

TREATING FUNGAL SKIN INFECTIONS IN PRECISELY 15 DAYS

Fungal skin infections should normally be treated at least until the symptoms have completely disappeared. This does not enhance patient compliance and may so hinder the healing process.

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After precisely 15 days of oral treatment, therapeutic concentrations of Sporanox remain active in the stratum corneum for another 3-4 weeks. And yet, its plasma level disappears very rapidly.

Practical dosage:

Tinea corporis, tinea cruris, tinea pedis*, tinea manus*:
1 capsule daily for precisely 15 days.

* Involvement of highly keratinized regions such as hand, palms and foot soles requires prolonged therapy treatment.

Other pharmacological interventions, if necessary, are required.

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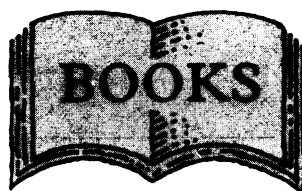
1 capsule daily

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JOIN THE PARTY

The *BMJ* is 150 years old
on 3 October 1990

Why not share in the celebrations by enjoying some of the special events and publications that the journal has produced to mark its anniversary?



Mirror of Medicine: A History of the *BMJ* by P W J Bartrip. From its beginnings in Worcester as the *Provincial Medical and Surgical Journal* to the mid-60s in Tavistock Square as a leading international journal. Through rows, editors' resignations and dismissals, battles with the BMA and royal colleges as well as through growing success and authority. The historian P W J Bartrip provides a shrewd and perceptive commentary on the *BMJ*'s progress as well as placing its history in the context of contemporary events. Published jointly by the *BMJ* and Oxford University Press; BMA members' price £29.

Dr Phillips: a Maida Vale Idyll by Frank Danby. One of the *BMJ*'s most outstanding editors, Ernest Hart, is purported to be the basis for the character of Dr Phillips. With a special introduction by Stephen Lock, present editor of the *BMJ*, and illustrations by Tabitha Salmon, this Victorian rarity has been brought splendidly back into print by the Keynes Press. Limited edition; UK £45, overseas £49, including postage. Obtainable from the Publishing Manager, *BMJ* (Keynes Press), PO Box 295, London WC1H 9TE.

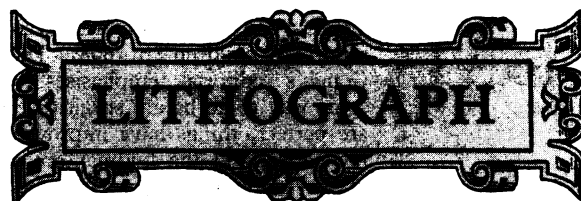
Apollo. Edward Lowbury, a distinguished doctor-poet, has compiled this collection of poetry by doctors from Nicias of Miletus (fl 250 BC) to Eva Strom (b1947) and including Rabelais, Sir Thomas Browne, Goldsmith, Schiller, Ronald Ross, William Carlos Williams, and Dannie Abse. A beautifully produced limited edition under the Keynes Press imprint, which to celebrate the anniversary is being sold at the special price of £20; overseas £23 including postage. Obtainable from the Publishing Manager, *BMJ* (Keynes Press), PO Box 295, London WC1H 9TE.



Symposium on the history of medical journals. Presented jointly by the Wellcome Institute for the History of Medicine and the *BMJ*, this unique symposium takes place at the Royal Institution of Great Britain, 21 Albermarle Street, London W1, on Monday 1 and Tuesday 2 October. Speakers include Roy Porter, Professor Michael Shepherd, and Sir Christopher Booth. Details and registration form from Dr W Bynum, Wellcome Institute for the History of Medicine, Tavistock House South, Tavistock Square, London WC1H 9LG.

Poetry reading. On Tuesday 2 October there will be readings from *Apollo*, the Keynes Press collection of poems by doctor-poets (see above) at the Poetry Society, 21 Earls Court Square, London SW5 (7.30 pm; admission free; cash bar). This will also be repeated at the Midland Institute for Neurology and Neurosurgery, Birmingham, at 7.30 pm on Friday 19 October.

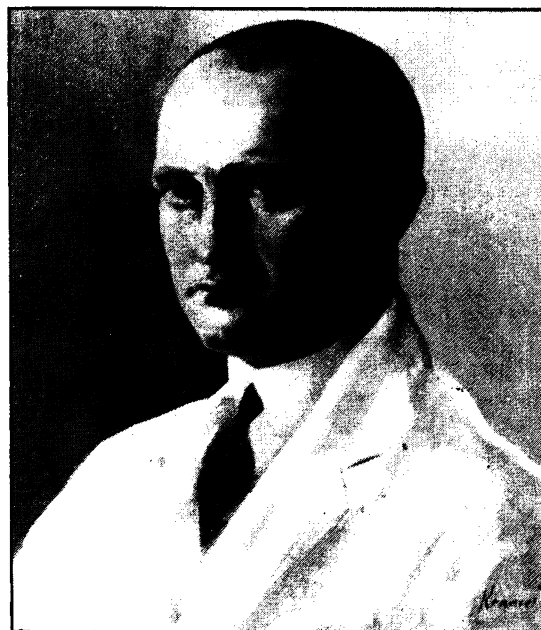
Exhibition. From 2 October to 2 November an exhibition, *Mirror of Medicine*, will be on display in the Hastings Room, BMA House. A visual guide to the *BMJ* then and now; how it has developed; how it works; and the books and specialist journals that it publishes. 10am -5pm Monday-Friday; admission free.



