

a once-a-day  
it better

# HISN

#### Prescribing information

##### Indication

Hismanal is indicated for treating  
benign essential hypertension and  
relaxation of the treatment of  
coronary artery disease, angina pectoris,  
hypertrophic cardiomyopathy and other  
cardiovascular diseases.  
Research and surveillance on  
adults and children over  
12 years: 10 mg once daily  
children 6-12 years:

2 mg twice daily  
children younger than 6 years:  
2 mg per 10 kg once daily  
**Precautions:**

Hismanal should be used in  
pregnant women only when,  
in the judgement of the  
physician, the potential benefits  
outweigh the possible hazards.

##### Adverse reactions:

Weight gain may occur during  
prolonged treatment.

##### Overdosage:

In case of overdose, gastric  
lavage should be followed  
by close observation and  
ECG monitoring as arrhythmias  
have occasionally occurred.

**Full prescribing information  
available on request.**



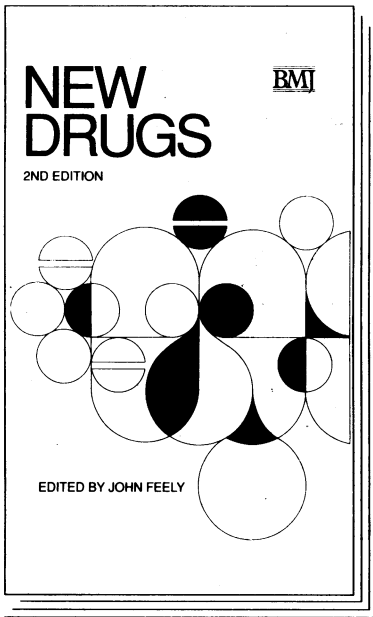
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just  
one tablet  
a day

# What's best for patients?

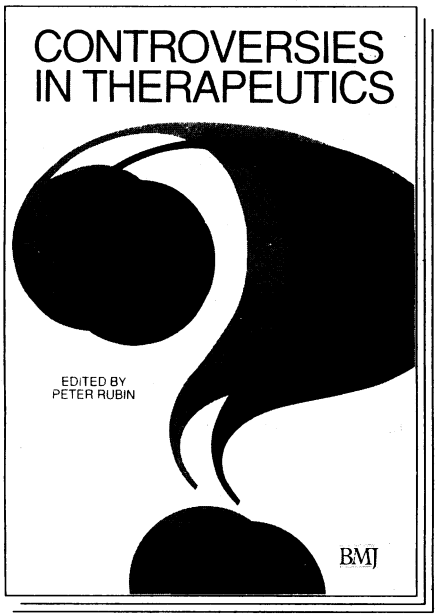


New drugs are continually being developed and knowledge about existing drugs is constantly expanding, so it is essential, but difficult, for doctors to keep up to date with the latest developments. *New Drugs* describes the most important therapeutic advances of the past decade and discusses the drugs that will be in common use in the 1990s. Completely revised and updated, this second edition has been expanded to include 11 additional chapters. Its coverage of practical aspects of drug use, avoidance of adverse reactions and interactions, and prescribing at extremes of age makes it an invaluable guide for busy practitioners who want to get the best out of the new drugs currently available.

**Chapters include:** Adverse reactions to drugs • Calcium antagonists • Diuretic treatment • Antiarrhythmic drugs • Insulin • Lipid lowering drugs • Antidepressant drugs • Centrally acting drugs • Controlling symptoms in advanced cancer

**Second edition April 1991**

UK £14.95; Abroad £18.00 (BMA members £13.95 or £17.00)



Doctors do not always agree on what is the right treatment even for quite common conditions. Often definitive clinical trials have not been performed and no one knows for sure the best way to treat. *Controversies in Therapeutics* looks at some problems that arise in general practice. For each one it offers two different approaches; and Peter Rubin, professor of therapeutics and consultant physician at the University Hospital of Nottingham, provides an editorial comment on these which summarises the prevailing views and helps you to make up your own mind. Written by academic experts with everyday clinical experience, *Controversies in Therapeutics* is a must for all physicians and general practitioners—both those who think they know it all and those who know they don't.

