

*Trichophyton  
rubrum*

*Candida albicans*  
Sabouraud agar

*Aspergillus  
fumigatus*

*Fusarium solani*

*Sporothrix  
schenckii*

*Cryptococcus  
neoformans*

# Sporanox<sup>®</sup>

TRADEMARK  
ITRACONAZOLE

## THE VERSATILE ORAL ANTIFUNGAL

Sporanox is highly active against virtually all dermatophytes and yeasts, and against notoriously virulent pathogenic fungi, such as *Aspergillus* spp., some *Fusarium* spp. and *Sporothrix schenckii*.

That's why, in dermatology, gynaecology and internal medicine alike, Sporanox is rapidly becoming the oral treatment of choice for troublesome fungal infections.



### Simplicity itself:

- in tinea infections of the skin:  
1 capsule daily for precisely 15 days\*
- in vaginal candidosis:  
2 capsules b.i.d. for only 1 day

\* Involvement of highly keratinized skin such as hand palms and foot soles requires an additional 15-day treatment.

**Note:** Sporanox (itraconazole) is not yet available in all countries.

**Administration:** It is essential that Sporanox be taken immediately after a full meal for maximal absorption. **Contra-indications:** Sporanox is contra-indicated during pregnancy. Adequate contraceptive precautions should be taken by women of childbearing potential during the menstrual cycle of Sporanox therapy. **Warnings and precautions:** Sporanox is predominantly metabolized in the liver. Although clinically Sporanox has not been associated with hepatic dysfunction, it is advisable not to give this drug to patients with a known history of liver disease or to patients who have experienced liver toxicity with other drugs. Nursing mothers: it is recommended not to breast feed whilst taking Sporanox. Paediatric use: Sporanox has not been systematically studied in children; it should, therefore, not be used in paediatric patients unless the potential benefit outweighs the potential risks. **Drug interactions:** Sporanox should not be given concomitantly with rifampicin. **Adverse reactions:** Side-effects during Sporanox therapy occurred in 7.1% of the patients. The most frequently reported side-effects were nausea (1.3%), abdominal pain (1.2%), headache (1%) and dyspepsia (0.7%). **Supplied:** Blister packs of 4, 6, or 15 capsules. Each capsule contains 100 mg of itraconazole.

Full prescribing information is available on request.

Z  
J

International Medical Course

## Paediatric ophthalmology – surgical, medical and developmental aspects

16-25 May 1991, London

The care of children with visual and other eye problems, their rehabilitation if they are irretrievably blind, as well as the diagnostic and therapeutic aspects of management, have undergone radical changes in the last few years as a result of technological advances. These changes in paediatric ophthalmology will be reflected in this course.

The course will be directed by **Mr David Taylor**, Consultant Ophthalmologist at the Hospital for Sick Children and Senior Lecturer at the Institute for Child Health, London, and **Mr Tony Moore**, Consultant Ophthalmologist, Addenbrooke's Hospital, Cambridge, and Associate Lecturer, University of Cambridge.

The course is designed for ophthalmologists who have, or wish to acquire, a particular interest in the needs of children but it is also intended for paediatricians who have an interest in ophthalmology. There are vacancies for 35 participants. Course fee: £1,255 inclusive of accommodation.

The working sessions will take place at the Institute of Child Health. Resident participants will be accommodated at a convenient hotel.

Further information and application forms are available from British Council Representatives overseas or from Courses Department, The British Council, 10 Spring Gardens, London SW1A 2BN.

## ABC OF CHILD ABUSE

Edited by ROY MEADOW

Cruelty to children is common; every week at least four children in Britain will die as a result of abuse or neglect, and in England alone nearly 40,000 children are listed on child protection ("at risk") registers. The *ABC of Child Abuse* gives clear guidance on how to recognise child abuse—including the more recently identified forms such as sexual and emotional abuse and factitious illnesses—and on what to do when you suspect or know that it is occurring. Edited by Professor Roy Meadow, head of the department of paediatrics and child health, St James's University Hospital, Leeds, the book has contributions from paediatricians, child psychiatrists, a police surgeon, a social worker, a lawyer, and a victim. It should be read by everyone concerned with the care of children.

**Inland £9.95; Abroad £12.50**

**BMA members: Inland £8.95; Abroad £11.50, including postage, by air abroad.**

Please enclose payment with order, or send us full details of your MASTERCARD, VISA or AMERICAN EXPRESS credit card.

