

TREATING FUNGAL SKIN INFECTIONS IN PRECISELY 15 DAYS

Fungal skin infections should normally be treated at least until the symptoms have completely disappeared. This does not enhance patient compliance and may so hinder the healing process.

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After precisely 15 days of oral treatment, therapeutic concentrations of Sporanox remain active in the stratum corneum for another 3-4 weeks. And yet, its plasma level disappears very rapidly.

Practical dosage:

Tinea corporis, tinea cruris, tinea pedis*, tinea manus*:
1 capsule daily for precisely 15 days.

* Involvement of highly keratinized regions such as hand palms and foot soles requires an additional 15-day treatment.

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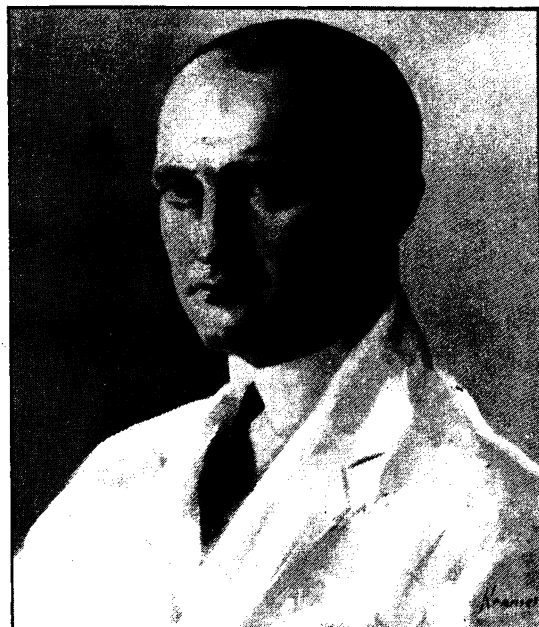
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Sporanox

Hasten slowly

Festina Lente— a Psychiatric Odessey by Henry R Rollin



Henry Rollin insists that *Festine Lente* is "in no way an autobiography. I prefer to regard it essentially as a history of psychiatry during the past half century as seen by one who has been witness to and played some small part in the shaping of events." A former hospital consultant who has been a member of the Mental Health Review Tribunals and the Parole Board as well as a consultant forensic psychiatrist to the Home Office, he is well qualified to comment on these events. The book includes his analysis of the history and evolution of Horton Hospital; the dissolution of mental hospitals and the myth of community care; outpatients departments; and the development of different physical and psychopharmacological treatments.

But one reason for "hastening slowly" is that life has many things to offer, and, as Henry Rollin says, "My interests were, and if truth be told, have continued to be, in the arts." He recalls, among other pleasures, attending London first nights with James Agate, going to Mindy's on Broadway with George Shearing, and founding the music society of an Oxford college and becoming its resident impresario. Psychiatry and the arts are combined in two chapters "The therapeutic use of music in a mental hospital" and "Literary excursions," which examines the characters of Hamlet, Bryon, George Bernard Shaw, and James Joyce. Appropriately, this psychiatric odyssey ends with the late arrival of true love.

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Tour of Dr Syntax

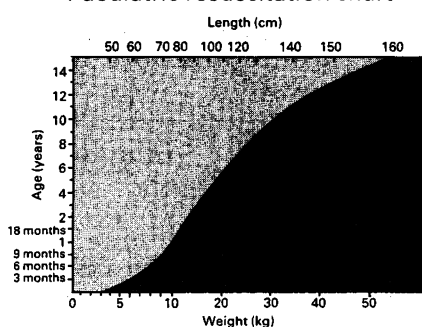
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Endotracheal tube

Length (cm)	Internal diameter (mm)
18-21	7.5-8.0
18	7.0
17	6.5
16	6.0
15	5.5
14	5.0
13	4.5
12	4.0
11	3.5
10	3.0-3.5

Paediatric resuscitation chart



Adrenaline (ml of 1/10 000) intravenous or endotracheal	0.5	1	2	3	4	5
Atropine (mg) intravenous or endotracheal	0.1	0.2	0.4	0.6	0.6	0.6
Bicarbonate (ml of 8.4%) intravenous	5	10	20	30	40	50
Calcium chloride (mmol)* intravenous	1	2	4	6	8	10
Diazepam (mg) intravenous	1-2.5	2.5	5	7.5	10	10
Glucose (ml of 50%) intravenous	10	20	40	60	80	100
Lignocaine (mg) intravenous or endotracheal	5	10	20	30	40	50
Salbutamol (µg) intravenous	25	50	100	150	200	250
Initial DC defibrillation (J)	10	20	40	60	80	100
Initial fluid infusion in hypovolaemic shock (ml)	50	100	200	300	400	500

* One millilitre calcium chloride 1 mmol/ml \approx 1.5 ml calcium chloride 10% \approx 4.5 ml calcium gluconate 10%

A child is dying: what do you do?