**Chapters include:** Role of diet in treating atopic eczema • Risks of dependence on benzodiazepine drugs • Thrombolysis and the general practitioner • Depression in childhood • Theophylline in the management of airflow obstruction • Management of constipation

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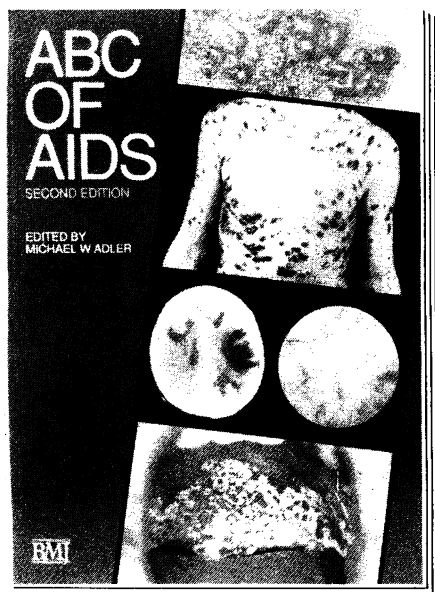
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# Expert information on important problems

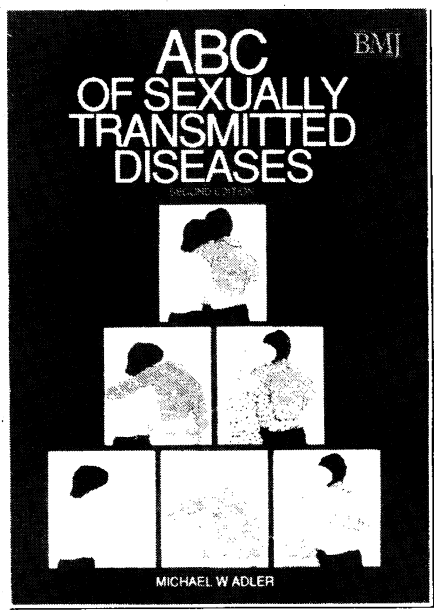


It is vital for all doctors to keep up to date with the facts about AIDS. The second edition of *ABC of AIDS* has been completely revised to give a clear picture of the present state of knowledge about the epidemic and current approaches to treatment. It also includes two new chapters, on HIV infection related to misuse of drugs, and HIV infection in children. Edited by Michael Adler, a leading authority on the topic, the *ABC of AIDS* is a concise, authoritative guide that all medical practitioners should read.

January 1991

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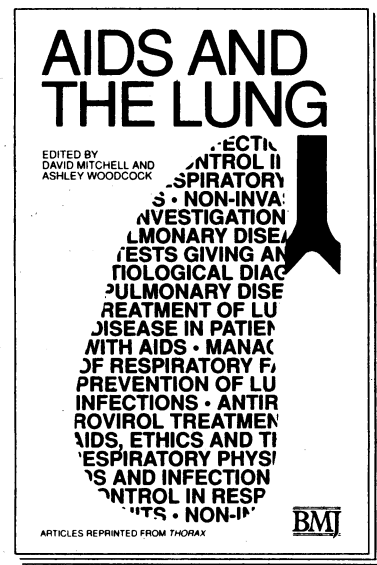


The number and range of sexually transmitted diseases have been increasing steadily in the past few years, and the second, revised edition of the *ABC of Sexually Transmitted Diseases*, includes the most up to date figures as well as new chapters on AIDS and psycho-sexual problems. Doctors need to be aware that common clinical conditions such as rashes, vaginal discharge, and pelvic pain may have a sexual origin and in the new edition of this invaluable handbook Professor Michael Adler gives expert guidance on the diagnosis and management of these conditions.

August 1990

UK £11.95; Abroad £13.50

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The lung is the organ most affected by the opportunistic infections that occur in patients with AIDS. Pneumocystis pneumonia occurs in up to four fifths of such patients in Europe and North America, while tuberculosis is a major factor in Africa. As the numbers of patients with AIDS increase, respiratory physicians throughout the world are more likely to be concerned in their management. In *AIDS and the Lung* experts review the problems, emphasising practical points and providing up to date information on this rapidly changing subject.