A new lithograph by David Gentleman marks the *BMJ*'s 150th anniversary with a view of the inner courtyard of BMA House, the journal's home since 1925. Only 125 copies have been produced for sale, price £155 including postage, packing, and VAT. Obtainable from the Publishing Manager, BMA House, Tavistock Square, London WC1H 9JR.

Hasten slowly

Festina Lente— a Psychiatric Odyssey by Henry R Rollin



Henry Rollin insists that *Festine Lente* is "in no way an autobiography. I prefer to regard it essentially as a history of psychiatry during the past half century as seen by one who has been witness to and played some small part in the shaping of events." A former hospital consultant who has been a member of the Mental Health Review Tribunals and the Parole Board as well as a consultant forensic psychiatrist to the Home Office, he is well qualified to comment on these events. The book includes his analysis of the history and evolution of Horton Hospital; the dissolution of mental hospitals and the myth of community care; outpatients departments; and the development of different physical and psychopharmacological treatments.

But one reason for "hastening slowly" is that life has many things to offer, and, as Henry Rollin says, "My interests were, and if truth be told, have continued to be, in the arts." He recalls, among other pleasures, attending London first nights with James Agate, going to Mindy's on Broadway with George Shearing, and founding the music society of an Oxford college and becoming its resident impresario. Psychiatry and the arts are combined in two chapters "The therapeutic use of music in a mental hospital" and "Literary excursions," which examines the characters of Hamlet, Byron, George Bernard Shaw, and James Joyce. Appropriately, this psychiatric odyssey ends with the late arrival of true love.

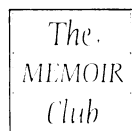
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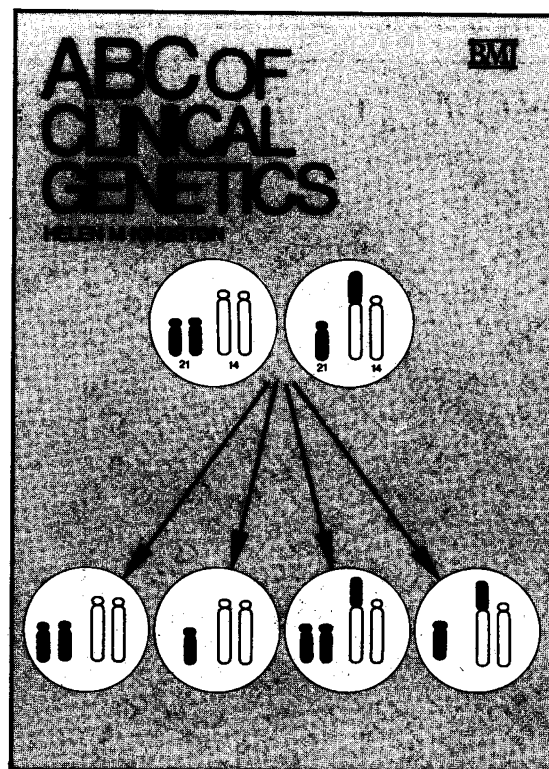
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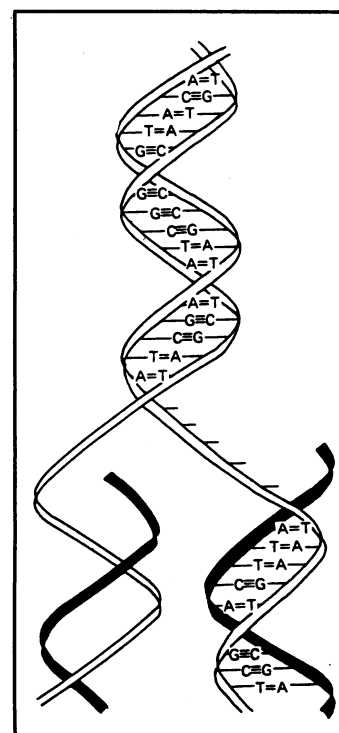
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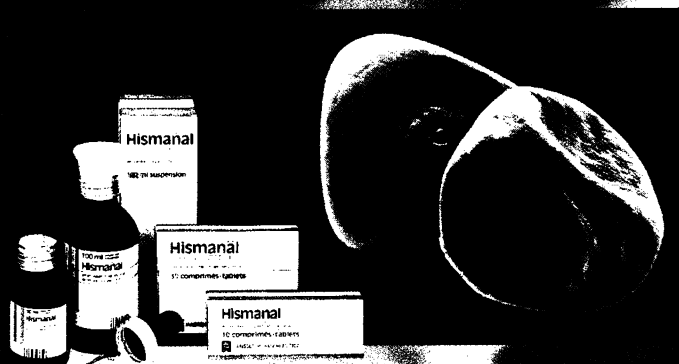
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