**BMJ**

**Order from:**  
BRITISH MEDICAL JOURNAL  
PO Box 295, London WC1H 9TE  
or any leading medical bookseller

## The MEMOIR Club

### A selection of recent titles

**Festina Lente—a Psychiatric Odyssey** by Henry R Rollin  
Henry Rollin insists that *Festina Lente* is "in no way an autobiography. I prefer to regard it essentially as a history during the past half century as seen by one who has been witness to and played some small part in the shaping of events." The book includes his analysis of the history and evolution of Horton Hospital; the dissolution of mental hospitals and the myth of community care; outpatient departments; and the development of different physical and psychopharmacological treatments. Psychiatry and the arts are combined in two chapters, "The therapeutic use of music in a mental hospital" and "Literary excursions," which examines the characters of Hamlet, Byron, George Bernard Shaw, and James Joyce. Appropriately, this psychiatric odyssey ends with the late arrival of true love.

Price: Inland £14.95; Abroad £17.50

BMA members: Inland £13.95; Abroad £16.50

**Not a Proper Doctor** by David Sinclair

Sinclair was intent on a career in surgery when he graduated from St Andrew's University but fate, mainly in the shape of the second world war, decreed otherwise and he eventually became the first professor of anatomy at the University of Western Australia. As Professor Sinclair looks back on his varied life, there are moments of joy, sadness, and regret, but throughout a central core of humour and compassion—the stuff that "proper" doctors are made of.

Price: Inland £14.95; Abroad £18.50

BMA members: Inland £13.95; Abroad £17.50

**Not a Moment to Lose** by Sir David Smithers

Sir David Smithers, former president of the British Institute of Radiology and of the Royal College of Radiologists, was for 30 years professor of radiotherapy at the Royal Marsden Hospital. But that is only half the story. He is also a man who believes "one should aspire to be a realist, but retain a sense of wonder, a rationalist who is prepared to jump to conclusions, and a critical visionary who remains sensible of the humour of the human situation".

Price: Inland £14.95; Abroad £17.50

BMA members: Inland £13.95; Abroad £16.50

**One Man's Medicine** by Archie Cochrane with Max Blythe  
The autobiography of Professor Archie Cochrane, who was one of Britain's influential thinkers on health care and the quality of health services. His 30 years' association with the Rhondda Fach—and his work there on reducing the suffering inflicted on whole communities by pneumoconiosis—is almost legendary. Ironically, this was nearly overshadowed later in his life by the spectacular success of his Rock Carling monograph *Effectiveness and Efficiency*, which proved to be a seminal work and influenced thinking about the assessment of medical treatment and procedures throughout the world.

Price: Inland £14.95; Abroad £19.00

BMA members: Inland £13.95; Abroad £18.00

All prices include postage, by air abroad  
Please enclose payment with order, or send us full details of your MASTERCARD, VISA or AMERICAN EXPRESS credit card.

**BMJ**

**Available from:**  
BRITISH MEDICAL JOURNAL  
PO Box 295, London WC1H 9TE  
any leading bookseller, or the BMJ/BMA  
bookshop in BMA House.

BRITISH MEDICAL JOURNAL  
AND  
EUROPEAN ASSOCIATION OF SCIENCE EDITORS

*roman* **Editing** *w.f.*  
**a medical journal**

**A workshop for editors of medical journals**

**The Spa Hotel, Tunbridge Wells, Kent  
22-23 November 1990**

**PROGRAMME**

**Thursday 22 November**

- 1400 Registration
- 1430 Workshops\*
- 1530 Tea and registration
- 1600 Introduction
- 1615 Authors whose first language is not English  
(Dr Bill Whimster)
- 1930 Dinner

**Friday 23 November**

- 0900 The paperless library? (Mrs Shane Godbolt)
- 1015 Coffee
- 1040 Workshops\*
- 1145 Workshops\*
- 1300 Lunch
- 1415 Editorial independence (Dr Eoin O'Brien)
- 1530 Tea

\*Three workshops are run concurrently: on half tones (Mr Derek Virtue), on performance indicators (Dr John Glen), and on desk top publishing—the experience of Acta Orthopaedica Scandinavica (Professor Göran Bauer).

The fee of £150 (£135 for members of EASE and the BMA) will include a single room and all meals. The day rate for those wishing to attend only on Friday is £65 (£55 for members of EASE and the BMA). Rooms at the Spa Hotel will be allocated on a first come, first served basis; late applicants may have to stay at another hotel nearby. Apply as soon as possible to the editor, British Medical Journal, BMA House, Tavistock Square, London WC1H 9JR. Cheques should be made payable to the British Medical Journal.

