

# FROM NOW ON WHEN IT COMES TO VAGINAL CANDIDOSIS

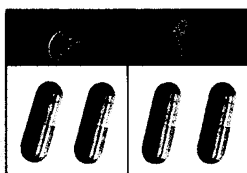
# Sporanox<sup>TRADEMARK</sup>

itraconazole

## JUST ONE DAY OF ORAL TREATMENT

After just one day of oral treatment, therapeutic concentrations of Sporanox remain active in the vaginal epithelium for another 3 days. And yet, the plasma level disappears rapidly. That is why, in acute vaginal candidosis, it just takes 4 capsules during only 1 day to solve the problem. (In two intakes, so as to reach peak tissue levels twice...)

And because Sporanox works orally, i.e. "from the inside out", it destroys even those *Candida* cells that may have penetrated the deeper layers of the vaginal epithelium.



In acute vaginal candidosis:  
1-day Sporanox  
2 capsules in the morning and  
2 capsules in the evening

Full prescribing information available on request.

**JANSSEN**  
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B-2340 Beerse, Belgium  
world leader in antimycotic research

Note: Sporanox (itraconazole) is not yet available in all countries.

Administration: It is essential that Sporanox be taken immediately after a full meal for maximal absorption. Gastric acid secretion and intestinal motility are important for absorption. Antacids and other drugs that increase gastric pH should be taken at least 2 hours before or after Sporanox. Sporanox should not be taken with grapefruit juice.

Contraindications: Sporanox is contraindicated in patients with known hypersensitivity to itraconazole or any of the excipients. It is also contraindicated in patients with severe liver disease (transaminase levels > 3 times the upper limit of normal) or in patients with severe heart failure (NYCT III or IV). Sporanox should be used with caution in patients with moderate liver disease (transaminase levels > 2 times the upper limit of normal) or in patients with moderate heart failure (NYCT II).

Warnings: Sporanox should be used with caution in patients with moderate liver disease (transaminase levels > 2 times the upper limit of normal) or in patients with moderate heart failure (NYCT II).

Side effects: The most common side effects are headache, dizziness, nausea, and constipation. These are usually mild and transient.

Interactions: Sporanox may interact with other drugs, including antifungals, antibiotics, and immunosuppressants. Consult your doctor for more information.

Precautions: Sporanox should be used with caution in patients with moderate liver disease (transaminase levels > 2 times the upper limit of normal) or in patients with moderate heart failure (NYCT II).

Storage: Sporanox capsules should be stored in a cool, dry place, away from light and moisture.

Shelf life: Sporanox capsules have a shelf life of 3 years.

Excipients: The capsules contain lactose, which may be harmful to some people with rare hereditary fructose intolerance.

Other information: Sporanox is a registered trademark of Janssen Pharmaceutica.

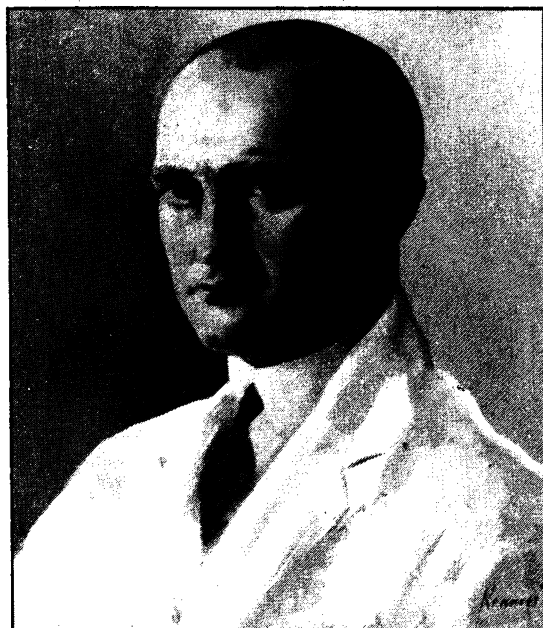
For more information, please contact your doctor or pharmacist.

