

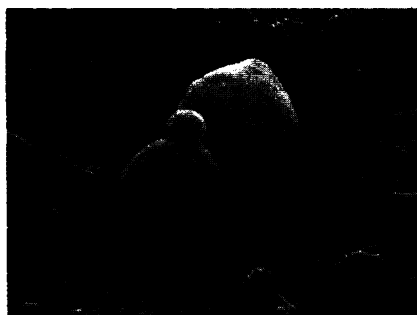
KEY
WORDS
OF MODERN
ANTIFUNGAL
THERAPY

200,000 WONDROUS SPECIES

T. rubrum



C. albicans



*Aspergillus
niger*



In the world of bacteria and bacterial infections clinicians feel quite at home. Strangely, this is not usually the case in the world of fungi and fungal infections. With its 200,000 species it seems like a complex domain.

Yet only some 100 of them are pathogenic to man. And clinically they can be classified in three main fields:

I. THE "KERATINOUS" MYCOSES: prototypes are the tinea infections whose battlefield is the keratinous skin and the nails, and whose causative agents belong to the dermatophytes;

II. THE "MOISTENING" MYCOSES: prototypes are vaginal candidosis and oral thrush. These can only develop in moist environments and are invariably caused by yeasts;

III. THE "SYSTEMIC" MYCOSES: these develop in the internal organs when the general or regional immunity is defective; although predominantly caused by yeasts, "modern" pathology increasingly encounters rather more specific fungi... *Aspergillus* — not a yeast but a fungus all on its own — is the dominant example.

Thus a complex world looks a lot simpler. Which can likewise be said of modern antifungal therapy:

Sporanox^{*}

itraconazole

SHORT AND SIMPLE ORAL THERAPY

standard dose in dermatology: 1 capsule (100 mg) once daily for 15 days
standard dose in gynaecology: 2 x 2 capsules (400 mg) for 1 day only

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JANSSEN
PHARMACEUTICA
2340 Beerse, Belgium
the drug discovery company

Properties: Sporanox (itraconazole), a triazole derivative, is orally active against infections with dermatophytes (*Trichophyton* spp., *Microsporum* spp., *Epidermophyton floccosum*), yeasts (*Candida* spp., *Pityrosporum* spp.), *Aspergillus* spp. and various other yeasts and fungi. **Indications:** Sporanox (itraconazole) is indicated for vulvovaginal candidosis, pityriasis versicolor, dermatophytoses, fungal keratitis and oral candidosis. **Dosage and administration:** Vulvovaginal candidosis: 2 capsules (200 mg) morning and evening for 1 day,

Pityriasis versicolor: 2 capsules (200 mg) once daily for 7 days. - Tinea corporis, tinea cruris, tinea pedis, tinea manus: 1 capsule (100 mg) daily for 15 days; highly keratinized regions, as in plantar tinea pedis and palmar tinea manus, require 1 capsule (100 mg) daily for 30 days. - Oral candidosis: 1 capsule (100 mg) daily for 15 days. - Fungal keratitis: 2 capsules (200 mg) once daily for 21 days. **Contra-indications:** Sporanox (itraconazole) is contra indicated during pregnancy. **Warnings and precautions:** Although clinically

Sporanox (itraconazole) has not been associated with hepatic dysfunction, it is advisable not to give this drug to patients with a known history of liver disease. **Nursing mothers:** It is recommended not to breast feed whilst taking Sporanox (itraconazole). **Drug interactions:** Sporanox (itraconazole) should not be given concomitantly with rifampicin.

Full prescribing information is available.

Hasten' slowly

Festina Lente— a Psychiatric Odyssey by Henry R Rollin

Henry Rollin insists that *Festine Lente* is "in no way an autobiography. I prefer to regard it essentially as a history of psychiatry during the past half century as seen by one who has been witness to and played some small part in the shaping of events." A former hospital consultant who has been a member of the Mental Health Review Tribunals and the Parole Board as well as a consultant forensic psychiatrist to the Home Office, he is well qualified to comment on these events. The book includes his analysis of the history and evolution of Horton Hospital; the dissolution of mental hospitals and the myth of community care; outpatients departments; and the development of different physical and psychopharmacological treatments.