Resuscitating children is different from resuscitating adults—and more difficult. Because cardiorespiratory arrest in children is uncommon each doctor's experience of handling it is limited, and there is a tendency to forget the recommended drug doses; also, because children come in so many different sizes it is hard to judge the correct dose, especially if you do not know the child's weight. Yet delay or inaccuracy in treatment might be fatal. **The Paediatric Resuscitation Chart**, devised by Dr Peter Oakley and based on the guidelines of the Resuscitation Council (UK), gives you at a glance the essential information for making rapid and accurate decisions. The chart is available as an A2 size poster or a pocket sized postcard.

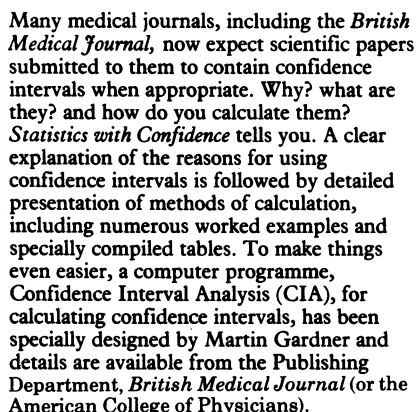
Poster: UK £3.50; Abroad £4.50; USA \$9.00, including packing and postage, by air abroad.

Single copies of a postcard version of the chart are available, free of charge, on receipt of an A5 stamped addressed envelope (16cm x 24cm; 6in x 9in). Bulk orders please write to the Book Department.

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The statistical testing of data is indispensable in many types of medical investigation and a help on countless occasions in clinical practice. This book provides step by step instruction. Subjects covered include standard deviation, χ^2 tests, t tests, non-parametric tests, and correlation. The book includes sections on Fisher's exact probability test and rank correlation not published in the original *BMJ* series. Methods specially adapted to pocket calculators.



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Let the *BMJ* throw light on your methods and help your results stand up

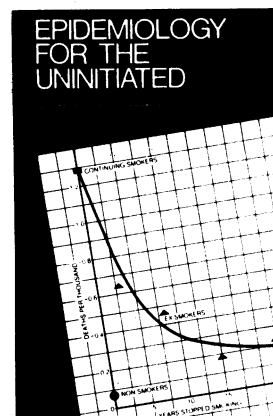
★ *Andrew Lang*



No doctor can afford to ignore statistics: most modern medical research uses statistics. This important and authoritative book provides clear information on designing studies, applying statistical techniques, and interpreting studies that use statistics. It can be easily understood by those with no statistical training and should be read by all those who want to keep abreast of new developments.

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Epidemiology has its own techniques of data collection and interpretation and its necessary jargon of technical terms, and in *Epidemiology for the Uninitiated* Professors Geoffrey Rose and David Barker guide the novice expertly through the theory and practical pitfalls. The second edition of this popular *BMJ* handbook has been revised to include further details of epidemiological methods and some of their more dramatic applications, such as the investigations on the Spanish cooking oil epidemic, and AIDS.



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Not a Moment to Lose by Sir David Smithers

Sir David Smithers, former president of the British Institute of Radiology and of the Royal College of Radiologists, was for 30 years professor of radiotherapy at the Royal Marsden Hospital. But that is only half the story. He is also a man who believes that "one should aspire to be a realist but retain a sense of wonder, a rationalist who is prepared to jump to conclusions, and a critical visionary who remains sensible of the humour of the human situation". Recounting how he has lived according to these principles, David Smithers describes, in addition to his medical career, his experiences as a broadcaster, traveller, rose grower, and observer of human nature.

