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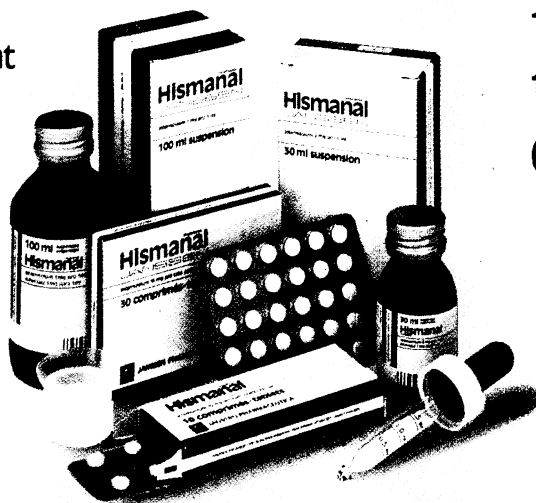
histamine

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Prescribing Information

Uses: Hismanal is a potent and non-sedative antihistamine indicated for the treatment of seasonal and perennial allergic rhinitis, allergic conjunctivitis, chronic urticaria and other allergic conditions.

Dosage and administration: adults and children over 12 years: 10 mg daily. Children 6-12 years: 5 mg once daily. Children younger than 6 years: 2 mg per 10 kg daily. Hismanal should be taken on an empty stomach. **Precautions:** Hismanal should be used in pregnant women only when, in the judgement of the physician, the potential benefits outweigh the possible hazards.

Adverse reactions: weight gain may occur during prolonged treatment. **Overdose:** in case of overdose, gastric lavage should be followed by close observation and ECG monitoring as arrhythmias have occasionally occurred after intake of doses in excess of 200 mg.

Full prescribing information available on request.

JUST
ONE TABLET
A DAY

Hasten slowly

Festina Lente— a Psychiatric Odyssey by Henry R Rollin



Henry Rollin insists that *Festine Lente* is "in no way an autobiography. I prefer to regard it essentially as a history of psychiatry during the past half century as seen by one who has been witness to and played some small part in the shaping of events." A former hospital consultant who has been a member of the Mental Health Review Tribunals and the Parole Board as well as a consultant forensic psychiatrist to the Home Office, he is well qualified to comment on these events. The book includes his analysis of the history and evolution of Horton Hospital; the dissolution of mental hospitals and the myth of community care; outpatients departments; and the development of different physical and psychopharmacological treatments.

But one reason for "hastening slowly" is that life has many things to offer, and, as Henry Rollin says, "My interests were, and if truth be told, have continued to be, in the arts." He recalls, among other pleasures, attending London first nights with James Agate, going to Mindy's on Broadway with George Shearing, and founding the music society of an Oxford college and becoming its resident impresario. Psychiatry and the arts are combined in two chapters "The therapeutic use of music in a mental hospital" and "Literary excursions," which examines the characters of Hamlet, Byron, George Bernard Shaw, and James Joyce. Appropriately, this psychiatric odyssey ends with the late arrival of true love.