But one reason for "hastening slowly" is that life has many things to offer, and, as Henry Rollin says, "My interests were, and if truth be told, have continued to be, in the arts." He recalls, among other pleasures, attending London first nights with James Agate, going to Mindy's on Broadway with George Shearing, and founding the music society of an Oxford college and becoming its resident impresario. Psychiatry and the arts are combined in two chapters "The therapeutic use of music in a mental hospital" and "Literary excursions," which examines the characters of Hamlet, Byron, George Bernard Shaw, and James Joyce. Appropriately, this psychiatric odyssey ends with the late arrival of true love.

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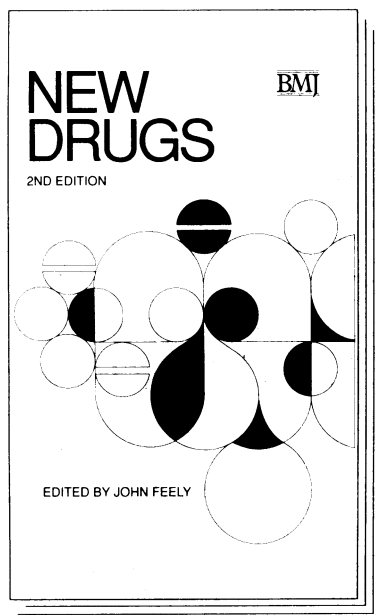
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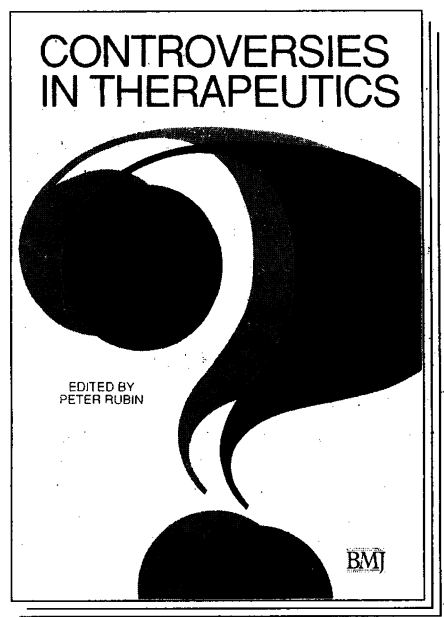


New drugs are continually being developed and knowledge about existing drugs is constantly expanding, so it is essential, but difficult, for doctors to keep up to date with the latest developments. *New Drugs* describes the most important therapeutic advances of the past decade and discusses the drugs that will be in common use in the 1990s. Completely revised and updated, this second edition has been expanded to include 11 additional chapters. Its coverage of practical aspects of drug use, avoidance of adverse reactions and interactions, and prescribing at extremes of age makes it an invaluable guide for busy practitioners who want to get the best out of the new drugs currently available.

Chapters include: Adverse reactions to drugs • Calcium antagonists • Diuretic treatment • Antiarrhythmic drugs • Insulin • Lipid lowering drugs • Antidepressant drugs • Centrally acting drugs • Controlling symptoms in advanced cancer

Second edition April 1991

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Doctors do not always agree on what is the right treatment even for quite common conditions. Often definitive clinical trials have not been performed and no one knows for sure the best way to treat. *Controversies in Therapeutics* looks at some problems that arise in general practice. For each one it offers two different approaches; and Peter Rubin, professor of therapeutics and consultant physician at the University Hospital of Nottingham, provides an editorial comment on these which summarises the prevailing views and helps you to make up your own mind. Written by academic experts with everyday clinical experience, *Controversies in Therapeutics* is a must for all physicians and general practitioners—both those who think they know it all and those who know they don't.

Chapters include: Role of diet in treating atopic eczema • Risks of dependence on benzodiazepine drugs • Thrombolysis and the general practitioner • Depression in childhood • Theophylline in the management of airflow obstruction • Management of constipation