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One Man's Medicine by Professor Archie Cochrane with Max Blythe

Archie Cochrane was one of Britain's most influential thinkers on health care and the quality of health services. His 30 years' association with the Rhondda Fach—and his work there on reducing the suffering inflicted on whole communities by pneumoconiosis—is almost legendary. Ironically, this was nearly overshadowed later in his life by the spectacular success of his Rock Carling monograph *Effectiveness and Efficiency*, which proved to be a seminal work and influenced thinking about the assessment of medical treatment and procedures throughout the world.

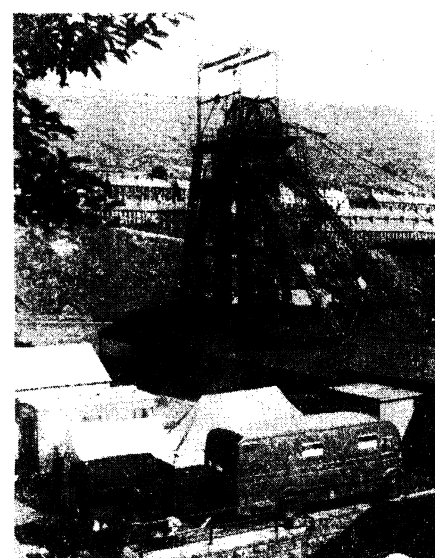
What kind of man was he, and what led him to such a career? In *One Man's Medicine* (written in collaboration with Max Blythe) Archie Cochrane recalls with candour and perception the dilemmas and disasters that beset his early ambitions for a career in clinical medicine and research; his undergoing psychoanalysis with Theodor Reik in Germany in the early 1930s; his support for the republicans in Spain; and his four years as a prisoner of war in Salonica (for which he usually blamed Evelyn Waugh).

A rich and rewarding book, *One Man's Medicine* sums up the life and opinions of a remarkable man.

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Together with the Nuffield Provincial Hospitals Trust, the BMJ has reprinted *Effectiveness and Efficiency*. This new edition also includes a brief note written by Archie Cochrane reflecting upon the monograph some two years after its publication, and the obituary written with such honesty by himself.

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The x-ray service of the Medical Research Council's Pneumoconiosis Research Unit visiting Tylorstown pithead in 1950.

