 hour dosing interval, so that the symptoms won't get a chance to cause untimely trouble.

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The antihistamine of exceptional strength.

> Effective from the first to the last day of therapy.



forms of urticaria.

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B-2340 Beerse, Belgium

#### Prescribing Information

Dosage and administration: adults and children over 12 years; 10 mg daily. Children 6-12 years; 5 mg once daily. Children younger than 6 years; 2 mg per 10 kg daliy. Hismanal should be taken on an empty stomach. Precautions: Hismanal should be used in pregnant women only when, in the judgement of the physician, the potential benefits outweigh the possible hazards.

Adverse reactions: weight gain may occur during prolonged treatment. Overdose: in case of overdose, gastric lavage should be followed by close observation and ECC monitoring as arrhythmias have occasionally occurred after intake of doses in excess of 200 mg.

Full prescribing information available on request,