September 1990

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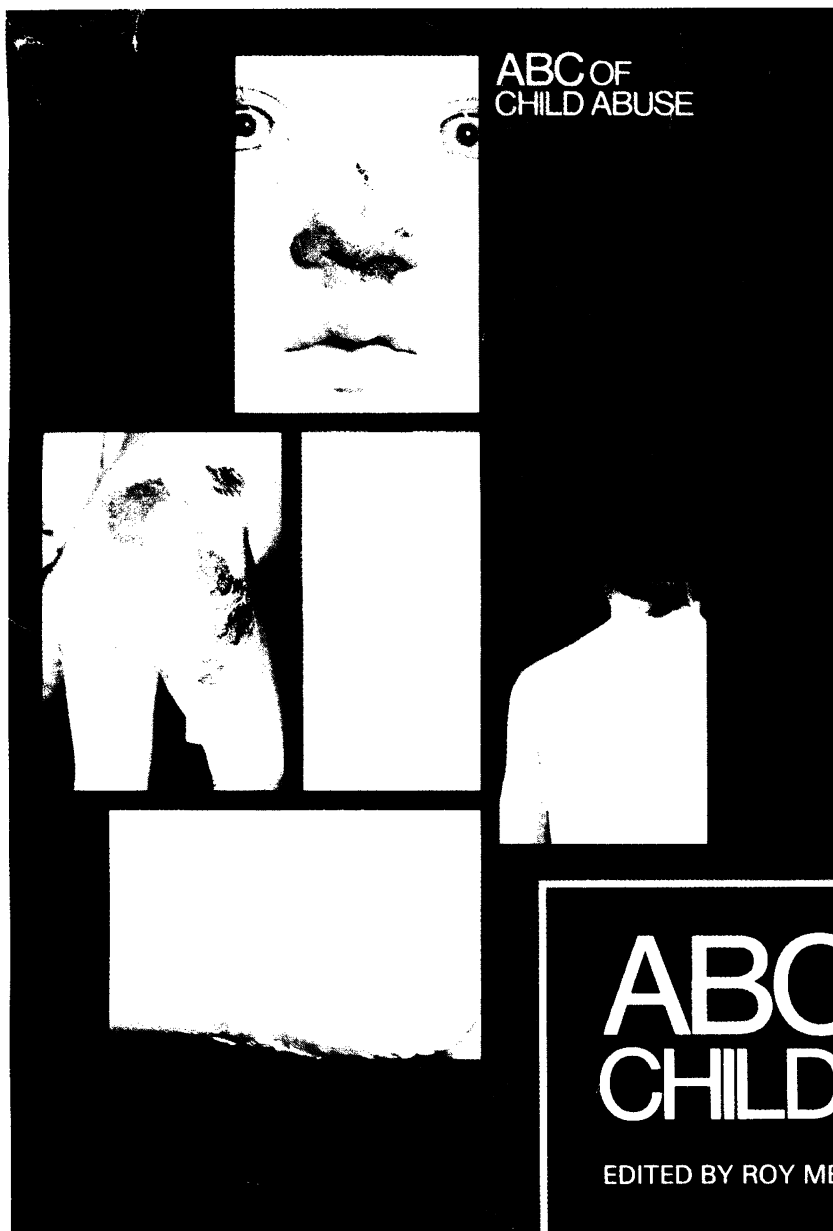
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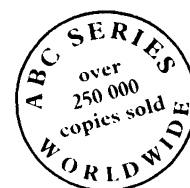
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ABC OF  
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Cruelty to children is common; every week at least four children in Britain die as a result of abuse or neglect, and in England alone nearly 40 000 children are listed on child protection ("at risk") registers. The *ABC of Child Abuse* gives clear guidance on how to recognise child abuse—including the more recently identified forms such as sexual and emotional abuse and factitious illnesses—and on what to do when you suspect or know that it is occurring.



# ABC OF CHILD ABUSE

EDITED BY ROY MEADOW

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