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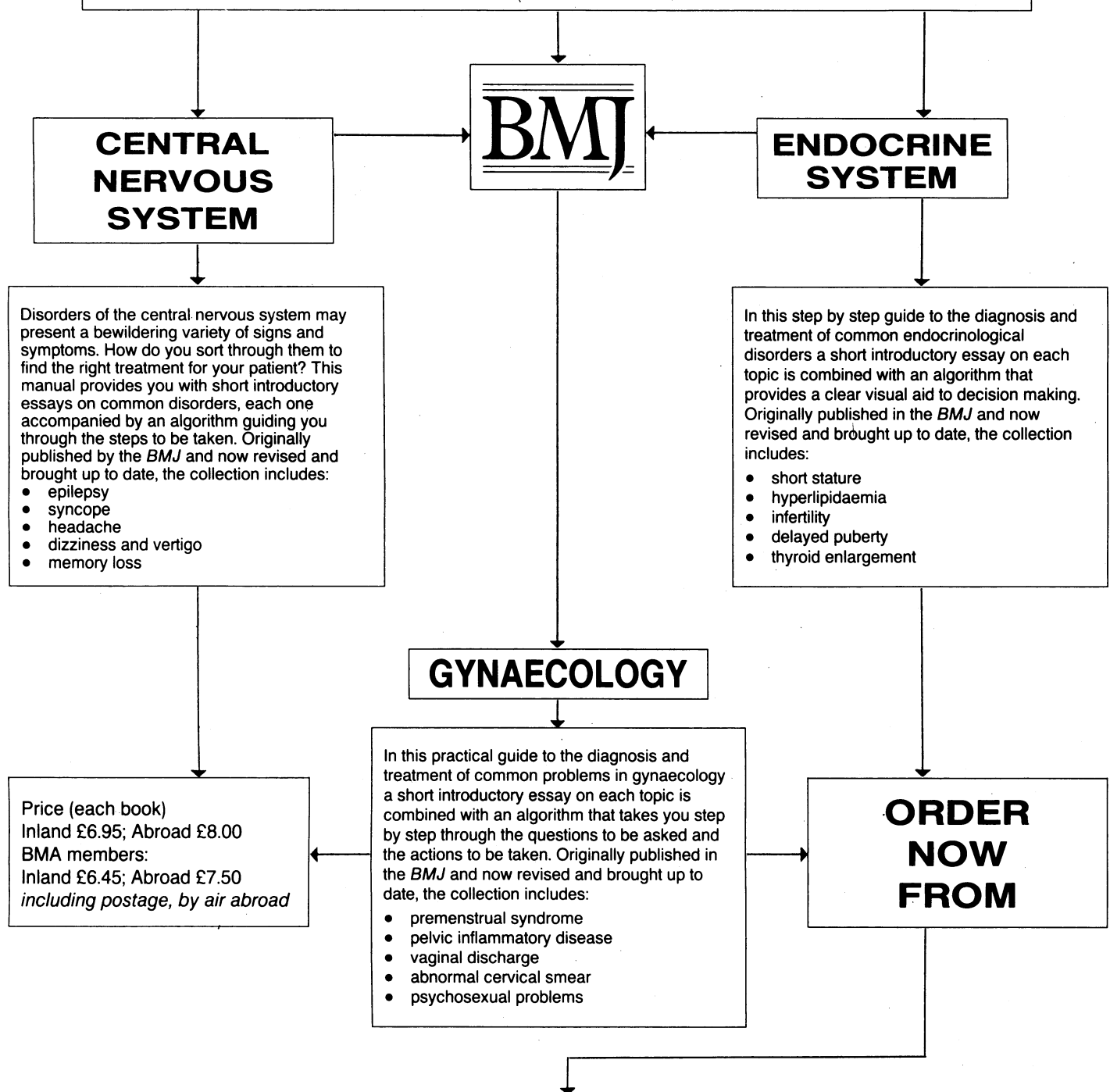
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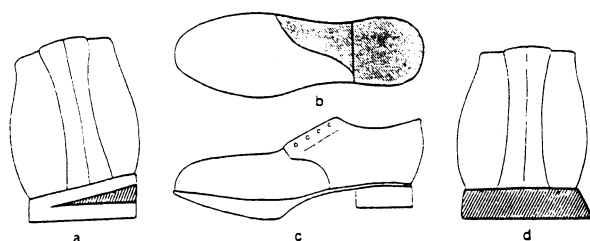
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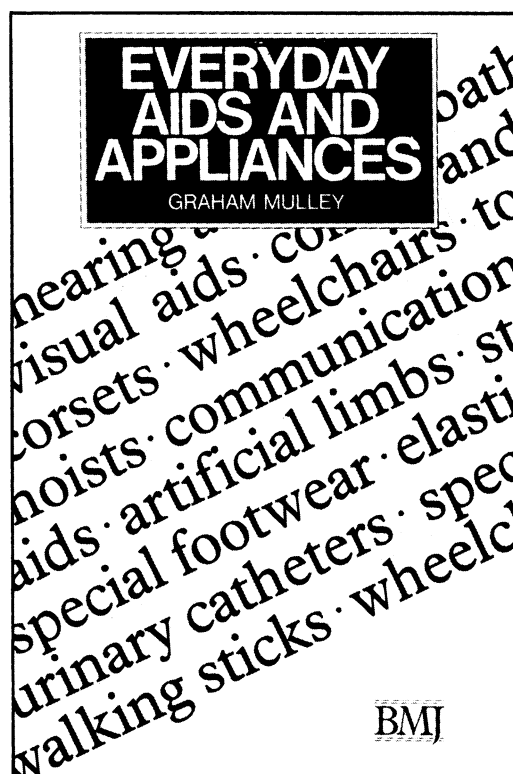
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(a) Heel wedge; (b) elongated heel; (c) rocker sole; (d) floated out heel.