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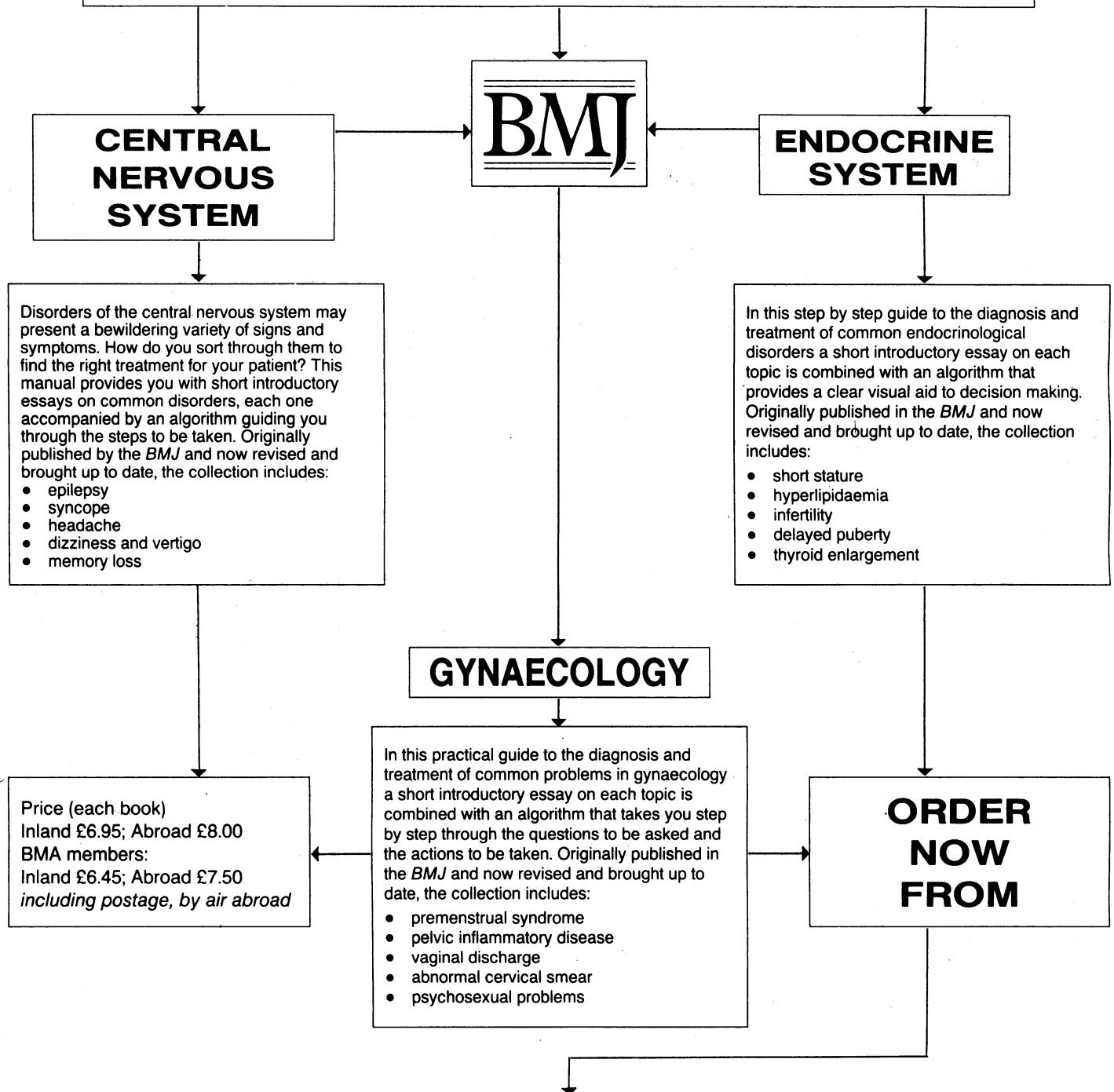
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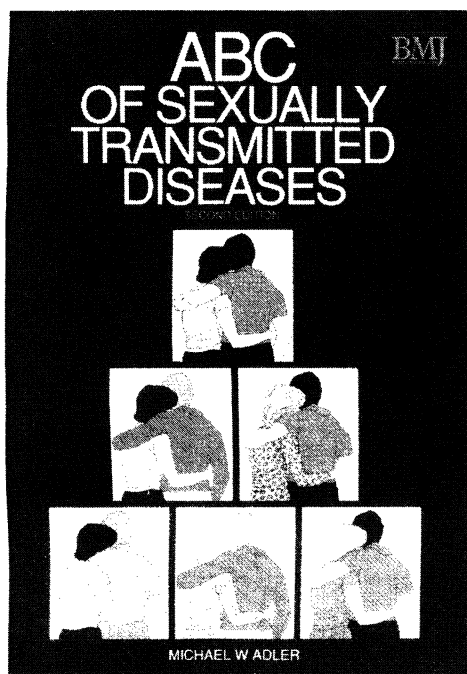
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The number and range of sexually transmitted diseases have been increasing steadily in the past few years, and the second, revised edition of the *ABC of Sexually Transmitted Diseases* includes the most up to date figures as well as new chapters on AIDS and psychosexual problems. Doctors need to be aware that common clinical conditions such as rashes, vaginal discharge, and pelvic pain may have a sexual origin and in the new edition of this invaluable handbook Professor Michael Adler gives expert guidance on the diagnosis and management of these conditions.