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# Sporanox

# Hasten slowly

## Festina Lente— a Psychiatric Odyssey by Henry R Rollin



Henry Rollin insists that *Festine Lente* is "in no way an autobiography. I prefer to regard it essentially as a history of psychiatry during the past half century as seen by one who has been witness to and played some small part in the shaping of events." A former hospital consultant who has been a member of the Mental Health Review Tribunals and the Parole Board as well as a consultant forensic psychiatrist to the Home Office, he is well qualified to comment on these events. The book includes his analysis of the history and evolution of Horton Hospital; the dissolution of mental hospitals and the myth of community care; outpatients departments; and the development of different physical and psychopharmacological treatments.

But one reason for "hastening slowly" is that life has many things to offer, and, as Henry Rollin says, "My interests were, and if truth be told, have continued to be, in the arts." He recalls, among other pleasures, attending London first nights with James Agate, going to Mindy's on Broadway with George Shearing, and founding the music society of an Oxford college and becoming its resident impresario. Psychiatry and the arts are combined in two chapters "The therapeutic use of music in a mental hospital" and "Literary excursions," which examines the characters of Hamlet, Bryon, George Bernard Shaw, and James Joyce. Appropriately, this psychiatric odyssey ends with the late arrival of true love.

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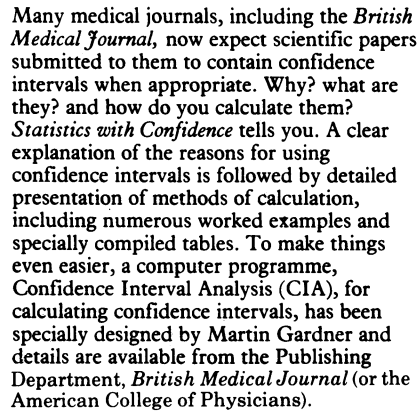
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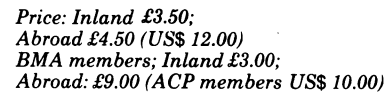
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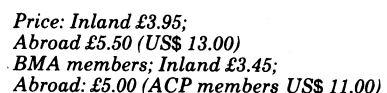


