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histamine

what histamine deserves

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(astemizole)

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Effective from the first to the last day of therapy.





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Prescribing Information

Uses: Hismanal is a potent and non-sedative antihistamine indicated for the treatment of seasonal and perennial allergic rhinitis, allergic conjunctivitis, chronic urticaria

Dosage and administration: adults and children over 12 years: 10 mg daily. Children 6-12 years: 5 mg once daily. Children younger than 6 years: 2 mg per 10 kg daily. Hismanal should be taken on an empty stomach. **Precautions:** Hismanal should be used in pregnant women only when, in the judgement of the physician, the potential benefits outweigh the possible hazards.

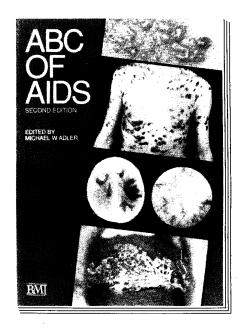
Adverse reactions: weight gain may occur during prolonged treatment: Overdose: in case of overdose, gastric lavage should be followed by close observation and ECC monitoring as arrhythmias have occasionally occurred after intake of doses in excess of 200 mg.

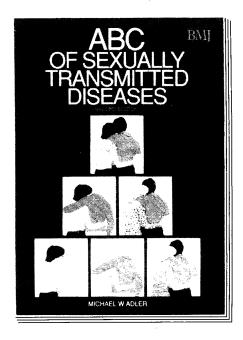
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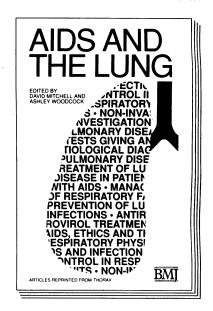


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Expert information on important problems







It is vital for all doctors to keep up to date with the facts about AIDS. The second edition of ABC of AIDS has been completely revised to give a clear picture of the present state of knowledge about the epidemic and current approaches to treatment. It also includes two new chapters, on HIV infection related to misuse of drugs, and HIV infection in children. Edited by Michael Adler, a leading authority on the topic, the ABC of AIDS is a concise, authoritative guide that all medical practitioners should read.

January 1991 UK £10.95; Abroad £13.50 (BMA members: £9.95 or £12.50)

The number and range of sexually transmitted diseases have been increasing steadily in the past few years, and the second, revised edition of the ABC of Sexually Transmitted Diseases, includes the most up to date figures as well as new chapters on AIDS and psychosexual problems. Doctors need to be aware that common clinical conditions such as rashes, vaginal discharge, and pelvic pain may have a sexual origin and in the new edition of this invaluable handbook Professor Michael Adler gives expert guidance on the diagnosis and management of these conditions.

August 1990 UK £10.95; Abroad £13.00 (BMA members: £9.95 or £12.00)

The lung is the organ most affected by the opportunistic infections that occur in patients with AIDS. Pneumocystis pneumonia occurs in up to four fifths of such patients in Europe and North America, while tuberculosis is a major factor in Africa. As the numbers of patients with AIDS increase, respiratory physicians throughout the world are more likely to be concerned in their management. In AIDS and the Lung experts review the problems, emphasising practical points and providing up to date information this changing subject.

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The microcomputer revolution has made powerful machines and highly complex programs generally available. This means that users of statistical techniques need no longer be concerned with the arithmetical and algebraic details — the software will take care of all that. What is vital, however, is to understand the ideas and the basic principles of statistical analysis. In *Medical Statistics on Microcomputers* R A Brown and J Swanson Beck show how to get the best use out of microcomputers when analysing data, particularly in the pathology laboratory. They explain the rational basis of various widely applicable statistical methods and also indicate their limitations so that you can make an informed choice. Chapters include:

- Data handling
- Analysis of data from one or two groups
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- Analysis of categorical data
- Statistical methods for diagnostic tests.

Let the BMJ guide you through statistics:

STATISTICS WITH CONFIDENCE - Confidence intervals and statistical guidelines. Martin J Gardner, Douglas G Altman.

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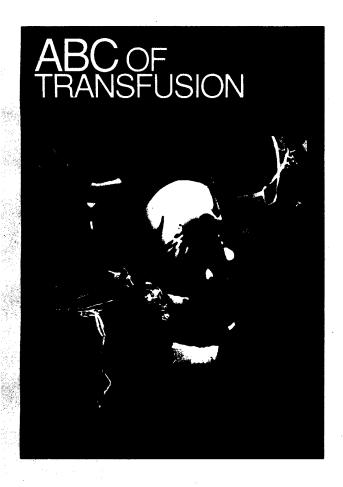
No doctor can afford to ignore statistics: most modern medical research uses statistics. This important and authoritative book provides clear information on designing studies, applying statistical techniques, and interpreting studies that use statistics. It can be easily understood by those with no statistical training and should be read by all those who want to keep abreast of new developments.

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Epidemiology has its own techniques of data collection and interpretation and its necessary jargon of technical terms, and in *Epidemiology For The Unmittated* the authors guide the novice expertly through the theory and practical pitfalls. The second edition of this popular *BMJ* handbook has been revised to include further details of epidemiological methods and some of their more dramatic applications, such as the investigations on the Spanish cooking oil epidemic, and AIDS. *UK* £3.95; *Abroad* £5.50; *US\$13.00 BMA* members £3.45 or £5.00 *ACP* members *US\$11.00*

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Expert guidelines from the BMJ

All the practical aspects of blood transfusion are covered in this ABC. In a clear, simple format it describes the selection of blood donors, the necessary tests before transfusion, indications for the administration of blood and blood derivatives, complications, and special aspects of transfusion. Edited by Dr Marcela Contreras, director of the North London Transfusion Centre, the ABC of Transfusion provides information rarely

given to doctors during their training but which is essential for all those who deal, one way or another, with the transfusion of blood, blood components, or blood products.

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