

a once...
it better

HISMANAL

Prescribing information

Uses:

Hismanal is a potent long-acting antihistaminic and sedative antihistamine indicated for the treatment of seasonal and perennial allergic rhinitis, allergic conjunctivitis, chronic urticaria and other allergic conditions.

Dosage and Administration:

adults and children over 12 years: 10 mg once daily
children 6-12 years:

5 mg once daily
children younger than 6 years:
2 mg per 10 kg once daily.

Precautions:

Hismanal should be used in pregnant women only when, in the judgement of the physician, the potential benefits outweigh the possible hazards.

Adverse reactions:

Weight gain may occur during prolonged treatment.

Overdosage:

In case of overdose, gastric lavage should be followed by close observation and ECG monitoring as arrhythmias have occasionally occurred.

Full prescribing information available on request.

BMJ

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A R ELKINGTON P T KHAW

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gastric distress & oesophagitis

hyperacidity or dysmotility?

Most complaints of gastric distress, as well as oesophagitis, are conventionally attributed to hyperacidity in the stomach. However, the contemporary view in gastroenterology holds that most upper G.I. problems, including heartburn, postprandial fullness, early satiety, abdominal distension and epigastric discomfort, are commonly motility related.¹⁻³ And this stands to reason. After all, proper peristalsis is a physiological necessity for our digestive process.

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expertise in digestive motility

1986; 3: Malagelada, J.R. *et al.* *Gastroenterol* 88: 1222 (1985); 4: Ceccarelli, P. *et al.* *Gut* 29: 631 (1988); 5: Collins, B.J. *et al.* *Hepato-Gastroenterol* 34: 113 (1987); 6: Jian, R. *et al.* *Dig Dis Sci* 34: 657 (1989).