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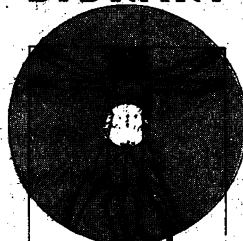
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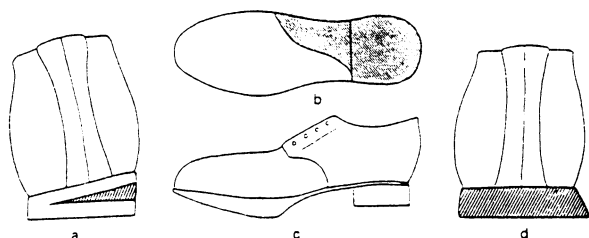
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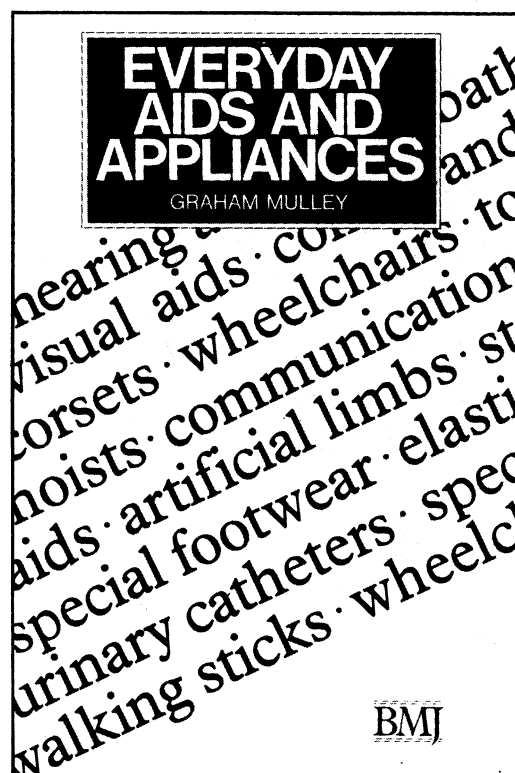
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(a) Heel wedge; (b) elongated heel; (c) rocker sole; (d) floated out heel.



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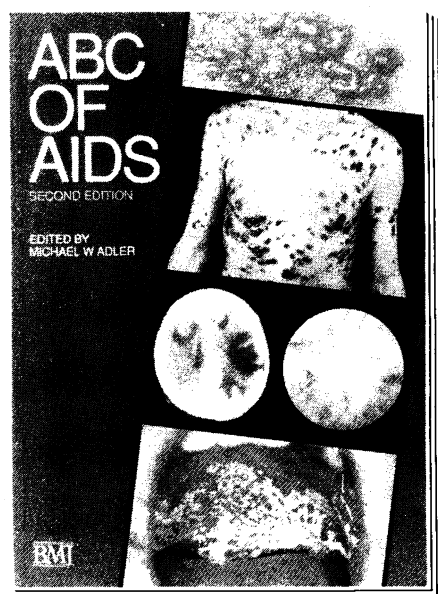
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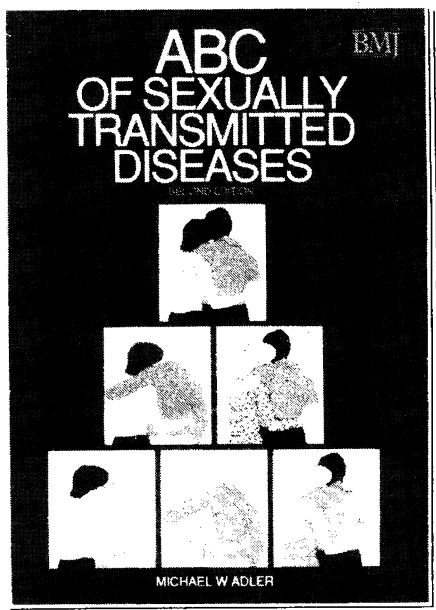


It is vital for all doctors to keep up to date with the facts about AIDS. The second edition of *ABC of AIDS* has been completely revised to give a clear picture of the present state of knowledge about the epidemic and current approaches to treatment. It also includes two new chapters, on HIV infection related to misuse of drugs, and HIV infection in children. Edited by Michael Adler, a leading authority on the topic, the *ABC of AIDS* is a concise, authoritative guide that all medical practitioners should read.