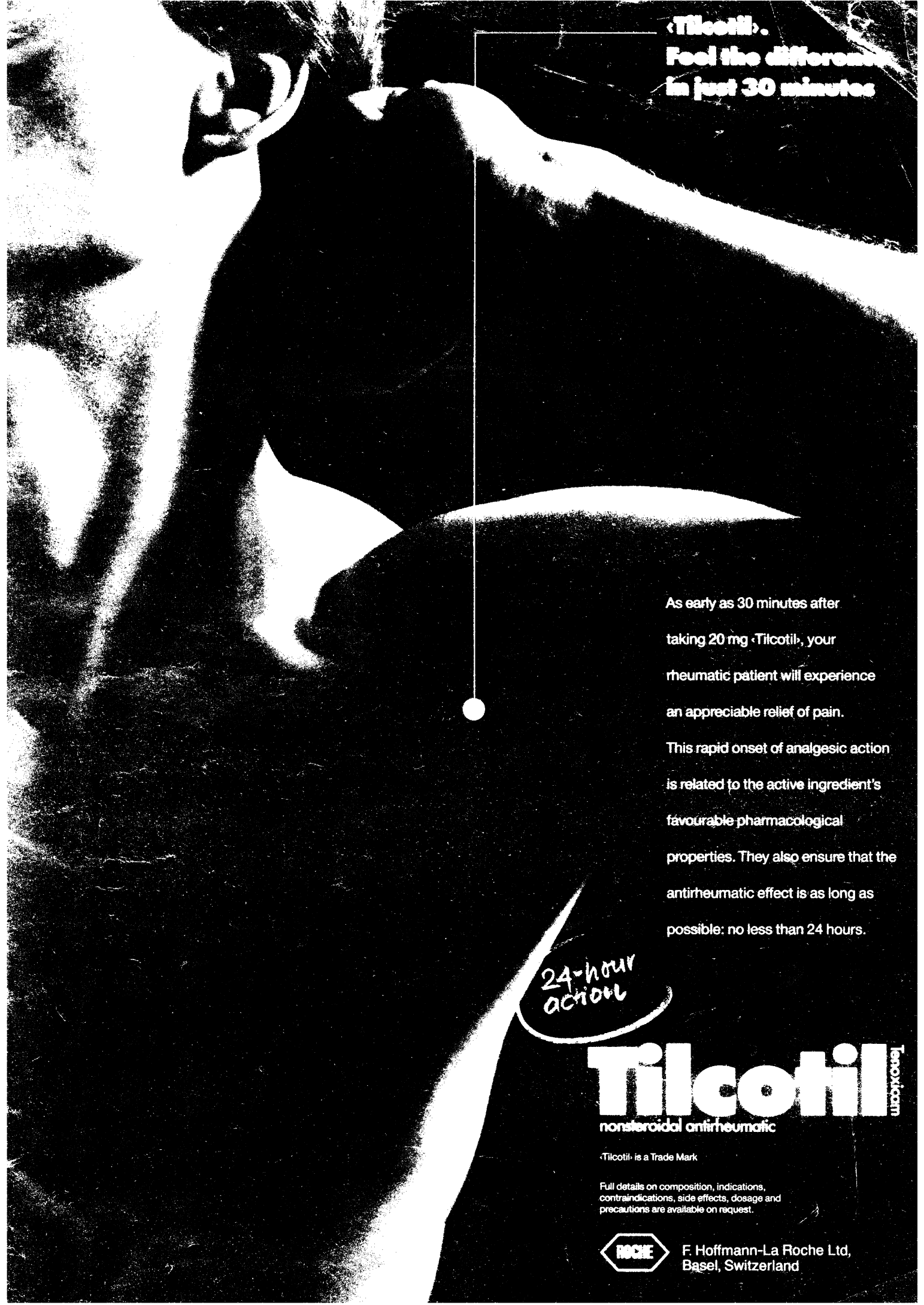


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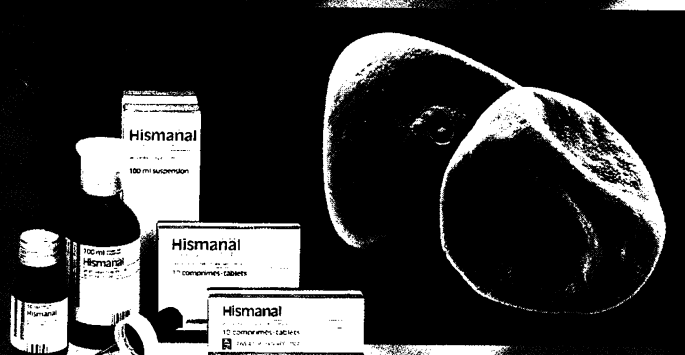
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