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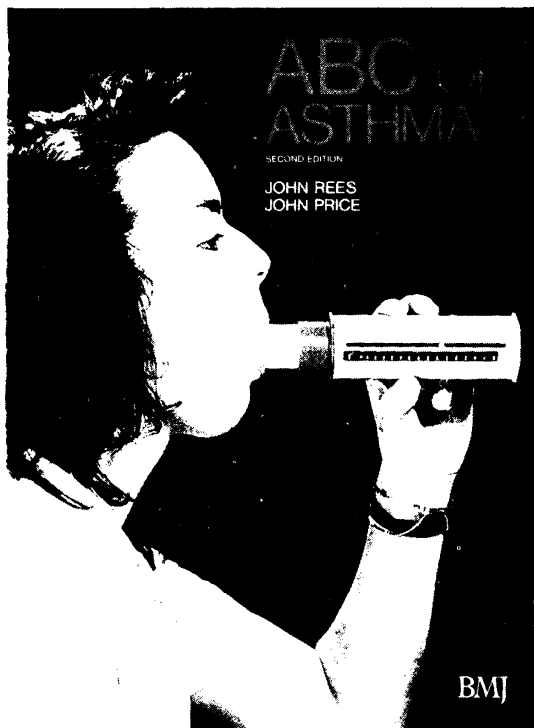
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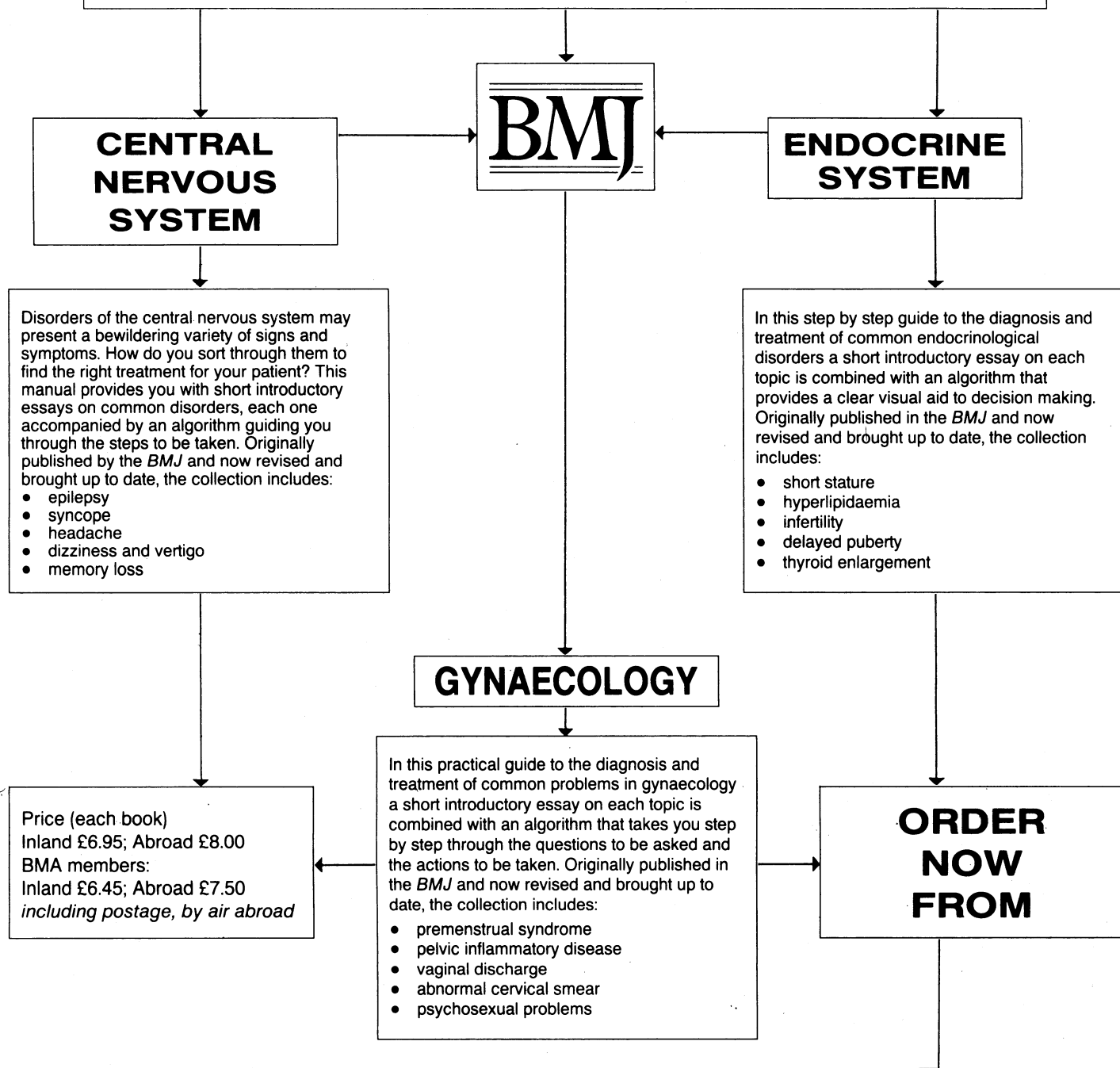
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**Dr Phillips**  
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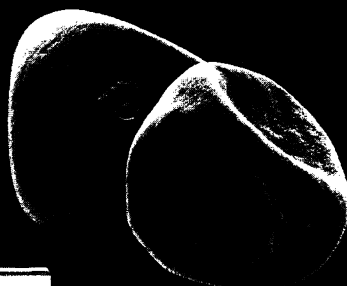
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