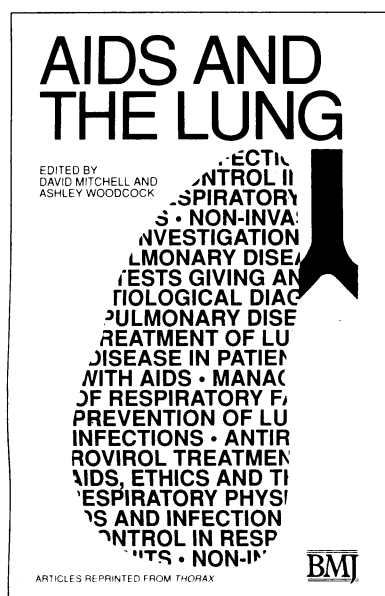
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The lung is the organ most affected by the opportunistic infections that occur in patients with AIDS. Pneumocystis pneumonia occurs in up to four fifths of such patients in Europe and North America, while tuberculosis is a major factor in Africa. As the numbers of patients with AIDS increase, respiratory physicians throughout the world are more likely to be concerned in their management. In *AIDS and the lung* experts review the problems, emphasising practical points and providing up to date information on this rapidly changing subject. Edited by David Mitchell, consultant physician in respiratory medicine, St Mary's Hospital, London, and Ashley Woodcock, consultant chest physician, Wythenshawe Hospital, Manchester, *AIDS and the lung* is an indispensable handbook for respiratory physicians, especially those with limited experience of dealing with AIDS – and for everyone concerned with protective measures in bronchoscopy units and pulmonary function laboratories.

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For each method relevant intermediate statistics and the required confidence interval are produced on the screen. Complete with its own manual, the program may also be used in conjunction with the book *Statistics with Confidence*, which provides numerous worked examples. The software is available for IBM compatibles on either a 5¼" or a 3½" disk.

Price: £65.00. Educational establishments, research institutes, and the NHS — £45.95. Prices include VAT in the UK and air mail despatch abroad.

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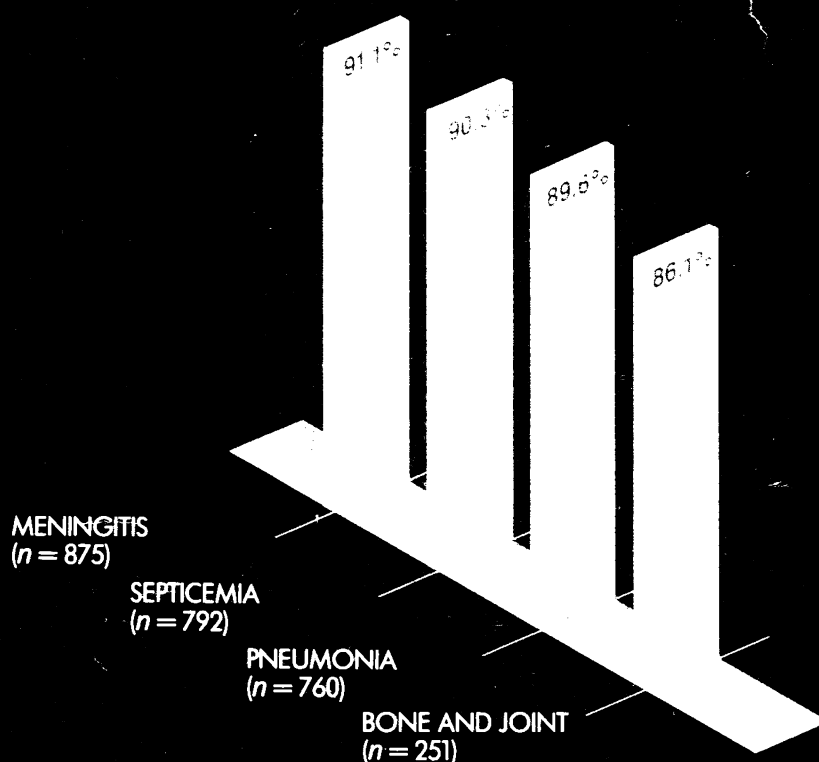
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recommendations are available on request. **Contra-indications:** Known hypersensitivity to cephalosporins. **Precautions:** Pregnancy (particularly in the first trimester) unless absolutely necessary. Hypersensitivity to penicillin (possibility of allergic cross-reactions). Anaphylactic shock. **Side effects:** Gastrointestinal complaints. Hematological changes. Skin reactions. **Packs:** Packs for i.m. injection, 5's. Packs for i.v. injection, 5's. Packs for i.v. infusion, 5's. Full details are available on request.

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Data on file, F. Hoffmann-La Roche Ltd, Basel, Switzerland.

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