I enclose a cheque for £ \_\_\_\_\_ for the workshop for editors of medical journals at Tunbridge Wells, 22-23 November.  
I wish to stay overnight/attend Friday only/other. I am/am not a member of the BMA/EASE.

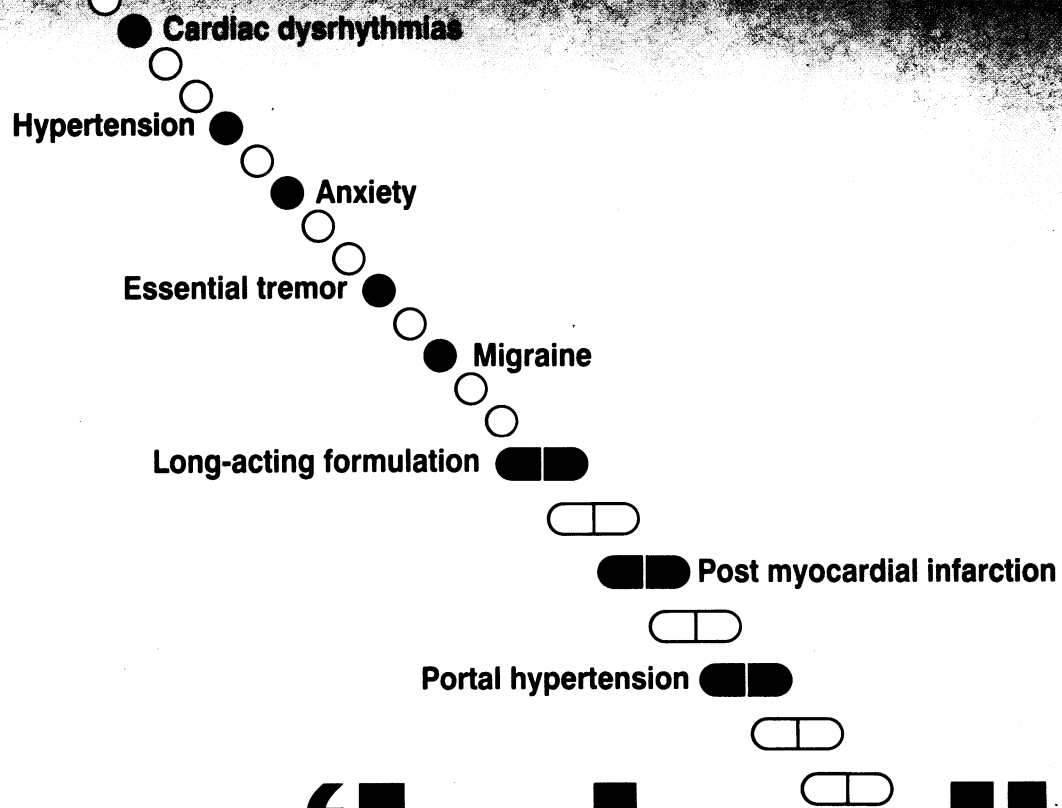
NAME \_\_\_\_\_ POSITION \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_  
POSTCODE \_\_\_\_\_

**BMJ**

# 25 Years of Innovation 1965-1990



**Pharmaceuticals**

Alderley House, Alderley Park  
Macclesfield, Cheshire, England

# 'Inderal'

propranolol hydrochloride

**Still Helping to Build a Healthier Future**

'INDERAL'/'INDERAL' LA / 'INDERAL' LA-80

#### Prescribing Notes

##### Uses

Control of hypertension, angina pectoris, prophylaxis after myocardial infarction, migraine prophylaxis, essential tremor, anxiety, prophylaxis of upper gastrointestinal bleeding in patients with portal hypertension and oesophageal varices. Thyrotoxicosis: 'Inderal': phaeochromocytoma (with  $\alpha$ -adrenoceptor blocker), hypertrophic obstructive cardiomyopathy, cardiac dysrhythmias, anxiety tachycardia, thyrotoxic crisis, glaucoma, Fallot's tetralogy.

##### Dosage

**Adults:** Adjust dosage according to response. 'Inderal' Tablets: In divided daily doses; 'Inderal' LA/LA-80: Once daily.