January 1991

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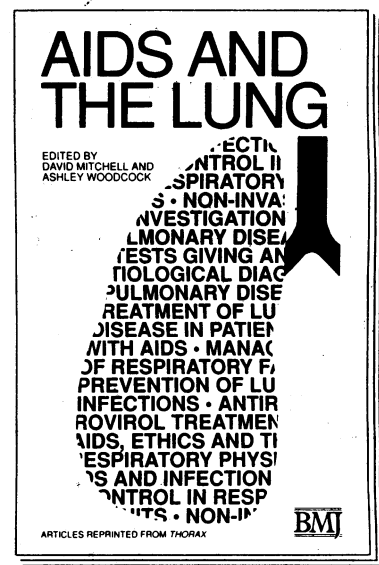


The number and range of sexually transmitted diseases have been increasing steadily in the past few years, and the second, revised edition of the *ABC of Sexually Transmitted Diseases*, includes the most up to date figures as well as new chapters on AIDS and psycho-sexual problems. Doctors need to be aware that common clinical conditions such as rashes, vaginal discharge, and pelvic pain may have a sexual origin and in the new edition of this invaluable handbook Professor Michael Adler gives expert guidance on the diagnosis and management of these conditions.

August 1990

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The lung is the organ most affected by the opportunistic infections that occur in patients with AIDS. Pneumocystis pneumonia occurs in up to four fifths of such patients in Europe and North America, while tuberculosis is a major factor in Africa. As the numbers of patients with AIDS increase, respiratory physicians throughout the world are more likely to be concerned in their management. In *AIDS and the Lung* experts review the problems, emphasising practical points and providing up to date information on this rapidly changing subject.

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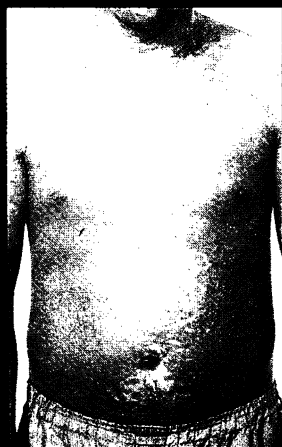
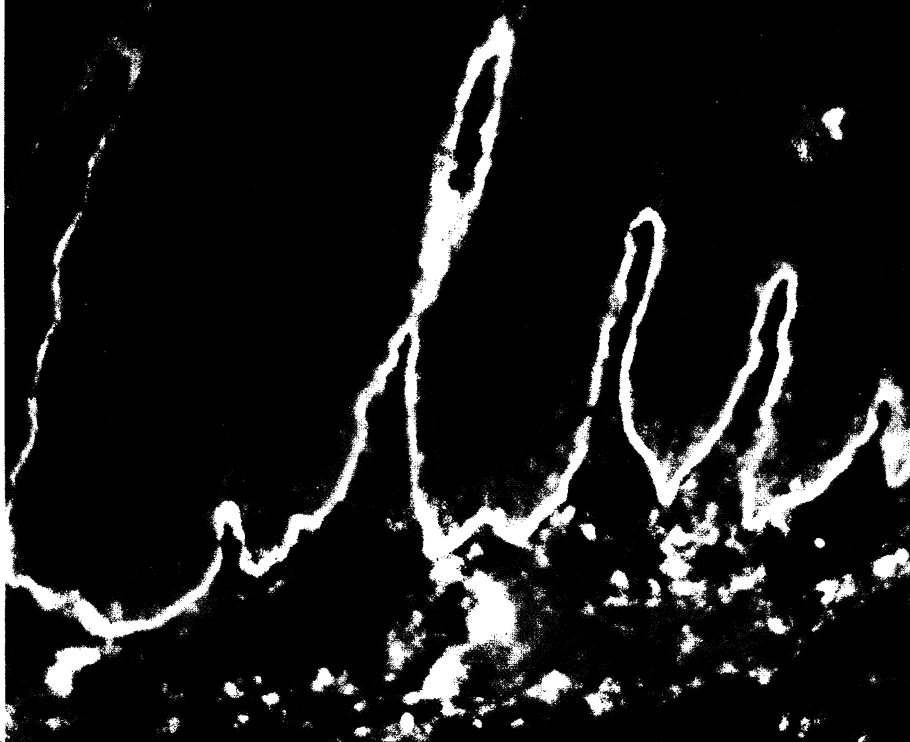
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ABC OF DERMATOLOGY

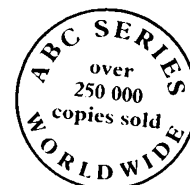
P K BUXTON

Non-specialists overwhelmed by too many systematic descriptions of individual disease will welcome the new approach of *ABC of Dermatology*. Here the history, clinical appearance, and pathology of a few common key conditions are discussed and then used as a basis for comparison with other skin diseases. Also dealing in detail with allergic reactions, autoimmunity, acne, and infections, this handbook is **fully illustrated in colour**, providing a clear guide to assessment and treatment as well as an understanding of the histological changes underlying the clinical presentations.