**Hypertension:** Usually 160-320 mg daily. **Angina pectoris:** Usually 120-240 mg daily. **Anxiety, migraine, essential tremor:** Usually 80-160 mg daily. **Portal hypertension:** Titrate to 25% reduction in resting heart rate, 80-320 mg daily. **Post myocardial infarction:** Begin 5-21 days post infarct, 40 mg four times daily for 2-3 days, then 'Inderal' 80 mg tablets twice daily or 'Inderal' LA once daily.

**Dysrhythmias, anxiety tachycardia, thyrotoxicosis, cardiomyopathy:** 10-40 mg three or four times daily. **Phaeochromocytoma:** Pre-operative: 60 mg daily for three days. For non-operable malignant cases: 30 mg daily. **Glaucoma:** 80-240 mg daily in divided doses.

**Intravenous:** Emergency treatment of dysrhythmias and thyrotoxic crisis only: 1 mg given over 1 min. May be repeated at 2 min intervals to a maximum of 10 mg (conscious patients) or 5 mg (under anaesthesia).

**Children (as a guide):** **Dysrhythmias, phaeochromocytoma, thyrotoxicosis:** 'Inderal' tablets 0.25-0.5 mg/kg three or four times daily. **Intravenous:** 0.025-0.05 mg/kg injected slowly under ECG control, three or four times daily. **Migraine:** (Under 12 years) 'Inderal' tablets 20 mg orally two or three times daily. **Fallot's tetralogy:** Up to 1 mg/kg orally three or four times daily. Up to 0.1 mg/kg intravenously three or four times daily.

**Elderly:** Determine dose individually.

#### Contra-indications

Second or third degree heart block, cardiogenic shock, history of bronchospasm, after prolonged fasting, metabolic acidosis.

#### Precautions

Poor cardiac reserve. Avoid in overt heart failure. Anaesthesia. Diabetes. Withdrawal of beta-blocking drugs should be gradual in patients with ischaemic heart disease. Withdrawal of clonidine. Co-administration with verapamil, Class I antidysrhythmic agents, or parenteral adrenaline. If symptoms attributable to slow heart rate, reduce dose. Pregnancy and lactation.

#### Side effects

Cold extremities, nausea, diarrhoea, sleep disturbance, lassitude and muscle fatigue. Isolated cases of paraesthesia. Rarely bradycardia, thrombocytopenia, purpura and CNS symptoms including hallucinations. Rashes and dry eyes have been reported with beta-blockers - consider discontinuance if they occur.

#### Presentation

'Inderal' Tablets containing 10 mg, 40 mg, 80 mg, or 160 mg propranolol hydrochloride.

'Inderal' Injection containing propranolol hydrochloride 1 mg in 1 ml.

'Inderal' LA, 'Inderal' LA-80 capsules containing 160 mg and 80 mg respectively of propranolol hydrochloride in a controlled release formulation.

Not all indications and presentations are approved in all countries.

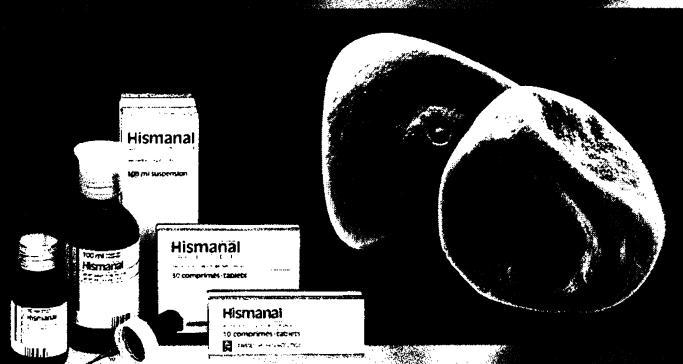
'Inderal', 'Inderal' LA and 'Inderal' LA-80 are trademarks.

Consult full product information before prescribing.

Further information is available on request.

# THE ANTI-HISTAMINE of exceptional strength

**Hismanal**<sup>®</sup> (astemizole)



**Prescribing information:** Hismanal is a potent antihistamine indicated for the treatment of seasonal and perennial allergic rhinitis, hay fever, and other allergic conditions. **Dosage and administration:** adults: 5 mg once daily. Children younger than 6 years: not recommended. **Precautions:** Hismanal should be used in patients with liver disease, and in patients taking other drugs, the potential benefits outweigh the possible hazards. Full prescribing information available upon request.



© 1994 Zila company

JUST  
ONE TABLET  
A DAY