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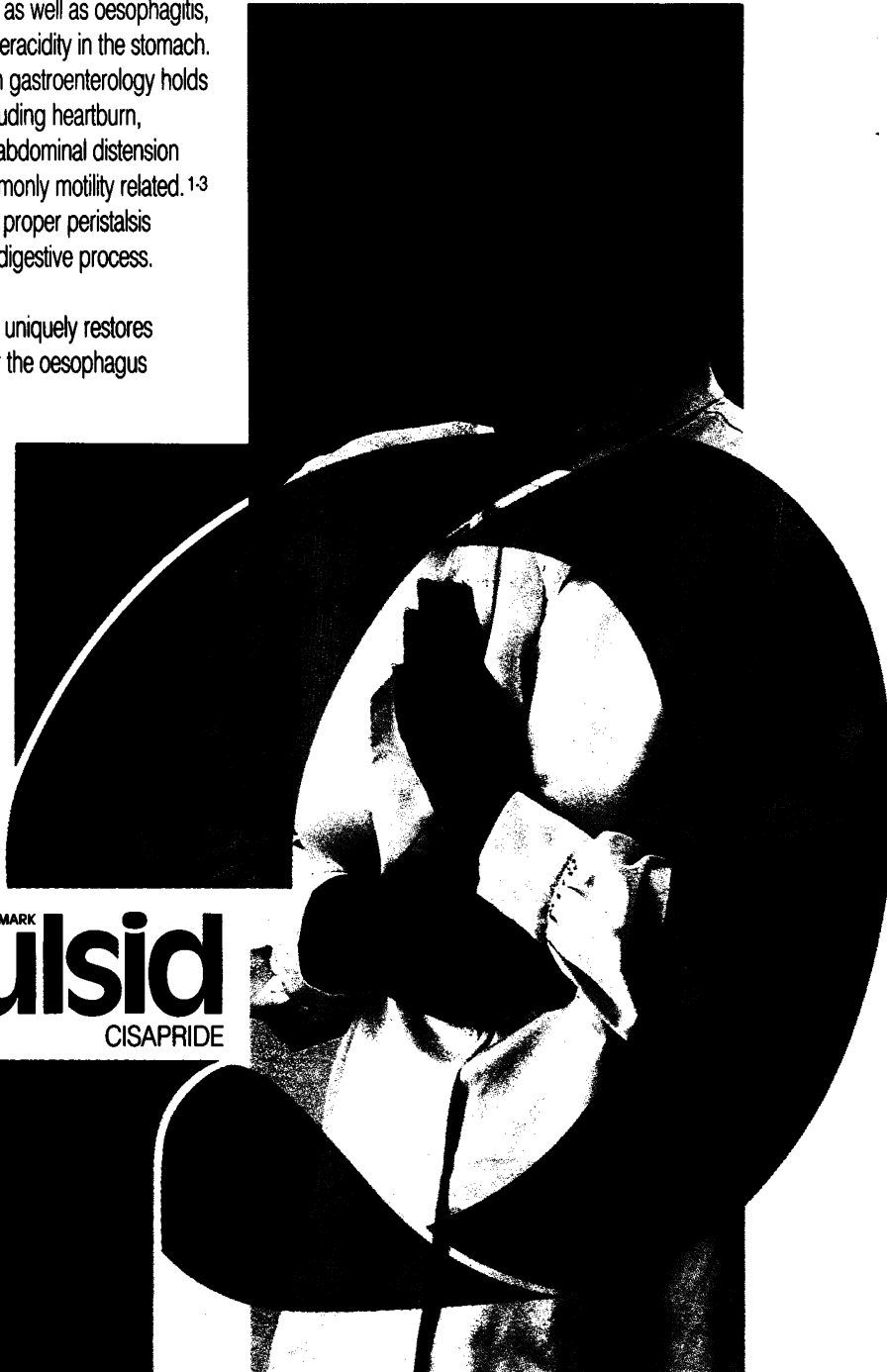
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